Page 1 - Homepage

Home	Create Workout My Workouts	
	Start your fitness journey with	
	The Gym Workout	
	The dynn workout	

Home Create Workout My Workouts							
Create your own							
Workout	Workout Card	Workout Card	Workout Card				
Want to track your progress in the gym? Create and track your workouts below!	with entered Data	with entered Data	with entered Data				
Muscle Group	UPDATE	UPDATE	UPDATE				
Exercise	Workout Card	Workout Card	Workout Card				
Weight	with entered Data	with entered Data	with entered Data				
Sets	UPDATE	UPDATE	UPDATE				
Reps							
RESET SUBMIT							

Page 3 – Search Workouts

Home Create Workout My Workouts			
Find your Workouts!			
Find your previous gym workouts by the muscle group you are looking for Muscle Group RESET	Workout Card	Workout Card	Workout Card
	with entered	with entered	with entered
	Data	Data	Data
	Workout Card	Workout Card	Workout Card
	with entered	with entered	with entered
	Data	Data	Data