

# Certified Agile Coach (CAC)

## Introduction

The Certified Agile Coach (CAC) certification course introduces the candidates to essential team coaching skills & team development ideas for initiating and growing teams while focusing on teams and organizations as human systems. A major part of this certification focuses on developing an understanding of the professional coaching skillset and the mindset, roles, and responsibilities of an Agile Coach. Most important of all, the Certified Agile Coach credential ensures that the candidate also gains the skills required to create a safe environment for meaningful collaboration and healthy conflict resolution within a team.

## Course Highlights

The Certified Agile Coach (CAC) certification course teaches you about core aspects such as:

- Developing a Coaching Attitude
- Resolving Conflicts
- Introducing Change
- Creating a Team Space
- Balancing Roles
- Handling Issues
- Life Cycle of a User Story
- Maintaining the Team Board
- Understanding Priorities
- Test-Driven Development
- Designing a Retrospective

## Course Outline

<b>Module 1 - Foundation</b>	<ul style="list-style-type: none"> <li>• What Does an Agile Coach Do?</li> <li>• Developing a Coaching Attitude</li> <li>• Getting Ready to Coach</li> <li>• How to Start Coaching</li> <li>• Maintaining the Pace</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 2 - Working with People</b>	<ul style="list-style-type: none"> <li>• Listening</li> <li>• Giving Feedback</li> <li>• Resolving Conflicts</li> <li>• Building Agreement</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 3 - Leading Change</b>	<ul style="list-style-type: none"> <li>• Introducing Change</li> <li>• Asking Questions</li> <li>• Encouraging Learning</li> <li>• Facilitating Meetings</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 4 - Building an Agile</b>	<ul style="list-style-type: none"> <li>• Helping a Team Jell</li> </ul>

<b>Team</b>	<ul style="list-style-type: none"> <li>• Creating a Team Space</li> <li>• Balancing Roles</li> <li>• Energizing the Team</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 5 - Daily Standup</b>	<ul style="list-style-type: none"> <li>• Standing Up</li> <li>• For the Team by the Team</li> <li>• Handling Issues</li> <li>• Setting the Time</li> <li>• When to Coach</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 6 - Understanding What to Build</b>	<ul style="list-style-type: none"> <li>• Life Cycle of a User Story</li> <li>• Encouraging Conversations</li> <li>• Working with Cards</li> <li>• Confirming the Details</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 7 - Planning Ahead</b>	<ul style="list-style-type: none"> <li>• Preparing for Planning</li> <li>• Understanding Priorities</li> <li>• Sizing the Work</li> <li>• Review and Commit</li> <li>• Keeping Track</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 8 - Keeping It Visible</b>	<ul style="list-style-type: none"> <li>• The Team Board</li> <li>• Big Visible Charts</li> <li>• Maintaining the Team Board</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 9 - Getting to Done</b>	<ul style="list-style-type: none"> <li>• Who does the testing?</li> <li>• Defining what Done Means</li> <li>• Planning in Testing</li> <li>• Managing Bugs</li> <li>• Getting Feedback Early</li> <li>• Recovering from Not Getting Done</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 10 - Driving Development with Tests</b>	<ul style="list-style-type: none"> <li>• Introducing Test-Driven Development</li> <li>• Continuous Integration</li> <li>• Sustaining Test-Driven Development</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 11 - Clean Code</b>	<ul style="list-style-type: none"> <li>• Incremental Design</li> <li>• Collective Code Ownership</li> <li>• Pair Programming</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 12 - Demonstrating Results</b>	<ul style="list-style-type: none"> <li>• Preparing for the Demo</li> <li>• Everyone Plays a Part</li> <li>• Releasing the Software</li> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 13 - Driving Change with Retrospectives</b>	<ul style="list-style-type: none"> <li>• Facilitating a Retrospective</li> <li>• Designing a Retrospective</li> <li>• Broader Retrospectives</li> </ul>

	<ul style="list-style-type: none"> <li>• Hurdles</li> <li>• Checklist</li> </ul>
<b>Module 14 - Growing You</b>	<ul style="list-style-type: none"> <li>• Ways to Grow What you know</li> <li>• Making a Plan</li> <li>• Building Your Network</li> <li>• Personal Reflections</li> <li>• Getting Comfortable</li> <li>• Checklist</li> </ul>

## Prerequisites

The Certified Agile Coach (CAC)™ Certification has no pre-requisites.

## Target Audience

Agile Coaches or aspiring coaches with an enthusiasm for servant leadership and a desire to learn and practice facilitation, professional coaching, mentoring, and teaching in the administration of agile teams.

- Scrum Masters / Senior Scrum Masters / Lead Scrum Masters / Transition Lead / Transformation Lead
- Project Managers / Agile Project Managers / Test Managers / Iteration Managers / Release Managers
- Transformation Coaches / Aspiring Agile Coaches / Agile Coaches / Agile Change Agents

## Duration

20 to 25 Hours