It is never too late to be what you might have been.

George Eliot

Be not afraid of going slowly, be afraid only of standing still.

Chinese Proverb

Fall seven times, stand up eight.

Japanese Proverb

It is better to live one day as a lion, than a thousand days as a lamb.

*Roman Proverb**

Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy.

Thich Nhat Hanh

Happy people plan actions, they don't plan results.

Dennis Waitley

Life is like riding a bicycle. To keep your balance, you must keep moving.

Albert Einstein

In the middle of difficulty lies opportunity.

Albert Einstein

To dare is to lose one's footing momentarily. To not dare is to lose oneself. Soren Kierkegaard

Each person must live their life as a model for others.

Rosa Parks

All limitations are self-imposed.

Oliver Wendell Holmes

Motivation comes from working on things we care about. Sheryl Sandberg

In life you need either inspiration or desperation.

Tony Robbins

The only thing that can grow is the thing you give energy to.