

Product Descriptions

Product Name: 5-HTP 100 with B6 & Magnesium

Description: 100mg of 5-HTP, derived naturally from the African plant GriffoniaEnhanced with B6 and magnesium to improve the body's conversion and utilization of 5-HTP

Sleeping well and feeling good are two of life's necessities that keep us healthy and happy. But sometimes we need a little help maintaining both, and if we can get relief from a single source, all the better. CanPrev's 5-HTP 100 is formulated from three key ingredients that work synergistically to promote restful sleep and healthy mood. 5-HTP 100 also works to help relieve symptoms of fibromyalgia (pain, anxiety, morning stiffness and fatigue) and reduce the severity and duration of migraine and tension headaches when taken as a preventative. Can one product do all that? Absolutely.

5-hydroxytryptophan (5-HTP) is a compound made in the body from the amino acid, tryptophan, that you get from eating protein-rich foods. Once in the 5-HTP state, it goes on to form serotonin, the neurotransmitter that helps regulate mood and behaviour, and then is further metabolized into melatonin. Yes, you can depend on tryptophan as a precursor to the development of serotonin, (think protein-rich hot chocolate before bed) but research has shown 5-HTP to be much more efficient at delivering the feel-good hormone to the brain.

Serotonin guided by tryptophan on its own is not able to break through the blood brain barrier (your brain's defense system for keeping out foreign substances) but 5-HTP can. It acts as the password for serotonin to get past the security gates and flood the brain with its mood lifting and sleep inducing properties.

CanPrev's 5-HTP 100 is sourced from the African plant Griffonia simplicifolia and enhanced with Vitamin B6 and Magnesium which are important cofactors to help the body convert and utilize 5-HTP.

Try CanPrev's 5-HTP 100 and unlock the door to feeling better today!

For the following health goals:

Hormonal Balance
Mood & Cognitive
Sleep
Stress

Product Name: Active Multi Drink Mix - Juicy Blueberry

Description: Convenient and tasty drink mixBioactive forms of essential B vitaminsChelated minerals

for easy absorption With FODMAP-friendly prebiotic fibre to support gut health and digestion Active Multi Drink Mix combines 25 essential vitamins and minerals, all optimized for effective absorption. It features bioactive B vitamins and fully chelated minerals, so you can feel the full benefit in every scoop. Enjoy the natural juicy blueberry taste mixed into your favourite beverage, a smoothie, or refreshing cold water! When planning your Powder System program, always start with a scoop of Active Multi. Available in 219 Grams (25 servings) For the following health goals: Active Lifestyle Energy General Health

Product Name: Adrenal Chill

Description: Providing 600mg of KSM-66® per dose, the highest concentration, full-spectrum extract of Ashwagandha KSM-66® reduces cortisol, stress and anxiety 200mg of L-Theanine per dose to promote relaxation without sedation A nourishing combination of Ashwagandha and L-Theanine that will increase resistance to stress and anxiety and improve overall quality of life. This formula will also help support the physical aspects of sexual health in women. KSM-66® Ashwagandha KSM-66® is the highest concentration full-spectrum extract of Ashwagandha. A “full-spectrum” extract ensures that all the constituents of the herb are captured in their natural proportions, resembling the herb in its original state. KSM-66® is standardized to an impressive 5% withanolides from the root of the plant. The extraction process utilizes the principles of “Green Chemistry” refraining from the use of alcohol or other chemical solvents. Ashwagandha has been used for over 4,000 years for its amazing ability to restore balance in the body, specifically in the endocrine, immune and nervous system. Several clinical studies demonstrate its anti-stress, antioxidant, mind-boosting, immune and sexual enhancing effects. L-Theanine L-Theanine is a non-protein amino acid that induces alpha brainwave activity, which correlates with a perceived state of relaxation, without sedation. In addition, it can help improve concentration and focus. This will give your mind and body the tools it needs to combat stress and anxiety, naturally. For the following health goals: Active Lifestyle Adrenal Support Hormonal Balance Stress Thyroid Support

Product Name: Adrenal Chill - Men

Description: Helps reduce stressIncreases aerobic endurance and strengthBoosts testosterone and libidoStress can leave its mark in many ways. Racing thoughts at night make it hard to get quality sleep, leaving you with little energy for the day ahead. Fatigue can make physical activity a daunting task, and stress can even impact testosterone levels resulting in low libido and decreased endurance.If you've been dealing with chronic stress and want to protect your peace, reach forAdrenal Chill.Adrenal Chillcontains two very important clinically studied stress reducing ingredients: L-theanine and KSM-66® or ashwagandha. L-theanine is an amino acid commonly found in green and black tea that encourages feelings of relaxation due to its modulation of the neurotransmitter GABA. Studies show that the effects of L-theanine are felt within 30 minutes of taking it. KSM-66® is the world's best root-only ashwagandha used to reduce stress. This formula features the highest potency extract possible of ashwagandha to ensure the peaceful results.These ingredients are clinically studied, natural, and non-habit forming. They have been known to help with anxiety and general mental calmness while improving focus.Adrenal Chillis a way to combat overall stress to improve daily functions of the body while promoting a feeling of peacefulness. It can help build resistance to chronic stress to enhance overall quality of life.For the following health goals:Active LifestyleAdrenal SupportHormonal BalanceStressThyroid Support

Product Name: Adrenal-Pro Recharge Yourself

Description: Helps increase energy and reduce stress and fatigueEnhances physical and mental performanceProvides an improved sense of well beingYour adrenal glands are two triangular shaped glands that sit at the top of your kidneys and secrete hormones in your body.The adrenal cortex, or outer part of the gland, produces cortisol which helps regulate metabolism and your body's response to stress, and aldosterone which helps regulate blood pressure. The adrenal medulla, or inner part produces adrenaline, which is responsible for triggering the "fight or flight" response in your body in times of stress.When your adrenal glands aren't secreting the right amount of hormones to keep levels elevated, you may need to seek support. Some signs of adrenal fatigue

include low energy, body aches, low blood pressure, unexplained weight loss, lightheadedness and skin discolouration or hyperpigmentation. Your adrenal glands can be worked overtime, too. Chronic stress puts a high demand on the adrenals and taxes them to the point of exhaustion. They then run out of energy and resources to meet the body's needs. Adrenal-Pro™ is a blend of adaptogenic herbs and nutrients used in herbal medicine, specially formulated to provide an improved sense of well being and help improve mental and physical performance after periods of exertion. For the following health goals: Adrenal Support Energy Stress Thyroid Support

Product Name: Adult Multi

Description: An iron-free, high-potency, complete multivitamin and multi-mineral formula in an easy to digest vegetable capsule 28 essential vitamins and minerals The ideal basic multivitamin Basic nutritional needs are covered by the food you eat, but taking a premium vitamin and mineral supplement is like having an extra insurance policy for your diet and immune protection. Our health would be compromised without the necessary vitamins and minerals. They keep our cells strong and our organs functioning properly, help fight infection, regulate metabolism, help form bone and tissue and convert fat and carbohydrates into energy. Taking antibiotic, cardiac, diabetic, diuretic and gastrointestinal medications can deplete our bodies of important vitamins and minerals. We need to make sure we're replacing them with a high potency, professional grade supplement like CanPrev's Adult Multi. Adult Multi is a comprehensive formula made for both men and women. It provides a full range of vitamins and minerals in therapeutic dosages and bioavailable forms for rapid absorption and utilization. Adult Multi is iron free for those who don't require iron supplementation. Make Adult Multi your daily policy for maintaining best health. For the following health goals: Anti-Aging General Health

Product Name: Alpha Lipoic Acid 600

Description: 600mg of alpha lipoic acid per capsule Highly stable DL-ALA form Contains key replenishing nutrients B1 and biotin Alpha Lipoic Acid (ALA) is a very important vitamin-like

antioxidant that was not discovered until 1988. It is not a true vitamin however because it can actually be made by your body and it is not considered to be a critical element in the human diet. However, many would argue that it is critical as a supplement for its role in protecting human health! In fact it is often called 'the king of free radical fighters' because it is currently the only known antioxidant that is both fat and water soluble. Free radicals are highly reactive and very unstable molecules that can damage our body tissues. Free radicals are produced by or found in environmental pollution, cigarette smoke, medications, alcohol, illness and stress. The need for powerful antioxidants in our day to day lives is therefore extremely important as we are constantly exposed to very large amounts of free radicals. This is where ALA comes in. ALA is an interesting antioxidant because it is easily absorbed through the walls of our cell membranes and is thus able to protect against free radical oxidative damage to the proteins and DNA structures inside our cells. Most antioxidants are unable to cross the cell wall and can only provide external cellular protection. Once inside the cell, ALA breaks down further to a complicated sounding type of antioxidant called dihydrolipoic acid. This new form of ALA is able to wipe out damaging superoxide, hydroperoxy and hydroxyl radicals. Why are these oxides so dangerous? Because they're what we encounter every day through exposure to cigarette smoke, car exhaust, pollution and alcohol for example. We even unknowingly create other damaging oxides on our own when we breathe, metabolize food or get sick. As we get older we produce less of our own antioxidants and we are less and less able to make and recycle key antioxidants like vitamin E, vitamin C and co-enzyme Q-10. ALA is really unique because it actually regenerates these and other antioxidants, helping them to stay longer in the body and continue their work neutralizing free radicals. ALA improves nerve conduction and blood flow and it reduces oxidative stress. ALA has been studied with respect to heavy metal detoxification, blood sugar control, liver ailments and more. Some argue that Alpha Lipoic Acid is the most important antioxidant ever discovered. Sounds like something we should all take note of! CanPrev's Alpha Lipoic Acid 600 provides a therapeutic 600 mg dose of a safe and stable form of ALA. The formula is supported with thiamine and biotin, as these nutrients in particular can either be deficient or compete with each other for absorption into cells. Studies show that those with thiamine

deficiencies (such as those with digestive disorders or heavy alcohol use) can experience toxic side effects if high doses of ALA are taken without the support of thiamine. A biotin deficiency can occur due to high dosing with ALA as they both seem to compete with each other to get across the cell wall. ALA usually wins out and a deficiency can occur unless extra biotin is taken. Combining them into one formula ensures they work as equal partners instead of contenders. For the following health goals: Anti-Aging Blood Sugar Support Cardiovascular Health

Product Name: Antioxidant Network

Description: Contains a synergistic network of antioxidant Recycles and regenerates the antioxidant network 100mg of Coenzyme Q10 per capsule With ALA, NAC, selenium, vitamin E complex, green tea and zinc We come across the words antioxidants and free radicals almost daily but do we really know what they are and how they affect us? We are exposed to many sources of oxidative stress from free radicals through ultraviolet light, viruses and diseases that affect the heart, eyes, memory and mood. Antioxidants are essential for maintaining good health in today's polluted world. Antioxidants are a select group of vitamins, minerals and enzymes that help protect the body's cells from free radical damage. The oxygen we breathe helps us metabolize fats, proteins and carbohydrates for energy but it becomes a highly reactive atom when it enters our bodies. It's also full of pollutants and toxins like cigarette smoke. Oxygen and its volatile compounds cause a process called oxidation and prompt molecules to lose electrons, turning them into free radicals. These free radicals go on to rob electrons from other molecules, creating more free radicals as they go. Your cells and DNA become damaged, leaving you at risk for various degenerative diseases and premature aging. Antioxidants like those contained in CanPrev's Antioxidant Network™ help to fight against free radicals. Antioxidant Network™ is a synergistic combination of antioxidants that provide ongoing protection against free radical damage, keeping oxidative stress at bay. They become "electron donors" to unstable free radicals, making them complete cells again. Antioxidant Network™ contains N-Acetylcysteine, a precursor to the formation of Glutathione, a powerful antioxidant recycler. It also contains mixed tocopherols, a family of vitamin E compounds that act as fat-soluble

antioxidants, along with Coenzyme Q10, DL-Alpha lipoic acid, green tea and zinc to provide a quick response to the first signs of free radical activity, protecting your cells from oxidative damage. For the following health goals: Cardiovascular Health Immune Health

Product Name: Ashwagandha Body & Mind

Description: Helps increase energy and resistance to stress Relieves restlessness and nervousness Improves quality of sleep Supports thyroid function Promotes healthy testosterone and libido When we experience stress, it triggers a part of the nervous system called the autonomic nervous system, which regulates involuntary processes like heart rate and blood pressure, breathing, and digestion. The autonomic nervous system prompts the adrenal glands to release adrenaline and cortisol, triggering our fight-or-flight response. Adrenaline elevates your heart rate and blood pressure, while cortisol increases glucose in the bloodstream to provide energy. Cortisol also represses bodily functions that aren't vital to our survival in a fight or flight situation including the digestive system, the reproductive system, and the immune system. It's natural to experience stress at various points in our lives. But when stress is constant, it can take a toll on your mental and physical health. That's where herbal support from ashwagandha can come in handy. Ashwagandha (*Withania somnifera*) is a shrub that grows in India, parts of Africa, and the Mediterranean. It's been used for centuries in Ayurvedic medicine for its adaptogenic properties and ability to promote balance in the body. Ashwagandha contains high amounts of phytochemicals, including withanolides, which are the naturally occurring compounds behind ashwagandha's stress-resisting properties. Ashwagandha Body & Mind features award-winning KSM-66® ashwagandha, with over 20 human clinical trials supporting its efficacy. A study involving 64 subjects with a history of chronic stress evaluated participants for their related symptoms after supplementing with KSM-66® ashwagandha. When compared to the placebo group, the ashwagandha group showed a significant reduction in stress and anxiety and a decrease in serum cortisol levels of 27.9%. As the most clinically studied ashwagandha on the market, it will give you the uplifting support you need for body and mind. For the following health goals: Energy Sleep Stress Thyroid Support

Product Name: B12 Methyl 500mcg Drops

Description: Helps maintain healthy metabolism Supports the immune system Aids red blood cell formation Vitamin B12 has earned a reputation for being the ‘energy vitamin’, and for good reason. It aids red blood cell production, the cells responsible for delivering oxygen to our various body tissues. Our tissues then use the oxygen to produce energy, converting it to carbon dioxide in the process which we then exhale. It’s also necessary for DNA formation and maintaining nerve health. B12 is a water-soluble nutrient, which means our body doesn’t store it – we need continuous intake in order to keep B12 levels up. It’s readily available in animal foods, but those who eat a plant-based diet or are deficient in this vital nutrient may need to use supplements. Symptoms of B12 deficiency can include anemia, the development of health conditions in the small intestines such as Crohn’s or celiac, and immune system dysfunction. CanPrev’s B12 Methyl drops feature methylcobalamin, the preferred and active form of vitamin B12. Unlike the supplemental B12 alternative, cyanocobalamin, it doesn’t need to be converted by the body in order to be useable, making it faster acting and body-ready. For the following health goals: Adrenal Support Mood & Cognitive

Product Name: B9 Folate 200mcg Drops

Description: Helps maintain healthy metabolism Supports the immune system Aids red blood cell formation Feelings of fatigue can mean not enough sleep in some cases. But if you’re experiencing fatigue consistently, you may be deficient in certain key nutrients, such as vitamin B9. This vitamin, also known as folate, works with vitamins B12 and C to create and repair DNA and aid in red blood cell production. Folate’s involvement in DNA production makes it an especially important nutrient during pregnancy. When these processes are impeded due to a deficiency, it can lead to a shortage of red blood cells, which in turn deprives body tissues of oxygen and leads to anemia. This deficiency can be caused by certain conditions that impact nutrient absorption, such as kidney issues. CanPrev’s B9 Folate drops feature L-5-methyltetrahydrofolate, the active form of this essential B vitamin. That means that it’s metabolically available for uptake, so these key nutrients can be

readily used by your body. For the following health goals: Adrenal Support Fertility Prenatal & Postnatal

Product Name: Beautiful Skin

Description: Features plant based ceramides Clinically proven to reduces wrinkles Improves skin smoothness 16% increase in skin moisturization* 18% increase in skin elasticity* 80% of subjects perceived a difference in the skin* 1 month supply CanPrev's Beautiful Skin formula delivers a potent, proprietary extract of plant based ceramides – nourishing lipids that help smooth fine lines and improve the appearance of your skin. Ceramides are naturally found near the outermost layer of our skin and are critical to preserving our skin's youthful appearance. Over time, levels of ceramides in the skin decrease, producing visible signs of aging. Beautiful Skin features Ceramosides™, clinically proven to reduce wrinkles in 15 days. Beautiful Skin Ceramosides™ also help to reduce roughness, improve smoothness and increase elasticity of the skin within 15 days and support a further increase in skin benefits after two months.* Two Clinical studies – results after 15 days at 30mg/day (1 capsule per day). Available in 30 vegetable capsules. For the following health goals: Anti-Aging Skin Health

Product Name: Berberine 500mg

Description: Supports healthy glucose and lipid metabolism Helps support healthy cholesterol levels (serum triglyceride, total, and LDL) Source of antioxidants Berberine has many positive effects on the body but has largely been used to help manage blood sugar levels and improve insulin sensitivity. Improving glucose metabolism can be difficult if we're falling short on healthy complex carbohydrates like whole grains, fruits, veggies, and legumes, and consuming too many simple sugars often hidden in processed foods. Because of berberine's ability to improve glucose uptake, this plant-like substance has been known to regulate energy metabolism helping to aid in weight management and body fat reduction. Besides helping to keep us trim around the midsection, healthy glucose metabolism also contributes to good cellular health and function. Glucose imbalance not

only impacts our weight, but can lead to oxidative stress, inflammation, and damage to cells. CanPrev's Berberine 500 contains 500mg of *Berberis aquifolium* extracted from Oregon grape root and standardized to 97% in each vegetable capsule. While this plant alkaloid offers other useful broad-spectrum benefits like antioxidant, anti-microbial, cardiovascular, and healthy cholesterol support, consider it a top choice to help even out any metabolic mania setting you back. For the following health goals: Blood Sugar Support Cardiovascular Health Digestive Health Energy Weight Management

Product Name: BioActive B

Description: Formulated with clinically researched dosages A complete B-complex with all eight water-soluble B vitamins, plus choline and inositol The highly absorbable bioactive form skips the need for conversion in the liver Flush-free formula Available in liquid and capsules Liquid formula is a delicious natural blueberry flavour with no artificial sweeteners CanPrev's BioActive B is a complete source of B vitamins your body needs to support energy, immune function, liver health, metabolism and countless other metabolic processes that are essential for optimal health. They are delivered in their preferred, bioactive forms to help keep pace with demand. These body-ready B vitamins are especially needed during times of physical and mental stress. B vitamins are a group of eight individual vitamins that together are referred to as B-complex. While they work together to help convert our food into fuel thereby keeping up our energy, they all have specific jobs – supporting healthy skin and hair, working as antioxidants to help to prevent early aging and memory loss, boosting levels of HDL (good) cholesterol, forming red blood cells and maintaining the central nervous system. B vitamins are water soluble, meaning they are not stored in the body and need to be replaced every day. Available format 90 vegetable capsules 180 vegetable capsules 500 ml liquid Also available in 500 ml 90 Vegetable Capsules For the following health goals: Adrenal Support Energy Mood & Cognitive Stress

Product Name: BioActive B

Description: Formulated with clinically researched dosagesA complete B-complex with all eight water-soluble B vitamins, plus choline and inositolThe highly absorbable bioactive form skips the need for conversion in the liverFlush-free formulaAvailable in liquid and capsulesLiquid formula is a delicious natural blueberry flavour with no artificial sweetenersCanPrev's BioActive B is a complete source of B vitamins your body needs to support energy, immune function, liver health, metabolism and countless other metabolic processes that are essential for optimal health. They are delivered in their preferred, bioactive forms to help keep pace with demand. These body-ready B vitamins are especially needed during times of physical and mental stress.B vitamins are a group of eight individual vitamins that together are referred to as B-complex. While they work together to help convert our food into fuel thereby keeping up our energy, they all have specific jobs – supporting healthy skin and hair, working as antioxidants to help to prevent early aging and memory loss, boosting levels of HDL (good) cholesterol, forming red blood cells and maintaining the central nervous system. B vitamins are water soluble, meaning they are not stored in the body and need to be replaced every day.Available format90 vegetable capsules180 vegetable capsules500 ml liquidAlso available in500 ml180 Vegetable CapsulesFor the following health goals:Adrenal SupportEnergyMood & CognitiveStress

Product Name: BioActive B - Liquid

Description: Formulated with clinically researched dosagesA complete B-complex with all eight water-soluble B vitamins, plus choline and inositolThe highly absorbable bioactive form skips the need for conversion in the liverFlush-free formulaAvailable in liquid and capsulesLiquid formula is a delicious natural blueberry flavour with no artificial sweetenersCanPrev's BioActive B is a complete source of B vitamins your body needs to support energy, immune function, liver health, metabolism and countless other metabolic processes that are essential for optimal health. They are delivered in their preferred, bioactive forms to help keep pace with demand. These body-ready B vitamins are especially needed during times of physical and mental stress.B vitamins are a group of eight individual vitamins that together are referred to as B-complex. While they work together to help

convert our food into fuel thereby keeping up our energy, they all have specific jobs – supporting healthy skin and hair, working as antioxidants to help to prevent early aging and memory loss, boosting levels of HDL (good) cholesterol, forming red blood cells and maintaining the central nervous system. B vitamins are water soluble, meaning they are not stored in the body and need to be replaced every day.

Available format: 90 vegetable capsules, 180 vegetable capsules, 500 ml liquid.

Also available in: 90 Vegetable Capsules, 180 Vegetable Capsules.

For the following health goals: Adrenal Support, Energy, Mood & Cognitive, Stress.

Product Name: BioPQQ®

Description: Clinically-proven pyrroloquinoline quinone. Potent antioxidant defence. Highly bioavailable.

Free radicals are unstable molecules that are missing an electron in their outer shell. They can cause damage to cell structure and function thanks to their habit of stealing electrons from stable cells. At any given time, your body is full of free radicals. They occur naturally due to various chemical reactions in the body, and a controlled amount of oxidation is required for certain processes. However, excess free radicals can be created due to chronic stress, aging, poor nutrition, and exposure to environmental toxins.

Antioxidants are substances that can neutralize free radicals by donating their excess electrons. But when there aren't enough antioxidants to balance out the free radicals in your body, it can result in oxidative stress. The long-term impacts of oxidative stress can lead to cell, protein, and DNA damage in the body. The brain is particularly vulnerable in cases of oxidative stress since it requires a considerable amount of oxygen for optimal function. In cases of oxidative stress, free radicals can impact the integrity of brain cell structures, and even cause cell death in some cases. These outcomes can impact cognitive function and increase the risk of more serious neurodegenerative occurrences.

CanPrev's BioPQQ® provides 10mg of proprietary, clinically proven pyrroloquinoline quinone, an antioxidant with 7x the power of vitamin C. This non-synthetic formula is highly bioavailable and helps neutralize free radicals to avoid oxidative stress and its outcomes on cognitive health.

For the following health goals: Mood & Cognitive

Product Name: Black Walnut Complex

Description: Comprehensive intestinal parasite defence
Soothes digestive inflammation
Promotes healthy digestion

Meet the villains of this story: intestinal parasites. Poor sanitation is the major culprit behind parasites, but undercooked or contaminated foods and water sources, infected persons, travel adventures and even our beloved pets can create opportunities for parasites to latch on. These parasites are like silent intruders, often going unnoticed until they've made themselves at home in your gut. But how do you know they're there? Look out for signs like feeling tired all the time, unintended weight loss, new food allergies, stomach pains, or digestive problems like diarrhea, indigestion, or flatulent colic. But here's the real problem: these parasites are thieves. They steal essential nutrients from your body without you even knowing it, leaving you undernourished while they thrive inside you. But fear not, there's a hero in this story: black walnut. Its antimicrobial powers are derived from the active compound, juglone, which is highly concentrated in its outer hull. It creates a toxic environment for expelling parasites without causing any harm to our bodies. Black walnut, wormwood and quassia have been traditionally used in herbal medicine to expel intestinal worms. CanPrev's Black Walnut Complex combines the most effective herbs for eradicating intestinal worms and parasitic intruders, while relieving digestive inflammation. Calendula brings relief to an inflamed digestive system, while ginger soothes digestive disturbances such as nausea, lack of appetite, indigestion, and flatulent colic. For the following health goals: Anti-Inflammatory
Digestive Health

Product Name: Blood Sugar Support

Description: Regulates blood sugar levels
Provides antioxidant protection
Provides support for eyes and nerves

We all have blood glucose (sugar) that courses through our veins and supplies our cells with much needed energy. But there's no sugarcoating the fact that consistently high blood glucose levels can silently cause many diseases. Not everyone knows they're at risk, monitors their blood glucose or has an easy time keeping their blood glucose balanced. But everyone does have access to products that can help. CanPrev's Blood Sugar Support, a comprehensive daily formula containing

herbs, antioxidants and extracts has been shown to support healthy blood sugar levels and counteract oxidative stress. As you breathe in oxygen, your cells produce energy and form highly reactive molecules called free radicals and oxidative stress occurs. When we don't have enough antioxidants (molecules that neutralize free radicals) in our bodies that we get from certain vitamins and minerals, free radicals can go on to damage vital cells and leave the door open to start many debilitating diseases. Blood Sugar Support contains 200 milligrams of the potent antioxidant DL-Alpha lipoic acid and 75 milligrams of grape seed extract to help fight against free radicals and relieve symptoms of swelling in the lower legs related to non-complicated chronic venous insufficiency (CVI). Another concern diabetics have to be vigilant of is Insulin resistance. Having too much blood glucose in your system puts insulin production into overdrive and before you know it, you're insulin resistant – your cells no longer roll out the welcome mat when insulin tries to escort some friendly carbohydrate energy inside. Ingredients like gymnema extract, Chinese cassia cinnamon, fenugreek, and chromium in Blood Sugar Support tag team to help maintain healthy blood glucose level. Let Blood Sugar Support help get your blood glucose levels back on track. There's nothing sweeter than living the balanced life you want. For the following health goals: Cardiovascular Health Weight Management

Product Name: Calcium Malate Bis-Glycinate 200

Description: Uniquely chelated and superior form of calcium that is easy to absorb and gentle on the digestive system. Therapeutic 200 mg dose of elemental calcium in every vegetable capsule. As the leading, most abundant mineral in the body, calcium is probably most famous for its role in building and maintaining healthy bones and teeth. And while calcium is absolutely needed for bone health, it also sets the scene for muscle contractions and nerve function and acts in a number of other enzymatic reactions in the body, like maintaining a regular heartbeat and blood clotting. Unfortunately, being deficient is quite common, especially if you have a high sodium diet and/or low levels of vitamin D or magnesium. Symptoms that indicate a lack of calcium like bone loss, weakening and osteoporosis are silent but debilitating. Others like muscle cramps, heart

palpitations, tooth decay, back and leg pain, insomnia, nervous disorders and rickets (in children) are more obvious but still taxing. CanPrev's Calcium Malate Bis-Glycinate outperforms when it comes to a uniquely chelated and superior form of calcium that is easy to absorb and gentle on the digestive system. Lower the curtain on chalky tablets and do your body a world of good by getting a therapeutic 200 mg dose of elemental calcium in every vegetable capsule. No binders, no flavours. When it comes to calcium supplements, CanPrev's Calcium Malate Bis-Glycinate 200 takes centre stage. For the following health goals: Bone & Joint Health

Product Name: Chaga Full Spectrum

Description: Helps support the immune system Can help reduce long-term inflammation May help benefit cholesterol levels Source of antioxidants Fruiting body extract and cultured mycelium 100% organically sourced Since ancient times, many cultures have relied on medicinal mushrooms for treating, healing, and improving the symptoms of countless illnesses and ailments. Medicinal mushroom supplements are more popular than ever as we continue to learn of all their amazing benefits. To understand how we get these benefits, let's learn how medicinal mushrooms are sourced: The fruiting body refers to the reproductive part of the fungus and is often characterized by its stalk and cap. This part of the mushroom can be used to create potent extracts using hot water and/or alcohol. The mycelium consists of a mass of branching filaments like the root system or web, often growing in soil or organic matter. To get all the nutrients, the mycelium is grown, dried and milled into a fine powder. Combining the mycelium and fruiting body extract ensures you get a highly potent dose of powerhouse antioxidants, filled with all the beneficial compounds to support your health goals. Often referred to as "the King of Mushrooms", chaga has been used for centuries in traditional medicine to support immunity and provide a potent source of antioxidants. These mushrooms contain properties that help promote the formation of beneficial cytokines, specialized proteins that regulate the immune system. These proteins are essential for fighting off harmful bacteria or viruses. Thanks to their anti-inflammatory properties, chaga mushrooms are known to reduce and protect against cellular aging and support healthy cholesterol balance. CanPrev's Chaga

Full Spectrumis made with organic mushrooms sourced from both the mycelia and fruiting body. This means you get the full spectrum of medicinal compounds, for a full spectrum of benefits. For the following health goals: Blood Sugar Support Cardiovascular Health Immune Health

Product Name: Choline 275mg

Description: Beneficial for those looking to become pregnant or are pregnant to lower risks of neural tube defects and complications Supports heart health, memory and brain function, nervous system, and liver function Water-soluble compound Choline is a water-soluble compound that supports fetal development, cognitive health and memory processing, as well as the regulation of cholesterol levels in the liver. It's involved in various processes in the body that impact cell structure, messaging, and DNA synthesis, and is required to produce the neurotransmitter acetylcholine. While choline is naturally produced by the liver in small quantities it can also be found in meat or dairy products. Despite this, recent studies show that 90% of people aren't getting enough choline from their diet alone. Although choline is usually found in multivitamins or B-complex formulas, it's often not enough to see its intended benefits. Adequate choline is essential for those who are pregnant, trying to become pregnant, or older adults looking to support cognitive function. Enter CanPrevCholine. It contains 275 mg of VitaCholine® per capsule, a premium source of choline that's fast-dissolving in the digestive system. Choline is organic, vegan, and GMO-free. For the following health goals: Cardiovascular Health Detox Mood & Cognitive Prenatal & Postnatal

Product Name: Chromium Nicotinate Glycinate 200

Description: A blend of chromium, glycine and niacin (vitamin B3) Superior formulation when it comes to absorption and gentleness Be sure to have chromium by your side when those sweet cravings hit Do you have a sweet tooth? If you consider sugar a sixth food group, you may be depleting your chromium stores by overindulging. Ironically, chromium is what your body needs to metabolize glucose and regulate blood sugar levels in the body. So how much is too much? Even a well-balanced diet can contain sub-optimal levels of chromium because of mineral-poor soil and the

rigors of food refining. Both of these factors are a result of industrialized farming and food manufacturing methods. Also, the intestinal absorption rate of chromium is very low. Niacin, also known as vitamin B3, helps to increase the absorption of chromium and at the same time allows for the release of chromium as a biologically active agent. When it comes to blood sugar regulation and lipid, carbohydrate, protein and corticosteroid metabolism, chromium is key. It may also help to reduce the risk of coronary heart disease and metabolic conditions. CanPrev's Chromium Nicotinate Glycinate 200 contains a blend of chromium, glycine and niacin (vitamin B3) and is a superior formulation when it comes to absorption and gentleness. This particular composition is considered to be one of the safest and most efficient delivery forms of chromium. Be sure to have chromium by your side when those sweet cravings hit. Your body will thank you for it. For the following health goals: Blood Sugar Support Hormonal Balance

Product Name: Cold-Pro Immune Formula

Description: For colds, flus, and more Supports optimal immune function Speeds recovery A common cold is a viral infection of the upper respiratory tract that includes your nose and throat. Symptoms usually appear one to three days after exposure and include the typical sore throat, runny or congested nose, cough, sneezing, low-grade fever and mild body aches. A fever higher than 39.4 C distinguishes a cold from a different type of viral infection. Your immune system is the first defence against infectious organisms. It's made up of a network of cells, tissues and organs that work together to create an immune response. Most of the time it does its job, but sometimes a weak link can allow for a virus or other infectious organisms to creep in and lead to illness. Cold-Pro™ Immune Formula is designed to maintain and strengthen the immune system, aid in the symptomatic relief of colds and flus and speed recovery. It contains seven potent, immune boosting nutrients plus antiviral and antibacterial herbs. Research shows that each ingredient in Cold-Pro™ is extremely effective on its own, and combining them has produced a synergistic and powerful immune formulation. For the following health goals: Immune Health Respiratory Support

