```html
<!DOCTYPE html>
<html>
<head>
    <meta charset='utf-8'>
    <meta http-equiv='X-UA-Compatible' content='IE=edge'>
    <title>Page Title</title>
    <meta name='viewport' content='width=device-width, initial-scale=1'>
    <link rel='stylesheet' type='text/css' media='screen' href='main.css'>
    <script>
        function validate()
        {
            var fname=document.reg_form.fname;
            var lname=document.reg_form.lname;
            var gender=document.reg_form.gen;
            var mobile=document.reg_form.mob;
            var email=document.reg_form.email;
                if(fname.value.length==0||lname.value.length==0||gender.value.length==0)
                {
                    alert("Enter All the fields");
                    return false;
                }
                var alpha=/^[A-Za-z]+$/;
                if(!fname.value.match(alpha)||!lname.value.match(alpha))
                {
                    alert("ENter Valid first name and last Name");
                    return false;
                }

                if(mobile.value.length!=10)
                {
                    alert("Enter 10 digit mobile no");
                    return false;
                }
                var validRegex = /^[a-zA-Z0-9.!#$%&'*+/=?^_`{|}~-]+@[a-zA-Z0-9-]+(?:\.[a-zA-Z0-9-]+)*$/;
            if(!email.value.match(validRegex))
            {
                alert("Enter Valid email id");
                return false;
            }
        }
    </script>
</head>
<body>
    <center>
    <form action="" onsubmit="return validate()" name="reg_form" >
    <table border="1">
        <thead><th colspan="2">Registration Form Validation</th></thead>
        <tbody>
        <tr><td>First Name : </td><td><input type="text" id="fname"></td></tr>
        <tr><td>Last Name : </td><td><input type="text" id="lname" ></td></tr>
        <tr><td>Gender : </td><td>Male <input type="radio" id="gen" name="gen"> Female <input
type="radio" id="gen" name="gen"></td></tr>
        <tr><td>Mobile No : </td><td><input type="text" id="mob" ></td></tr>
        <tr><td>Email id : </td><td><input type="text" id="email" ></td></tr>
```

```html
        <tr><td><input type="submit" value="Registration" /> </td><td><input type="submit"
value="Reset"/></tr>
        </tbody>
    </table>
</form>
</center>
</body>
</html>
```