

Health & Fitness Tracker Data

PySpark setup

```
[1] ! pip install pyspark
from pyspark.sql import SparkSession
from pyspark.sql.functions import col, sum, max, avg, count, rank, to_date, round
```

```
spark = SparkSession.builder.appName("Health & Fitness Tracker Data").getOrCreate()

data = '/content/drive/MyDrive/DataEngineering/PySparkCodingAssessment/HealthandFitnessData.csv'
fitness_df = spark.read.csv(data, header=True, inferSchema=True)
fitness_df.show()
```

```
+-----+-----+-----+-----+-----+-----+
|user_id|    date|steps|calories_burned|hours_of_sleep|workout_type|
+-----+-----+-----+-----+-----+-----+
|      1|2023-09-01|12000|          500|           7.0|      Cardio|
|      2|2023-09-01| 8000|          400|           6.5|    Strength|
|      3|2023-09-01|15000|          650|           8.0|        Yoga|
|      1|2023-09-02|10000|          450|           6.0|      Cardio|
|      2|2023-09-02| 9500|          500|           7.0|      Cardio|
|      3|2023-09-02|14000|          600|           7.5|    Strength|
|      1|2023-09-03|13000|          550|           8.0|        Yoga|
|      2|2023-09-03|12000|          520|           6.5|        Yoga|
|      3|2023-09-03|16000|          700|           7.0|      Cardio|
+-----+-----+-----+-----+-----+-----+
```

```
# 1. Find the Total Steps Taken by Each User
total_steps_by_user = fitness_df.groupBy("user_id").agg(sum("steps").alias("total_steps"))
total_steps_by_user.show()
```

```
+-----+-----+
|user_id|total_steps|
+-----+-----+
|      1|    35000|
|      3|    45000|
|      2|    29500|
+-----+-----+
```

```
[59] # 2. Filter Days with More Than 10,000 Steps
high_step_days = fitness_df.filter(col("steps") > 10000).select("date","steps")
high_step_days.show()
```

```
+-----+-----+
|    date|steps|
+-----+-----+
|2023-09-01|12000|
|2023-09-01|15000|
|2023-09-02|14000|
|2023-09-03|13000|
|2023-09-03|12000|
|2023-09-03|16000|
+-----+-----+
```

✓ 0s [61] # 3. Calculate the Average Calories Burned by Workout Type
avg_calories_by_workout = fitness_df.groupBy("workout_type").agg(round(avg("calories_burned"),2).alias("avg_calories"))
avg_calories_by_workout.show()

⇄

workout_type	avg_calories
Strength	500.0
Yoga	573.33
Cardio	537.5

✓ 0s [64] # 4. Identify the Day with the Most Steps for Each User
max_steps_day = fitness_df.groupBy("user_id").agg(max("steps").alias("max_steps"), max("date").alias("max_steps_date"))
max_steps_day.show()

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user_id	max_steps	max_steps_date
1	13000	2023-09-03
3	16000	2023-09-03
2	12000	2023-09-03

✓ 0s [65] # 5. Find Users Who Burned More Than 600 Calories on Any Day
high_calorie_users = fitness_df.filter(col("calories_burned") > 600).select("user_id").distinct()
high_calorie_users.show()

⇄

user_id
3

✓ 0s [68] # 6. Calculate the Average Hours of Sleep per User
avg_sleep_by_user = fitness_df.groupBy("user_id").agg(round(avg("hours_of_sleep"),2).alias("avg_sleep"))
avg_sleep_by_user.show()

⇄

user_id	avg_sleep
1	7.0
3	7.5
2	6.67

✓ 0s [70] # 7. Calculate the Total Calories Burned per Day
total_calories_per_day = fitness_df.groupBy("date").agg(sum("calories_burned").alias("total_calories"))
total_calories_per_day.show()

⇄

date	total_calories
2023-09-03	1770
2023-09-01	1550
2023-09-02	1550

✓ 1s # 8. Identify Users Who Did Different Types of Workouts

```
users_with_multiple_workouts = fitness_df.groupBy("user_id").agg(countDistinct("workout_type").alias("workout_types")) \
    .filter(col("workout_types") > 1)
users_with_multiple_workouts.show()
```

⇨

user_id	workout_types
1	2
3	3
2	3

✓ 1s [72] # 9. Calculate the Total Number of Workouts per User

```
workout_count_by_user = fitness_df.groupBy("user_id").agg(count("*").alias("workout_count"))
workout_count_by_user.show()
```

⇨

user_id	workout_count
1	3
3	3
2	3

✓ 0s # 10. Create a New Column for "Active" Days

```
fitness_df = fitness_df.withColumn("active_day", when(col("steps") > 10000, "Active").otherwise("Inactive"))
fitness_df.show()
```

⇨

user_id	date	steps	calories_burned	hours_of_sleep	workout_type	active_day
1	2023-09-01	12000	500	7.0	Cardio	Active
2	2023-09-01	8000	400	6.5	Strength	Inactive
3	2023-09-01	15000	650	8.0	Yoga	Active
1	2023-09-02	10000	450	6.0	Cardio	Inactive
2	2023-09-02	9500	500	7.0	Cardio	Inactive
3	2023-09-02	14000	600	7.5	Strength	Active
1	2023-09-03	13000	550	8.0	Yoga	Active
2	2023-09-03	12000	520	6.5	Yoga	Active
3	2023-09-03	16000	700	7.0	Cardio	Active