Product Name: Collagen Beauty - Liquid

Description: Reduce wrinkles in 28 days
Activate skin collagen production and increase skin elasticity
Smooths and firms skin
Increase moisture in the skin
Improve nail growth
Supports cellulite reduction
By supporting skin elasticity and healthy collagen production, Collagen Beauty helps improve the appearance of skin, reduces wrinkles and diminishes fine lines.
Designed to stimulate fibroblast cells in the skin, to enhance collagen metabolism where it's needed.
This unique liquid formula contains bioactive epidermal collagen peptides that are clinically proven to help reduce eye wrinkles in as early as 28 days.» Also available in powder form
Also available in 300 Grams
For the following health goals: Anti-Aging
Skin Health

Product Name: Collagen Beauty - Powder

Description: Reduce wrinkles in 28 days
Activate skin collagen production and increase skin elasticity
Smooths and firms skin
Increase moisture in the skin
Improve nail growth
Supports cellulite reduction
By supporting skin elasticity and healthy collagen production, Collagen Beauty helps improve the appearance of skin, reduces wrinkles and diminishes fine lines.
Designed to stimulate fibroblast cells in the skin, to enhance collagen metabolism where it's needed.
This powdered formula contains bioactive epidermal collagen peptides that are clinically proven to help reduce eye wrinkles in as early as 28 days.» Also available in liquid form
Also available in 500 ml
For the following health goals: Anti-Aging
Skin Health

Product Name: Collagen Bone - Powder

Description: Reduces bone loss
Stimulates extracellular bone matrix for enhanced collagen building at your bones
Collagen Bone with D3, K2, Calcium & Magnesium features FORTIBONE® BIOACTIVE COLLAGEN PEPTIDES® that promote remineralization and collagen production at the bones.
Collagen is a major component of bone tissue and is important for maintaining bone strength.
The collagen peptides in this formula are hydrolyzed to a low 5kDa molecular weight. The right size and sequence for targeting connective tissue cells to stimulate extracellular bone matrix for

enhanced collagen building at your bones. And, when you combine these clinically studied bioactive peptides with ultra gentle and highly absorbable forms of vitamin D3, soy-free K2, calcium and magnesium, you ensure the best support for your bones. Available format: 210 grams of powder For the following health goals: Anti-Aging Bone & Joint Health

Product Name: Collagen Full Spectrum - Powder

Description: 100% pure hydrolyzed peptides Enhanced solubility & bioavailability Derived from grass fed, pasture raised cows, free of antibiotics, hormones, and GMO ingredient CanPrev's Collagen Full Spectrum features hydrolyzed Peptiplus® Collagen Peptides, a premium source of peptides designed to build up the body's collagen stores in your joints, hair, skin, bones, ligaments and muscles. Derived from grass fed, pasture raised cows, free of antibiotics, hormones, and GMO ingredients – so you can worry less and feel good faster. Each scoop of Collagen Full Spectrum powder is naturally treated for enhanced solubility, stability and a neutral, odourless flavour. Collagen is a major component of the human body making up about 30% of our total body protein. These peptides lay down the building blocks your body needs to enhance joint, bone, muscle and skin health. No smell, no taste, no clumps, no fuss. Dissolves instantly into your favourite sports drink, nutritional shake or morning joe, and go about your day feeling great. Type I and III Hydrolyzed Collagen (bovine) – these natural peptides are hydrolyzed to be easily digested and highly bioavailable.» Also available in liquid form Also available in 500 ml For the following health goals: Anti-Aging General Health

Product Name: Collagen Full Spectrum Blend - Liquid

Description: Full spectrum combination of marine and bovine source type I & III collagen Collagen helps build healthy skin, strong bones, muscles, cartilage & joints, as well as healthier skin Includes 500mg of lysine, an amino acid needed for collagen production CanPrev's Collagen Full Spectrum Liquid offers a rich source of marine and grass-fed bovine collagen peptides. These peptides act as building blocks for enhanced collagen production in the body. Why collagen? Collagen, the most

abundant protein in the body, naturally declines as we age. Factors like UV radiation, hormonal changes, nutrient deficiencies and dehydration contribute to decreased collagen production – this results in wrinkles, loose skin, muscle atrophy and joint pain. Full spectrum CanPrev's Collagen Full Spectrum ensures the body always has a supply of peptides for collagen production. This unique blend (type I & type III) helps support joints, bone, muscle & skin health. These hydrolyzed collagen peptides are just the right size to be easily absorbed and utilized by the body. Delivered in a clean, concentrated formula that's easy to mix with your morning smoothie or take on its own. Only from CanPrev.» Also available in powder form Also available in 250 Grams For the following health goals: Anti-Aging General Health

Product Name: Collagen Joint & Cartilage - Powder

Description: Reduce joint pain associated with osteoarthritis Repair and regenerate joint cartilage tissue Promote formation of new hyaluronan fluid for increased joint lubrication Collagen makes up approximately 70% of the body's cartilage. As we age our lifestyle and health impacts our joints and ultimately how we move. We may experience more cartilage wear and tear-related joint conditions. Hips, knees, feet and spinal joints are most commonly affected by cartilage tissue dysfunction. An imbalance or dysfunction of one's collagenous matrix can be seen in joint conditions like arthritis and degenerative diseases like osteoarthritis. In order to keep our cartilage matrix healthy, proper joint homeostasis and turnover of new chondrocyte cells is necessary. CanPrev's Collagen Joint & Cartilage peptides are highly effective for stimulating the activity of chondrocytes – the main cells that make up our cartilage matrix. Chondrocyte cells can be found in all cartilage connective tissue and directly increase joint collagen production. These peptides act as a continuous nutrient supply for more collagen production directly at the joints! Naturally our cartilage tissue grows and repairs more slowly than other tissues. As long as some cartilage matrix remains, Collagen Joint & Cartilage peptides work to regenerate cartilage tissue by increasing collagen production and creating a healthier joint-cartilage matrix. For the following health goals: Active Lifestyle Anti-Aging Bone & Joint Health

Product Name: Collagen Tendo Recover - Powder

Description: TENDOFORTE® BIOACTIVE COLLAGEN PEPTIDES® help build connective tissue strength. Clinically studied for chronic ankle instability and Achilles tendinopathy symptoms. Improves joint movement after injury. Active and aging individuals often suffer discomfort or pain at the rotator cuff, elbow epicondyles, patellar, and Achilles tendon. And recovering from a tendon injury can be tough. Supplementing with the right collagen peptides can help. CanPrev's Collagen Tendo Recover contains unique, specialized TENDOFORTE® BIOACTIVE COLLAGEN PEPTIDES® at the size of 2kDa. Peptides at this size have been clinically studied for chronic ankle instability and Achilles tendinopathy symptoms, and recovery from this type of injury can be assisted at the ideal dosage of 5g per day. Available in 250 grams. For the following health goals: Active Lifestyle, Anti-Aging.

Product Name: Collagen Tone - Powder (formerly Collagen Muscle Tone)

Description: Low molecular weight. Enhances fat metabolism. Counteracts the loss of muscle mass. Proven to increase muscle strength in combination with resistance training. CanPrev's Collagen Tone features highly specialized collagen peptides. Clinical trials indicate the ability of these peptides to help decrease fat mass and increase lean body mass. CanPrev's Collagen Tone peptides are hydrolyzed to a low 3.5kDa molecular weight. Highly specialized and clinically studied, they are ideal for the active individual wanting to achieve optimal muscle strength and tone. When combined with resistance training (2-3 times per week) these peptides are proven to enhance one's lean body mass. Studies also indicate these peptides are beneficial for reducing muscle atrophy, delivering results for the aging individual wanting to maintain muscle mass. Rapid muscle cell increase. These peptides act as a highly valuable protein source with excellent functionality. They ensure the many layers of our skeletal muscles receive sufficient amino acids – the specific nutrient/building blocks for optimal muscle cell growth. Research demonstrates the positive effect these peptides have on the mTOR pathway, and the changes in body composition that occur with supplementation. Results show improved metabolic processes involving fat metabolism and rapid muscle cell increase. Usage: With Collagen Tone's excellent amino acid bioavailability and

functionality, fat and muscle metabolism is optimized for a leaner, more toned you! Recommended for those looking to increase their lean body mass, boost the results of resistance training or for those looking to slow muscle atrophy. Available in 250 grams of powder (50 servings). For the following health goals: Active Lifestyle Anti-Aging Weight Management

Product Name: CoQ10 M.R.B. 100mg

Description: Formulated with the only water-soluble form of CoQ10 Helps provide energy to cells Supports cardiovascular health A natural antioxidant made by the body that depletes with age CoQ10 is an antioxidant that's found naturally in the body, and is stored in the mitochondria, the part of the cell that produces energy. CoQ10 can be found in every cell of the body but exists in higher concentrations in the organs with high energy demands like the heart, lungs or liver. Natural production of CoQ10 in the body declines as we age, and individuals experiencing cardiovascular complaints tend to have lower levels of this important antioxidant. There are also times in our life when we use more than average amounts of CoQ10, like when we are managing certain health conditions or taking specific medications. CanPrev's CoQ10 M.R.B. is formulated with 100mg of water-soluble CoQ10 to help support cardiovascular health. While all other CoQ10 supplements are fat-soluble, this water-soluble formula is ideal for those with difficulty digesting fats such as those without a gallbladder or those who have low stomach acid. For the following health goals: Cardiovascular Health

Product Name: Cordyceps Full Spectrum

Description: Known for boosting energy and exercise performance Helps support and stimulate the immune system Source of antioxidants Fruiting body extract and cultured mycelium 100% organically sourced Since ancient times, many cultures have relied on medicinal mushrooms for treating, healing, and improving the symptoms of countless illnesses and ailments. Medicinal mushroom supplements are more popular than ever as we continue to learn of all their amazing benefits. To understand how we get these benefits, let's learn how medicinal mushrooms are sourced: The fruiting

body refers to the reproductive part of the fungus and is often characterized by its stalk and cap. This part of the mushroom can be used to create potent extracts using hot water and/or alcohol. The mycelium consists of a mass of branching filaments like the root system or web, often growing in soil or organic matter. To get all the nutrients, the mycelium is grown, dried and milled into a fine powder. Combining the mycelium and fruiting body extract ensures you get a highly potent dose of powerhouse antioxidants, filled with all the beneficial compounds to support your health goals. Cordyceps has adaptogenic properties that help our bodies cope with emotional and physical stressors. Cordyceps is widely known to support exercise performance and energy production. In traditional Chinese Medicine, cordyceps is used in times of “low chi” (life force energy) to raise energy levels. Cordyceps is rich in polyphenols that help boost antioxidant activity. It’s also known to support healthy glucose levels and help with overall metabolic health resulting in increased energy. CanPrev’s Cordyceps Full Spectrum is made with organic mushrooms sourced from both the mycelia and fruiting body. This means you get the full spectrum of medicinal compounds, for a full spectrum of benefits. For the following health goals: Anti-Inflammatory Blood Sugar Support Immune Health

Product Name: Cramp Relief

Description: Features cramp bark, an antispasmodic herb that helps relieve cramping. Can be used for digestive, muscle and uterine cramps. With Ginger, Sweet fennel, Skullcap, magnesium and vitamin B6. Relieves nervousness and tension associated with painful periods. Targets pain in the lower back and thighs. During a regular menstrual period, the uterus contracts to help remove its lining. Certain factors like hormone imbalances (higher levels of prostaglandins for example) can trigger increased uterine muscle contractions with inflammation, cramping and pain as a result. Cramp Relief is a comprehensive herbal and nutrient blend to relieve achy discomfort, pain and cramps that can come like clockwork with menstrual cycles. It features proven herbal remedies like potent cramp bark, to help target muscle and uterine muscle cramps. With sweet fennel and skullcap, to relieve restlessness and nervousness during painful periods. And, vitamin B6 and a

blend of muscle supporting magnesium for additional tension relieving benefits, and to act as a sleep aid during times of stress. Ginger is traditionally associated with anti-nausea properties, but it has also been studied extensively for dysmenorrhea as well as effectively reducing menstrual pain when taken for the first 3-4 days of the menstrual cycle. Additionally, research suggests that ginger may decrease exercise-induced muscle soreness, improve post-exercise recovery, reduce migraine severity and duration, and reduce joint pain. Cassia cinnamon is another herb that has been studied for its ability to improve dysmenorrhea symptoms. Multiple studies have shown that cassia cinnamon is capable of reducing the severity of menstrual pain, associated nausea and vomiting, while also reducing the amount of menstrual bleeding. Both ginger, and cinnamon have been studied head-to-head against NSAID medications and have proven effective with an impressive safety profile. Magnesium and Vitamin B6 When combined with magnesium vitamin B6 has been shown to reduce symptoms such as nervous tension, mood swings and irritability, pain perception. Can be used pre-menstrual cycle for cramps, daily as needed for digestive cramping, in the evening for muscle cramps. 120 vegetable capsules. For the following health goals: Hormonal Balance Pain Relief

Product Name: Curcumin Unlocked

Description: Full spectrum curcuminoids Superior bioavailability Curcumin, derived from the spice turmeric, is one of the most commonly used Ayurvedic remedies for joint-related inflammation. This is due to the antioxidant properties of curcuminoids, the active compounds found in turmeric. Antioxidants neutralize free radicals in the body, which often go on to prompt inflammation. However, the benefits of curcuminoids found in curcumin extracts are challenging to access. Why? Curcumin extracts depend on oil-based absorption and break down easily in the body's pH. Curcumin Unlocked overcomes these challenges using a proprietary water-dispersible dried colloidal suspension technology, allowing absorption in aqueous environments and improving overall availability. Curcumin Unlocked uses 300mg of TurmiPure® material, a turmeric extract standardized for high potency in all three curcuminoids – curcumin, demethoxycurcumin, and

bisdemethoxycurcumin. Available format: 60 vegetable capsules For the following health goals: Anti-Aging Anti-Inflammatory Pain Relief

Product Name: Curcumin-Pro

Description: 1200mg daily of pure absorbable curcumin 100% curcuminoids from turmeric Potent antioxidant and anti-inflammatory action Absorption enhanced with phosphatidylcholine and bromelain Curcumin is a phytochemical derived from the spice turmeric. For thousands of years, turmeric has been one of the most commonly prescribed Ayurvedic remedies to relieve joint-related inflammation. Curcuminoids in turmeric slow the enzymes that cause inflammation and give the spice its bright yellow colour. Curcuminoids are also responsible for turmeric's powerful antioxidant capabilities. Antioxidants neutralize free radicals (damaged rogue cells that debilitate more cells as they circulate) that go on to prompt the start of aging and disease in the body. Human clinical trials have shown that the body's absorption rate of curcumin when taken orally is low. To compensate, phosphatidylcholine from naturally-sourced lecithin and bromelain have been added to the formula to enhance absorption and support curcumin's anti-inflammatory properties. For the following health goals: Anti-Aging Anti-Inflammatory Pain Relief

Product Name: D3 - Organic Coconut Oil

Description: Absorption enhanced with organic coconut oil Helps build and maintain bone health Vitamin D3 cholecalciferol from lanolin No fillers, excipients or artificial colours Tropical vacations are something we might manage once a year, but what about the other 50 weeks? Vitamin D helps with the absorption of calcium and phosphorus to keep your bones and teeth strong and protect against disease. Supplements are made from one of two forms – D2 or D3. CanPrev only uses vitamin D3 in their softgels and here's why. Vitamin D2 (ergocalciferol) is photosynthesized in plants, mushrooms and yeasts and used typically in vitamin D fortified foods and some supplements. Vitamin D3 (cholecalciferol), is known as the "sunshine" vitamin and is easily synthesized by the body when the sun's UVB rays strike the skin. It is the most natural form of

vitamin D and offers superior absorption compared to vitamin D2. CanPrev's D3 offers a convenient way to supplement this critical vitamin. Each softgel of D3 is formulated to provide 1,000 IU of vitamin D3. D3 is suspended in a medium chain triglyceride base made from organic coconut oil. Coconut oil is a stable fatty acid that enhances the absorption of fat-soluble nutrients. Get the benefits of a sunshine vacation every day of the year with CanPrev's D3 and D3 & K2 softgels. Available in 120 and 240 softgels. Also available in 15 ml 240 Softgels. For the following health goals: Anti-Aging General Health Hormonal Balance

Product Name: D3 - Organic Coconut Oil

Description: Absorption enhanced with organic coconut oil Helps build and maintain bone health Vitamin D3 cholecalciferol from lanolin No fillers, excipients or artificial colours Tropical vacations are something we might manage once a year, but what about the other 50 weeks? Vitamin D helps with the absorption of calcium and phosphorus to keep your bones and teeth strong and protect against disease. Supplements are made from one of two forms – D2 or D3. CanPrev only uses vitamin D3 in their softgels and here's why. Vitamin D2 (ergocalciferol) is photosynthesized in plants, mushrooms and yeasts and used typically in vitamin D fortified foods and some supplements. Vitamin D3 (cholecalciferol), is known as the "sunshine" vitamin and is easily synthesized by the body when the sun's UVB rays strike the skin. It is the most natural form of vitamin D and offers superior absorption compared to vitamin D2. CanPrev's D3 offers a convenient way to supplement this critical vitamin. Each softgel of D3 is formulated to provide 1,000 IU of vitamin D3. D3 is suspended in a medium chain triglyceride base made from organic coconut oil. Coconut oil is a stable fatty acid that enhances the absorption of fat-soluble nutrients. Get the benefits of a sunshine vacation every day of the year with CanPrev's D3 and D3 & K2 softgels. Available in 120 and 240 softgels. Also available in 120 Softgels 15 ml For the following health goals: Anti-Aging General Health Hormonal Balance

Product Name: D3 & K2 - Organic Coconut Oil

Description: Absorption enhanced with organic coconut oilHelps build and maintain bone healthVitamin D3 cholecalciferol from lanolinVitamin K2 from K2Vital, a soy-free, plant sourced, 100% trans and bioactive vitamin K2 MK-7No fillers, excipients or artificial coloursTropical vacations are something we might manage once a year, but what about the other 50 weeks? Vitamin D3 (cholecalciferol), is known as the “sunshine vitamin” because it is easily synthesized by the body when the sun’s UVB rays strike the skin. Vitamin D helps with the absorption of calcium and phosphorus to keep bones and teeth strong and protect against disease.Vitamin K2 is a fat soluble vitamin essential for normal blood clotting and bone metabolism. There are three different forms of vitamin K: K1 (phytoquinone), K2 (menaquinone), which can be made by natural bacteria in the intestines, and K3 (menadione), a synthetic version of vitamin K. Clinical research has demonstrated significant protection of bone strength with the K2 form of vitamin K.Menaquinone-7 (MK-7) is an effective activator of osteocalcin, the protein essential for calcium deposition in bone. It works synergistically with vitamin D3 to help influence mineral strength in bones and teeth.CanPrev’s D3 & K2 has been reformulated with K2Vital, a unique form of MK-7 that is soy-free, plant sourced, and 100% trans form, yielding a pure, bio-active form of vitamin K2 MK-7. The D3 & K2 softgels are suspended in a medium chain triglyceride base made from organic coconut oil. Coconut oil is a stable fatty acid that enhances the absorption of fat-soluble nutrients, such as vitamins D and K. Get the benefits of a sunshine vacation every day of the year with CanPrev’s D3 & K2 softgels.Available in 60, 120 and 240 softgels.Also available in15 ml120 Softgels240 SoftgelsFor the following health goals:Anti-AgingBone & Joint HealthCardiovascular Health

Product Name: D3 & K2 Drops - MCT base

Description: Liquid sunshine in a bottle, enhanced with vitamin K to help support bone healthEach drop contains 250IU D3 and 30mcg MK-7 K2450 drops per bottleTropical vacations are something we might manage once a year, but what about the other 50 weeks? Vitamin D3 (cholecalciferol), is known as the “sunshine vitamin” because it is easily synthesized by the body when the sun’s UVB rays strike the skin. Vitamin D helps with the absorption of calcium and phosphorus to keep bones

and teeth strong and protect against disease. Vitamin K2 is a fat soluble vitamin essential for normal blood clotting and bone metabolism. There are three different forms of vitamin K: K1 (phytoquinone), K2 (menaquinone), which can be made by natural bacteria in the intestines, and K3 (menadione), a synthetic version of vitamin K. Clinical research has demonstrated significant protection of bone strength with the K2 form of vitamin K. Menaquinone-7 (MK-7) is an effective activator of osteocalcin, the protein essential for calcium deposition in bone. It works synergistically with vitamin D3 to help influence mineral strength in bones and teeth. CanPrev's D3 & K2 drops has been reformulated with K2Vital, a unique form of MK-7 that is soy-free, plant sourced, and 100% trans form, yielding a pure, bio-active form of vitamin K2 MK-7. These fat-soluble vitamins are suspended in a medium chain triglyceride (MCT) oil base. MCT oil consists of stable fatty acids that enhance the absorption of fat-soluble nutrients. Get the benefits of a sunshine vacation every day of the year with CanPrev's D3&K2! Also available in 120 Softgels, 60 Softgels, 240 Softgels. For the following health goals: Anti-Aging, Bone & Joint Health, Cardiovascular Health.

Product Name: D3 & K2 - Organic Coconut Oil

Description: Absorption enhanced with organic coconut oil. Helps build and maintain bone health. Vitamin D3 cholecalciferol from lanolin. Vitamin K2 from K2Vital, a soy-free, plant sourced, 100% trans and bioactive vitamin K2 MK-7. No fillers, excipients or artificial colours. Tropical vacations are something we might manage once a year, but what about the other 50 weeks? Vitamin D3 (cholecalciferol), is known as the "sunshine vitamin" because it is easily synthesized by the body when the sun's UVB rays strike the skin. Vitamin D helps with the absorption of calcium and phosphorus to keep bones and teeth strong and protect against disease. Vitamin K2 is a fat soluble vitamin essential for normal blood clotting and bone metabolism. There are three different forms of vitamin K: K1 (phytoquinone), K2 (menaquinone), which can be made by natural bacteria in the intestines, and K3 (menadione), a synthetic version of vitamin K. Clinical research has demonstrated significant protection of bone strength with the K2 form of vitamin K. Menaquinone-7 (MK-7) is an effective activator of osteocalcin, the protein essential for calcium deposition in bone. It works

synergistically with vitamin D3 to help influence mineral strength in bones and teeth. CanPrev's D3 & K2 has been reformulated with K2Vital, a unique form of MK-7 that is soy-free, plant sourced, and 100% trans form, yielding a pure, bio-active form of vitamin K2 MK-7. The D3 & K2 softgels are suspended in a medium chain triglyceride base made from organic coconut oil. Coconut oil is a stable fatty acid that enhances the absorption of fat-soluble nutrients, such as vitamins D and K. Get the benefits of a sunshine vacation every day of the year with CanPrev's D3 & K2 softgels. Available in 60, 120 and 240 softgels. Also available in 15 ml. 60 Softgels 240 Softgels For the following health goals: Anti-Aging Bone & Joint Health Cardiovascular Health

Product Name: D3 & K2 - Organic Coconut Oil

Description: Absorption enhanced with organic coconut oil Helps build and maintain bone health Vitamin D3 cholecalciferol from lanolin Vitamin K2 from K2Vital, a soy-free, plant sourced, 100% trans and bioactive vitamin K2 MK-7 No fillers, excipients or artificial colours Tropical vacations are something we might manage once a year, but what about the other 50 weeks? Vitamin D3 (cholecalciferol), is known as the "sunshine vitamin" because it is easily synthesized by the body when the sun's UVB rays strike the skin. Vitamin D helps with the absorption of calcium and phosphorus to keep bones and teeth strong and protect against disease. Vitamin K2 is a fat soluble vitamin essential for normal blood clotting and bone metabolism. There are three different forms of vitamin K: K1 (phytoquinone), K2 (menaquinone), which can be made by natural bacteria in the intestines, and K3 (menadione), a synthetic version of vitamin K. Clinical research has demonstrated significant protection of bone strength with the K2 form of vitamin K. Menaquinone-7 (MK-7) is an effective activator of osteocalcin, the protein essential for calcium deposition in bone. It works synergistically with vitamin D3 to help influence mineral strength in bones and teeth. CanPrev's D3 & K2 has been reformulated with K2Vital, a unique form of MK-7 that is soy-free, plant sourced, and 100% trans form, yielding a pure, bio-active form of vitamin K2 MK-7. The D3 & K2 softgels are suspended in a medium chain triglyceride base made from organic coconut oil. Coconut oil is a stable fatty acid that enhances the absorption of fat-soluble nutrients, such as vitamins D and K. Get

the benefits of a sunshine vacation every day of the year with CanPrev's D3 & K2 softgels. Available in 60, 120 and 240 softgels. Also available in 15 ml. 120 Softgels 60 Softgels For the following health goals: Anti-Aging Bone & Joint Health Cardiovascular Health

Product Name: D3 2500IU - MCT Base

Description: Helps support immune function Builds strong bones and teeth In a base of medium chain triglycerides for maximum absorption We used to spend a lot more time outside, but for the majority of us, the nature of our modern lifestyles keeps us out of the sun. As a result of this, vitamin D deficiency is extremely common – studies show that 1 in 3 Canadians is deficient, and 2 in 3 have less than the recommended level. Vitamin D deficiency can manifest itself in symptoms like low immune function, fatigue, muscle weakness, mood imbalances and osteoporosis in older adults. We need this vitamin for many different things – calcium absorption, immune function, mood health, skin health, cardiovascular function, hormone balance, and even more. We choose D3 for our vitamin D supplements, because it's the most natural form of vitamin D, and it's easily absorbed in the body. One softgel contains your daily dose of 2500IU of vitamin D3 in a base of organic coconut oil for enhanced absorption. Available in 120 & 240 softgels and 15ml drops. Also available in 240 Softgels 15 ml For the following health goals: Anti-Aging General Health Hormonal Balance

Product Name: D3 2500IU - MCT Base

Description: Helps support immune function Builds strong bones and teeth In a base of organic coconut oil for maximum absorption We used to spend a lot more time outside, but for the majority of us, the nature of our modern lifestyles keeps us out of the sun. As a result of this, vitamin D deficiency is extremely common – studies show that 1 in 3 Canadians is deficient, and 2 in 3 have less than the recommended level. Vitamin D deficiency can manifest itself in symptoms like low immune function, fatigue, muscle weakness, mood imbalances and osteoporosis in older adults. We need this vitamin for many different things – calcium absorption, immune function, mood health, skin health, cardiovascular function, hormone balance, and even more. We choose D3 for our vitamin D

supplements, because it's the most natural form of vitamin D, and it's easily absorbed in the body. One softgel contains your daily dose of 2500IU of vitamin D3 in a base of organic coconut oil for enhanced absorption. Available in 120 & 240 softgels and 15ml drops. Also available in 120 Softgels 15 ml For the following health goals: Anti-Aging General Health Hormonal Balance

Product Name: D3 Drops 1000IU - MCT base

Description: Liquid sunshine in a bottle to help support bone health Each drop contains 1000IU D3 Tropical vacations are something we might manage once a year, but what about the other 50 weeks? Vitamin D helps with the absorption of calcium and phosphorus to keep your bones and teeth strong and protect against disease. Supplements are made from one of two forms – D2 or D3. CanPrev only uses vitamin D3 in their drops and here's why. Vitamin D2 (ergocalciferol) is photosynthesized in plants, mushrooms and yeasts and used typically in vitamin D fortified foods and some supplements. Vitamin D3 (cholecalciferol), is known as the "sunshine" vitamin and is easily synthesized by the body when the sun's UVB rays strike the skin. It is the most natural form of vitamin D and offers superior absorption compared to vitamin D2. CanPrev's D3 Drops offers a convenient way to supplement this critical vitamin. Each drop of D3 is formulated to provide 1,000IU of vitamin D3. These fat-soluble vitamins are suspended in a medium chain triglyceride (MCT) oil base. MCT oil consists of stable fatty acids that enhance the absorption of fat-soluble nutrients. Get the benefits of a sunshine vacation every day of the year with CanPrev's D3! Also available in 120 Softgels 240 Softgels For the following health goals: Anti-Aging General Health Hormonal Balance

Product Name: D3 Drops 1000IU - Vegan

Description: Helps support immune function Builds strong bones and teeth Aids in calcium absorption, cardiovascular function and hormone balance Made from a vegan, lichen-derived form of Vitamin D3 Formulated with MCT oil from coconut for enhanced absorption Why choose D3 Drops? As Canadians, we know that sunshine is not always guaranteed north of the equator year round, particularly throughout the winter months. This lack of sunlight often results in a deficiency of

vitamin D3, since the UV rays we get from the sun play an essential role in vitamin D3 production. Studies have shown that 1 in 3 Canadians is deficient in vitamin D, and 2 in 3 have less than the recommended level. Deficiency can manifest itself in symptoms such as low immune function, fatigue, muscle weakness, mood imbalances, osteoporosis in older adults and osteomalacia in children. Vitamin D3 is necessary for many functions in the body. It plays a role in calcium absorption, immune function, mood health, skin health, cardiovascular function, hormone balance and that's just to name a few. Taking vitamin D3 supplements is a great option for those who are deficient. However, most vitamin D3 supplements are synthetically derived from lanolin, a greasy substance found in sheep's wool, which is not ideal for those who don't consume animal by products. CanPrev's Vegan D3 drops are derived from a sustainable lichen source, and are diluted with vegan, GMO free carriers to ensure stability and potency. Similar to moss, lichen is a plantlike organism that is produced via a symbiotic relationship between algae or cyanobacteria and fungi. Lichen is rich in naturally occurring vitamin D3. Available format: Drops. For the following health goals: Anti-Aging, General Health, Hormonal Balance.

Product Name: D3 Drops 2500IU - MCT Base

Description: Helps support immune function. Builds strong bones and teeth. In a base of medium chain triglycerides for maximum absorption. We used to spend a lot more time outside, but for the majority of us, the nature of our modern lifestyles keeps us out of the sun. As a result of this, vitamin D deficiency is extremely common – studies show that 1 in 3 Canadians is deficient, and 2 in 3 have less than the recommended level. Vitamin D deficiency can manifest itself in symptoms like low immune function, fatigue, muscle weakness, mood imbalances and osteoporosis in older adults. We need this vitamin for many different things – calcium absorption, immune function, mood health, skin health, cardiovascular function, hormone balance, and even more. We choose D3 for our vitamin D supplements, because it's the most natural form of vitamin D, and it's easily absorbed in the body. One drop contains your daily dose of 2500IU of vitamin D3 in a base of medium chain triglycerides for enhanced absorption. And, it fits right in your pocket, purse or backpack for

on-the-go. Available in 15ml bottle and 120 & 240 softgels. Also available in 120 Softgels 240 Softgels For the following health goals: Anti-Aging General Health Hormonal Balance

Product Name: D3 Drops Kids 400IU - MCT base

Description: Liquid sunshine in a bottle to help support bone health Each drop contains 400IU D3 Every member of your family should be taking a vitamin D supplement, even the little ones. A deficiency can cause rickets (softening of the bones) particularly in the first two years of life. Lack of vitamin D can also compromise bone density and strength and can even cause joint pain. Vitamin D is vital for the growth, development and maintenance of healthy bones and teeth. Here are some myths and facts about vitamin D. Doesn't my baby get vitamin D through breast milk? – Infants that are partially or fully breastfed do not get enough vitamin D through breast milk and are at risk of poor teeth and bone growth, or even worse, developing rickets. Although breast milk does contain small amounts of vitamin D (about 25 IU per litre or less), it does not contain adequate amounts for rapidly growing babies, so supplementation with drops is necessary. *Don't kids who drink a lot of milk and play outside get enough vitamin D? – Not really. Due to the increased use of sunscreens and lifestyle changes that have parents moving away from dairy and more towards soy and nut milks, kids are absorbing lower amounts of vitamin D if their usual beverages aren't fortified. How do I know how much vitamin D is safe for my child? – Health Canada recommends that all breastfed babies be given a daily vitamin D supplement of 400 IU, beginning at birth until age one. For children age one to thirteen, the dosage should increase to 1,000 IU daily. **CanPrev D3 Kids 400 IU is a vitamin D supplement specially formulated for children. One drop daily helps develop and maintain healthy bones and teeth and prevent vitamin D deficiency.*

http://www.cdc.gov/breastfeeding/recommendations/vitamin_d.htm **

<http://www.hc-sc.gc.ca/fn-an/nutrition/vitamin/vita-d-eng.php#a2> For the following health goals: Anti-Aging General Health Hormonal Balance

Product Name: Detox-Pro Formula

Description: 15 day total body detox
Easy, one-step cleanse
Antioxidants, trace minerals and herbs to help neutralize toxins
Optimizes liver function, the body's prime organ of elimination
We're exposed to toxins like pesticides, heavy metals, drugs and hormones from our environment and in our food every single day. All the cells in our body can be affected by some level of toxicity, leading to fatigue, irregular elimination, irritated skin, allergies or low-grade infections. Toxins are also typically fat soluble and are often stored in our fat cells where they can sometimes remain for years. If we do nothing to remove them, they can contribute to more diseases.
So how do we protect ourselves from this constant toxic bombardment? The answer lies with our liver. Blood detoxification is one of our most important liver functions – especially if it's healthy and has an array of optimal nutritional tools with which to do its vital work.
Detoxification happens in two phases. In Phase I, the liver converts toxic chemicals into less toxic ones, sometimes creating dangerous free radical by-products. Fortunately, antioxidants like vitamins C, E and natural carotenoids can quickly counteract them. In Phase II, liver cells chemically alter the toxic by-products of Phase I, making them water soluble and easy to excrete.
Detox-Pro™ contains a blend of medicinal herbs and it is a one-step, 15-day detoxification solution that provides critical nutrients to help support your liver function and optimize detoxification pathways.
For the following health goals: Detox

Product Name: Digestive Enzymes

Description: Provides a full spectrum of 11 digestive enzymes
Helps break down proteins
To fully digest and absorb the nutrients from the foods we eat, we need the help of digestive enzymes. Digestive enzymes are proteins that turn the foods we eat into nutrients that can then be absorbed by the digestive tract and distributed throughout the body where they're used to fuel us. These proteins can be found in our saliva, and are secreted by the pancreas, gallbladder, liver, and intestines throughout the digestive process.
We can fall short on digestive enzymes due to digestive conditions or food sensitivities, and although they can be found in foods like mangoes, bananas, honey, and avocados, these enzymes are sensitive to heat and easily destroyed by cooking.
CanPrev's Digestive Enzymes contains a full spectrum of 11 enzymes to help break down

protein, carbohydrates, fat, fibre, and dairy, providing optimal nutrient absorption and digestion. Give your digestion a helping hand, and enjoy all the benefits of being well-nourished. For the following health goals: Digestive Health

Product Name: Elderberry C Chewable - Berry Burst

Description: Supports immune function
Helps to relieve fever in cases of common colds and flu
Helps to relieve symptoms of colds and flu such as coughs, sore throat, and catarrh of the upper respiratory tract
Helps support joint pain associated with conditions such as arthritis in adults
Helps encourage healthy detoxification
CanPrev's Elderberry C Chewable tablet is formulated with pure European black elderberry extract, plus plenty of vitamin C. A serving delivers 14% anthocyanins and brings with it the immune care you might need to help relieve cold and flu symptoms like fever, cough, sore throat, or upper respiratory ailments. Why use elderberry and vitamin C together? Elderberry is best known for its ability to help alleviate cold and flu by acting as a diaphoretic to promote sweating, which helps rid the body of toxins. But it has been used in traditional medicine for centuries as an anti-inflammatory remedy (to help with everything from allergies, aches, fevers, skin, joint and immune-related conditions). Elderberries are a rich source of phenolic acid, flavonols, and anthocyanins – powerful antioxidants good for our daily health. Likewise, vitamin C aids in the production of white blood cells, which work to protect the body against infection while acting as an antioxidant capable of preventing oxidative stress. Oxidative stress can cause cell and tissue damage, making us more vulnerable to infections, chronic inflammation, and other degenerative diseases. Together this pair packs a good punch! Choose Elderberry C Chewable tablets close by to keep a good defence when life gets busy and you need extra support. Formulated with a natural Berry Burst flavour suitable for ages 3 and up! Only from CanPrev. Also available in 500 Liquid. For the following health goals: Allergy Relief Immune Health Respiratory Support

Product Name: Elderberry C Liquid - Berry Burst

Description: Supports immune function
Helps to relieve fever in cases of common colds and flu
Helps to relieve symptoms of colds and flu such as coughs, sore throat, and catarrh of the upper respiratory tract
Helps support joint pain associated with conditions such as arthritis in adults
Helps encourage healthy detoxification
CanPrev's Elderberry Cliquid is formulated with pure European black elderberry extract, plus plenty of vitamin C. A serving delivers 14% anthocyanins and brings with it the immune care you might need to help relieve cold and flu symptoms like fever, cough, sore throat, or upper respiratory ailments.
Why use elderberry and vitamin C together? Elderberry is best known for its ability to help alleviate cold and flu by acting as a diaphoretic to promote sweating, which helps rid the body of toxins. But it has been used in traditional medicine for centuries as an anti-inflammatory remedy (to help with everything from allergies, aches, fevers, skin, joint and immune-related conditions). Elderberries are a rich source of phenolic acid, flavonols, and anthocyanins – powerful antioxidants good for our daily health. Likewise, vitamin C aids in the production of white blood cells, which work to protect the body against infection while acting as an antioxidant capable of preventing oxidative stress. Oxidative stress can cause cell and tissue damage, making us more vulnerable to infections, chronic inflammation, and other degenerative diseases. Together this pair packs a good punch! Choose Elderberry C to keep a good defence when life gets busy and you need extra support.
Formulated with a delicious Berry Burst flavour
suitable for ages 5 and up! Only from CanPrev. Also available in 120 Chewable Tablets
For the following health goals: Allergy Relief Immune Health Respiratory Support

Product Name: ElectroMag Effervescent Drink - Box

Description: Highly absorbable bisglycinate form in a quick and easy effervescent powder
150mg of pure elemental magnesium per packet
Added electrolytes and vitamin C with zesty lemon-lime fizz
Magnesium is an amazing mineral used in over 800 enzymatic reactions in the body. Things like building proteins, synthesizing DNA, strengthening bones, adjusting insulin sensitivity, activating muscles, conducting nerve impulses and regulating heart rhythm – just to name a few! Your body even uses magnesium as a power source. The trillions of cells in your body use magnesium to

biologically activate adenosine triphosphate (ATP), an energy- bearing molecule used to drive various chemical and mechanical activities. Makes you wonder whether we're getting enough, doesn't it? While it is a common mineral found on Earth and we do consume magnesium through our diet from foods like leafy greens, concentrations of magnesium in our foods aren't as high as they once were. Intensive agricultural methods have made our soil dirt poor in nutrients like magnesium. Less magnesium in our soil means less in our food... and in our bodies where we need them. To make matters worse, our modern lifestyle also consumes and demands a high magnesium intake. When we are under stress (which we often are), our body depletes reserves of magnesium to make stress hormones. Even medications and common drinks like coffee or wine can impair absorption or increase the excretion of magnesium by our kidneys. A deficiency can affect every organ in the body. While common symptoms of magnesium deficiency are fatigue, low energy, agitation, restless legs, headaches, irritability, and cramping, the most worrying part is that we may not see any symptoms at all. It is possible to be deficient and not even know it. Whether you are an athlete looking to keep those muscles pumping or protect against stress fractures, a student looking to calm some nerves before an exam, or just feeling stressed that you don't have enough magnesium in your life, you can try CanPrev's ElectroMag as a convenient, easy-to-enjoy insurance for making sure you get the magnesium your body craves. ElectroMag delivers a shocking 150mg of elemental magnesium with vitamin C and electrolytes, all in a refreshing effervescent drink. Designed to be gentle and absorbable, it's an ideal form factor whether you're training for a triathlon or just enjoying an active life.

Magnesium products from CanPrev

Product Name	Form	Dosage
Optimized Magnesium Bis-Glycinate	Bis-Glycinate	200
Gentle Magnesium Bis-Glycinate	Bis-Glycinate	140
Extra Gentle Magnesium Bis-Glycinate	Bis-Glycinate	80
Ultra Gentle Magnesium Bis-Glycinate	Bis-Glycinate	300
Ultra Gentle Liquid Magnesium Bis-Glycinate	Bis-Glycinate	400
Ultra Gentle Powder Magnesium Bis-Glycinate	Bis-Glycinate	Tropical Drink
Mix Magnesium Bis-Glycinate	Bis-Glycinate	Blueberry Drink
Mix Magnesium Bis-Glycinate	Bis-Glycinate	Orange Drink
Mix Magnesium Bis-Glycinate	Bis-Glycinate	50
Chewable Goal Specific Magnesium	Chewable	ElectroMag
Effervescent Drink Mix Magnesium	Effervescent	Malate
Magnesium Cardio Magnesium	Cardio	Sleep
Magnesium Stress Release	Stress Release	Magnesium
+ Vegan D3 & K2	+ Vegan D3 & K2	Magnesium Multi Mineral

For the following health goals:

- Active Lifestyle
- General

Product Name: EliteNeuro

Description: Helps support cognitive performance, mental focus, and concentration Formulated with Zembrin®, the world's most researched Sceletium extract If you're someone who spends their days focusing on important tasks, absorbing information, making decisions, and forming strategies, you know how important cognitive function is to daily life. Supporting these mental processes with the right nutrients can make day-to-day pursuits that much easier. CanPrev's EliteNeuro is powered by Zembrin®, the world's most clinically studied Sceletium tortuosum extract. This plant, known traditionally as kanna, has been used by the indigenous people of South Africa for over 300 years to encourage mental focus and concentration. Zembrin® is the only kanna extract to carry the logo of its indigenous beneficiaries, the South African San Council. Its patented dual mechanism of action inhibits the reuptake of serotonin and key enzymes involved in cognitive function. The effects of Elite Neuro can be felt fast – MRIs show changes in the brain within 2 hours of the first dose, and further benefits can be felt after taking it for 1-2 days. This formula helps support cognitive health without any sedative or habit-forming properties, and at one capsule a day, it couldn't be easier to fit into your daily routine. Embrace calm, decisiveness, and fast reaction time with EliteNeuro. For the following health goals: Mood & Cognitive

Product Name: Eye-Pro Formula

Description: An advanced multi-antioxidant formula to help maintain eye health Delivers 7.5mg of lutein (per daily dose) naturally derived from marigold flower Black currant and carotenoids for light-induced damage protection Critical minerals to slow the progression of AMD Can you guess which muscles in your body are called on the most? You wouldn't think they're the ones attached to your eyes but it's true. In fact, the muscles that move your eyes are the strongest in the body and are 100 times more powerful than they need to be. Also true, your eyes are made up of over two million working parts and process over 36,000 bits of information every hour. Good to know there's

at least one group of muscles that doesn't need gym time to get stronger! If you want to maintain good eye health, there's an easy way to do it without breaking a sweat. CanPrev's Eye-Pro™ contains antioxidants and minerals to help keep your eyes in tip-top condition. Each capsule of Eye-Pro™ includes black currant extract – flavonoids that are like strength training sessions for the eyes. They also contain anthocyanosides, which are antioxidant rich and neutralize free radicals before they can damage cells. Eye-Pro™ delivers a daily dose of 7.5mg of lutein esters and combines powerful antioxidants from natural plant sources to maintain eye health and protect eyes from free radicals. Envision a healthy future for your eyes with CanPrev's Eye-Pro™. For the following health goals: Anti-Aging Vision Support

Product Name: Fibre Feel

Description: Clinically studied not to cause gas, bloating, cramps, or flatulence, even at doses up to 30g a day Helps stimulate healthy probiotic bacteria Quick dissolving, unflavoured – enjoy it in a smoothie, stirred into your favourite food, or simply mixed with water. Fibre is much more than simple roughage. It plays a critical role in reducing cholesterol, stabilizing blood sugar, and balancing our hunger throughout the day. And yet, most people only get half the daily fibre they need. Every scoop of Fibre Feel is 4g of organic, FODMAP friendly natural acacia plant soluble fibre, designed to help your gut feel great. It gets you all the digestive benefits of promoting healthy bacteria without uncomfortable levels of fructose, fructans, galactooligosaccharides, sorbitol, mannitol or lactose that can irritate IBS symptoms. Fibre Feel has been clinically studied for its gut-health promoting powers. It was found to increase levels of healthy bifidobacteria, reduce inflammation in the gut and contribute to reduced gut permeability. Feel no fear – these same studies found it to be gentle and easily tolerated without GI symptoms, even at doses many times higher than typically used. Available format: 325 grams (65 servings) For the following health goals: Active Lifestyle Blood Sugar Support Detox Digestive Health General Health Hormonal Balance Weight Management

Product Name: GABA 500

Description: 500mg dose of GABA Promotes a restful, relaxed state without diminishing alertness GABA is an inhibitory neurotransmitter in the brain commonly used as a stress reliever to calm the racing mind Low GABA activity is linked to insomnia and disrupted sleep GABA is an inhibitory neurotransmitter in the brain that plays a role in motor control, vision, and anxiety. Research has shown that GABA has a positive impact on cortisol levels and may be helpful initiating sleep. In one study, GABA levels in people with insomnia were almost 30% lower than in people without the sleep disorder. GABA binds to benzodiazepine receptors resulting in a safe anxiolytic effect. It helps slow down feelings of fear and stress when neurons become over excited by reducing the activity of the neurons that it binds to. CanPrev GABA 500 delivers a clinically proven 500mg dose of GABA. This naturally-occurring amino acid is produced by our brain to help temporarily promote relaxation. GABA works like a “brake” in our brain and central nervous system by slowing down activity. This leaves you with a relaxing, cooling, sense of calm. Available in 120 vegetable capsules. For the following health goals: Adrenal Support Mood & Cognitive Stress

Product Name: GI-Pro Formula (formerly Digestion & IBS)

Description: Relieves digestive upset Relieves indigestion Formulated with ingredients to soothe digestion Whether you're travelling abroad or spending an evening out with friends, the last thing you want to worry about is where the nearest washrooms are or doubt every dish on the menu. Poor digestion can be pretty inconvenient. It can also compromise your health by preventing you from absorbing all the nutrients you need. IBS symptoms can be all over the map. Normally, muscle along intestinal walls contracts and relaxes to push food through. When you have IBS, the contractions are more intense and last longer, forcing food through quicker and giving you symptoms of gas, bloating and diarrhea. But the opposite can also be true – weaker muscle contractions cause food to stay in the colon longer, resulting in constipation. Some people actually experience both and suffer from extreme cramping, passing only mucous. IBS sufferers need to stay vigilant. Frequent bouts of diarrhea can cut the absorption of vitamins, minerals, proteins, fats and carbohydrates, all of which you need to stay healthy. Pinpointing what triggers IBS can be like finding a needle in a haystack.

Foods like chocolate, spices, fats, beans and even some fruits or vegetables can launch symptoms. Stress, hormonal changes in women during their menstrual cycles or intestinal bacterial overgrowth can also be culprits. There's no cure for IBS but there is help for reducing intestinal discomfort when it hits. CanPrev's GI-Pro is formulated to calm digestive disturbances. It contains a perfect blend of amino acids and antioxidants that nourish cells in intestinal walls and enhance gastrointestinal barrier function. Other ingredients work to deflate the uncomfortable feelings of fullness and bloating and support the complete digestion of food. Making sure you have an optimum supply of beneficial bacteria is important when it comes to managing digestion, too. Pairing GI-Pro with CanPrev's Pro-Biotik 15B can give you extra protection against symptoms of bloating and diarrhea. For the following health goals: Digestive Health

Product Name: Green Tea

Description: Prevents cellular deterioration from oxidative damage
Source of EGCG and key antioxidants
Minimal caffeine per dose
Green tea has been consumed for thousands of years for its many health benefits. Green tea extract (GTE) is green tea in its concentrated form. Like green tea, GTE is packed with antioxidants like epigallocatechin gallate (EGCG), which can support our bodies by preventing cellular deterioration from oxidative damage. This can go on to benefit the body in many ways.
Weight loss & metabolic health: If you're looking for a way to increase the amount of calories you burn, GTE has you covered. Studies show that GTE regulates insulin sensitivity and blood sugar tolerance while decreasing hemoglobin A1C and blood sugar levels. This directly impacts metabolic health, which can impact weight loss management.
Skin health: Supplementing with GTE has been shown to have anti-aging benefits and help with acne due to the anti-inflammatory properties of EGCG. When it comes to acne-prone skin, EGCG lowers sebum excretion in the skin which helps reduce oil production.
Cognitive health: Antioxidants found in GTE have been shown to protect brain cells from oxidative stress caused by the presence of heavy metals like iron and copper in the brain. Studies show that these antioxidants increase parieto-frontal connectivity in the brain resulting in increased cognitive functions like working

memory, improved attention, and better focus. Cardiovascular support: Oxidative stress increases fat buildup in our blood, which can promote inflammation in the arteries and affect blood pressure. Antioxidants like EGCG have been shown to help decrease this inflammation and reduce blood pressure while aiding in fat absorption in cells. Exercise performance & recovery: GTE has antioxidant properties that reduce cellular damage and muscle fatigue associated with oxidative stress that naturally occurs with regular exercise. CanPrev's Green Tea EGCG is an excellent source of antioxidants that help protect against oxidative damage. Its highly potent dose of 500mg per capsule delivers a high concentration of 50% EGCG to maximize health benefits with as little caffeine as a single cup of decaf coffee per capsule. For the following health goals: Cardiovascular Health Energy Mood & Cognitive Skin Health Weight Management

Product Name: Green Up! with GRAMS

Description: 100% plant-based, certified organic, natural & GMO-free Combines the raw power of greens, red fruits and superfoods with a potent dose of immune-boosting mushrooms and fatigue-fighting adaptogenic herbs Diversify your diet – Enjoy daily in your favourite smoothie, juice, or simply mixed up with water Low on nutrition? Time to Green Up! Green Up! is the first and only formulation of its kind to combine the raw power of greens, red fruits and superfoods (like spirulina, chlorella, acai and goji), then augment it with a potent dose of immune-boosting mushrooms and fatigue-fighting adaptogenic herbs. This 100% plant-based powder is certified organic and GMO-free. Embrace the taste, energize your nutrition, and Green Up your day. For the following health goals: Active Lifestyle Detox Digestive Health General Health

Product Name: Gut Repair

Description: Helps relieve inflammatory conditions of the digestive system Provides immune support There's a lot of important activity occurring in the gut at all times. Over 70% of the immune system resides in the gut, with the intestinal lining acting as its first line of defence. Our intestinal lining is thin and semi-permeable, which means that it's able to release nutrients from food into the

bloodstream, while simultaneously keeping harmful pathogens out. The thinness of our intestinal walls is convenient for nutrient absorption but also makes it more prone to damage. This damage can occur due to chronic stress, poor diet, genetics, or infections like H. pylori. Damage to the intestinal walls can lead to more serious digestive issues and even a weakened immune system. Colostrum is a substance produced by mammals that appears in the first breast milk fed to a newborn. It plays a critical role in developing bodily functions, but when taken supplementally, can also positively impact gut and immune health. Bovine colostrum is similar to colostrum produced by humans and is rich in nutrients like carbohydrates, fats, vitamins, minerals, pathogen-fighting proteins, and digestive enzymes. Its supplemental health benefits are primarily linked to the presence of proline-rich polypeptides which are beneficial for quelling digestive inflammation, allowing the intestinal lining to heal. Calendula is a flowering plant traditionally used in herbal medicine to aid inflammation. This plant has various antifungal, antimicrobial, and antioxidant properties, which can be beneficial for preventing infection and healing tissue injuries, such as a damaged intestinal lining. CanPrev's Gut Repair provides 400mg of bovine colostrum alongside calendula extract to help relieve inflammatory conditions of the digestive system and in doing so, support the immune system. For the following health goals: Digestive Health Immune Health

Product Name: Healthy Bones MCHA

Description: Featuring microcrystalline hydroxyapatite (MCHA), the calcium compound found naturally in bones and teeth that give them their structure. Complete bone-building blend with hydrolyzed collagen, magnesium, D3, K2 and trace minerals. Highly absorbable. Our bones might seem solid and unchanging, but they're living tissues. They're in a constant process of breaking down and rebuilding. They actively dissolve and replace minerals to keep your skeleton strong and stable, and they need the proper nutrients throughout our lifetime to stay healthy and strong. Healthy Bones MCHA features microcrystalline hydroxyapatite, a naturally sourced bone-building compound that shapes the matrix of our bones and teeth, giving them their rigid form. Containing naturally occurring calcium and phosphorous, this compound has shown superior bioavailability and

absorption for maximum bone-building capabilities. Calcium has long been associated with bone health, but phosphorous is just as important. In fact, taking high-dose calcium supplements consisting of calcium carbonate or citrate salts can cause dietary phosphorous to become unavailable for absorption. An unbalanced intake of calcium and phosphorous has been associated with the development of osteoporosis. Healthy Bones MCHA also contains hydrolyzed collagen to stimulate enhanced collagen building at the bones, easy-to-absorb chelated minerals, and vitamins D3 and K2 to ensure these valuable nutrients reach the bone tissue where they're needed. Also available in 120 v-caps. Visit this link to learn more. Also available in 120 Vegetable Capsules For the following health goals: Anti-Aging Bone & Joint Health

Product Name: Healthy Bones MCHA

Description: Featuring microcrystalline hydroxyapatite (MCHA), the calcium compound found naturally in bones and teeth that give them their structure Complete bone-building blend with hydrolyzed collagen, magnesium, D3, K2 and trace minerals Highly absorbable Our bones might seem solid and unchanging, but they're living tissues. They're in a constant process of breaking down and rebuilding. They actively dissolve and replace minerals to keep your skeleton strong and stable, and they need the proper nutrients throughout our lifetime to stay healthy and strong. Healthy Bones MCHA features microcrystalline hydroxyapatite, a naturally sourced bone-building compound that shapes the matrix of our bones and teeth, giving them their rigid form. Containing naturally occurring calcium and phosphorous, this compound has shown superior bioavailability and absorption for maximum bone-building capabilities. Calcium has long been associated with bone health, but phosphorous is just as important. In fact, taking high-dose calcium supplements consisting of calcium carbonate or citrate salts can cause dietary phosphorous to become unavailable for absorption. An unbalanced intake of calcium and phosphorous has been associated with the development of osteoporosis. Healthy Bones MCHA also contains hydrolyzed collagen to stimulate enhanced collagen building at the bones, easy-to-absorb chelated minerals, and vitamins D3 and K2 to ensure these valuable nutrients reach the bone tissue where they're needed. Available

in 240 v-caps. Also available in 240 Vegetable Capsules For the following health goals: Anti-Aging Bone & Joint Health

Product Name: Healthy Bones Vegan

Description: Complete bone building blend with critical calcium, magnesium, D3, K2, and trace minerals. Vegan formula, with lichen-sourced vitamin D3. Highly bioavailable calcium blend – 2x better absorbed than MCHC. Features the world's most soluble and absorbable source of silicon, LIVING SILICA®. Just 3 capsules per day. Our bones might seem solid and unchanging, but they're living tissues. They're in a constant process of breaking down and rebuilding. They actively dissolve and then replace minerals to keep your skeleton strong and stable. They need good nutrition throughout our lifetimes to grow healthy and strong. Healthy Bones combines the best available sources for the most critical nutrients in a vegan, soy-free formula. Easy to absorb chelated minerals are paired with D3 and K2 to ensure minerals reach bone tissue where they're needed. Silicon, an often overlooked mineral, works together with key minerals to improve bone matrix quality. Available format 120 and 240 vegetable capsules. Also available in 240 Vegetable Capsules For the following health goals: Anti-Aging Bone & Joint Health

Product Name: Healthy Bones Vegan

Description: Complete bone building blend with critical calcium, magnesium, D3, K2, and trace minerals. Vegan formula, with lichen-sourced vitamin D3. Highly bioavailable calcium blend – 2x better absorbed than MCHC. Features the world's most soluble and absorbable source of silicon, LIVING SILICA®. Just 3 capsules per day. Our bones might seem solid and unchanging, but they're living tissues. They're in a constant process of breaking down and rebuilding. They actively dissolve and then replace minerals to keep your skeleton strong and stable. They need good nutrition throughout our lifetimes to grow healthy and strong. Healthy Bones combines the best available sources for the most critical nutrients in a vegan, soy-free formula. Easy to absorb chelated minerals are paired with D3 and K2 to ensure minerals reach bone tissue where they're needed. Silicon, an often overlooked

mineral, works together with key minerals to improve bone matrix quality. Available format 120 and 240 vegetable capsules. Also available in 120 Vegetable Capsules For the following health goals: Anti-Aging Bone & Joint Health

Product Name: Healthy Hair

Description: Reduces hair loss by 50% after a minimum of 3 months (3 bottles) Decreases the telogen (rest) phase and encourages more of the growth phase of your hair cycle Stimulates hair growth Healthy Hair is a clinically proven formula to improve the volume, health and beauty of your hair. It is a unique plant-based blend of non-GMO, gluten-free millet and wheat extracts, ecologically grown and harvested in the Chambord region of France. Millet keeps your hair growth from being cut short The gluten-free millet seed extract found in Healthy Hair contains unique lipid-type molecules called miliacin and ceramides. These compounds help stimulate keratinocyte metabolism and increase cell growth at the base of (our) hair follicles by over 140%. Nourished by millet, this increased keratin and cell activity can help prolong the growth phase of your hair cycle. Hair growth nutrients – not in short supply The hair follicles in the dermal papilla require a cocktail of biotin, zinc, vitamin B6, and protein for steady, optimal hair growth. In addition to the naturally occurring grain proteins in millet and wheat, Healthy Hair nourishes hair growth with therapeutic amounts of biotin, zinc and vitamin B6. A growing body of clinical proof The science behind hair nutrition is exciting and growing, and we are excited to offer a clinically proven formula that offers promising results for those who experience hair loss or are looking to stimulate hair regrowth. Apart from hair regrowth, evaluation through clinical scoring after a six week trial, shows 75% of women consuming Healthy Hair noticed an increase of hair brightness, softness and silkiness. Available in 30 softgels. For the following health goals: Anti-Aging Skin Health

Product Name: Healthy Heart

Description: Supports healthy cholesterol levels Includes 200mg CoQ10 daily With magnesium for optimal heart muscle function Hawthorn traditionally used to maintain cardiovascular health Includes

garlic, grape seed, policosanol, B12 and folic acid

The heart is an amazing muscle about the size of your fist. The right side takes in blood and pumps it to the lungs and the left side does the reverse. The heart beats an astounding 100,000 times a day and pumps just over 7,500 litres of blood through an average adult body daily. A beating heart pumps blood through the circulatory system, a complex tangle of vessels that carries blood through the body. Arteries, capillaries and veins are three types of blood vessels that provide almost 97,000 kilometers of tubing for blood to flow through. A bounteous, red heart is the universal symbol of life and love. Without it we'd have neither. The heart is a complex organ and is susceptible to damage and injury. That's why it's important to protect it and keep it as healthy and strong as possible. Healthy Heart™ is a comprehensive nutritional formula designed to address cardiovascular issues, such as elevated blood lipid levels in adults. Healthy Heart™ combines an impressive 200 milligram dosage of the heart-specific antioxidant Coenzyme Q10 with a rich blend of polyphenols, herbs and vitamins, shown by research to aid in the maintenance of healthy cardiovascular function.

For the following health goals:

Anti-Aging
Cardiovascular Health

Product Name: Healthy Hormones

Description: Relieves menstrual cycle symptoms and PMS
Relieves pain, breast tenderness and nervous tension
Includes 400mg of Indole-3-carbinol to detoxify harmful estrogen by-products
For estrogen dominance related conditions

Hormones travel through your blood stream carrying chemical messages to tissues and organs, telling them what to do. They are made by the endocrine glands which include the pituitary, pineal, thymus, thyroid and adrenal glands and the pancreas. Men's hormones are produced in the testes and women's in the ovaries. Hormones work slowly but steadily and affect growth and development, reproduction, sexual function, mood and metabolism. They can also influence how the immune system works and modify a person's behaviour. Hormones need to be balanced. Too much or too little can cause distinct changes that affect your entire body. Endocrine disruptors are chemicals that can affect hormone balance. They can interfere with hormones that are on their way to binding with their receptors, which can wreak

havoc and alter the development in an embryo or change how they should function in an adult body. Estrogen dominance is a common hormonal imbalance that can occur in women. It is characterized by excess estrogen and low progesterone in the body. Common female estrogen dominant conditions include PMS, endometriosis, ovarian cysts, uterine fibroids, cystic breasts, heavy periods, hormonal acne and severe menopausal symptoms among others. Healthy Hormones™ is an all natural formula designed to help stabilize menstrual cycle irregularities and relief of PMS. It contains a clinically significant 400 mg daily dose of indole-3-carbinol. Take for a minimum of 3 months. Periodic intervals of abstinence (2 week breaks before continuing) is recommended for long-term use. Other key nutrients and herbs in the formula work synergistically to ease PMS and normalize hormones. For the following health goals: Hormonal Balance

Product Name: Healthy Lungs

Description: For those exposed to pollution, airborne allergens and smoke Multi-antioxidant protection to help prevent cellular damage to lung tissue Provides 1200mg of NAC daily, a respiratory detoxifier and mucolytic agent Take a deep breath in, now breathe out. Your hardworking lungs do this 20,000 times a day. But have you ever wondered how much of the air you breathe is truly fresh? You might be surprised to know that you're breathing in air filled with pollutants like sulfur dioxides, carbon monoxides, volatile organic compounds and particulates. Many of these pollutants are sources of free radicals (molecular fragments with unpaired electrons). These fragments are highly charged, unstable and reactive and are able to break up molecules in your body like cell membranes, protein and DNA as a result. Even worse, this breakup causes the proliferation of new free radicals, starting a chain reaction of molecular fragments. When you inhale, air saturates millions of microscopic sacs called alveoli. Since alveoli add up to around 100 square meters of surface area, you are exposing yourself to a lot of free radicals. When your alveoli are damaged, less oxygen gets to your blood, making it much harder to breathe. By the way, even oxygen can produce free radicals. We all have to breathe, making this damage hard to escape. One way to protect yourself (without resorting to wearing a mask) is to supplement with antioxidants

(molecules that can neutralize free radicals and terminate their chain reaction). That's the premise of CanPrev's Healthy Lungs™, an advanced, multi-oxidant formula that goes straight to work helping to prevent and repair cellular damage caused by exposure to smoking, environmental pollution or even heavy exercise. It contains antioxidants that counteract these free radicals, and maintain good health. Protect your delicate lung tissue against cell-damaging free radicals with premium quality, clinical strength antioxidants found in Healthy Lungs™. For the following health goals: Immune Health Respiratory Support

Product Name: Healthy Mood

Description: Saffron, sourced from the stigmata of the *Crocus sativus* plant – for reducing symptoms of depression and anxiety 100mg of 5-HTP per capsule, derived naturally from the African plant *Griffonia simplicifolia*, to assist with mood regulation and sleep With active forms of B6, B12 and folate, magnesium & zinc Managing low mood and anxiety are key stepping stones on the way to great health, and are affected by both external and internal factors. Our endocrine and nervous systems work together to create balance between our body and brain, and keeps us feeling good. Key nutrients like B vitamins, GABA, 5-HTP, magnesium and zinc all play important roles in supporting our endocrine and cognitive health, and therefore our mood. CanPrev's Healthy Mood is designed to promote healthy mood management by regulating stress response, improving nerve and brain function, and supporting your immune system. Research shows that saffron provides mind-boosting benefits, and may help alleviate mild to moderate symptoms of depression. Healthy Mood can also help reduce the severity and duration of migraine headaches when taken preventatively. Saffron has been used for thousands of years both medicinally and in the kitchen. It is sourced from the stigmata of the *Crocus sativus* plant, traditionally, used for several ailments ranging from blood sugar issues, promoting healthy mood balance, cardiovascular health, libido and vision. Bright red in nature it contains several highly regarded antioxidants including lycopene and zeaxanthin. GABA is an inhibitory neurotransmitter that promotes sleep and encourages relaxation. Low GABA activity is linked to insomnia and disrupted sleep. In one study, GABA levels in people

with insomnia were almost 30% lower than in people without the sleep disorder. L-5-HTP is a compound made in the body from the amino acid, tryptophan, that you get from eating protein-rich foods. Once in the 5-HTP state, it goes on to form serotonin, the neurotransmitter that helps regulate mood and behaviour, and then further is metabolized into melatonin. Sourced from the African plant *Griffonia simplicifolia* seed, CanPrev's Healthy Mood formula includes vitamin B6 and magnesium to improve the body's conversion and utilization of 5-HTP.

B Vitamins (B6, B12, Folate) are key factors in maintaining healthy mood and stress response. They are essential in nerve transmission, cellular metabolism, and breaking down fats and carbohydrates into usable forms of energy for the body and brain.

B6 (P-5-P) enhances the activity of the immune system and improves the body's ability to withstand stressful conditions. It is also an important cofactor for a large number of enzyme pathways in the adrenal glands. When taken with magnesium, B6 has been shown to reduce symptoms such as nervous tension, mood swings and irritability. Aids in the production of dopamine in the hypothalamus.

B12 (Methylcobalamin) and B9 (folate) deficiency have been linked to changes in mood.

Magnesium Bis-Glycinate supports neurological functions including cellular energy production, regulating neurotransmitters such as serotonin, dopamine and gamma-Aminobutyric acid (GABA), regulating ion gradients, and neuronal excitability. Dysregulation of these systems plays an important role in the etiology of both mood imbalances and anxiety.

Zinc Bis-Glycinate is critical to the immune system and detoxification processes. Zinc containing neurons regulate the brain and body's response to stress and is necessary for neurotransmitter production and brain function.

Available format: 90 vegetable capsules

For the following health goals:

Mood & Cognitive Stress

Product Name: Heme Iron

Description: Ideal for those looking to replete iron levels quickly. Important for expectant mothers and those with iron deficiency who are experiencing challenges with nonheme iron options. Supports fetal development, energy metabolism, and the formation of red blood cells. Gentle formula that's easily absorbable, especially for those with digestive sensitivities. Iron is an essential mineral that the body

needs to function properly. It's used as a building block for hemoglobin, a protein found in red blood cells that help shuttle oxygen around your body. Iron deficiency is the most common cause of anemia, which affects about 25% of the world's population. It's most common in children, adolescents, and women. The usual symptoms of iron deficiency can include fatigue, dizziness, sensitivity to cold, decreased attention span and impaired mental function. Heme iron is naturally found in animal foods that contain hemoglobin like meat, fish and poultry. This form is more easily recognized by the body and therefore more easily absorbed than plant-based nonheme, which needs to be converted into a soluble form before it can be absorbed. Because of its fast absorbability, heme iron is a great option for anyone who needs to replenish iron levels quickly. This type of iron is also ideal for anyone who has difficulty getting enough iron with non-heme iron supplements. Studies show that heme iron benefits fetal development during pregnancy as the body's need for iron increases during this time. It's fast, reliable, and gentle for both mom and baby. CanPrev's Heme Iron contains 11mg of bovine-sourced heme iron per capsule, plus vitamin C and citrus bioflavonoids to enhance absorption. Added folate and vitamin B12 help promote red blood cell production. For the following health goals: Energy General Health

Product Name: Hya Love - Hyaluronate for Hydration

Description: Helps increase and sustain skin hydration Aids in collagen formation for skin, hair and nails Promotes smooth, glowing skin Protects against oxidative damage caused by free radicals CanPrev's Hya Love formula features Hyabest®, a form of hyaluronic acid known as sodium hyaluronate—clinically proven to enhance skin hydration. Hyaluronic acid occurs naturally in the dermal layer of skin and is responsible for keeping the epidermis looking plump and hydrated. However, our supply of hyaluronic acid depletes as we age, causing dryness in the skin and leading to more visible wrinkles. This hydrating formula combines sodium hyaluronate with Living Silica®, a highly bioavailable form of silicon derived from Nova Scotian quartz, plus biotin, L-lysine, and vitamin C for the ultimate skin support. Ideal for dry, aging skin that needs to lock in moisture. Sodium hyaluronate Produced through fermentation with a lower molecular weight as

compared to conventional hyaluronic acid, sodium hyaluronate has similar benefits for increasing skin moisture within the deep layers of the skin. Bonus: It's vegan-friendly!

L-lysine As an amino acid, L-lysine is essential for the formation of collagen. With healthy collagen levels come improved skin elasticity and firmness, and speedier wound healing. Also, due to its anti-inflammatory properties, L-lysine may help to reduce acne swelling and redness.

Vitamin C This antioxidant plays a key role in skin health, from supporting collagen production to preventing dry skin, protecting against sun damage, and promoting wound healing. Vitamin C further helps to fend off many common signs of aging like fine lines and sagging skin.

Silicon Silicon is a mineral that's necessary for collagen production. In addition to nail and hair health, silicon may also help to calm and soothe inflammatory skin conditions such as eczema and psoriasis.

Biotin Vitamin B7, also commonly known as biotin is an essential nutrient for healthy skin, hair, and nails. It's involved in nourishing and hydrating the skin due to its role in fatty acid formation, thus resulting in smoother, glowing skin.

This combination of ingredients also helps encourage collagen production at the skin, providing a nourishing foundation for hydrated, plump, and radiant skin.

Available in 60 vegetable capsules.

For the following health goals:

Anti-Aging

Skin Health

Product Name: I-3-C 200

Description: 200mg dose of pure indole-3 carbinol in every capsule

Antioxidant that stimulates the production of enzymes that detoxifies and protects cells from oxidative damage

On days when you don't have time to steam broccoli or prepare a kale salad, you can still get important health benefits from cruciferous vegetables in CanPrev's I-3-C 200. Phytonutrients in broccoli, kale, brussels sprouts, bok choy and cauliflower contain indole-3-carbinol (I-3-C), a strong antioxidant that not only repairs cells damaged by free radicals, but more importantly, has been shown to suppress the development of xenoestrogens, or "bad" estrogens.

Xenoestrogens are chemically-based, man-made estrogens that are found in everything from our food, drinking water, cleaning products and plastics to deodorants, pharmaceuticals and beyond. These imitation estrogens build up in fatty tissue in women and men and over time cause estrogen overload or estrogen dominance. The

result? Xenoestrogens have been linked to the development of fibroids, tumours and cysts and many more serious diseases. I-3-C works by improving the ratio of circulating “good” estrogens to “bad” estrogens in the body. Research suggests that I-3-C aids the bad estrogen detoxification process by altering how the body actually breaks down estrogen itself. It favours the pathway (a sequence of reactions where one organic substance is converted to another) that produces more good estrogen and it acts as a potent antioxidant by scavenging potentially damaging chemicals or toxins. Research also points to the fact that I-3-C helps the liver to make a more favourable form of estrogen known as 2-OH and less of a more damaging estrogen known as 16-OH. In human studies, an increase in 16-OH has been linked to PMS, polycystic ovarian syndrome, cervical dysplasia and the development of fibroids. In contrast, 2-OH estrogen has not been linked with any of these negative health effects. Oral supplementation with I-3-C has been found in clinical trials to increase the amount of circulating 2-OH estrogen without any reports of toxicity, making it very safe and easy to take. CanPrev's I-3-C 200 delivers a therapeutic 200 mg dose of pure indole-3-carbinol in every capsule. Maybe you're short on time, maybe you experience gas and bloating that sometimes accompanies eating cruciferous vegetables. I-3-C 200 gives you the antioxidant and healthy estrogen metabolism benefits you need quickly and without the uncomfortable side effects. Make CanPrev's I-3-C 200 your shortcut to good health! For the following health goals: Hormonal Balance

Product Name: Immuno Berry

Description: Helps relieve symptoms and shorten the duration of upper respiratory tract infections Acts as a diaphoretic to promote sweating and relieve fever Promotes detoxification to relieve joint pain caused by arthritis Works as an adaptogen to increase energy and resistance to stress With maqui, camu-camu, elderberry, acai, amla & more We're held back when we don't feel our best, whether it's due to an unwanted cold, arthritic joint pain or low energy. CanPrev's Immuno Berry complex combines powerful, antioxidant-rich berry superfruits and herbal extracts like astragalus and echinacea to support the immune system, help relieve joint pain and shorten the

duration of colds. Nutrients like elderberry, pomegranate, camu-camu and maqui berry help protect against free radical damage and are reliable standbys when your body needs them most. Take 3 capsules per day at the first sight of symptoms to help fight illness, or simply add 1 capsule per day to your daily routine during cold and flu season to support your immune system and encourage healthy detoxification.

The power of superfruits This exotic line-up of super fruits packs a punch! Maqui, acai and cranberries all contain potent antioxidants that can help prevent inflammation, balance blood sugar and positively impact cardiovascular health. Amla, camu-camu berries and acerola cherry have high vitamin C content—a well-known and important nutrient for supporting the immune system. Pomegranate and elderberry both contain antioxidants and polyphenolic compounds, which reliably protect against free radical damage that can go on to impact the immune system and cause other health issues. A well-rounded selection of berries and fruits to help bolster your immune system and fight off those pesky colds.

An herbal helping hand Herbs have been relied upon for centuries in traditional medicine, and echinacea and astragalus are both well-known for their effectiveness in aiding cold and flu symptoms. Echinacea is high in antioxidants (flavonoids, dichroic acid, rosmarinic acid), and alkamides, compounds that are known to enhance antioxidant activity. Astragalus root, a staple in Traditional Chinese Medicine, is also a powerful antioxidant with the ability to stimulate the immune system and inhibit free radical damage. It's also an adaptogen that helps the body adapt to stress.

For the following health goals:

- General Health
- Immune Health
- Respiratory Support

Product Name: Immuno Multi

Description: Advanced daily multivitamin and multi-antioxidant

21 essential vitamins and minerals

10 powerful antioxidants

The ideal core nutritional platform for all adults

Immuno Multi™ is an advanced daily and true antioxidant multivitamin that helps to optimize healthy immune system function and support normal growth and development. It provides higher than average levels of antioxidants with 200mg of green tea extract, 200mg of N-acetyl-cysteine and 120mcg of Resveratrol plus others in a daily dose. Immuno Multi™ represents the next generation in multivitamins, giving you a well

rounded, effective supplement to help achieve peak function and maintain good health. For the following health goals: General Health Immune Health

Product Name: Inno-Cal-Mag Advanced

Description: Helps in the maintenance of bones, cartilage, teeth, and connective tissue May help prevent bone loss Helps maintain proper muscle function Get all-over support you can feel in your bones. CanPrev's Inno-Cal-Mag offers superior calcium absorption with Albion™ magnesium and vitamins K2 and D3 to assist in further absorption and distribution. With bioavailable trace elements that provide added benefits for muscle function and immune support. Available in 120 and 240 softgels.

Calcium Calcium is the most abundant mineral in the body and 99% of it is found in the bones and teeth. Over the years, bone density begins to decrease as part of the natural aging process. Calcium is a nutrient needed to maintain bone density and can be found in foods like milk, cheese, nuts and seeds, tofu, kale, and legumes.

Magnesium Another essential mineral found in our body is magnesium. It's required for over 800 enzymatic reactions in the body, including helping to regulate calcium in cells. In addition to that, magnesium stimulates the production of calcitonin, a hormone that inhibits the cells responsible for bone breakdown. Not only that, magnesium activates alkaline phosphatase, which is vital for forming new calcium crystals in bone. You'll find magnesium in foods like legumes, tofu, and nuts.

K2 & D3 Vitamin D3 is vital for assisting the absorption of calcium and phosphorous to keep bones and teeth strong. K2 is essential for bone metabolism and is an activator of osteocalcin, the protein essential for calcium deposition in bone. Together, vitamin D3 and K2 help influence mineral strength in bones and teeth – D3 absorbs calcium from the intestinal tract and K2 guides this calcium into the bone.

Zinc Trace minerals like zinc are needed in small amounts in the body, but they make a big difference. Zinc in particular is needed for the formation of bone-building cells, and for preventing bone breakdown. Zinc can be found in foods like shellfish, legumes, nuts and seeds, whole grains, and eggs.

Phosphorus Phosphorus is an important nutrient for bone-building but is required in fine balance with calcium in order to properly support bone health. When calcium levels are too high, the body is unable to properly absorb phosphorus,

and the reverse is true too. Food sources of phosphorus include red meat, seafood, dairy, legumes, and nuts. Boron We know now that calcium is a vital nutrient for bone health, is responsible for bone strength, and relies on the presence of vitamin D for absorption. Studies have shown that boron, a trace mineral found in leafy greens, nuts, and grains, positively impacts the use of vitamin D in the body which can help enhance its role in mineral metabolism. Boron also influences certain steroid hormone production, which helps prevent calcium loss and bone demineralization. Vitamin C One of the most important structural components of bone is collagen, a protein that in addition to strengthening bones also bolsters, skin, muscles, and connective tissue. Vitamin C is one of the necessary nutrients essential for the production of collagen in the bone matrix, making it an important nutrient for bone health. Vitamin C is commonly found in citrus fruits, bell peppers, cruciferous vegetables, tomatoes, and strawberries. Also available in 120 Softgels For the following health goals: Anti-Aging Bone & Joint Health Immune Health

Product Name: Inno-Cal-Mag Advanced

Description: Helps in the maintenance of bones, cartilage, teeth, and connective tissue May help prevent bone loss Helps maintain proper muscle function Get all-over support you can feel in your bones. CanPrev's Inno-Cal-Mag offers superior calcium absorption with Albion™ magnesium and vitamins K2 and D3 to assist in further absorption and distribution. With bioavailable trace elements that provide added benefits for muscle function and immune support. Available in 120 and 240 softgels. Calcium Calcium is the most abundant mineral in the body and 99% of it is found in the bones and teeth. Over the years, bone density begins to decrease as part of the natural aging process. Calcium is a nutrient needed to maintain bone density and can be found in foods like milk, cheese, nuts and seeds, tofu, kale, and legumes. Magnesium Another essential mineral found in our body is magnesium. It's required for over 800 enzymatic reactions in the body, including helping to regulate calcium in cells. In addition to that, magnesium stimulates the production of calcitonin, a hormone that inhibits the cells responsible for bone breakdown. Not only that, magnesium activates alkaline phosphatase, which is vital for forming new calcium crystals in bone. You'll find magnesium

in foods like legumes, tofu, and nuts. **K2 & D3** Vitamin D3 is vital for assisting the absorption of calcium and phosphorous to keep bones and teeth strong. K2 is essential for bone metabolism and is an activator of osteocalcin, the protein essential for calcium deposition in bone. Together, vitamin D3 and K2 help influence mineral strength in bones and teeth – D3 absorbs calcium from the intestinal tract and K2 guides this calcium into the bone. **Zinc** Trace minerals like zinc are needed in small amounts in the body, but they make a big difference. Zinc in particular is needed for the formation of bone-building cells, and for preventing bone breakdown. Zinc can be found in foods like shellfish, legumes, nuts and seeds, whole grains, and eggs. **Phosphorus** Phosphorus is an important nutrient for bone-building but is required in fine balance with calcium in order to properly support bone health. When calcium levels are too high, the body is unable to properly absorb phosphorus, and the reverse is true too. Food sources of phosphorus include red meat, seafood, dairy, legumes, and nuts. **Boron** We know now that calcium is a vital nutrient for bone health, is responsible for bone strength, and relies on the presence of vitamin D for absorption. Studies have shown that boron, a trace mineral found in leafy greens, nuts, and grains, positively impacts the use of vitamin D in the body which can help enhance its role in mineral metabolism. Boron also influences certain steroid hormone production, which helps prevent calcium loss and bone demineralization. **Vitamin C** One of the most important structural components of bone is collagen, a protein that in addition to strengthening bones also bolsters, skin, muscles, and connective tissue. Vitamin C is one of the necessary nutrients essential for the production of collagen in the bone matrix, making it an important nutrient for bone health. Vitamin C is commonly found in citrus fruits, bell peppers, cruciferous vegetables, tomatoes, and strawberries. Also available in 240 Softgels For the following health goals: Anti-Aging Bone & Joint Health Immune Health

Product Name: Inno-Q-Nol® 100mg

Description: Bioactive coenzyme Q10 Triple protected stability to ensure maximum potency Helps support cellular and cardiovascular health Featuring 100mg of ubiquinol CoQ10 is an antioxidant found naturally in every cell of the body. It is required to maintain adequate energy production and

reduce cell damage from oxidation. It's also an essential cofactor in cellular ATP production, which is the energetic currency of the body. Cells require sufficient energy in the form of ATP to maintain optimal function. Since the heart is one of the most metabolically active organs in the body, CoQ10 is vital for cardiovascular function. When we don't have enough of this nutrient, oxidative stress can build up and create unpleasant symptoms such as brain fog, fatigue, and more. Low levels of CoQ10 in the body have also been linked to low levels of protective HDL cholesterol, which is vital for a healthy heart. CanPrev's Inno-Q-Nol® features ubiquinol, the most bioactive form of coenzyme Q10 available. Exclusive to Inno-Q-Nol® is a unique patented process that features the triple protected stability of ascorbyl palmitate (vitamin C) to help stop internal oxidation, medium-chain triglycerides to guarantee overall stability and annatto seed extract to prevent external oxidation, ensuring your CoQ10 retains its highest potency. Inno-Q-Nol® is a trusted, body-ready form of CoQ10 with maximum stability for the best cellular and cardiovascular care. Also available in 60 Softgels and 90 Softgels. For the following health goals: Anti-Aging, Cardiovascular Health, Energy.

Product Name: Inno-Q-Nol® 100mg

Description: Bioactive coenzyme Q10. Triple protected stability to ensure maximum potency. Helps support cellular and cardiovascular health. Featuring 100mg of ubiquinol. CoQ10 is an antioxidant found naturally in every cell of the body. It is required to maintain adequate energy production and reduce cell damage from oxidation. It's also an essential cofactor in cellular ATP production, which is the energetic currency of the body. Cells require sufficient energy in the form of ATP to maintain optimal function. Since the heart is one of the most metabolically active organs in the body, CoQ10 is vital for cardiovascular function. When we don't have enough of this nutrient, oxidative stress can build up and create unpleasant symptoms such as brain fog, fatigue, and more. Low levels of CoQ10 in the body have also been linked to low levels of protective HDL cholesterol, which is vital for a healthy heart. CanPrev's Inno-Q-Nol® features ubiquinol, the most bioactive form of coenzyme Q10 available. Exclusive to Inno-Q-Nol® is a unique patented process that features the triple protected stability of ascorbyl palmitate (vitamin C) to help stop internal oxidation, medium-chain

triglycerides to guarantee overall stability and annatto seed extract to prevent external oxidation, ensuring your CoQ10 retains its highest potency. Inno-Q-Nol® is a trusted, body-ready form of CoQ10 with maximum stability for the best cellular and cardiovascular care. Also available in 30 Softgels. 90 Softgels. For the following health goals: Anti-Aging, Cardiovascular Health, Energy.

Product Name: Inno-Q-Nol® 100mg

Description: Bioactive coenzyme Q10. Triple protected stability to ensure maximum potency. Helps support cellular and cardiovascular health. Featuring 100mg of ubiquinol. CoQ10 is an antioxidant found naturally in every cell of the body. It is required to maintain adequate energy production and reduce cell damage from oxidation. It's also an essential cofactor in cellular ATP production, which is the energetic currency of the body. Cells require sufficient energy in the form of ATP to maintain optimal function. Since the heart is one of the most metabolically active organs in the body, CoQ10 is vital for cardiovascular function. When we don't have enough of this nutrient, oxidative stress can build up and create unpleasant symptoms such as brain fog, fatigue, and more. Low levels of CoQ10 in the body have also been linked to low levels of protective HDL cholesterol, which is vital for a healthy heart. CanPrev's Inno-Q-Nol® features ubiquinol, the most bioactive form of coenzyme Q10 available. Exclusive to Inno-Q-Nol® is a unique patented process that features the triple protected stability of ascorbyl palmitate (vitamin C) to help stop internal oxidation, medium-chain triglycerides to guarantee overall stability and annatto seed extract to prevent external oxidation, ensuring your CoQ10 retains its highest potency. Inno-Q-Nol® is a trusted, body-ready form of CoQ10 with maximum stability for the best cellular and cardiovascular care. Also available in 30 Softgels. 60 Softgels. For the following health goals: Anti-Aging, Cardiovascular Health, Energy.

Product Name: Inno-Q-Nol® 200mg

Description: Bioactive coenzyme Q10. Triple protected stability to ensure maximum potency. Helps support cellular and cardiovascular health. Featuring 200mg of ubiquinol. CoQ10 is an antioxidant found naturally in every cell of the body. It is required to maintain adequate energy production and

reduce cell damage from oxidation. It's also an essential cofactor in cellular ATP production, which is the energetic currency of the body. Cells require sufficient energy in the form of ATP to maintain optimal function. Since the heart is one of the most metabolically active organs in the body, CoQ10 is vital for cardiovascular function. When we don't have enough of this nutrient, oxidative stress can build up and create unpleasant symptoms such as brain fog, fatigue, and more. Low levels of CoQ10 in the body have also been linked to low levels of protective HDL cholesterol, which is vital for a healthy heart. CanPrev's Inno-Q-Nol® features ubiquinol, the most bioactive form of coenzyme Q10 available. Exclusive to Inno-Q-Nol® is a unique patented process that features triple protected stability to ensure your CoQ10 is as potent as it can be. This formula includes ascorbyl palmitate (vitamin C) to help stop internal oxidation, medium-chain triglycerides to create more overall stability, and annatto seed extract to prevent external oxidation. Inno-Q-Nol® is a trusted, body-ready form of CoQ10 for the best cellular and cardiovascular care. Also available in 60 Softgels. For the following health goals: Anti-Aging, Cardiovascular Health, Energy.

Product Name: Inno-Q-Nol® 200mg

Description: Bioactive coenzyme Q10. Triple protected stability to ensure maximum potency. Helps support cellular and cardiovascular health. Featuring 200mg of ubiquinol. CoQ10 is an antioxidant found naturally in every cell of the body. It is required to maintain adequate energy production and reduce cell damage from oxidation. It's also an essential cofactor in cellular ATP production, which is the energetic currency of the body. Cells require sufficient energy in the form of ATP to maintain optimal function. Since the heart is one of the most metabolically active organs in the body, CoQ10 is vital for cardiovascular function. When we don't have enough of this nutrient, oxidative stress can build up and create unpleasant symptoms such as brain fog, fatigue, and more. Low levels of CoQ10 in the body have also been linked to low levels of protective HDL cholesterol, which is vital for a healthy heart. CanPrev's Inno-Q-Nol® features ubiquinol, the most bioactive form of coenzyme Q10 available. Exclusive to Inno-Q-Nol® is a unique patented process that features triple protected stability to ensure your CoQ10 is as potent as it can be. This formula includes ascorbyl palmitate

(vitamin C) to help stop internal oxidation, medium-chain triglycerides to create more overall stability, and annatto seed extract to prevent external oxidation. Inno-Q-Nol® is a trusted, body-ready form of CoQ10 for the best cellular and cardiovascular care. Also available in 30 Softgels. For the following health goals: Anti-Aging, Cardiovascular Health, Energy

Product Name: Iron Bis-Glycinate 20

Description: Easy to absorb iron complex with 20mg of iron per capsule. High absorption rate without bowel irritation. Vitamins C, B6, B12, folic acid, magnesium and copper to help maximize absorption. It's a surprising fact that out of all the nutrients, iron happens to be the one women in North America are most deficient in. 35 to 58 percent of young, healthy females experience some degree of low iron levels and the number goes slightly higher during pregnancy. Fatigue, a weakened immune system and impaired brain activity are all symptoms of iron deficiency. By the time you're diagnosed with anaemia, your iron levels can be in the danger zone. A low iron count means your body isn't making enough healthy red blood cells to deliver oxygen from your lungs to your body's tissues. About 70 percent of the body's iron is contained in the blood in the form of hemoglobin, a protein in red blood cells that carries and delivers oxygen to tissues in the body for survival. Myoglobin, a protein in the heart and skeletal muscles, also requires iron to function efficiently. Iron is needed for several key enzymes to assist in energy production and metabolism, particularly in DNA construction. Taking a daily iron supplement is a quick and easy way to pump the body's stores, but not all supplements are free from uncomfortable side effects like constipation, diarrhoea, stomach upset and nausea. CanPrev's Iron Bis-Glycinate 20 contains iron bisglycinate, a chelated iron that is easy to absorb, gentle on the stomach and doesn't cause gastrointestinal upset like those that contain ferrous sulphate can. Each 20 mg capsule of elemental iron is enhanced with vitamins C, B6, B12 and folic acid, all cofactors that help in the absorption and assimilation of iron for the production of healthy red blood cells. Also available in liquid. Also available in 500 ml. For the following health goals: General Health

Product Name: Iron Bis-Glycinate 20 - Liquid

Description: Easy to absorb liquid iron complex with 20mg of iron per tablespoon. High absorption rate without bowel irritation. Vitamins C, and active B6, B12 & folate to help maximize absorption. It's a surprising fact that out of all the nutrients, iron happens to be the one women in North America are most deficient in. 35 to 58 percent of young, healthy females experience some degree of low iron levels and the number goes slightly higher during pregnancy. Fatigue, a weakened immune system and impaired brain activity are all symptoms of iron deficiency. By the time you're diagnosed with anaemia, your iron levels can be in the danger zone. A low iron count means your body isn't making enough healthy red blood cells to deliver oxygen from your lungs to your body's tissues. About 70 percent of the body's iron is contained in the blood in the form of hemoglobin, a protein in red blood cells that carries and delivers oxygen to tissues in the body for survival. Myoglobin, a protein in the heart and skeletal muscles, also requires iron to function efficiently. Iron is needed for several key enzymes to assist in energy production and metabolism, particularly in DNA construction. Taking a daily iron supplement is a quick and easy way to pump the body's stores, but not all supplements are free from uncomfortable side effects like constipation, diarrhoea, stomach upset and nausea. CanPrev's Iron Bis-Glycinate 20 liquid contains iron bisglycinate, a chelated iron that is easy to absorb, gentle on the stomach and doesn't cause gastrointestinal upset like those that contain ferrous sulphate can. This liquid formula contains 20 mg of elemental iron in every tablespoon, and is enhanced with vitamins C, B6, B12 and folate, all cofactors that help in the absorption and assimilation of iron for the production of healthy red blood cells. Also available in capsules. Also available in 90 Vegetable Capsules. For the following health goals: Energy, General Health.

Product Name: Iron Bis-Glycinate 25

Description: 25mg of pure elemental iron per capsule. Chelated iron that is easy to absorb and gentle on the stomach. Iron is an oxygen carrier and also a catalyst for enzymatic reactions that help the body with energy production, metabolism and DNA construction. Bumping up iron stores is easy: simply take a daily iron supplement. But not all iron supplements provide a pass from uncomfortable

side effects like constipation, diarrhoea, stomach upset and nausea. CanPrev's Iron Bis-Glycinate 25 does. It contains the preferred bisglycinate form, a chelated iron that is easy to absorb, gentle on the stomach and doesn't cause gastrointestinal upset. No need to give up on iron supplements because they can't be tolerated. CanPrev's Iron Bis-Glycinate 25 boosts iron and lets the body stay upset free. Available in 120 vegetable capsules For the following health goals: Energy General Health

Product Name: Joint-Pro Concentrate - Liquid

Description: Complete joint pain relief formula made with hydrolyzed collagen, hyaluronic acid and glucosamine Liquid form for optimal absorption Our joints make walking, bending, sitting and even writing possible. Keeping them flexible and fluid as we age is important to avoiding the pain and stiffness that can set in from overuse and inflammation from diseases like osteoarthritis. CanPrev's Joint-Pro Concentrate is a complete joint pain relief formula made with hydrolyzed collagen, hyaluronic acid and glucosamine in a liquid form for optimal absorption and a more versatile dosing method. These naturally occurring compounds are critical components of cartilage, bones, tendons, ligaments and the synovial fluid that cushions the joints. Devil's Claw, Ginger, Curcumin and Boswellia will work synergistically to reduce pain and swelling. Also available in 90 Vegetable Capsules For the following health goals: Anti-Inflammatory Bone & Joint Health

Product Name: Joint-Pro Formula

Description: Reduces joint inflammation Helps maintain healthy joints and cartilage Helps relieve joint pain associated with osteoarthritis Our joints make walking, bending, sitting and even writing possible. Keeping them flexible and fluid as we age is important to avoiding the pain and stiffness that can set in from overuse and inflammation from diseases like osteoarthritis. CanPrev's Joint-Pro™ is a supportive therapy for maintaining joint and cartilage health. Joint-Pro™ contains glucosamine hydrochloride, a naturally occurring compound the body uses to make cartilage, bones, tendons, ligaments and the synovial fluid that cushions the joints. Glucosamine is especially effective when paired with chondroitin sulfate and a combination of herbs like boswellia and devil's

claw. Joint-Pro™ and Joint-Pro™ NEM are especially effective in relieving joint pain, they contain slightly different blends of ingredients depending on your needs. Joint-Pro™ may be best for those with allergies to eggs or egg byproducts. Joint-Pro™ NEM may be a better choice for those who are not able to tolerate chondroitin and MSM (methylsulfonylmethane). Also available in 500 ml. For the following health goals: Anti-Inflammatory Bone & Joint Health

Product Name: Joint-Pro NEM

Description: Unique advanced formula for maintenance of joint and cartilage health. Natural eggshell membrane (NEM) contains a natural source of hyaluronic acid. Reduces joint inflammation and pain associated with osteoarthritis. Reduces joint pain in as little as 1 day, and joint stiffness in 5 days. Our joints make walking, bending, sitting and even writing possible. Keeping them flexible and fluid as we age is important to avoiding the pain and stiffness that can set in from overuse and inflammation from diseases like osteoarthritis. Joint-Pro Eggshell Membrane with NEM® is an advanced formula featuring natural eggshell membrane that helps to maintain joint and cartilage health and reduce the pain and stiffness associated with osteoarthritis. NEM also naturally contains hyaluronic acid, an important building block for cartilage and connective tissue. Joint-Pro Eggshell Membrane with NEM® and Joint-Pro™ are especially effective in relieving joint pain, they contain slightly different blends of ingredients depending on your needs. Joint-Pro NEM® may be a better choice for those who cannot tolerate chondroitin and MSM (methylsulfonylmethane). Joint-Pro may be best for those with allergies to eggs or egg byproducts. They contain slightly different blends of ingredients depending on your needs. For the following health goals: Anti-Aging, Anti-Inflammatory, Bone & Joint Health

Product Name: K2

Description: K2VITAL® offers a unique form of MK-7 that is derived from organic synthesis of non-soy plant oils (geraniol and farnesol). Provide 120mcg of K2 in every softgel with organic coconut oil. Coconut oil is a stable fatty acid that enhances the absorption of fat-soluble nutrients, such as

vitamin K2 Vitamin K2 is a fat soluble vitamin essential for normal blood clotting and bone metabolism. There are three different forms of vitamin K: K1 (phytoquinone), K2 (menaquinone), which can be made by natural bacteria in the intestines, and K3 (menadione), a synthetic version of vitamin K. Clinical research has demonstrated significant protection of bone strength with the K2 form of vitamin K. Menaquinone-7 (MK-7) is an effective activator of osteocalcin, the protein essential for calcium deposition in bone. It works synergistically with vitamin D3 to help influence mineral strength in bones and teeth. CanPrev's K2 (K2VITAL®) offers a unique form of MK-7 that is derived from organic synthesis of non-soy plant oils (geraniol and farnesol), yielding a pure, active and 100% trans form. This particular process results in a K2 MK-7 that is identical to the K2 MK-7 molecule found in nature and the molecule created by fermentation manufacturing. However, organic synthesis is superior to the fermentation process as it produces a K2 MK-7 that is 100% "all-trans" format, which means it is 100% bio-active and stable. CanPrev's K2 softgels are formulated to provide 120mcg of K2 in every softgel with organic coconut oil. Coconut oil is a stable fatty acid that enhances the absorption of fat-soluble nutrients, such as vitamin K2. Available in 120 softgels For the following health goals: Anti-Aging Bone & Joint Health Cardiovascular Health

Product Name: K2 Drops

Description: K2VITAL® offers a unique form of MK-7 that is derived from organic synthesis of non-soy plant oils (geraniol and farnesol) Provides 30mcg of Vitamin K2 (MK-7) in each drop suspended in a medium chain triglyceride (MCT) oil base MCT oil consists of stable fatty acids that enhance the absorption of fat-soluble nutrients, such as vitamin K2 Vitamin K2 is a fat soluble vitamin essential for normal blood clotting and bone metabolism. There are three different forms of vitamin K: K1 (phytoquinone), K2 (menaquinone), which can be made by natural bacteria in the intestines, and K3 (menadione), a synthetic version of vitamin K. Clinical research has demonstrated significant protection of bone strength with the K2 form of vitamin K. Menaquinone-7 (MK-7) is an effective activator of osteocalcin, the protein essential for calcium deposition in bone. It works synergistically with vitamin D3 to help influence mineral strength in bones and teeth. CanPrev's K2

(K2VITAL®) offers a unique form of MK-7 that is derived from organic synthesis of non-soy plant oils (geraniol and farnesol), yielding a pure, active and 100% trans form. This particular process results in a K2 MK-7 that is identical to the K2 MK-7 molecule found in nature and the molecule created by fermentation manufacturing. However, organic synthesis is superior to the fermentation process as it produces a K2 MK-7 that is 100% “all-trans” format, which means it is 100% bio-active and stable. CanPrev's K2 drops provides 30mcg of Vitamin K2 (MK-7) in each drop suspended in a medium chain triglyceride (MCT) oil base. MCT oil consists of stable fatty acids that enhance the absorption of fat-soluble nutrients, such as vitamin K2. For the following health goals: Anti-Aging Bone & Joint Health Cardiovascular Health

Product Name: Krill Oil

Description: A concentrated source of omega-3 essential fatty acids Featuring SUPERBA Boost™ krill oil sourced from 100% traceable and sustainable pure, eco-harvested Antarctic krill Contains naturally occurring astaxanthin Helps to reduce inflammation and levels of LDL damaging cholesterol Helps to reduce pain associated with osteoarthritis Improves skin hydration and elasticity Helps to relieve symptoms of dysmenorrhea and premenstrual syndrome syndrome Highly bioavailable and easy-to-swallow softgels with no fishy aftertaste or odour Omega-3 fatty acids, including DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid), play a pivotal role in supporting overall health. They help balance immune responses by reducing C-reactive protein levels which turn off inflammatory reactions in the body, and activate healing with the production of new neurons. This process can lower triglycerides and LDL (“bad”) cholesterol levels quickly, maintain the structural integrity of brain cells, and even improve skin hydration and elasticity. Omega-3 fatty acids are not produced naturally in the body, and can only be obtained through diet or supplementation. CanPrev's Krill Oil is a superior quality formula that naturally contains astaxanthin and has a powerful anti-inflammatory effect which can benefit the entire body, primarily heart, brain, joint and skin health. This formula contains Antarctic krill from SUPERBA Boost™, eco-harvested to remove unwanted salts and increase concentration. By uniquely binding the

omega-3 acids to phospholipids (integral components of cell membranes), they form a shell around the acids which increases absorption by red blood cells by up to 68% when compared to other marine omega-3's. Enhanced absorption leads to quicker results and greater advantages from this highly concentrated omega-3 supplement. Available in 60 and 120 softgels. Also available in 120 Softgels For the following health goals: Anti-Aging, Anti-Inflammatory, Bone & Joint Health, Cardiovascular Health, Hormonal Balance, Mood & Cognitive, Skin Health

Product Name: Krill Oil

Description: A concentrated source of omega-3 essential fatty acids. Featuring SUPERBA Boost™ krill oil sourced from 100% traceable and sustainable pure, eco-harvested Antarctic krill. Contains naturally occurring astaxanthin. Helps to reduce inflammation and levels of LDL damaging cholesterol. Helps to reduce pain associated with osteoarthritis. Improves skin hydration and elasticity. Helps to relieve symptoms of dysmenorrhea and premenstrual syndrome. Highly bioavailable and easy-to-swallow softgels with no fishy aftertaste or odour. Omega-3 fatty acids, including DHA (docosahexaenoic acid) and EPA (eicosapentaenoic acid), play a pivotal role in supporting overall health. They help balance immune responses by reducing C-reactive protein levels which turn off inflammatory reactions in the body, and activate healing with the production of new neurons. This process can lower triglycerides and LDL ("bad") cholesterol levels quickly, maintain the structural integrity of brain cells, and even improve skin hydration and elasticity. Omega-3 fatty acids are not produced naturally in the body, and can only be obtained through diet or supplementation. CanPrev's Krill Oil is a superior quality formula that naturally contains astaxanthin and has a powerful anti-inflammatory effect which can benefit the entire body, primarily heart, brain, joint and skin health. This formula contains Antarctic krill from SUPERBA Boost™, eco-harvested to remove unwanted salts and increase concentration. By uniquely binding the omega-3 acids to phospholipids (integral components of cell membranes), they form a shell around the acids which increases absorption by red blood cells by up to 68% when compared to other marine omega-3's. Enhanced absorption leads to quicker results and greater advantages from this

highly concentrated omega-3 supplement. Available in 60 and 120 softgels. Also available in 60 Softgels For the following health goals: Anti-Aging, Anti-Inflammatory, Bone & Joint Health, Cardiovascular Health, Hormonal Balance, Mood & Cognitive, Skin Health

Product Name: L-Arginine Vegan Amino Acid

Description: Promotes nitric oxide production, cardiovascular health and sports performance. Supports tissue repair and protein synthesis. Pure, fermented L-Arginine – nothing else. Refine your routine with L-Arginine Vegan Amino Acid powder from CanPrev. This vegan amino provides a high potency dose of pure, fermented L-arginine in every scoop. Did you know that arginine acts as a precursor for nitric oxide production in the body? When there is a surge of nitric oxide in the body, blood vessels expand and blood flow increases, helping to decrease risk of plaque growth and blood clotting. This makes L-arginine ideal for those looking to improve cardiovascular health and sports performance. Arginine supports tissue repair and wound healing. It is also a highly important amino acid involved in both protein synthesis and achieving increased muscle mass. Research demonstrates that long-term supplementation with L-arginine may improve body composition and insulin sensitivity in people with glucose intolerance. To boost daily nutrition, simply mix with water or blend in your smoothie along with your other favourite powders from the CanPrev Powder System. Vegan and fermented. No fillers, no binders. Just what you have come to expect from CanPrev. So refine your routine and define your life! For the following health goals: Active Lifestyle

Product Name: L-Glutamine Vegan Amino Acid

Description: For muscle cell repair after exercise. Supports immune and digestive health. 5g of pure fermented L-Glutamine in every scoop. L-Glutamine Vegan Amino Acid powder from CanPrev provides a high potency dose of pure, fermented L-glutamine in every scoop. As the most abundant amino acid in the body, glutamine is required to maintain the health of rapidly dividing cells including immune and gastrointestinal cells. Supplementation with glutamine also helps to repair muscle cells

after exercise. To boost daily nutrition, simply mix with water or blend in your smoothie along with your other favourite powders from CanPrev Powder System. Vegan and fermented. No fillers, no binders. Just what you have come to expect from CanPrev. Refine your health and redefine your life! For the following health goals: Active Lifestyle Digestive Health Energy Weight Management

Product Name: L-Glycine Vegan Amino Acid

Description: Glycine is essential for effective athletic recovery, including collagen and creatine synthesis and muscle repair. Acts as an inhibitory neurotransmitter to help relax brain activity. Pure L-Glycine – nothing else. L-Glycine Vegan Amino Acid powder from CanPrev provides a high potency dose of pure L-glycine in every scoop. Glycine is the simplest amino acid and has many essential roles in the body. It helps to increase growth hormone and regulate blood sugar levels. It is involved in collagen, creatine and muscle protein synthesis, making it important for athletes who need to optimize tissue and joint repair and speed post-workout recovery. It also functions as an inhibitory neurotransmitter, supporting brain health, and has also been known to improve glutathione levels in the body, which is a critical antioxidant molecule. To boost daily nutrition, simply mix with water or blend in your smoothie along with your other favourite powders from the CanPrev Powder System. Vegan. No fillers, no binders. Just what you have come to expect from CanPrev. Refine your regime. Define your life! For the following health goals: Active Lifestyle

Product Name: L-Lysine Vegan Amino Acid

Description: Lysine is essential for collagen production. Supports mitochondrial energy production. Helps to reduce the recurrence of herpes simplex virus. Pure, fermented L-Lysine – nothing else. Refine your routine with L-Lysine Vegan Amino Acid powder from CanPrev. This vegan amino powder provides a high potency dose of pure, fermented L-Lysine in every scoop. Ideal for anyone wanting to boost daily nutrition, immune function and energy production and combat the effects of overtraining. Did you know that lysine is needed to make energy? In fact, it has two critical roles. First, it allows Acetyl-CoA to deliver acetyl groups for the Krebs's cycle (the body's energy

making process). Second, it's a precursor to carnitine, which delivers long-chain fatty acids into the mitochondria of the cell to be used as fuel for energy production. Lysine also plays a critical role in the formation of collagen needed for healthy skin, ligaments, tendons, muscle, bones and joints. But that's not all – at 1g 1-3 times per day, lysine helps to reduce the recurrence of herpes simplex virus (HSV) infection (e.g. cold sores). Its ability to strengthen connective tissue and other proteins including enzymes, hormones and antibodies make it a key role in keeping the immune system functioning properly. To boost daily nutrition, simply mix with water or blend in your smoothie along with your other favourite powders from CanPrev Powder System. Vegan and fermented. No fillers, no binders. Just what you have come to expect from CanPrev. Refine your health and redefine your life! For the following health goals: Active Lifestyle Skin Health

Product Name: L-Taurine Vegan Amino Acid

Description: Most abundant intracellular amino acid Taurine is concentrated in the brain, eyes, heart and muscles. Supplementation can become essential when the body is under strain. Taurine is involved in helping transport key minerals in and out of cells. Pure, fermented L-Taurine – nothing else. L-Taurine Vegan Amino Acid powder from CanPrev provides a high potency dose of pure L-tyrosine in every scoop. Taurine is the most abundant amino acid in the body but is found in the highest concentrations in the brain, eyes, heart, muscles and leukocytes (immune cells). Taurine is a conditionally essential amino acid, which means that the body can produce it but needs to consume extra quantities when demand outpaces production. This can happen due to illness or during times of increased physical activity. Taurine has many critical roles throughout the body, including improved muscle performance and exercise capacity. To boost daily nutrition, simply mix with water or blend in your smoothie along with your other favourite powders from the CanPrev Powder System. Vegan. No fillers, no binders. Just what you have come to expect from CanPrev. Refine your routine. Define your life! For the following health goals: Active Lifestyle Adrenal Support Cardiovascular Health

Product Name: L-Theanine with Magnesium

Description: Each vegetable capsule contains a 250mg daily dose of L-theanine Promotes a restful, relaxed state without diminishing alertness 90 day supply When you're looking for a supplement that helps you relax without making you feel drowsy, then CanPrev's L-Theanine with Magnesium just might be the answer. L-theanine is an amino acid found in green and black tea and commonly used as a natural stress reliever. In addition, it can help to improve concentration and focus without making you feel sleepy. As a psychoactive substance, L-Theanine can easily cross the blood-brain barrier, directly working its magic on the central nervous system. L-theanine is especially beneficial for anxiety sufferers because it increases dopamine and GABA (gamma-aminobutyric acid) receptors in the brain. GABA is a chemical receptor that reduces the activity of neurons that it binds to. In other words, it helps slow down the feelings of fear and stress when neurons become over excited. CanPrev's L-Theanine provides an impressive 250 mg of pure L-theanine along with 20 mg of magnesium bisglycinate to promote a state of relaxation so that you can stay focused and productive. A product that soothes an anxious mind and at the same time helps you stay focused and productive. Sounds like a win-win situation from CanPrev! For the following health goals: Adrenal Support Anti-Aging Mood & Cognitive Stress

Product Name: L-Tyrosine Vegan Amino Acid

Description: L-tyrosine activates important neurotransmitters – optimizing brain function Tyrosine is the backbone for the hormones adrenaline and dopamine Tyrosine is a precursor to thyroid hormones T3 and T4 Used up quickly during times of mental and physical stress 5g of pure, fermented L-Tyrosine in every scoop L-Tyrosine Vegan Amino Acid powder from CanPrev provides a high potency dose of pure, fermented L-tyrosine in every scoop. The body requires more tyrosine during periods of prolonged physical and mental stress. Maintaining adequate levels of Tyrosine can help to mitigate some of the negative effects of stress on the body. Tyrosine is a precursor to the thyroid hormones T3 and T4, which are responsible for healthy thyroid function and maintaining metabolism and energy. Tyrosine is also needed to make neurotransmitters such as dopamine,

which is involved in feeling pleasure and motivation. During times of stress there is a decline in the levels of certain neurotransmitters. By mitigating this decline, L-tyrosine supplementation optimizes brain function and memory and helps to decrease cognitive fatigue. To boost daily nutrition, simply mix with water or blend in your smoothie along with your other favourite powders from the CanPrev Powder System. Vegan and fermented. No fillers, no binders. Just what you have come to expect from CanPrev. Revamp your regime. Redefine your life. For the following health goals: Active Lifestyle Energy Thyroid Support

Product Name: Lion's Mane Full Spectrum

Description: Known to support brain health Helps support and stimulate the immune system Source of antioxidants Fruiting body extract and cultured mycelium 100% organically sourced Since ancient times, many cultures have relied on medicinal mushrooms for treating, healing, and improving the symptoms of countless illnesses and ailments. Medicinal mushroom supplements are more popular than ever as we continue to learn of all their amazing benefits. To understand how we get these benefits, let's learn how medicinal mushrooms are sourced: The fruiting body refers to the reproductive part of the fungus and is often characterized by its stalk and cap. This part of the mushroom can be used to create potent extracts using hot water and/or alcohol. The mycelium consists of a mass of branching filaments like the root system or web, often growing in soil or organic matter. To get all the nutrients, the mycelium is grown, dried and milled into a fine powder. Combining the mycelium and fruiting body extract ensures you get a highly potent dose of powerhouse antioxidants, filled with all the beneficial compounds to support your health goals. Lion's mane mushrooms have been used as a natural way to support cognitive health, concentration and memory. They contain two special compounds called hericenones and erinacines that stimulate the growth of brain cells. CanPrev's Lion's Mane Full Spectrum is made with organic mushrooms sourced from both the mycelia and fruiting body. This means you get the full spectrum of medicinal compounds, for a full spectrum of benefits. For the following health goals: Immune Health Mood & Cognitive

Product Name: Liposomal Coenzyme Q10 75mg - Citrus

Description: Provides antioxidant protection to aid energy production
Helps maintain and support cardiovascular health
CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to cell
Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown, while supporting quick sustained cellular uptake
With soy-free phospholipids sourced from sunflower and phosphatidylcholine
No artificial colours, flavours, preservatives or animal products
Delicious citrus flavour
CoQ10, or coenzyme Q10, is an essential nutrient found naturally in our cells' mitochondria. It helps our cells generate adenosine triphosphate (ATP), their main source of energy. The heart is one of the most metabolically active organs in the body, making CoQ10 an important nutrient for heart health. Our production of CoQ10 decreases as we age but we still require lots of this vital nutrient to maintain a healthy heart and sustained energy.
Buckle up
Your nutrition is going for a ride.
Bubble of protection
Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes, and absorption-blocking substances.
Fantastic cell reception
Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells, and rapid uptake into our blood or lymphatic system.
Rapid, sustained release
A unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time.
Also available in
450 ml-Citrus
Vanilla
For the following health goals:
Anti-Aging
Cardiovascular Health

Product Name: Liposomal Curcumin 100 - Peach

Description: Curcumin provides potent antioxidants
Often used in Ayurvedic medicine for joint-related inflammation
CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to-cell
Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown, while supporting quick sustained cellular uptake
With soy-free phospholipids sourced from sunflower and phosphatidylcholine.
No artificial colours, flavours, preservatives or animal products
Delicious peach flavour
Curcumin is commonly used in Ayurvedic

medicine for joint-related inflammation due to the antioxidant properties of curcuminoids, the active compounds found in curcumin. Antioxidants neutralize free radicals in the body, which often go on to cause inflammation.

Buckle up Your nutrition is going for a ride.

Bubble of protection Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes and absorption-blocking substances.

Fantastic cell reception Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells and rapid uptake into our blood or lymphatic system.

Rapid, sustained release A unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time.

For the following health goals:

Anti-Inflammatory **Pain Relief**

Product Name: Liposomal GABA - Citrus

Description: Promotes a restful, relaxed state without diminishing alertness

CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to cell

Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown, while supporting quick sustained cellular uptake

With soy-free phospholipids sourced from sunflower and phosphatidylcholine

No artificial colours, flavours, preservatives or animal products

Delicious citrus flavour

GABA, or gamma-aminobutyric acid, is an inhibitory neurotransmitter produced naturally in the body to help promote relaxation. It also plays a role in motor control and vision. Production of this neurotransmitter can be impacted by chronic stress and lifestyle choices, leading to inflammation, and difficulty sleeping. Studies have shown that GABA can positively impact cortisol levels, and even initiate better sleep.

Buckle up Your nutrition is going for a ride.

Bubble of protection Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes, and absorption-blocking substances.

Fantastic cell reception Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells, and rapid uptake into our blood or lymphatic system.

Rapid, sustained release A unique multilamellar design features multiple rings of

phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time. For the following health goals: Adrenal Support, Mood & Cognitive Stress

Product Name: Liposomal Glutathione

Description: Glutathione is a powerful antioxidant involved in enzymatic reactions necessary for neutralizing free radicals. CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to-cell. Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown while supporting quick sustained cellular uptake. With soy-free phospholipids sourced from sunflower and phosphatidylcholine. No artificial colours, flavours, or preservatives. Available in convenient travel-friendly sachets. Delicious nutty orange spice flavour. Glutathione is synthesized naturally in the body by the liver from the amino acids cysteine, glycine, and glutamate. It helps protect our cells from free radicals, which naturally occur due to chemical processes in the body. Factors like poor nutrition, exposure to environmental toxins, chronic stress, and aging can impact glutathione levels in the body. Low levels of this nutrient have been associated with neurological, cognitive and respiratory issues, mitochondrial dysfunction, and increased oxidative stress. Buckle up! Your nutrition is going for a ride. Bubble of protection. Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes and absorption-blocking substances. Fantastic cell reception. Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells and rapid uptake into our blood or lymphatic system. Rapid, sustained release. A unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time. For the following health goals: Detox, Mood & Cognitive

Product Name: Liposomal Magnesium - Nutty Chocolate Caramel

Description: Magnesium supports over 800 enzymatic reactions in the body. Designed for superior

absorptionCanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to cellBio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown while supporting quick sustained cellular uptakeWith soy-free phospholipids sourced from sunflower and phosphatidylcholineNo artificial colours, flavours, preservatives or animal productsDelicious Nutty Chocolate Caramel flavourWe need magnesium for so many things in the body. It helps us metabolize nutrients, maintain proper muscle function, provide electrolytes, help maintain healthy bones and teeth, and even more. Due to changes in the quality of our food, it can be difficult enough to get enough of this mineral from diet alone. Taking a quality supplement is a good option for those looking to maintain magnesium levels, and our liposomal formula with 75mg of magnesium bis-glycinate is a great option for those who struggle with digestion or are looking for an alternative to capsules.Buckle upYour nutrition is going for a ride.Bubble of protectionLiposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes, and absorption-blocking substances.Fantastic cell receptionPhospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells, and rapid uptake into our blood or lymphatic system.Rapid, sustained releaseA unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time.For the following health goals:Cardiovascular HealthGeneral HealthSleepStress

Product Name: Liposomal Melatonin - Nutty Chocolate

Description: Melatonin helps reset the body's sleep-wake cycleImproves quality of sleepCanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to-cellBio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown, while supporting quick sustained cellular uptakeWith soy-free phospholipids sourced from sunflower and phosphatidylcholineNo artificial colours, flavours, preservatives or animal productsDelicious nutty-chocolate flavourMelatonin is a hormone we produce naturally at

night to maintain our body's circadian rhythm. It promotes relaxation, preparing the body to drift off as soon as your head hits the pillow. Those who have problems falling (or staying!) asleep, work night shifts or are traveling to a new time zone may benefit from supplemental melatonin. Buckle up Your nutrition is going for a ride. Bubble of protection Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes and absorption-blocking substances. Fantastic cell reception Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells and rapid uptake into our blood or lymphatic system. Rapid, sustained release A unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time. For the following health goals: Mood & Cognitive Sleep

Product Name: Liposomal Milk Thistle - Coconut Caramel Nut

Description: Milk thistle supports the liver due to its antioxidant properties CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to-cell Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown while supporting quick sustained cellular uptake With soy-free phospholipids sourced from sunflower and phosphatidylcholine No artificial colours, flavours, preservatives or animal products Delicious coconut caramel nut flavour Milk thistle (*Silybum marianum*) is an herb that's touted for its antioxidant capabilities and is commonly used to support the liver. Studies have shown milk thistle's ability to reduce liver inflammation and damage, particularly to reduce damage caused by free radicals. Milk thistle's active medicinal ingredient, an antioxidant known as silymarin, is responsible for its protective and regenerative effects on the liver. Buckle up Your nutrition is going for a ride. Bubble of protection Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes and absorption-blocking substances. Fantastic cell reception Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells and rapid uptake into our blood or lymphatic system. Rapid, sustained release A unique multilamellar design features multiple rings of

phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time. For the following health goals: Detox

Product Name: Liposomal NAC - Strawberry

Description: Provides antioxidant support Helps protect our cells from damage CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to-cell Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown while supporting quick sustained cellular uptake With soy-free phospholipids sourced from sunflower and phosphatidylcholine No artificial colours, flavours, preservatives, or animal products Delicious strawberry flavour NAC (N-Acetyl-L-Cysteine) is known as a mucolytic agent, which means it helps clear mucus from the lungs. NAC is also a precursor to glutathione, a vital antioxidant for immune, liver, and brain health. Glutathione helps scavenge free radicals, which occur naturally due to chemical processes in the body but can also build up due to exposure to toxins or pollution. NAC is ideal for those who want to protect against oxidative stress caused by respiratory conditions. Buckle up Your nutrition is going for a ride. Bubble of protection Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes and absorption-blocking substances. Fantastic cell reception Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells and rapid uptake into our blood or lymphatic system. Rapid, sustained release A unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time. Also available in For the following health goals: Respiratory Support

Product Name: Liposomal Quercetin - Pineapple

Description: A potent antioxidant that helps extinguish free radicals Designed for superior absorption CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to cell Bio-friendly phospholipid bilayers protect nutrients in transit from

digestive and enzymatic breakdown, while supporting quick sustained cellular uptake
With soy-free phospholipids sourced from sunflower and phosphatidylcholine
No artificial colours, flavours, preservatives or animal products
Delicious pineapple flavour
We need antioxidant support for various things – for healthy immune function, protecting against inflammation, and reducing seasonal allergy symptoms to name a few. Quercetin, a bioflavonoid found in plants, is an antioxidant that helps protect our cells and reduce oxidative damage caused by free radicals. When free radicals begin to outnumber antioxidants in the body, it can lead to oxidative stress. Long-term impacts of oxidative stress include DNA damage and inflammatory conditions. Supplemental quercetin often has poor solubility and absorption, which we've overcome with our liposomal nutrient delivery system.
Buckle up
Your nutrition is going for a ride.
Bubble of protection
Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes and absorption-blocking substances.
Fantastic cell reception
Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells and rapid uptake into our blood or lymphatic system.
Rapid, sustained release
A unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time.
Also available in
450 ml-Citrus Vanilla
For the following health goals:
Allergy Relief
Respiratory Support

Product Name: Liposomal Vitamin C - Citrus Vanilla

Description: Aids nutrient metabolism
Helps with wound healing
Supports the maintenance of bones, cartilage, gums, and teeth
CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to-cell
Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown while supporting quick sustained cellular uptake
With soy-free phospholipids sourced from sunflower and phosphatidylcholine
No artificial colours, flavours, preservatives, or animal products
Delicious citrus vanilla flavour
Vitamin C is often associated with supporting the immune system, but it has many responsibilities in the body beyond that. Vitamin C helps protect against cell damage and promotes immune function, wound healing,

healthy bones, cartilage, teeth, and gums. On top of that, it's essential for collagen formation and tissue repair. Vitamin C is a water-soluble vitamin, which means it's not stored in the body and must be replenished daily through diet or supplementation.

Buckle up Your nutrition is going for a ride.

Bubble of protection Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes, and absorption-blocking substances.

Fantastic cell reception Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells, and rapid uptake into our blood or lymphatic system.

Rapid, sustained release A unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time.

Also available in 450 ml - Citrus Vanilla

For the following health goals: Bone & Joint Health General Health Immune Health

Product Name: Liposomal Vitamin C 1000 - Citrus Vanilla

Description: CanPrev Liposomals use a patented delivery system that swiftly and safely transports active nutrients direct-to cell.

Bio-friendly phospholipid bilayers protect nutrients in transit from digestive and enzymatic breakdown, while supporting quick sustained cellular uptake.

With soy-free phospholipids sourced from sunflower and phosphatidylcholine. No artificial colours, flavours, preservatives or animal products. Delicious vanilla citrus flavour.

Buckle up. Your nutrition is going for a ride.

What are liposomals? Liposomal supplements envelop your active ingredients in a bubble of phospholipids – the same stuff our cell walls are made from. Because of its unique biological properties, it's an exciting new way to administer nutrients. Unlike other supplement forms, you don't have to worry about how long it takes for your nutrients to be absorbed.

Vitamin C 1000 Liposomal in Vanilla Citrus flavour helps protect against cell damage, supports immune function, wound healing, healthy bones, cartilage, teeth and gums and is essential for the formation of collagen, and tissue repair.

With soy-free phospholipids sourced from sunflower and phosphatidylcholine.

Bubble of protection Liposomes envelop active nutrients in a bubble of phospholipids, shielding against digestive hazards, enzymes and absorption-blocking substances.

Fantastic cell

reception Phospholipid layers are built from the same material as cells, vastly enhancing permeability, absorption rate by epithelial cells, and rapid uptake into our blood or lymphatic system. Rapid, sustained release A unique multilamellar design features multiple rings of phospholipid membranes. Nutrient payloads are released as each layer is peeled away, allowing a sustained delivery of compounds over time. Available format 450ml/bottle (30 servings) Also available in 225 ml-Citrus Vanilla For the following health goals: Allergy Relief Immune Health Respiratory Support Stress

Product Name: Lutein 20 - Blue Light Defence

Description: Fights eye strain from blue light exposure Helps improve contrast sensitivity and visual acuity Helps to improve glare recovery at night Protective against cataracts and age-related macular degeneration Clinically proven to build macular pigment optical density CanPrev's Lutein 20 provides a potent daily dose of lutein, zeaxanthin, and meso-zeaxanthin, for Five-Factor Eye Support. 1 Eye strain 2 Visual acuity 3 Glare recovery 4 Cataracts 5 Age-related macular degeneration Blue light from digital screens can disrupt sleep, trigger headaches, and cause redness, eyestrain and long-term injury to the eyes, harming our vision. CanPrev's new Lutein 20 helps protect the eyes by filtering out damaging blue light, with the same 20:2:2 ratio of lutein, zeaxanthin and meso-zeaxanthin found in nature. With just one softgel per day, it is clinically proven to increase macular pigment in the retina, which acts like your eyes' internal sunglasses. This helps protect against macular degeneration and cataracts, while improving contrast sensitivity, visual acuity, and glare recovery. For the following health goals: Anti-Aging Vision Support

Product Name: Magnesium + Vegan D3 & K2

Description: A heart-friendly formula to help maintain strong bones Extra-gentle magnesium-glycine complex Vegan vitamin D3 Soy-free, MK-7 vitamin K2 Magnesium. It's essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function, including the heart. This proprietary extra gentle magnesium-glycine complex is enhanced

with vegan vitamin D3 and soy-free MK-7 vitamin K2 to help you absorb calcium and build strong, resilient bones. When combined with a healthy diet, including calcium, and regular exercise, it may reduce the risk of developing osteoporosis. Just what you've come to expect from CanPrev. Magnesium products from CanPrev: Optimized Magnesium Bis-Glycinate, Magnesium Bis-Glycinate 200 Gentle, Magnesium Bis-Glycinate 140 Extra Gentle, Magnesium Bis-Glycinate 80 Ultra Gentle, Magnesium Bis-Glycinate 300 Ultra Gentle Liquid, Magnesium Bis-Glycinate 400 Ultra Gentle Powder, Magnesium Bis-Glycinate Tropical Drink Mix, Magnesium Bis-Glycinate Blueberry Drink Mix, Magnesium Bis-Glycinate Orange Drink Mix, Magnesium Bis-Glycinate 50 Chewable, Goal Specific Magnesium, ElectroMag Effervescent Drink Mix, Magnesium Malate, Magnesium Cardio, Magnesium Sleep, Magnesium Stress Release, Magnesium + Vegan D3 & K2, Magnesium Multi Mineral. For the following health goals: Anti-Aging, Bone & Joint Health.

Product Name: Magnesium Bis-Glycinate 140 Extra Gentle

Description: Designed for those seeking potency with enhanced gentleness. Recommended for those with IBS or weak stomach acid. Provides a therapeutic 140mg of pure elemental magnesium with every vegetable capsule. Designed for those seeking potency with enhanced gentleness, this Magnesium Bis-Glycinate delivers more glycine to ensure magnesium absorption in spite of digestive issues. Recommended for those with sensitive digestion, IBS or weak stomach acid. Magnesium is essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function and nervous system health. This proprietary magnesium-glycine complex provides a therapeutic 140mg of pure elemental magnesium with every vegetable capsule. No fillers or flavours. Just what you've come to expect from CanPrev. Available in 120 or 240 vegetable capsules. Magnesium products from CanPrev: Optimized Magnesium Bis-Glycinate, Magnesium Bis-Glycinate 200 Gentle, Magnesium Bis-Glycinate 140 Extra Gentle, Magnesium Bis-Glycinate 80 Ultra Gentle, Magnesium Bis-Glycinate 300 Ultra Gentle Liquid, Magnesium Bis-Glycinate 400 Ultra Gentle Powder, Magnesium Bis-Glycinate Tropical Drink Mix, Magnesium Bis-Glycinate Blueberry Drink Mix, Magnesium Bis-Glycinate Orange

Drink MixMagnesium Bis-Glycinate 50 ChewableGoal Specific MagnesiumElectroMag Effervescent
Drink MixMagnesium MalateMagnesium CardioMagnesium SleepMagnesium Stress
ReleaseMagnesium + Vegan D3 & K2Magnesium Multi MineralAlso available in240 Vegetable
CapsulesFor the following health goals:Bone & Joint HealthCardiovascular HealthDigestive
HealthGeneral HealthSleepStress

Product Name: Magnesium Bis-Glycinate 140 Extra Gentle

Description: Designed for those seeking potency with enhanced gentlenessRecommended for those
with IBS or weak stomach acidProvides a therapeutic 140mg of pure elemental magnesium with
every vegetable capsuleDesigned for those seeking potency with enhanced gentleness, this
Magnesium Bis-Glycinate delivers more glycine to ensure magnesium absorption in spite of
digestive issues. Recommended for those with sensitive digestion, IBS or weak stomach
acid.Magnesium is essential in over 800 different enzymatic functions in your body, from DNA
synthesis and energy production to proper muscle function and nervous system health. This
proprietary magnesium-glycine complex provides a therapeutic 140mg of pure elemental
magnesium with every vegetable capsule. No fillers or flavours. Just what you've come to expect
from CanPrev. Available in 120 or 240 vegetable capsules.Magnesium products from
CanPrevOptimized Magnesium Bis-GlycinateMagnesium Bis-Glycinate 200 GentleMagnesium
Bis-Glycinate 140 Extra GentleMagnesium Bis-Glycinate 80 Ultra GentleMagnesium Bis-Glycinate
300 Ultra Gentle LiquidMagnesium Bis-Glycinate 400 Ultra Gentle PowderMagnesium Bis-Glycinate
Tropical Drink MixMagnesium Bis-Glycinate Blueberry Drink MixMagnesium Bis-Glycinate Orange
Drink MixMagnesium Bis-Glycinate 50 ChewableGoal Specific MagnesiumElectroMag Effervescent
Drink MixMagnesium MalateMagnesium CardioMagnesium SleepMagnesium Stress
ReleaseMagnesium + Vegan D3 & K2Magnesium Multi MineralAlso available in120 Vegetable
CapsulesFor the following health goals:Bone HealthCardiovascular HealthDigestive HealthGeneral
HealthSleepStress

Product Name: Magnesium Bis-Glycinate 200 Gentle

Description: Preferred and highly absorbable bis-glycinate form
Easy and gentle on the bowels
200mg of pure elemental per capsule
Magnesium is one of those hard working minerals that simply doesn't get the attention it deserves. It plays a key role in over 800 different chemical reactions in the body and is involved in everything from DNA synthesis, energy production and metabolism, to muscle strength, nerve function, heart rate regulation and bone building. Magnesium is also an active ingredient in alleviating constipation. That's one busy mineral. Unfortunately, magnesium deficiency is extremely common. Medications like antibiotics, corticosteroids, diuretics and contraceptives hinder our ability to absorb magnesium. Refining and processing strips magnesium from our food. Even agricultural soil and water are being depleted of magnesium. It's no wonder that nearly half of Canadians aren't getting enough of this important mineral. CanPrev's Magnesium Bis-Glycinate 200 Gentle contains as much as 20% more elemental magnesium than other magnesium supplements. It works to restore magnesium to optimum levels and help fuel all the important functions it's called on to perform. Magnesium Bis-Glycinate 200 Gentle offers a potent, therapeutic dose of 200mg of pure elemental magnesium in a form known for its superior absorption and gentleness on the bowels – all in easy to swallow vegetable capsule or powder with no fillers. Available in 60, 120 and 240 vegetable capsules. Magnesium products from CanPrev
Optimized Magnesium Bis-Glycinate
Magnesium Bis-Glycinate 200 Gentle
Magnesium Bis-Glycinate 140 Extra Gentle
Magnesium Bis-Glycinate 80 Ultra Gentle
Magnesium Bis-Glycinate 300 Ultra Gentle Liquid
Magnesium Bis-Glycinate 400 Ultra Gentle Powder
Magnesium Bis-Glycinate Tropical Drink Mix
Magnesium Bis-Glycinate Blueberry Drink Mix
Magnesium Bis-Glycinate Orange Drink Mix
Magnesium Bis-Glycinate 50 Chewable
Goal Specific Magnesium
ElectroMag Effervescent Drink Mix
Magnesium Malate
Magnesium Cardio
Magnesium Sleep
Magnesium Stress Release
Magnesium + Vegan D3 & K2
Magnesium Multi Mineral
Also available in
120 Vegetable Capsules
120 Grams
60 Vegetable Capsules
For the following health goals:
Bone & Joint Health
Cardiovascular Health
Digestive Health
General Health
Sleep
Stress

Product Name: Magnesium Bis-Glycinate 200 Gentle

Description: Preferred and highly absorbable bis-glycinate form
Easy and gentle on the bowels
200mg of pure elemental per capsule
Magnesium is one of those hard working minerals that simply doesn't get the attention it deserves. It plays a key role in over 800 different chemical reactions in the body and is involved in everything from DNA synthesis, energy production and metabolism, to muscle strength, nerve function, heart rate regulation and bone building. Magnesium is also an active ingredient in alleviating constipation. That's one busy mineral. Unfortunately, magnesium deficiency is extremely common. Medications like antibiotics, corticosteroids, diuretics and contraceptives hinder our ability to absorb magnesium. Refining and processing strips magnesium from our food. Even agricultural soil and water are being depleted of magnesium. It's no wonder that nearly half of Canadians aren't getting enough of this important mineral. CanPrev's Magnesium Bis-Glycinate 200 Gentle contains as much as 20% more elemental magnesium than other magnesium supplements. It works to restore magnesium to optimum levels and help fuel all the important functions it's called on to perform. Magnesium Bis-Glycinate 200 Gentle offers a potent, therapeutic dose of 200mg of pure elemental magnesium in a form known for its superior absorption and gentleness on the bowels – all in easy to swallow vegetable capsule or powder with no fillers. Available in 60, 120 and 240 vegetable capsules. Magnesium products from CanPrev
Optimized Magnesium Bis-Glycinate
Magnesium Bis-Glycinate 200 Gentle
Magnesium Bis-Glycinate 140 Extra Gentle
Magnesium Bis-Glycinate 80 Ultra Gentle
Magnesium Bis-Glycinate 300 Ultra Gentle Liquid
Magnesium Bis-Glycinate 400 Ultra Gentle Powder
Magnesium Bis-Glycinate Tropical Drink Mix
Magnesium Bis-Glycinate Blueberry Drink Mix
Magnesium Bis-Glycinate Orange Drink Mix
Magnesium Bis-Glycinate 50 Chewable
Goal Specific Magnesium
ElectroMag Effervescent Drink Mix
Magnesium Malate
Magnesium Cardio
Magnesium Sleep
Magnesium Stress Release
Magnesium + Vegan D3 & K2
Magnesium Multi Mineral
Also available in
120 Vegetable Capsules
240 Vegetable Capsules
120 Grams
For the following health goals:
Bone & Joint Health
Cardiovascular Health
Digestive Health
General Health
Sleep
Stress

Product Name: Magnesium Bis-Glycinate 200 Gentle

Description: Preferred and highly absorbable bis-glycinate form
Easy and gentle on the bowels
200mg of pure elemental per capsule
Magnesium is one of those hard working minerals that simply doesn't get the attention it deserves. It plays a key role in over 800 different chemical reactions in the body and is involved in everything from DNA synthesis, energy production and metabolism, to muscle strength, nerve function, heart rate regulation and bone building. Magnesium is also an active ingredient in alleviating constipation. That's one busy mineral. Unfortunately, magnesium deficiency is extremely common. Medications like antibiotics, corticosteroids, diuretics and contraceptives hinder our ability to absorb magnesium. Refining and processing strips magnesium from our food. Even agricultural soil and water are being depleted of magnesium. It's no wonder that nearly half of Canadians aren't getting enough of this important mineral. CanPrev's Magnesium Bis-Glycinate 200 Gentle contains as much as 20% more elemental magnesium than other magnesium supplements. It works to restore magnesium to optimum levels and help fuel all the important functions it's called on to perform. Magnesium Bis-Glycinate 200 Gentle offers a potent, therapeutic dose of 200mg of pure elemental magnesium in a form known for its superior absorption and gentleness on the bowels – all in easy to swallow vegetable capsule or powder with no fillers. Available in 60, 120 and 240 vegetable capsules. Magnesium products from CanPrev
Optimized Magnesium Bis-Glycinate
Magnesium Bis-Glycinate 200 Gentle
Magnesium Bis-Glycinate 140 Extra Gentle
Magnesium Bis-Glycinate 80 Ultra Gentle
Magnesium Bis-Glycinate 300 Ultra Gentle Liquid
Magnesium Bis-Glycinate 400 Ultra Gentle Powder
Magnesium Bis-Glycinate Tropical Drink Mix
Magnesium Bis-Glycinate Blueberry Drink Mix
Magnesium Bis-Glycinate Orange Drink Mix
Magnesium Bis-Glycinate 50 Chewable
Goal Specific Magnesium
ElectroMag Effervescent Drink Mix
Magnesium Malate
Magnesium Cardio
Magnesium Sleep
Magnesium Stress Release
Magnesium + Vegan D3 & K2
Magnesium Multi Mineral
Also available in
240 Vegetable Capsules
120 Grams
60 Vegetable Capsules
For the following health goals:
Bone & Joint Health
Cardiovascular Health
Digestive Health
General Health
Sleep
Stress

Product Name: Magnesium Bis-Glycinate 200 Gentle Powder

Description: Preferred and highly absorbable bis-glycinate form Easy and gentle on the bowels 200mg of pure elemental magnesium per scoop Magnesium is one of those hard working minerals that simply doesn't get the attention it deserves. It plays a key role in over 800 different chemical reactions in the body and is involved in everything from DNA synthesis, energy production and metabolism, to muscle strength, nerve function, heart rate regulation and bone building. Magnesium is also an active ingredient in alleviating constipation. That's one busy mineral. Unfortunately, magnesium deficiency is extremely common. Medications like antibiotics, corticosteroids, diuretics and contraceptives hinder our ability to absorb magnesium. Refining and processing strips magnesium from our food. Even agricultural soil and water are being depleted of magnesium. It's no wonder that nearly half of Canadians aren't getting enough of this important mineral. CanPrev's Magnesium Bis-Glycinate Gentle Powder contains as much as 20% more elemental magnesium than other magnesium supplements. It works to restore magnesium to optimum levels and help fuel all the important functions it's called on to perform. This offers a potent, therapeutic dose of 200mg of pure elemental magnesium in a form known for its superior absorption and gentleness on the bowels – all in easy to swallow vegetable capsule or powder with no fillers. Magnesium products from CanPrev Optimized Magnesium Bis-Glycinate Magnesium Bis-Glycinate 200 Gentle Magnesium Bis-Glycinate 140 Extra Gentle Magnesium Bis-Glycinate 80 Ultra Gentle Magnesium Bis-Glycinate 300 Ultra Gentle Liquid Magnesium Bis-Glycinate 400 Ultra Gentle Powder Magnesium Bis-Glycinate Tropical Drink Mix Magnesium Bis-Glycinate Blueberry Drink Mix Magnesium Bis-Glycinate Orange Drink Mix Magnesium Bis-Glycinate 50 Chewable Goal Specific Magnesium ElectroMag Effervescent Drink Mix Magnesium Malate Magnesium Cardio Magnesium Sleep Magnesium Stress Release Magnesium + Vegan D3 & K2 Magnesium Multi Mineral Also available in 120 Vegetable Capsules 240 Vegetable Capsules 60 Vegetable Capsules For the following health goals: Bone & Joint Health Cardiovascular Health Digestive Health General Health Sleep Stress

Product Name: Magnesium Bis-Glycinate 300 Ultra Gentle - Juicy Blueberry

Description: Designed for those seeking maximum gentlenessPreferred and highly absorbable bis-glycinate formEasy and gentle on the bowels300mg of pure elemental magnesium per tablespoonJuicy Blueberry flavourMagnesium plays a key role in over 800 different chemical reactions in the body. It's involved in everything from DNA synthesis, energy production and metabolism, to muscle strength, nerve function, heart rate regulation and bone building. Magnesium is also an active ingredient in alleviating constipation. That's one busy mineral.Despite its importance, magnesium deficiency is extremely common. Medications like antibiotics, corticosteroids, diuretics and contraceptives hinder our ability to absorb magnesium. On top of that, refining and processing methods strip magnesium from our food. Even agricultural soil and water are being depleted of magnesium. It's no wonder that over one-third of Canadian adults aren't getting enough of this important mineral.CanPrev's Magnesium Bis-Glycinate 300 Ultra Gentle Liquidin Juicy Blueberry flavour works to restore magnesium to optimum levels and helps fuel all the important functions it's called on to perform. It offers a potent, therapeutic dose of 300mg of pure elemental magnesium in a form known for its superior absorption and gentleness on the bowels – all that goodness in just one tablespoon!Magnesium products from CanPrevOptimized Magnesium Bis-GlycinateMagnesium Bis-Glycinate 200 GentleMagnesium Bis-Glycinate 140 Extra GentleMagnesium Bis-Glycinate 80 Ultra GentleMagnesium Bis-Glycinate 300 Ultra Gentle LiquidMagnesium Bis-Glycinate 400 Ultra Gentle PowderMagnesium Bis-Glycinate Tropical Drink MixMagnesium Bis-Glycinate Blueberry Drink MixMagnesium Bis-Glycinate Orange Drink MixMagnesium Bis-Glycinate 50 ChewableGoal Specific MagnesiumElectroMag Effervescent Drink MixMagnesium MalateMagnesium CardioMagnesium SleepMagnesium Stress ReleaseMagnesium + Vegan D3 & K2Magnesium Multi MineralAlso available in500 ml-UnflavouredFor the following health goals:Active LifestyleBone HealthCardiovascular HealthDigestive HealthGeneral HealthSleepStress

Product Name: Magnesium Bis-Glycinate 300 Ultra Gentle - Liquid

Description: Designed for those seeking maximum gentlenessPreferred and highly absorbable bis-glycinate formEasy and gentle on the bowels300mg of pure elemental magnesium per tablespoonRecommended for those with multiple prescriptions or digestive conditions like Crohn's and colitisMagnesium is one of those hard working minerals that simply doesn't get the attention it deserves. It plays a key role in over 800 different chemical reactions in the body and is involved in everything from DNA synthesis, energy production and metabolism, to muscle strength, nerve function, heart rate regulation and bone building. Magnesium is also an active ingredient in alleviating constipation. That's one busy mineral.Unfortunately, magnesium deficiency is extremely common. Medications like antibiotics, corticosteroids, diuretics and contraceptives hinder our ability to absorb magnesium. Refining and processing strips magnesium from our food. Even agricultural soil and water are being depleted of magnesium. It's no wonder that nearly half of Canadians aren't getting enough of this important mineral.CanPrev's Magnesium Bis-Glycinate 300 Ultra Gentle liquid contains as much as 20% more elemental magnesium than other magnesium supplements. It works to restore magnesium to optimum levels and help fuel all the important functions it's called on to perform. Magnesium Bis-Glycinate 300 Ultra Gentle offers a potent, therapeutic dose of 300mg of pure elemental magnesium in a form known for its superior absorption and gentleness on the bowels – all that goodness in just one tablespoon!Magnesium products from CanPrevOptimized Magnesium Bis-GlycinateMagnesium Bis-Glycinate 200 GentleMagnesium Bis-Glycinate 140 Extra GentleMagnesium Bis-Glycinate 80 Ultra GentleMagnesium Bis-Glycinate 300 Ultra Gentle LiquidMagnesium Bis-Glycinate 400 Ultra Gentle PowderMagnesium Bis-Glycinate Tropical Drink MixMagnesium Bis-Glycinate Blueberry Drink MixMagnesium Bis-Glycinate Orange Drink MixMagnesium Bis-Glycinate 50 ChewableGoal Specific MagnesiumElectroMag Effervescent Drink MixMagnesium MalateMagnesium CardioMagnesium SleepMagnesium Stress ReleaseMagnesium + Vegan D3 & K2Magnesium Multi MineralAlso available in500 ml-Juicy BlueberryFor the following health goals:Active LifestyleBone & Joint HealthCardiovascular HealthDigestive HealthGeneral HealthSleepStress

Product Name: Magnesium Bis-Glycinate 400 Ultra Gentle - Powder

Description: For those seeking magnesium with maximum gentleness 400mg of pure elemental magnesium per scoop Vegan. No fillers, no binders Designed for those seeking magnesium with maximum gentleness. This form provides the most glycine to ensure gentle absorption and resistance to insoluble substances. Recommended for those with multiple prescriptions or digestive conditions like Crohn's and colitis. Magnesium is essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function and nervous system health. This proprietary magnesium-glycine complex provides 400mg of pure elemental magnesium per scoop. Vegan. No fillers, no binders. Just what you have come to expect from CanPrev. Magnesium products from CanPrev Optimized Magnesium Bis-Glycinate Magnesium Bis-Glycinate 200 Gentle Magnesium Bis-Glycinate 140 Extra Gentle Magnesium Bis-Glycinate 80 Ultra Gentle Magnesium Bis-Glycinate 300 Ultra Gentle Liquid Magnesium Bis-Glycinate 400 Ultra Gentle Powder Magnesium Bis-Glycinate Tropical Drink Mix Magnesium Bis-Glycinate Blueberry Drink Mix Magnesium Bis-Glycinate Orange Drink Mix Magnesium Bis-Glycinate 50 Chewable Goal Specific Magnesium ElectroMag Effervescent Drink Mix Magnesium Malate Magnesium Cardio Magnesium Sleep Magnesium Stress Release Magnesium + Vegan D3 & K2 Magnesium Multi Mineral For the following health goals: Active Lifestyle Bone & Joint Health Cardiovascular Health Digestive Health General Health Sleep Stress

Product Name: Magnesium Bis-Glycinate 50 Chewable - Tropical Pineapple

Description: Delicious natural tropical pineapple taste Great for kids and adults Easy-to-digest buffered bis-glycinate chelate 50mg magnesium in each piece Enjoy a bite of magnesium whenever you need it most. Chew on this... magnesium is essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function and nervous system health. This proprietary magnesium-glycine complex is designed for effective absorption and gentleness. Each piece of CanPrev's Magnesium Bis-Glycinate Chewable provides 50mg of pure elemental magnesium with a delicious natural pineapple flavour. Perfect whether you need a little bit

of magnesium, or a bite more. And it's suitable for both adults and kids – the whole family can share!

120 chewable tablets

Magnesium products from CanPrev

Optimized Magnesium Bis-Glycinate

Magnesium Bis-Glycinate 200 Gentle

Magnesium Bis-Glycinate 140 Extra Gentle

Magnesium Bis-Glycinate 80 Ultra Gentle

Magnesium Bis-Glycinate 300 Ultra Gentle

Liquid

Magnesium Bis-Glycinate 400 Ultra Gentle Powder

Magnesium Bis-Glycinate Tropical Drink Mix

Magnesium Bis-Glycinate Blueberry Drink Mix

Magnesium Bis-Glycinate Orange Drink Mix

Magnesium Bis-Glycinate 50 Chewable

Goal Specific Magnesium

ElectroMag Effervescent Drink Mix

Magnesium Malate

Magnesium Cardio

Magnesium Sleep

Magnesium Stress Release

Magnesium + Vegan D3 & K2

Magnesium Multi Mineral

For the following health goals:

Bone & Joint Health

Cardiovascular Health

Digestive Health

General Health

Sleep

Stress

Product Name: Magnesium Bis-Glycinate 80 Ultra Gentle

Description: Designed for those seeking maximum gentleness

Preferred and highly absorbable bis-glycinate form

Easy and gentle on the bowels

80mg of pure elemental magnesium per capsule

Recommended for those with multiple prescriptions or digestive conditions like Crohn's and colitis.

Designed for those seeking magnesium with maximum gentleness. This form provides the most glycine to ensure gentle absorption and resistance to insoluble substances. Recommended for those with multiple prescriptions or digestive conditions like Crohn's and colitis.

Magnesium is essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function and nervous system health. This proprietary magnesium-glycine complex provides a therapeutic 80mg of pure elemental magnesium with every vegetable capsule. No fillers or flavours. Just what you've come to expect from CanPrev.

Available in 120 or 240 vegetable capsules.

Magnesium products from CanPrev

Optimized Magnesium Bis-Glycinate

Magnesium Bis-Glycinate 200 Gentle

Magnesium Bis-Glycinate 140 Extra Gentle

Magnesium Bis-Glycinate 80 Ultra Gentle

Magnesium Bis-Glycinate 300 Ultra Gentle

Liquid

Magnesium Bis-Glycinate 400 Ultra Gentle Powder

Magnesium Bis-Glycinate Tropical Drink Mix

Magnesium Bis-Glycinate Blueberry Drink Mix

Magnesium Bis-Glycinate Orange Drink Mix

MixMagnesium Bis-Glycinate 50 ChewableGoal Specific MagnesiumElectroMag Effervescent Drink
MixMagnesium MalateMagnesium CardioMagnesium SleepMagnesium Stress ReleaseMagnesium
+ Vegan D3 & K2Magnesium Multi MineralAlso available in240 Vegetable CapsulesFor the following
health goals:Bone & Joint HealthCardiovascular HealthDigestive HealthGeneral HealthSleepStress

Product Name: Magnesium Bis-Glycinate 80 Ultra Gentle

Description: Designed for those seeking maximum gentlenessPreferred and highly absorbable
bis-glycinate formEasy and gentle on the bowels80mg of pure elemental magnesium per
capsuleRecommended for those with multiple prescriptions or digestive conditions like Crohn's and
colitis.Designed for those seeking magnesium with maximum gentleness. This form provides the
most glycine to ensure gentle absorption and resistance to insoluble substances. Recommended for
those with multiple prescriptions or digestive conditions like Crohn's and colitis.Magnesium is
essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy
production to proper muscle function and nervous system health. This proprietary
magnesium-glycine complex provides a therapeutic 80mg of pure elemental magnesium with every
vegetable capsule. No fillers or flavours. Just what you've come to expect from CanPrev.Available in
120 or 240 vegetable capsules.Magnesium products from CanPrevOptimized Magnesium
Bis-GlycinateMagnesium Bis-Glycinate 200 GentleMagnesium Bis-Glycinate 140 Extra
GentleMagnesium Bis-Glycinate 80 Ultra GentleMagnesium Bis-Glycinate 300 Ultra Gentle
LiquidMagnesium Bis-Glycinate 400 Ultra Gentle PowderMagnesium Bis-Glycinate Tropical Drink
MixMagnesium Bis-Glycinate Blueberry Drink MixMagnesium Bis-Glycinate Orange Drink
MixMagnesium Bis-Glycinate 50 ChewableGoal Specific MagnesiumElectroMag Effervescent Drink
MixMagnesium MalateMagnesium CardioMagnesium SleepMagnesium Stress ReleaseMagnesium
+ Vegan D3 & K2Magnesium Multi MineralAlso available in120 Vegetable CapsulesFor the following
health goals:Bone & Joint HealthCardiovascular HealthDigestive HealthGeneral HealthSleepStress

Product Name: Magnesium Bis-Glycinate Drink Mix - Juicy Blueberry

Description: For those seeking magnesium with maximum gentleness 250mg of pure elemental magnesium per scoop For adults and kids aged 9 and up Available in two delicious natural fruit flavours: Juicy Blueberry and Orange Zest Magnesium is essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function and nervous system health. Magnesium Bis-Glycinate Natural Drink Mix is designed for those seeking magnesium with maximum gentleness. The ultra-gentle form provides the most glycine to ensure gentle absorption. Recommended for those with multiple prescriptions or digestive conditions. This drink mix provides 250mg of pure elemental magnesium per scoop. Stir it in some refreshingly cold water and enjoy! Also available in 156 Grams - Refreshing Orange Zest For the following health goals: Active Lifestyle Bone & Joint Health Cardiovascular Health General Health Stress

Product Name: Magnesium Bis-Glycinate Drink Mix - Refreshing Orange Zest

Description: For those seeking magnesium with maximum gentleness 250mg of pure elemental magnesium per scoop Available in two delicious natural fruit flavours: Orange Zest and Juicy Blueberry For adults and kids aged 9 and up Magnesium is essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function and nervous system health. Magnesium Bis-Glycinate Natural Drink Mix is designed for those seeking magnesium with maximum gentleness. The ultra-gentle form provides the most glycine to ensure gentle absorption. Recommended for those with multiple prescriptions or digestive conditions. This drink mix comes in two delicious natural fruit flavours and provides 250mg of pure elemental magnesium per scoop. Stir it in some refreshingly cold water and enjoy! Magnesium products from CanPrevOptimized Magnesium Bis-Glycinate Magnesium Bis-Glycinate 200 Gentle Magnesium Bis-Glycinate 140 Extra Gentle Magnesium Bis-Glycinate 80 Ultra Gentle Magnesium Bis-Glycinate 300 Ultra Gentle Liquid Magnesium Bis-Glycinate 400 Ultra Gentle Powder Magnesium Bis-Glycinate Tropical Drink Mix Magnesium Bis-Glycinate Blueberry Drink Mix Magnesium Bis-Glycinate Orange Drink Mix Magnesium Bis-Glycinate 50 Chewable Goal Specific Magnesium ElectroMag Effervescent Drink Mix Magnesium Malate Magnesium Cardio Magnesium Sleep Magnesium Stress

ReleaseMagnesium + Vegan D3 & K2Magnesium Multi MineralAlso available in161 Grams-Juicy
BlueberryFor the following health goals:Bone & Joint HealthCardiovascular HealthDigestive
HealthGeneral HealthMood & CognitiveSleepStress

Product Name: Magnesium Cardio + Taurine, B6 & Zinc

Description: Designed for those seeking stronger cardiovascular support and maintain proper heart
muscle functionProvides a therapeutic 75mg of magnesium bis-glycinate with added 450mg of
Taurine25mg of Vitamin B6 and 2.5mg of Zinc for cardiovascular support with every vegetable
capsuleExtra Gentle magnesium combined with therapeutic levels of taurine, vitamin B6 & zinc, this
formulation was designed for those seeking stronger cardiovascular support and maintain proper
heart muscle function.Magnesium is essential in over 800 different enzymatic functions in your body,
from DNA synthesis and energy production to proper muscle function and nervous system health.
This proprietary magnesium-glycine complex provides a therapeutic 75mg of magnesium
bis-glycinate with added 450mg of Taurine, 25mg of Vitamin B6 and 2.5mg of Zinc for
cardiovascular support with every vegetable capsule. No fillers or flavours. Just what you've come to
expect from CanPrev.Magnesium products from CanPrevOptimized Magnesium
Bis-GlycinateMagnesium Bis-Glycinate 200 GentleMagnesium Bis-Glycinate 140 Extra
GentleMagnesium Bis-Glycinate 80 Ultra GentleMagnesium Bis-Glycinate 300 Ultra Gentle
LiquidMagnesium Bis-Glycinate 400 Ultra Gentle PowderMagnesium Bis-Glycinate Tropical Drink
MixMagnesium Bis-Glycinate Blueberry Drink MixMagnesium Bis-Glycinate Orange Drink
MixMagnesium Bis-Glycinate 50 ChewableGoal Specific MagnesiumElectroMag Effervescent Drink
MixMagnesium MalateMagnesium CardioMagnesium SleepMagnesium Stress ReleaseMagnesium
+ Vegan D3 & K2Magnesium Multi MineralFor the following health goals:Anti-AgingCardiovascular
HealthStress

Product Name: Magnesium Citrate+

Description: Aids in the development of bones and teethHelps to maintain proper muscle function,

including the heart
Helps maintain the body's nutrient metabolism
Magnesium is essential in over 800 different enzymatic functions in your body. It's found throughout the body in our bones, hearts, muscles, and nerves, and works away inside every one of our cells. Its responsibilities include synthesizing DNA, RNA, and proteins, maintaining muscle function, creating cellular energy, and ensuring proper nerve function just to name a few.
Magnesium is an essential mineral, meaning we need to continually replenish our body's supply for it to carry out its important functions. Despite that, nearly half of Canadians aren't getting enough. Magnesium deficiency can show up in various ways – stress, inflammation, mood changes, alterations in blood pressure, hindered endurance, migraine, fatigue, and muscle cramping among others.
Magnesium citrate is formed when magnesium is bound with citric acid, an organic acid found naturally in citrus fruits. This form of magnesium is easily absorbed in your digestive tract to replenish magnesium levels in the body and in some cases, this form of magnesium is used to resolve constipation. CanPrev's Magnesium Citrate+ is bound to citric and enhanced with magnesium malate to increase bioavailability, and each capsule offers 150mg of magnesium per capsule to help support better health.
For the following health goals:
Bone Health
Energy
General Health

Product Name: Magnesium Full Spectrum

Description: Aids in energy metabolism and tissue formation
Helps in the development of bones and teeth
Helps maintain healthy muscle function, including the heart
Magnesium is essential in over 800 different enzymatic functions in your body. But how do you know which is best for you?
CanPrev Magnesium Full Spectrum is formulated with four kinds of magnesium to offer a wider range of magnesium benefits in one convenient dose.
Magnesium bis-glycinate
Magnesium bis-glycinate is formed when elemental magnesium is combined with glycine, an amino acid that builds important proteins needed for the maintenance of hormones and tissue. Glycine acts as an inhibitory neurotransmitter and can have a calming effect on the brain.
Magnesium malate
Magnesium malate is a unique chelated compound formed by binding magnesium with malic acid, commonly found in specific fruits. This process creates a synergistic effect that boosts absorption to ensure the

nutrients are properly distributed. Magnesium is a cofactor in adenosine triphosphate (ATP) production, the energy currency of our cells. Malic acid is naturally found in the mitochondria to create ATP, so it's thought that pairing these two nutrients together may help improve energy and even reduce pain. Magnesium L-threonate Threonic acid is a water-soluble substance that's formed when vitamin C is broken down in the body. When you combine magnesium and threonic acid, you get magnesium L-threonate. It is thought that when magnesium is bound to threonic acid to form magnesium L-threonate, it reaches brain cells more effectively than other forms of magnesium. Magnesium aspartate When magnesium and aspartic acid are combined, it forms magnesium aspartate. Aspartic acid is a non-essential amino acid, meaning it can be produced in the body. It's involved in the synthesis of the essential amino acids methionine, threonine, isoleucine, and lysine, which play a role in metabolism, the nervous system, the cardiovascular system, and the immune system. Combining magnesium and aspartic acid increases magnesium's bioavailability, making it more easily absorbed and utilized by the body. For the following health goals: Bone Health Energy General Health

Product Name: Magnesium Malate

Description: Magnesium is essential for DNA synthesis and energy production Also essential for proper muscle function and nervous system health This magnesium form is often recommended by naturopathic doctors for improved metabolic + energetic function. Magnesium is essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function and nervous system health. This proprietary magnesium complex provides a therapeutic 180mg of di-magnesium malate. Just what you've come to expect from CanPrev. Magnesium products from CanPrev Optimized Magnesium Bis-Glycinate Magnesium Bis-Glycinate 200 Gentle Magnesium Bis-Glycinate 140 Extra Gentle Magnesium Bis-Glycinate 80 Ultra Gentle Magnesium Bis-Glycinate 300 Ultra Gentle Liquid Magnesium Bis-Glycinate 400 Ultra Gentle Powder Magnesium Bis-Glycinate Tropical Drink Mix Magnesium Bis-Glycinate Blueberry Drink Mix Magnesium Bis-Glycinate Orange Drink Mix Magnesium Bis-Glycinate 50 Chewable Goal

Specific MagnesiumElectroMag Effervescent Drink MixMagnesium MalateMagnesium
CardioMagnesium SleepMagnesium Stress ReleaseMagnesium + Vegan D3 & K2Magnesium Multi
MineralFor the following health goals:Active LifestyleEnergyGeneral HealthStress

Product Name: Magnesium Multi Mineral

Description: Extra gentle magnesium-glycine complex combined with 8 chelated & highly absorbable essential mineralsWhole body protection against mineral deficienciesMagnesium. It's essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function including the heart.This proprietary extra gentle magnesium-glycine complex is combined with 8 chelated & highly absorbable essential minerals to support everything from tissue formation to metabolic function. Perfect for replenishing essential minerals that may be depleted in our modern food supply.No fillers or flavours. Just what you've come to expect from CanPrev.Magnesium products from CanPrevOptimized Magnesium Bis-GlycinateMagnesium Bis-Glycinate 200 GentleMagnesium Bis-Glycinate 140 Extra GentleMagnesium Bis-Glycinate 80 Ultra GentleMagnesium Bis-Glycinate 300 Ultra Gentle LiquidMagnesium Bis-Glycinate 400 Ultra Gentle PowderMagnesium Bis-Glycinate Tropical Drink MixMagnesium Bis-Glycinate Blueberry Drink MixMagnesium Bis-Glycinate Orange Drink MixMagnesium Bis-Glycinate 50 ChewableGoal Specific MagnesiumElectroMag Effervescent Drink MixMagnesium MalateMagnesium CardioMagnesium SleepMagnesium Stress ReleaseMagnesium + Vegan D3 & K2Magnesium Multi MineralFor the following health goals:Anti-AgingBone & Joint HealthDigestive HealthGeneral HealthStress

Product Name: Magnesium Sleep + GABA & Melatonin

Description: This formulation is designed to help people relax, reset their circadian biological clocks, and get better sleepTherapeutic 125mg of magnesium bis-glycinate, 100mg of GABA (gamma-aminobutyric acid)2.5mg of melatonin as natural sleep aids with every vegetable capsuleNo fillers or flavoursAugmenting our Extra Gentle magnesium form with melatonin and

GABA, this formulation is designed to help people relax, reset their circadian biological clocks, get better sleep while reducing the time needed to fall asleep for people with delayed sleep phase disorder. Magnesium is essential in over 800 different enzymatic functions in your body, from DNA synthesis and energy production to proper muscle function and nervous system health. This proprietary magnesium-glycine complex provides a therapeutic 125mg of magnesium bis-glycinate, 100mg of GABA (gamma-aminobutyric acid) and 2.5mg of melatonin as natural sleep aids with every vegetable capsule. No fillers or flavours. Just what you've come to expect from CanPrev.

Magnesium products from CanPrev

- Optimized Magnesium Bis-Glycinate
- Magnesium Bis-Glycinate 200 Gentle
- Magnesium Bis-Glycinate 140 Extra Gentle
- Magnesium Bis-Glycinate 80 Ultra Gentle
- Magnesium Bis-Glycinate 300 Ultra Gentle Liquid
- Magnesium Bis-Glycinate 400 Ultra Gentle Powder
- Magnesium Bis-Glycinate Tropical Drink Mix
- Magnesium Bis-Glycinate Blueberry Drink Mix
- Magnesium Bis-Glycinate Orange Drink Mix
- Magnesium Bis-Glycinate 50 Chewable

Goal Specific

- Magnesium ElectroMag Effervescent Drink Mix
- Magnesium Malate
- Magnesium Cardio
- Magnesium Sleep
- Magnesium Stress Release
- Magnesium + Vegan D3 & K2
- Magnesium Multi Mineral

For the following health goals:

- Mood & Cognitive
- Sleep
- Stress

Product Name: Magnesium Stress Release

Description: Restores mental calmness. Aids irritability and concentration. Encourages quality sleep.

Magnesium Stress Release is formulated with ashwagandha, an adaptogen that's long been used to heal stress, as well as key vitamins B5, B6, and C for quelling stress hormone production. Prolonged periods of stress have been associated with low magnesium levels, due to an increased elimination of magnesium from the body. This leads to a deficiency, resulting in an elevated release of stress hormones. It's a vicious cycle – your body expels excess magnesium as a result of stress, and stress hormones are released more readily when there are low stores of magnesium in the body.

Available in 90 vegetable capsules

Magnesium products from CanPrev

- Optimized Magnesium Bis-Glycinate
- Magnesium Bis-Glycinate 200 Gentle
- Magnesium Bis-Glycinate 140 Extra Gentle
- Magnesium Bis-Glycinate 80 Ultra Gentle

300 Ultra Gentle Liquid Magnesium Bis-Glycinate 400 Ultra Gentle Powder Magnesium Bis-Glycinate
Tropical Drink Mix Magnesium Bis-Glycinate Blueberry Drink Mix Magnesium Bis-Glycinate Orange
Drink Mix Magnesium Bis-Glycinate 50 Chewable Goal Specific Magnesium ElectroMag Effervescent
Drink Mix Magnesium Malate Magnesium Cardio Magnesium Sleep Magnesium Stress
Release Magnesium + Vegan D3 & K2 Magnesium Multi Mineral For the following health goals: Mood
& Cognitive Stress

Product Name: Magnesium Threonate

Description: Aids in energy metabolism and tissue formation Helps maintain healthy electrolyte balance Encourages proper muscle function, including the heart Magnesium is essential in over 800 different enzymatic functions in our body. It's found throughout the body in our bones, hearts, muscles, and nerves, and works away inside every one of our cells. Its responsibilities include synthesizing DNA, RNA, and proteins, maintaining muscle function, creating cellular energy, and ensuring proper nerve function just to name a few. Magnesium is an essential mineral, meaning we need to continually replenish our body's supply for it to carry out its important functions. Despite that, nearly half of Canadians aren't getting enough. Magnesium deficiency can show up in various ways – stress, difficulty concentrating, inflammation, mood changes, migraine, fatigue, and insomnia among others. Research suggests that when magnesium is bound to threonic acid to form magnesium threonate, it reaches brain cells more effectively than other forms of magnesium. Magnesium's important functions in the brain include nerve signal transmission and maintaining ionic stability. As part of these functions, magnesium is considered an antagonist of calcium. Too much calcium in brain cells can make cells overly active and potentially cause neurons to die, which can lead to further neurodegenerative outcomes. The brain uses magnesium to move calcium along and support various functions that are crucial for learning and memory, and magnesium threonate has proven to pass the blood-brain barrier very effectively. Each capsule of CanPrev's Magnesium Threonate provides 50mg of magnesium sourced from magnesium L-threonate to help in energy metabolism, tissue formation, muscle function, and overall health. For the following health

goals:EnergyGeneral HealthMood & Cognitive

Product Name: Melatonin 3mg Sustained-Release

Description: Helps increase sleep time in those suffering from sleep restrictionHelps relieve fatigue associated with jet lagHelps reduce the time it takes to fall asleep6-8 hour sustained-releaseIt's no secret that sleep plays a significant role in our overall health. Our bodies need the daily opportunity to rest and recharge so we can remain alert during the day. Adults need a solid 7-9 hours of sleep each night, and obtaining quality sleep depends on a vital hormone called melatonin. Melatonin is produced by the body at night to help maintain our circadian rhythm, which follows a 24-hour cycle that dictates when we sleep and wake. This production and release of melatonin are dependent on natural light. When the sun goes down, melatonin levels rise to prepare the body for sleep. When the sun rises in the morning, melatonin levels decrease, causing us to feel more alert.Sometimes, our body's circadian rhythm is thrown off by factors like overnight work shifts, traveling in different time zones, stress, too much screen time before bed, or irregular sleep schedules. Supplementing with melatonin is proven to improve sleep time and restfulness, accelerate recovery from jet lag, and improve sleep for those working overnight shifts or dealing with altered sleep schedules.CanPrev's Melatoninis a sustained-release formula, offering 6-8 hours of continuous sleep support so you can wake up feeling refreshed and ready to take on the day.For the following health goals:Sleep

Product Name: Meno Chill

Description: Fast-acting acute relief for menopause symptomsSupports healthy mood balanceWith EstroG-100® herbs, KSM-66® ashwagandha and zinc bis-glycinateMenopause signals the end of menstruation and occurs when reproductive hormones like estrogen, progesterone, testosterone, follicle-stimulating hormone (FSH) and luteinizing hormone (LH) decline in production. If your daily activities and sleep are being interrupted by uncomfortable symptoms like hot flashes, night sweats, insomnia, fatigue and vaginal dryness, CanPrev's Meno Chill might be for you.It's a combination that features clinically proven EstroG-100® herbs, KSM-66® ashwagandha and zinc bis-glycinate; a

therapeutic blend helpful for navigating the outcome of fluctuating estrogen levels. Whether you're looking for a fast-acting formula to help with uncomfortable symptoms or to balance menopausal mood, Meno Chill is here to help. For the following health goals: Anti-Aging Hormonal Balance

Product Name: Meno-Prev + Mood & Memory

Description: For menopausal and perimenopausal complaints Relieves hot flashes, night sweats and nervous tension Support for mood, memory and libido Includes an equivalent of 3000mg maca per daily dose Menopause is the next important stage in a woman's life after the reproductive years. It signals the end of menstruation as the ovaries produce less estrogen and progesterone. These altered hormone levels can bring many unfamiliar and uncomfortable changes, like insomnia, hot flashes, weight gain, fatigue, short-term memory problems, mood swings and reduced sexual desire. Meno-Prev + Mood & Memory is an all natural formula designed to provide relief from menopausal complaints, including subtle changes in mood and memory. It is a workhorse herbal combination that offers considerable relief by alleviating menopausal symptoms, fostering a healthy mood balance, enhancing memory and supporting sexual health. For the following health goals: Hormonal Balance

Product Name: Mind-Pro Formula

Description: Supports and enhances memory and cognitive function Protects against blood vessel and neuron damage Improves concentration Contains ginkgo, bacopa, GPC and phosphatidylserine Enhanced with ALA, folic acid, B6 and B12 We all have things that slip our minds, like where we put our keys, names of certain acquaintances or what year we took that amazing trip to France... With all these little slips we may start to feel our fading memories are irreversible and those fond milestones in our lives will be lost forever. Even though some memory lapses are normal as we age, they can still be a very frightening thing. Thankfully, all may not be lost. Now there are new ways to increase your memory function and hold on to the parts of life you want to cherish always. Your working memory, which is responsible for remembering things like where you parked

the car, is fueled by networks of neurons located in the prefrontal cortex. These fire constantly to retain information even when you're not calling on it to do so. When all is working well, information is filed away as part of your brain's automatic goodwill memory service. Keeping this service healthy is key to keeping your memories intact. Protecting cell membranes from free radical damage allows us to sustain brisk neurochemical activity and ensures that the memories you file away for later use can be quickly accessed whenever you need them. Maintaining a healthy blood flow to the brain is crucial for carrying fuel into the cells and waste products out. As brain activity increases, blood flow increases also, supplying the brain with vital oxygen and glucose. Keeping an open line for nutrients to feed our brains stimulates activity and encourages better memory capacity. CanPrev's Mind-Pro supplies our brains with what it needs to sustain its memory service. Formulated in an easy to take softgel, this twice daily supplement provides powerful antioxidants to slow free radical damage, enhance cerebral blood flow and stimulate the production of essential neurotransmitters. Mind-Pro contains bacopa monnieri, a booster of the chemical acetylcholine that aids communication between brain cells and helps to store incoming information in the brain. DL-Alpha lipoic acid (ALA) is instrumental in converting glucose, the brain's primary source of energy, in order to increase brain activity and allow it to more efficiently store and access memories. ALA is unique because it's one of the few materials that can cross the blood brain barrier and act as an antioxidant, protecting the brain from oxidative damage. Mind-Pro also addresses key risk factors that so frequently affect memory, including vascular problems that block or reduce blood flow to the brain potentially decreasing essential brain nutrients and neurons. For the following health goals: Anti-Aging Mood & Cognitive

Product Name: Multi-Mushroom Full Spectrum

Description: Helps support and stimulate the immune system
Source of antioxidants
A blend of 7 medicinal mushrooms
Fruiting body extract and cultured mycelium
100% organically sourced
Since ancient times, many cultures have relied on medicinal mushrooms for treating, healing, and improving the symptoms of countless illnesses and ailments. Medicinal mushroom supplements are

more popular than ever as we continue to learn of all their amazing benefits. To understand how we get these benefits, let's learn how medicinal mushrooms are sourced: The fruiting body refers to the reproductive part of the fungus and is often characterized by its stalk and cap. This part of the mushroom can be used to create potent extracts using hot water and/or alcohol. The mycelium consists of a mass of branching filaments like the root system or web, often growing in soil or organic matter. To get all the nutrients, the mycelium is grown, dried and milled into a fine powder. Combining the mycelium and fruiting body extract ensures you get a highly potent dose of powerhouse antioxidants, filled with all the beneficial compounds to support your health goals. That way you get the full spectrum of benefits each mushroom has to offer. CanPrev's Multi-Mushroom Full Spectrum is formulated with a unique blend of 7 medicinal mushrooms: Chaga is rich in antioxidants needed to stimulate the immune system as well as proteins called cytokines that positively impact the body by supporting white blood cell production. Chaga also has natural anti-inflammatory powers which can help support the body against diseases that often occur due to long-term inflammation in the body. Cordyceps has adaptogenic properties that help our bodies cope with emotional and physical stressors. Cordyceps is widely known to support exercise performance and energy production. In traditional Chinese Medicine, cordyceps is used in times of "low chi" (life force energy) to raise energy levels. It's also a good source of antioxidants and boasts immune-modulating properties. Lion's Mane is traditionally used to strengthen the immune system and support cognition and brain health. Its impact on brain health can specifically be tied to its ability to boost the production of nerve growth and myelin, an insulating layer that coats the nerves. Maitake contains compounds that benefit the immune system by protecting against cellular deformities and it supports blood sugar regulation. Reishi is often associated with mood and stress because it has adaptogenic properties that help quell fatigue along with physical and mental stress. Shiitake is widely known for its heart health benefits as it is a potent source of phytonutrients that support healthy blood pressure and circulation. Turkey Tail is the powerhouse of immune health support because it contains a specific compound called polysaccharide-K that stimulates the immune system. Thanks to its healing properties, it's often used as a natural treatment for those

living with chronic illness. Multi-Mushroom Full Spectrum is ideal for anyone who's looking to support their immune health while also boosting their antioxidant intake. This formula is made with organic mushrooms sourced from both the mycelia and fruiting body. This means you get the full spectrum of medicinal compounds, for a full spectrum of benefits. For the following health goals: Immune Health

Product Name: MuscleRescue - Fruit Punch

Description: Optimized essential amino acid (EAA) formula powered by Reginator®. Features the most efficient ratio of EAAs plus L-arginine needed for protein synthesis and muscle regeneration. Helps promote muscle growth and function at a low dose of amino acids. Mix 1 scoop in 1-2 cups of water. Fruit Punch flavour. 30 servings. CanPrev's MuscleRescue is an optimized formula powered by Reginator®, a proprietary blend featuring the most efficient ratio of essential amino acids (EAAs) needed for protein synthesis and muscle regeneration. In order to repair and build new muscle, we need sufficient complete proteins. Complete proteins are foods that contain all 9 EAAs – histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan, and valine. The body breaks down the complete proteins we consume into amino acids, which help build new muscle, repair muscle tissue, and support metabolism. Studies show roughly 1 scoop of MuscleRescue proves more effective in percentage increase for protein synthesis than whey protein. How? This scientifically proven precision blend leverages low-dose ratios of all nine EAAs plus arginine to provide the most effective outcome for muscle health. Besides improving muscle protein synthesis, researchers discovered its impact on preserving muscle function and strength after observing astronauts at NASA on deep space missions in zero-G environments. Whether you're looking to enhance your post-workout regime, gear up on a long-distance adventure, or preserve muscle strength during sedentary periods — choose MuscleRescue. The ultimate muscle-building formula. Click here to learn more about the science behind MuscleRescue. Also available in 162 Grams-Pineapple Punch. For the following health goals: Active Lifestyle, Anti-Aging, Weight Management.

Product Name: MuscleRescue - Pineapple Punch

Description: Optimized essential amino acid (EAA) formula powered by Reginator®Features the most efficient ratio of EAAs plus L-arginine needed for protein synthesis and muscle regenerationHelps promote muscle growth and function at a low dose of amino acidsMix 1 scoop in 1-2 cups of waterPineapple Punch flavour30 servingsCanPrev's MuscleRescue is an optimized formula powered by Reginator®, a proprietary blend featuring the most efficient ratio of essential amino acids (EAAs) needed for protein synthesis and muscle regeneration. In order to repair and build new muscle, we need sufficient complete proteins. Complete proteins are foods that contain all 9 EAAs – histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, tryptophan, and valine. The body breaks down the complete proteins we consume into amino acids, which help build new muscle, repair muscle tissue and support metabolism. Studies show roughly 1 scoop of MuscleRescue proves more effective in percentage increase for protein synthesis than whey protein. How? This scientifically proven precision blend leverages low-dose ratios of all nine EAAs plus arginine to provide the most effective outcome for muscle health. Besides improving muscle protein synthesis, researchers discovered its impact on preserving muscle function and strength after observing astronauts at NASA on deep space missions in zero-G environments. Whether you're looking to enhance your post-workout regimen, gear up on a long-distance adventure, or preserve muscle strength during sedentary periods — choose MuscleRescue. The ultimate muscle-building formula. Click here to learn more about the science behind MuscleRescue Also available in 196 Grams-Fruit Punch For the following health goals: Active Lifestyle Anti-Aging Weight Management

Product Name: Myco10 Immunomodulating Mushroom Complex

Description: 100% plant-based, certified organic, natural & GMO-free Made with certified organic, solvent-free and sustainably grown medicinal mushrooms Enjoy daily with your morning coffee, in your post-workout smoothie or simply mixed with water 100 servings per bottle Myco10 packs a potent punch with 7 immunomodulating mushrooms and 3 whole food antioxidants in a functional prebiotic base. Stir up your morning routine and stir in some Myco10. You might find it to be your

cup of tea. Or coffee. Or smoothie. Chronic stress takes a toll on your immune system – don't get run down. Myco10 is a source of antioxidants and immunomodulating polysaccharides that help protect cells against oxidative damage caused by free radicals. It supplies 7 unique medicinal mushrooms rich in immunomodulating beta glucans. These compounds can mount a robust defence against pathogens. Mushrooms are also scientifically recognized for their ability to nourish the body, soothe sleep and adaptogenically balance stress. This rich, robust blend is rounded out with 3 whole food antioxidants from acai, acerola and goji, and completed with a functional prebiotic base. For the following health goals: Immune Health

Product Name: Myo-Inositol

Description: Mild sweet taste that mixes well with water Supports mood balance by modulating neurotransmitter receptor sensitivity Promotes healthy glucose metabolism Promotes ovulatory function, improves oocyte quality and menstrual regularity in those with Polycystic Ovarian Syndrome (PCOS) Studied clinically for use in eating disorders, mood imbalance and PCOS Closely related to the B-vitamin family CanPrev Myo-Inositol powder provides support for several bodily processes. Mood balance and brain function: Found in abundance in the brain, inositol is involved in neuronal signaling and the healthy regulation of several hormones and neurotransmitters. At 3 scoops, inositol helps to reduce feelings of low mood. It has been studied in anxiety, OCD, and eating disorders related to bingeing. Healthy glucose metabolism and hormone regulation: Inositol helps with the management of hormonal and metabolic conditions by promoting healthy glucose metabolism. In addition, it helps promote menstrual regularity, ovulatory function and improves oocyte quality in those with PCOS. Cardiovascular support: Inositol functions closely with choline in maintaining the health of cell membranes. It has lipotropic effects, which assists in the metabolism of fats, preventing lipid deposits in the cardiovascular system. No fillers, no binders. Just what you have come to expect from CanPrev. Available in 500 grams (125 servings). For the following health goals: Blood Sugar Support Weight Management

Product Name: NAC+ N-Acetyl-L-Cysteine

Description: For cellular protection against free radical damage 600 mg of N-Acetyl-L-Cysteine Plus L-Glycine and selenium for added cellular support NAC+ was designed for superior defence against oxidative stress from over-exercise, pollutants and respiratory conditions. It features 600mg of N-Acetyl-L-Cysteine (NAC) with L-Glycine and selenium for enhanced cell protection against free radicals. NAC has mucolytic properties that help to relieve symptoms of chronic bronchitis caused by oxidative stress. Taking NAC may improve phlegm consistency in people with chronic obstructive pulmonary disease (COPD) and help to decrease flare-ups. Studies suggest that NAC may have a positive effect on reducing homocysteine levels in cases where high plasma homocysteine levels are present. Both N-Acetyl-L-Cysteine and L-Glycine are precursors to glutathione (GSH) – our critical intracellular antioxidant for the liver and brain. GSH scavenges free radicals, reducing inflammation and protecting cell mitochondria. When combined with the powerhouse mineral selenium, Vitamin E levels and glutathione peroxidase levels are further enhanced for cellular health and protection. Whether you're an athlete exposed to high levels of free radicals, fighting off a lingering respiratory condition or looking to boost your body's detoxification abilities, NAC+ offers a superior support system for cellular protection. For the following health goals: Respiratory Support

Product Name: Nattokinase

Description: Helps support cardiovascular health 100mg high potency NSK-SD® per capsule Formulated with ingredients backed by 55 clinical studies Natto is a traditional Japanese dish made by fermenting soybeans with a strain of bacteria called *Bacillus subtilis*. During this fermentation process, an enzyme called nattokinase is produced, and this nutrient has numerous benefits for cardiovascular health. In fact, consumption of natto has been connected to the Japanese population's longer lifespans and lower chronic disease rate. Studies on individuals with high natto consumption showed that they suffered from less heart troubles. CanPrev's Nattokinase is formulated with NSK-SD®, a proprietary form of nattokinase with the highest potency available, and is backed by over 55 clinical studies. These studies tested its efficacy for cardiovascular support,

improving blood flow, and decreasing inflammation. If you're looking for preventative cardiovascular care, one capsule per day of CanPrev's Nattokinase can help keep your heart strong and healthy. For the following health goals: Anti-Aging Anti-Inflammatory Cardiovascular Health

Product Name: Olive Leaf Extract

Description: A rich source of antioxidants Helps support healthy immune function Beneficial for maintaining healthy skin Featuring 12% oleuropein, plus 250mg whole olive leaf By now, you may have heard of antioxidants and their ability to improve our health. But what are they and what do they do for the body? Well, their primary function is to neutralize free radicals, protecting the body from oxidative damage. But let's back up. Atoms are the basic building blocks of all matter. They are made up of three types of particles: protons (containing a positive charge), neutrons (neutral), and electrons (containing a negative charge). Protons and neutrons form the atom's nucleus, while electrons orbit around it. In order for the atom to remain stable, these electrons need to exist in pairs. When an atom has an odd number of electrons in its outer shell, that leaves an electron unpaired making it unstable and reactive. Free radicals are unstable atoms or molecules that are missing an electron in their outer shell, and in order to maintain an even number of electrons, they will steal an electron from another molecule. When this happens, the molecule it stole from becomes oxidized and starts a chain reaction of electron stealing. That's where antioxidants come in. Antioxidants are stable enough molecules that they can donate electrons to free radicals, helping to neutralize them and their capacity to cause damage. Free radicals are produced as a natural byproduct of many chemical processes in the body. Simply taking a breath will produce free radicals and in a controlled amount, they're needed for these chemical processes to continue. But factors like smoking, alcohol, poor diet, and exposure to pollution can accelerate free radical production. When free radicals outnumber antioxidants in the body, it can lead to a state called oxidative stress, often resulting in cell damage that can trigger chronic inflammation, impacting the immune system and accelerating the aging process. Traditionally known as part of the Mediterranean diet, olive leaf is a potent source of oleuropein, a powerful antioxidant that is known to contribute to improved skin

health and strengthened immune function. With 12% oleuropein and 250mg of whole olive leaf, CanPrev's Olive Leaf Extract formula offers potent antioxidant support for healthy skin, improved immune function, and overall good health. For the following health goals: General Health Immune Health Skin Health

Product Name: Omega Twist - Peachy Mango

Description: Top off your daily smoothie or snack with Omega-Twist to boost daily nutrition. Combines highly concentrated EPA & DHA omega-3s plus vitamin D3 (333IU) in each serving. Omega-3s help support cognitive, cardiovascular, and joint health. Sustainably sourced from small, wild-caught fish. Fish oils in their native triglyceride form. Suitable for ages 1 and up! Omega Twist is a mouthwatering way to get your daily dose of omega-3 fats. Don't let the mega tasty flavour fool you – they are chock full of highly concentrated omega EPA and DHA plus vitamin D3 and E for easy absorption. In their native triglyceride form, our fish oils are sustainably sourced from small, wild-caught fish. Omega-3 fatty acids are essential for our body and brain. In fact, every cell in your body requires omega-3 fats to maintain good health. Enjoy CanPrev's Omega Twist Peachy Mango fish oil any way you'd like. Give your smoothie an upgrade, top off your dessert with a decorative drizzle, freeze it into a tasty treat alongside your favourite ingredients or squeeze it onto a spoon to boost your daily nutrition. Top it, swirl it, twirl it. Enjoy this fun twist to taking your omegas. Also available in 225 ml-Tangerine Tang. For the following health goals: Anti-Aging Anti-Inflammatory Mood & Cognitive

Product Name: Omega Twist - Tangerine Tang

Description: Top off your daily smoothie or snack with Omega-Twist to boost daily nutrition. Combines highly concentrated EPA & DHA omega-3s plus vitamin D3 (400IU) in each serving. Omega-3s help support cognitive, cardiovascular, and joint health. Sustainably sourced from small, wild-caught fish. Fish oils in their native triglyceride form. Suitable for ages 1 and up! Omega Twist is a mouthwatering way to get your daily dose of omega-3 fats. Don't let the mega tasty flavour fool you

– they are chock full of highly concentrated omega EPA and DHA plus vitamin D3 and E for easy absorption. In their native triglyceride form, our fish oils are sustainably sourced from small, wild-caught fish. Omega-3 fatty acids are essential for our body and brain. In fact, every cell in your body requires omega-3 fats to maintain good health. Enjoy CanPrev's Omega Twist Tangerine Tang fish oil any way you'd like. Give your smoothie an upgrade, top off your dessert with a decorative drizzle, freeze it into a tasty treat alongside your favourite ingredients or squeeze it onto a spoon to boost your daily nutrition. Top it, swirl it, twirl it. Enjoy this fun twist to taking your omegas. Also available in 225 ml - Peachy Mango. For the following health goals: Anti-Aging, Anti-Inflammatory, Mood & Cognitive

Product Name: Omega-Pro Balance 1:1

Description: 4382mg of wild deep-sea fish oil, 2650mg of EPA + DHA combined. Omega-3 fatty acids in their native triglyceride form. Delicious goji lemon flavour with no aftertaste. When it comes to good fats, the health benefits of omega-3 essential fatty acids are outstanding. There are 2 major types of omega-3 fatty acids – EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). Extensive research suggests that EPA and DHA reduce inflammation and help prevent certain chronic diseases. In addition, EPA and DHA are highly concentrated in the brain and appear to be particularly important for cognitive and behavioural function. In fact, infants who do not get enough omega-3 fatty acids from their mothers during pregnancy are at risk of developing vision and nerve defects. CanPrev's Omega-Pro Balance 1:1 fish oil formula is uniquely crafted in its native triglyceride form and is a proportional concentrated ratio of EPA and DHA omega-3 fatty acids that are essential for cellular well-being. That's right! Every single cell in your body requires these fatty acids for maintaining good health. A blend of natural preserving antioxidants is used to maintain peak optimal freshness: vitamin C, GMO-free mixed tocopherols, rosemary leaf, and green tea extract. Sustainably sourced from small, wild-caught, deep sea fish, and IFOS certified, which guarantees the highest quality and purity standards for fish oils in the world. *The Certification Mark is a registered trademark of Nutrasource Diagnostics Inc. The best part? No fishy taste. With a goji

lemon, fruit-fusion taste so delicious, you'll never want to miss your daily dose of omega-3s. For the following health goals: Anti-Aging Anti-Inflammatory Mood & Cognitive

Product Name: Omega-Pro Essential HP 40/20

Description: Pure omega-3 fish oil 400/200mg EPA/DHA ratio Molecularly distilled Derived from small wild fish (sardine, anchovy, mackerel) With added vitamin E for freshness When it comes to good fats, nothing can beat the health benefits of omega-3 essential fatty acids found in fish oil. Your body doesn't make essential fatty acids on its own so they must be obtained through food or supplement sources. Fish oil contains two kinds of omega-3 fatty acids – docosahexaenoic acid (DHA), essential for life-long cognitive function and eicosapentaenoic acid (EPA), a mood regulator and essential for heart health that are found in the fatty tissues of cold water oily fish. Some nuts, seeds and vegetables oils contain alpha-linolenic acid which the body converts into DHA and EPA. Your body needs a balanced amount of both omega-3 and omega-6 fatty acids for maintaining good health, brain function, growth and development. However, a typical North American diet high in fried foods, cookies, crackers and other snack foods contains elevated amounts of omega-6 fatty acids. This creates an imbalance, leaving the door open to inflammation. Making sure you are taking adequate amounts of omega-3 daily, like the kind found in CanPrev's Omega-Pro™ Essential, helps maintain a healthy balance of omega-3 and omega-6 fatty acids in the body. CanPrev uses molecularly distilled fish oils derived from small, wild, deep sea fish from South America with added vitamin E to retain freshness. Omega-Pro™ Essential formulas go through rigorous testing by an independent laboratory for 14 separate, stringent quality tests. Omega-Pro™ Essential 40/20 provides a higher potency of 400 mg of EPA and 200 mg of DHA. Add CanPrev's Omega-Pro™ Essential to your daily health maintenance plan. For the following health goals: Anti-Aging Anti-Inflammatory Mood & Cognitive

Product Name: Omega-Pro High DHA

Description: 4382mg of wild deep sea fish oil 2100mg of DHA Omega-3 fatty acids in their native

triglyceride form
Delicious goji lemon flavour with no aftertaste
When it comes to good fats, the health benefits of omega-3 essential fatty acids are outstanding. Fish oil contains two kinds of omega-3 fatty acids – EPA and DHA. Though both are important, DHA (docosahexaenoic acid) is essential for life-long cognitive function. DHA deficiencies have been linked to cognitive decline. CanPrev's Omega-Pro High DHA is uniquely crafted in its native triglyceride form and contains a highly concentrated ratio of DHA needed for supporting neurological health. DHA makes up the majority of omega-3 fatty acids found in our brains and eyes. A blend of natural preserving antioxidants is used for peak optimal freshness: vitamin C, GMO-free mixed tocopherols, rosemary leaf, and green tea extract. Sustainably sourced from small, wild-caught, deep sea fish, and IFOS certified, which guarantees the highest quality and purity standards for fish oils in the world.*The Certification Mark is a registered trademark of Nutrasource Diagnostics Inc. The best part? No fishy taste. With a goji lemon, fruit-fusion flavour so delicious, you'll never want to miss your daily dose of DHA fish oil. For the following health goals: Anti-Aging, Anti-Inflammatory, Mood & Cognitive

Product Name: Omega-Pro High EPA

Description: 4382mg of wild deep-sea fish oil, 2200mg of EPA
Helps support mood and is essential for cardiovascular health
Native triglyceride form
Delicious goji lemon taste
When it comes to good fats, the health benefits of omega-3 essential fatty acids are outstanding. Fish oil contains two main kinds of omega-3 fatty acids – EPA and DHA. Though both are important, a healthy supply of EPA (eicosapentaenoic acid) acts as a mood regulator and is essential for cardiovascular health. CanPrev's Omega-Pro High EPA fish oil formula is uniquely crafted in its native triglyceride form and contains a highly concentrated ratio of EPA. Research suggests that EPA plays a role in healthy metabolic, cardiovascular, and inflammatory responses. A blend of natural preserving antioxidants is used to maintain peak optimal freshness: vitamin C, GMO-free mixed tocopherols, rosemary leaf, and green tea extract. The best part? No fishy taste. With a goji lemon, fruit-fusion flavour so delicious, you'll never want to miss your daily dose of EPA fish oil. Sustainably sourced from small, wild-caught, deep sea fish, and IFOS certified, which guarantees the highest quality and

purity standards for fish oils in the world.*The Certification Mark is a registered trademark of Nutrasource Diagnostics Inc. For the following health goals: Cardiovascular Health Energy General Health Mood & Cognitive Vision Support

Product Name: Oregano Oil

Description: Steam-distilled, wildcrafted oregano oil from the Mediterranean mountains Oil of oregano provides 75% naturally occurring carvacrol A bottle of oil of oregano is a must have when it comes to stocking your natural medicine cabinet. It's one of the most versatile supplements around. Oil of oregano's properties fight harmful organisms that lead to infection, help with digestion, guard against aging, strengthen the immune system and ease allergic symptoms and environmental sensitivities. Carvacrol is the key component in oregano oil that is responsible for its pleasant taste and potent antimicrobial and antioxidant properties. CanPrev's Oil of Oregano contains a minimum of 75% naturally occurring carvacrol. It's suspended in a medium chain triglyceride base made from coconut and palm oils which do not oxidize from light or heat exposure like olive oil can. CanPrev's Oil of Oregano is wildcrafted from uncultivated land in the Mediterranean mountains. It undergoes a steam distillation process used to separate temperature sensitive, natural aromatic materials. It is the preferred method for extracting most essential oils as it preserves their medicinal components. For the following health goals: Immune Health

Product Name: Osteo Prolong

Description: Optimizes calcium absorption and utilization Contains a balanced ratio of elemental calcium and magnesium Magnesium bis-glycinate is easy and gentle on the bowels With added vitamin D3, vitamin K1, boron and zin Believe it or not, your bones are alive. They are constantly remodelling, like you do with your house when rooms start looking worn or dated. You take the old kitchen or bathroom fixtures out and put all new ones in. Your bones do the same. They actively dissolve and then replace minerals to keep your skeleton strong and stable. Normally your body has no problem keeping up with this continuous give and take, but when you have osteoporosis, you

lose bone faster than you can replace it. Bones become more porous and brittle and can shatter simply from a fall, bumping into furniture, or even picking up a heavy grocery bag. So you think, no problem, I'll just find a good quality calcium supplement and that should cover me. But it's a common misconception that calcium alone goes straight to the bones to make them stronger. You also need the support of minerals like magnesium, boron and zinc, and vitamins like K1 and D3 to make sure bone-building calcium goes where it needs to. These are all conveniently found in CanPrev's Osteo Prolong™. Extensively researched and specially formulated by CanPrev's team of naturopathic doctors, Osteo Prolong™ has all the ingredients that work together and help reduce the risk of developing osteoporosis. And not only that, Osteo Prolong™ promotes bone health, helps to maintain your muscles, tissues, teeth and glowing skin as well. Foil the osteoporosis thief before it can sneak up on you. Stay ahead with Osteo Prolong™. For the following health goals: Anti-Aging Bone & Joint Health

Product Name: Pain-Pro Formula

Description: All herbal anti-inflammatory Reduces pain due to inflammation For joint and muscle pain Reduces swelling to help speed recovery Contains antioxidants for the maintenance of good health There are countless reasons why we feel pain. It's an effective way our bodies alert us to injury or illness and ask us to remedy it. Our nerves act as messengers, sending repeated signals to the brain which lets us feel the intensity. Chronic inflammation and joint pain can be particularly acute and disabling. Types of arthritis, tendinitis and conditions like fibromyalgia are just a few diseases that can bring on intense pain, causing sufferers to seek effective relief. If you're looking for a safe, natural way to treat joint and inflammation discomfort, consider Pain-Pro™. Pain-Pro™ Formula contains a natural blend of food enzymes and herbs that have been used for centuries as safe alternatives and natural substitutes for conventional drug painkillers. Natural anti-inflammatory herbs like curcumin, boswellia and ginger along with parts of the stinging nettle plant are natural diuretics, which have been traditionally used in herbal medicine to commonly relieve swelling and rheumatic complaints. Pain-Pro™ is ideal for those who want to reduce sporadic or chronic pain

while avoiding COX-2 drugs (non-steroidal anti-inflammatory) and their potential side effects. It combines an array of herbs and antioxidants that help relieve pain and inflammation in the body, particularly in the joints. For the following health goals: Anti-Aging Anti-Inflammatory Pain Relief

Product Name: PCOS-Pro Ultra Relief

Description: Provides relief from symptoms of PCOS Helps normalize menstrual cycle irregularities Promotes healthy ovulation Supports healthy oocyte (egg) quality With 600mg D-chiro-inositol Polycystic ovarian syndrome (PCOS) is a condition that occurs when the ovaries produce too much androgen, a hormone necessary for estrogen synthesis. The symptoms of PCOS can vary – unwanted facial hair, acne, unpredictable cycles, fluctuating weight and inflammation are all common markers of this condition. PCOS-Pro Ultra Relief offers support in the form of D-chiro-inositol, which is proven to be effective for managing and helping relieve symptoms of PCOS. It does this by normalizing menstrual irregularities, promoting glucose metabolism, restoring quality oocytes, supporting healthy cholesterol levels and more. Inositols are a type of sugar produced naturally in the body. The two inositols that have the most significant impact on PCOS are myo-inositol and D-chiro-inositol. Under healthy circumstances, myo-inositol is converted to D-chiro-inositol in the body to assist with glucose metabolism. However, the mechanism of action behind this conversion is hindered under conditions of insulin resistance, a common root cause of PCOS. Insulin resistance occurs when cells in the body become unresponsive to insulin and as a result, cannot use glucose from the bloodstream for energy production. This causes the pancreas to pump out more insulin, which causes blood sugar levels to rise over time. High levels of insulin in the body have been linked to androgen production, which can eventually lead to PCOS. For the following health goals: Blood Sugar Support Fertility

Product Name: Post-Biotik Immunobiotics

Description: Improves the immune response Provides nourishment for your good bacteria Helps prevent cold-like symptoms How do postbiotics work? The immune system relies on the compounds

produced by friendly bacteria in the microbiome to regulate the immune response. Postbiotics contain these same bioactive compounds to help activate the immune response, even if our microbiome function is disrupted. Like a prebiotic, a postbiotic feeds your friendly bacteria. Unlike a prebiotic, whose fibres need to be broken down before being consumed, postbiotics have pre-converted nutrients (like butyric acids and other short-chain fatty acids) that are ready-to-use energy sources for your gut bacteria. Conversation in the gut Your gut bacteria lead complex social lives. Known as quorum sensing, strains talk using signal proteins, which help them coordinate beneficial activity, like preventing bad bacteria from colonizing your gut. Taking postbiotics provides extra signal proteins that support your gut bacteria's ability to work together effectively. CanPrev's Post-Biotik, made from heat-killed *Lactobacillus* strains, contains a natural blend of enzymes, metabolites, and other bioactive compounds that support the immune response. For the following health goals: Digestive Health General Health Immune Health

Product Name: Prenatal Multi

Description: Full spectrum of 24 vitamins and minerals Therapeutic doses to target the nutritional needs of pregnancy and prenatal development 1mg of 5-methyltetrahydrofolate (5-MTHF), the active form of folate Take two (2) capsules, two (2) times per day with food 45mg of easy to absorb, iron in total daily dose 100IU of vitamin D3 per capsule There's a lot to consider when you're planning a pregnancy and your increased nutritional needs is an important detail you won't want to miss. Before you even conceive, your naturopathic or family doctor will likely recommend taking a good quality prenatal multivitamin like CanPrev's Prenatal Multi. Prenatal multivitamins are different from regular multivitamins. They're specifically formulated to prepare your body for pregnancy to support the developing nutritional needs of you and your fetus. They contain more folic acid to help prevent spina bifida (a condition impacting the spine) and anencephaly (a brain and skull defect) that can happen early in pregnancy when the neural tube and spine don't fuse properly. Prenatal vitamins typically also contain more iron than standard multivitamins. Iron supports fetal growth and development and helps prevent anemia, a condition where the blood lacks enough healthy red

blood cells. Some research also suggests that prenatal vitamins reduce the risk of low birth weight. CanPrev's Prenatal Multi is specially formulated with nutrients critical for those who are pregnant and nursing. It provides 24 vitamins and minerals, including folic acid, calcium, magnesium, and a gentle form of iron to support the developing nutritional needs of both mother and fetus. Prenatal Multi helps to reduce the risk of neural tube defects when taken daily, prior to and during early pregnancy and aids in the development of tissues, red blood cells, and bones. For the following health goals: Fertility Prenatal & Postnatal

Product Name: Prime Cycle (formerly Prime Fertility)

Description: A natural way to prime your ovulation phase. Improves oocyte quality & ovulatory function. With 5-MTHF, inositol, choline, CoQ10 & antioxidants. Ovulation is characterized as the process of a mature egg being released from the ovary. This egg can then be fertilized by a sperm to initiate pregnancy. But, did you know that the quality of egg you'll ovulate in 90 days is affected by what you're doing today? Your behaviour, environment, and overall health have an impact on ovulation and egg quality. And when it comes to fertility, egg quality is at the heart of success. While we can't control how many eggs we're born with, we can influence their quality through a healthy lifestyle and supportive nutrients to maximize fertility and improve our chances of conception. CanPrev's Prime Cycle formula includes a therapeutic dose of myo-inositol to help support insulin sensitivity, a common factor behind PCOS which can impact fertility, while encouraging better egg quality and ovulation. Essential antioxidants like coenzyme Q10, pyrroloquinoline quinone and N-acetyl cysteine are added to help support cellular health and reduce oxidative damage. And chastetree extract to help balance hormones, active folate and choline for neural health and cellular development. Whether you're looking to support your reproductive health, balance hormones, your cycle, or prime for pregnancy, Prime Cycle formula is here to help. For the following health goals: Fertility Prenatal & Postnatal

Product Name: Prime Virility Fertility & Testosterone

Description: Promotes healthy testosterone production Promotes resistance to stress Promotes healthy sperm motility Everyone experiences free radicals in the body as a result of things like exercise and inflammation. But when free radicals outnumber antioxidants in the body, it can lead to oxidative stress. This imbalance can be a result of certain environmental and lifestyle factors including pollution, radiation, cigarette smoke, certain cleaners or pesticides, and a diet high in fat, sugar, and alcohol. Oxidative stress can go on to contribute to male infertility during the reproductive years. However, research suggests that certain key nutrients play a vital role in improving sperm count, quality, and overall motility. Prime Virility is an advanced formula designed to promote healthy sperm motility and testosterone production, improve resistance to stress, and boost energy. Formulated with ashwagandha and saffron, these unique stress-supporting herbs have shown a profound effect on testosterone levels. Plus, amino acid acetyl-L-carnitine and fat-soluble CoQ10 to aid mitochondrial function and support cellular health. With essential nutrients zinc, selenium, and vitamin D3 for added support. Beyond sperm motility But what if fertility isn't a concern? Increasing testosterone supports sperm motility for healthy fertility, but it can also help provide more energy and resistance to stress. A healthy sperm count, and by extension healthy testosterone levels, can help contribute to healthy body fat percentage, blood pressure levels, and metabolic or cardiovascular function. For the following health goals: Fertility

Product Name: Pro-Biotik - Infant Drops

Description: Clinically proven Lactobacillus & Bifidobacterium live cultures for colic relief Vital for infant immune health, and the development of bones & teeth 2 billion CFU + 400IU of vitamin D3 Reduces colic crying Easily administered off the mother's breast, spoon-fed, or dropped directly on the tongue Shelf-stable The early days of babyhood are a time of discovery, as infants adjust to their new environment and parents get used to the whims of their newest family member. Crying is a form of communication for infants, but it's also the number one cause of pediatric visits in the first 3 months of life. The exact cause of colic, defined as long periods of crying without an obvious cause, is generally unknown. However, research suggests that the discomfort and irritability associated with

this condition is often grounded in an upset stomach.CanPrev's Pro-Biotik™ Infant Drops are formulated with select strains to support gastrointestinal and immune health, and help reduce crying caused by colic in breastfed infants. With 400IU of vitamin D3 for building strong bones and teeth.Available in 10mlFor the following health goals:Allergy ReliefDigestive Health

Product Name: Pro-Biotik + A, C & D3 - Chewable

Description: Clinically proven Lactobacillus & Bifidobacterium live cultures for digestive healthVital for immune health, and the development of bones & teethShelf stable, convenient blister packs for travel5 Billion CFU with vitamins A, C & D3Helps restore gut floraChewable, berry fruit flavourA probiotic for the whole crew – suitable for ages 3+The gastrointestinal tract has the important job of carrying food from the mouth to the stomach, absorbing its nutrients, and carrying waste out of the body. However, the gut impacts many aspects of health beyond digestion. Research shows that gut health is linked to the immune system, nervous system, hormones, skin health, and even more.The gut microbiome refers to the network of bacteria found in the GI tract. There are both “good” and “bad” bacteria in this system, but as long as there is a healthy balance between them, the gut remains healthy. However, things like diet, lifestyle, medications, antibiotics, and viruses picked up during travel can upset the balance of healthy bacteria.When this happens, the healthy bacteria is overrun, allowing the harmful bacteria to take over. This can result in digestive upset first and foremost, but can eventually lead to symptoms like inflammation, allergies, mental health issues, and chronic illnesses.CanPrev's Pro-Biotik™ Chewable is a shelf-stable, one-a-day probiotic formulated with bifidobacterium and lactobacillus strains to protect your gut microbiome, support the immune system and ultimately help reduce the duration of cold and flu symptoms. With this convenient, travel-friendly blister pack, there's no refrigeration required. Our probiotics are formulated for maximum potency, allowing them to maintain reliable shelf stability.Available in 30 chewable tabletsFor the following health goals:Digestive Health

Product Name: Pro-Biotik 15B

Description: Helps restore natural gut flora Shelf stable with a minimum 15 Billion CFU 5 critical, balanced, therapeutic species Contains bacteria naturally found in the human GI tract Did you know that 70 to 80 percent of your immunity resides within your gut? The idea of ingesting live bacteria to keep you healthy might seem a bit hard to swallow, but studies show that probiotics can help resolve the uncomfortable effects of bowel and intestinal upset and keep our gastrointestinal tract healthy. Our digestive tract contains millions of beneficial bacteria to help with digestion and protect us from invaders. If the bacteria population becomes depleted, there will not be enough friendly bacteria on the job to keep you healthy – leading to issues like pain, cramping and diarrhoea. Approximately 100 trillion microorganisms made up of more than 500 species already live in a normal, healthy colon. There is “good” bacteria as well as “bad”, but in order for them to work together, they need to be balanced. Lifestyle choices can throw the balance off – a poor diet, stress, lack of sleep, overuse of antibiotics – all can tip the scales and let bad bacteria take over. Good bacteria patrol the gut (gastrointestinal tract) and keep harmful microorganisms in line by helping with food digestion and nutrient absorption. They also play a role in maintaining a healthy immune system and synthesize vitamins and minerals. Probiotics are beneficial bacteria, or live microorganisms, that work by colonizing the small and large intestines and inhibit the growth and activity of harmful organisms. They have been found to stimulate the immune system and enhance the absorption of certain nutrients. Research shows that certain strains can be helpful for restoring a healthy gut flora after the use of antibiotics and in cases of diarrhoea. CanPrev's Pro-Biotik™ 15B is a shelf-stable probiotic capsule formula containing five critical probiotic species naturally found in the human intestinal tract, including bifidobacteria and lactobacilli. Each species is represented at optimal levels to enhance the natural gut flora and provide a health benefit. Pro-Biotik™ 15B is completely shelf stable for ease of use anytime, anywhere – no refrigeration is required. At the time of manufacture, CanPrev's Pro-Biotik™ 15B contains forty billion CFU's (colony forming units – a measure of friendly bacteria activity). By the time it reaches its expiry date it is still guaranteed to have an activity level of 15 billion CFU's – now that's impressive! Keep a bottle of Probiotik™ 15B in your bag, knowing with confidence that you have a probiotic that works for you, wherever life takes you. For the following

health goals:Allergy ReliefDigestive Health

Product Name: Pro-Biotik 50B Extra Strength

Description: An extra strength formula for restoring the gut after gastrointestinal disturbances or antibiotic useConvenient blister packs for ease of use – anytime, anywhere50 billion CFU, 14 critical strainsShelf-stable, one-a-dayWith 20mg vitamin CRestores gut floraOur gut flora is home to many different species of bacteria, which can be both beneficial and harmful to our health. The key is to maintain a balance of good bacteria, so that our beneficial microbes can carry out their duty of repelling pathogens, viruses, and damage-causing microbes. When this balance is upset, the good bacteria can become outnumbered, and are unable to fulfill their job of fighting bad bacteria. This can lead to symptoms of digestive upset, inflammation, and infection.Although antibiotics are sometimes required to fight off harmful and advanced infections, they can also wipe out the good bacteria in your gut. This often results in digestive upset, yeast overgrowth, and inflammation. Supplementing with probiotics during and after antibiotic use can help bolster that good bacteria, restoring balance to your gut microbiome.CanPrev's Pro-Biotik 50B Extra Strength is a convenient, shelf stable, one-a-day probiotic with 14 clinical strains. Each strain has been specifically selected to enhance the gut microbiome by restoring favourable bacteria for better digestive health after gastrointestinal upset or antibiotic use. Keep a box of Pro-Biotik 50B in your bag and know with confidence that your probiotics can keep up, wherever life takes you.Available in 60 and 30 vegetable capsulesAlso available in60 Vegetable CapsulesFor the following health goals:Allergy ReliefDigestive Health

Product Name: Pro-Biotik 50B Extra Strength

Description: An extra strength formula for restoring the gut after gastrointestinal disturbances or antibiotic useConvenient blister packs for ease of use – anytime, anywhere50 billion CFU, 14 critical strainsShelf-stable, one-a-dayWith 20mg vitamin CRestores gut floraOur gut flora is home to many different species of bacteria, which can be both beneficial and harmful to our health. The key is to

maintain a balance of good bacteria, so that our beneficial microbes can carry out their duty of repelling pathogens, viruses, and damage-causing microbes. When this balance is upset, the good bacteria can become outnumbered, and are unable to fulfill their job of fighting bad bacteria. This can lead to symptoms of digestive upset, inflammation, and infection. Although antibiotics are sometimes required to fight off harmful and advanced infections, they can also wipe out the good bacteria in your gut. This often results in digestive upset, yeast overgrowth, and inflammation. Supplementing with probiotics during and after antibiotic use can help bolster that good bacteria, restoring balance to your gut microbiome. CanPrev's Pro-Biotik 50B Extra Strength is a convenient, shelf stable, one-a-day probiotic with 14 clinical strains. Each strain has been specifically selected to enhance the gut microbiome by restoring favourable bacteria for better digestive health after gastrointestinal upset or antibiotic use. Keep a box of Pro-Biotik 50B in your bag and know with confidence that your probiotics can keep up, wherever life takes you. Available in 60 and 30 vegetable capsules. Also available in 30 Vegetable Capsules. For the following health goals: Allergy Relief, Digestive Health.

Product Name: Pro-Biotik Bowel Transit

Description: A select strain of Bifidobacterium that promotes bowel movement regularity. Healthy bowel transit time not only reduces constipation, it supports brain, liver, skin and metabolic health. Provides gentle constipation relief. Promotes healthy intestinal transit time. Feeling good starts with quality nutrition and proper digestion, but it ends with getting beneficial bacteria that support your bowel movement. After all, sluggish bowels impact other organs like the brain, liver, skin, and even your heart. The right balance of good bacteria ultimately builds up better bowel transit time for eliminating toxins and waste daily. CanPrev's Pro-Biotik Bowel Transit is a convenient, shelf stable, one-a-day probiotic with a select strain of Bifidobacterium. This clinically proven strain promotes bowel movement regularity, relieves constipation, and encourages healthy digestion by improving bowel transit time. Available in 30 vegetable capsules. For the following health goals: Digestive Health.

Product Name: Pro-Biotik IBS Support

Description: A robust, shelf-stable, clinically proven strain of B. coagulans that withstands the harsh environment of the gutHelps manage those unpleasant IBS symptoms so you can get back to the things you loveReduces symptoms of irritable bowel syndromePromotes favourable gut floraAn imbalance in your gut microbiome can lead to chronic irritable bowel syndrome (IBS), which greatly impacts everyday life. IBS results in poor manufacturing of essential nutrients, and unwanted mineral loss through fast-acting bowels. But that doesn't mean you can't be proactive. To address the root cause, you need a resilient probiotic strain.CanPrev's Pro-Biotik IBS Supportis formulated with clinically proven Bacillus coagulans to help manage and reduce IBS symptoms. Life is full of surprises, but your bowel timing doesn't have to be one of them.For the following health goals:Digestive Health

Product Name: Prostate-Pro + Maca Support

Description: Reduces prostate swellingImproves urinary system complaintsSupports optimal prostate health and libidoProvides 1,500mg of Maca per doseThe prostate is a small, walnut-shaped gland in men located near the bladder. Its job is to produce seminal fluid that nourishes and transports sperm. Prostate enlargement, or benign prostatic hyperplasia (BPH), happens to most men as they age. As the prostate gets bigger, it presses on the urethra and can cause bladder and urination problems.BHP begins in the inner prostate and keeps expanding inward towards the core and tightening around the urethra, affecting urination. Prostate-Pro™ + Maca Support helps to relieve urologic symptoms associated with early stages of benign prostatic hyperplasia, including difficulty urinating, weak urine flow, incomplete voiding and frequent day and nighttime urination.For the following health goals:Anti-AgingProstate SupportUrinary Support

Product Name: Pureway C 600mg

Description: Helps support the immune systemProtects against free radical damageAids wound healingPromotes the development and maintenance of bones, cartilage, teeth, gums, and

connective tissue Vitamin C is an essential nutrient that we need, but it's water-soluble which means it's not stored in the body and must be replenished daily through food or supplements. However, some vitamin C supplements are better than others. Many vitamin C supplements are poorly absorbed and exit the body via the urine before it can be absorbed and the body can benefit from it. CanPrev's Pureway C 600mg is clinically proven to outperform. It's absorbed faster, retained better, and promotes stronger immune function over other forms of vitamin C. How does it do this? Its unique fatty acid metabolites act as carriers for vitamin C, helping deliver it to the cells quickly and effectively while ensuring it lasts all day. Added citrus bioflavonoids, naturally found in high levels in citrus fruits, help enhance vitamin C's antioxidant capabilities ensuring you get 100% vitamin C in every capsule. For the following health goals: Bone & Joint Health General Health Immune Health

Product Name: Quercetin 500mg

Description: 500mg of quercetin naturally sourced from the flower of the Japanese pagoda tree Antioxidant activity protects against inflammation, supports immune cells and assists in tissue repair Helps to reduce histamine levels and seasonal allergy symptoms by stabilizing mast cells and basophils Several studies have shown that quercetin may help to prevent and manage symptoms of upper respiratory tract infections Shown to increase HDL cholesterol and inhibit the oxidation of LDL cholesterol Are you getting enough antioxidants? Sufficient antioxidant intake is important for healthy immune function. Different antioxidants affect your immunity in different ways – from helping to produce immune cells, repair tissues, and helping immune cells communicate with one another – coordinating a strong defense for your body. Insufficient antioxidant support in the body can result in chronic or uncontrolled inflammation and damage to surrounding healthy cells and tissues. Available in 120 vegetable capsules. For the following health goals: Allergy Relief Respiratory Support

Product Name: Red Yeast Rice Complex

Description: Features 300mg of red yeast rice With added CoQ10 ubiquinol, vitamin C, D3, plus

choline, lecithin & plant sterols Provides key nutrient support for cellular and cardiovascular health Red yeast rice is derived from rice fermented with a specific type of yeast called *Monascus purpureus*. It contains natural compounds called monacolins that help lower low-density lipoprotein (LDL) cholesterol, as excessive levels can be harmful. It also inhibits the production of HMG-CoA, a critical molecule that leads to the production of cholesterol. In addition to 300mg of red yeast rice, CanPrev's Red Yeast Rice Complex includes other ingredients that help with overall maintenance and support of cardiovascular health. CoQ10 ubiquinol plays a valuable role in maintaining heart health by reducing oxidative stress and converting food into energy. Added vitamin C enhances the absorption of CoQ10 while also providing beneficial antioxidants. A low dose of vitamin D3 offers a protective effect by improving the lining of blood vessel walls, while choline helps to reduce inflammation and prevent the accumulation of fats in the liver. Lecithin is a natural fatty substance that is believed to help balance cholesterol levels by emulsifying fats and transporting fats and cholesterol out of the body. CanPrev's Red Yeast Rice Complex was designed to deliver vital cellular nutrients we require more of as we age. Available in 60 and 120 capsules. Also available in 120 Vegetable Capsules For the following health goals: Anti-Aging Cardiovascular Health

Product Name: Red Yeast Rice Complex

Description: Features 300mg of red yeast rice With added CoQ10 ubiquinol, vitamin C, D3, plus choline, lecithin & plant sterols Provides key nutrient support for cellular and cardiovascular health Red yeast rice is derived from rice fermented with a specific type of yeast called *Monascus purpureus*. It contains natural compounds called monacolins that help lower low-density lipoprotein (LDL) cholesterol, as excessive levels can be harmful. It also inhibits the production of HMG-CoA, a critical molecule that leads to the production of cholesterol. In addition to 300mg of red yeast rice, CanPrev's Red Yeast Rice Complex includes other ingredients that help with overall maintenance and support of cardiovascular health. CoQ10 ubiquinol plays a valuable role in maintaining heart health by reducing oxidative stress and converting food into energy. Added vitamin C enhances the absorption of CoQ10 while also providing beneficial antioxidants. A low

dose of vitamin D3 offers a protective effect by improving the lining of blood vessel walls, while choline helps to reduce inflammation and prevent the accumulation of fats in the liver. Lecithin is a natural fatty substance that is believed to help balance cholesterol levels by emulsifying fats and transporting fats and cholesterol out of the body. CanPrev's Red Yeast Rice Complex was designed to deliver vital cellular nutrients we require more of as we age. Available in 60 and 120 capsules. Also available in 60 Vegetable Capsules for the following health goals: Anti-Aging, Anti-Inflammatory, Cardiovascular Health

Product Name: Reishi Full Spectrum

Description: Helps support and stimulate the immune system. Known to support coping with mood changes and physical and mental stress. Source of antioxidants. Fruiting body extract and cultured mycelium. 100% organically sourced. Since ancient times, many cultures have relied on medicinal mushrooms for treating, healing, and improving the symptoms of countless illnesses and ailments. Medicinal mushroom supplements are more popular than ever as we continue to learn of all their amazing benefits. To understand how we get these benefits, let's learn how medicinal mushrooms are sourced: The fruiting body refers to the reproductive part of the fungus and is often characterized by its stalk and cap. This part of the mushroom can be used to create potent extracts using hot water and/or alcohol. The mycelium consists of a mass of branching filaments like the root system or web, often growing in soil or organic matter. To get all the nutrients, the mycelium is grown, dried and milled into a fine powder. Combining the mycelium and fruiting body extract ensures you get a highly potent dose of powerhouse antioxidants, filled with all the beneficial compounds to support your health goals. Reishi mushrooms, also known as *Ganoderma lucidum* and lingzhi, have powerful immune boosting benefits thanks to their high contents of beta-glucans. These soluble fibres are usually found in the cellular walls of bacteria and fungi, and they're known to help stimulate the immune system while reducing fatigue. These mushrooms are also associated with mood and stress because of their adaptogenic benefits. CanPrev's Reishi Full Spectrum is made with organic mushrooms sourced from both the mycelia and fruiting body. This means you get the full spectrum of

medicinal compounds, for a full spectrum of benefits. For the following health goals: Adrenal Support Immune Health Stress

Product Name: Resvera-Pro

Description: Multi-antioxidant, anti-inflammatory, anti-aging defense formula Supports cardiovascular health and chronic venous insufficiency (CVI) Each capsule contains 100mg of pure resveratrol Contains coenzyme Q10 for added cardiovascular support Contains black currant, quercetin, bilberry & grape seed extract Experts have long supported the fact that drinking a glass of red wine a day can be good for your health. The credit for this health benefit might be attributed to a polyphenol called resveratrol found in the skin of red grapes, in grape seeds and black currants. Polyphenols, or plant chemical compounds, are antioxidants that prevent cells in your body from breaking down, or "oxidizing". Free radicals produced in the body help us with digestion and the conversion of food into energy. But they can easily turn from beneficial to harmful when their numbers get out of hand, damaging cell structures in their wake (oxidation) and leaving us prone to disease. The antioxidant properties of resveratrol work to especially protect our cardiovascular health and help combat aging. Resvera-Pro™ is a powerful formulation that captures the mighty health benefits of grape seeds, red wine, quercetin, coenzyme Q10 and black currants in a single, concentrated formula with an exceptionally high ORAC (oxygen radical absorption capacity) value. Resvera-Pro™ helps to support cardiovascular health and relieve symptoms associated with non-complicated chronic venous insufficiency (CVI). Cheers to your good health! For the following health goals: Allergy Relief Cardiovascular Health

Product Name: Rocket T Testosterone Recharge

Description: Increases free testosterone Featuring clinically proven Testofen® fenugreek With ashwagandha to increase resistance to stress Losing muscle mass? Experiencing reduced sex drive? Feeling like you have less energy than you used to? When your performance is impacted in these ways, you may be suffering from low testosterone. A testosterone deficiency can even impact

your mood, behaviour and decision-making. It's safe to say testosterone is an undeniably important hormone. Testosterone is required for bone development, muscle mass and strength, fat distribution and the production of red blood cells and sperm. If you feel like you're falling short in these areas, you could likely benefit from a little extra support. CanPrev's Rocket Tis designed to promote healthy testosterone levels to help enhance athletic performance, support muscle growth and sex drive. Featuring Testofen®, a patented form of fenugreek clinically proven to support testosterone production, KSM-66® ashwagandha and vitamins for increased resistance to stress and added minerals important for anabolic hormone production. For the following health goals: Stress

Product Name: Selenium Glycinate 200

Description: Source of antioxidants to help protect against oxidative stress Plays a big role in reproduction and DNA synthesis Important role in prostate health, helping to maintain healthy levels of Prostate-Specific Antigen (PSA) Selenium is a trace mineral that is a key player in several functions your body performs daily. The greatest concentrations are found in the thyroid gland. Selenium is a component of the enzyme that helps convert T4 to T3, producing the active form of thyroid hormone that your body needs. Selenium also plays an important role in prostate health, helping to maintain healthy levels of Prostate-Specific Antigen (PSA) which is the marker for prostate cancer. Doctors like to see those levels nice and low. Canadian men are encouraged to have their PSA levels checked when they turn forty, the age when prostate cancer screening becomes imperative for most men. Selenium also plays a big role in reproduction and DNA synthesis – and a whole lot more! Although selenium is a mineral, it acts as an antioxidant as well by enhancing Vitamin E's antioxidant activity and also helps replenish glutathione peroxidase, the body's main free radical scavenger. Glutathione Peroxidase protects us from oxidative damage that can result from stress, radiation, pollution and infections. Now that's one busy mineral! A selenium deficiency is quite uncommon, so why supplement you ask? Well, for a couple of reasons. First, there are some people who do in fact have a selenium deficiency due to a poor diet and gastro-intestinal conditions that impair absorption of the nutrients your body needs to heal and

thrive. Second, many studies tell us that having selenium levels above the RDI (recommended daily intake) is when it starts to have therapeutic effects, like lowering PSA for example. CanPrev's Selenium Glycinate 200 provides a therapeutic and optimal form of selenium and is superior when it comes to all-important absorption and gentleness. Thyroids and prostates everywhere will stay healthy and function like they should with selenium glycinate – the all-important but little-known wonder mineral your body will thank you for! For the following health goals: Detox Thyroid Support Weight Management

Product Name: Silicon + Biotin

Description: Features the world's most soluble and absorbable source of silicon, LIVING SILICA®. LIVING SILICA® was shown to be 3.5 times more absorbable than the next leading form of silicon. LIVING SILICA® is truly a unique source of silicon. LIVING SILICA® is a highly soluble monomeric silicon source that is both small and stable. A nourishing combination of silicon and biotin to help maintain beautiful hair, skin and nails. Silicon Beauty features LIVING SILICA®, a 100% soluble form of silicon derived from quartz. Scientifically proven to be one of the best sources of silicon in the world, LIVING SILICA® is better absorbed by the body than most other supplement sources, including colloidal, horsetail and bamboo forms. Also available in liquid. Available in 60 vegetable capsules. Also available in 500 ml. For the following health goals: Anti-Aging Bone & Joint Health Skin Health

Product Name: Silicon + Biotin Liquid

Description: Features the world's most soluble and absorbable source of silicon, LIVING SILICA®. LIVING SILICA® was shown to be 3.5 times more absorbable than the next leading form of silicon. LIVING SILICA® is truly a unique source of silicon. LIVING SILICA® is a highly soluble monomeric silicon source that is both small and stable. A nourishing combination of silicon and biotin to help maintain beautiful hair, skin and nails. Silicon Beauty features LIVING SILICA® silicon, a 100% soluble form derived from quartz. Scientifically proven to be one of the best sources of silicon

in the world, LIVING SILICA® is better absorbed by the body than most other supplement sources, including colloidal, horsetail and bamboo forms. Also available in capsules. Also available in 60 Vegetable Capsules For the following health goals: Anti-Aging Bone & Joint Health Skin Health

Product Name: Sleep-Reset Melatonin

Description: Soothes mental stress that contributes to sleeplessness Resets the circadian rhythm Helps prevent the effects of jet lag Are you struggling to fall asleep or stay asleep? If you often find yourself waking throughout the night, suffering from stress-related sleeplessness, or are experiencing jet lag while traveling, you may need some help resetting your circadian rhythm. The body's circadian rhythm is regulated by melatonin, a hormone we naturally produce, that tells us when it's time to go to sleep. Stress, travel, lack of exposure to natural light, and excessive light from screens can disrupt the body's production of melatonin CanPrev's Sleep-Reset Melatonin can help reduce the time it takes to fall asleep, increase total sleep time, and prevent the effects of jet lag. Formulated with melatonin to help reset the body's circadian rhythm, along with GABA, L-theanine, passionflower, lemon balm, skullcap and valerian extracts to soothe mental stress that can contribute to sleeplessness. Don't let a new time zone, jet lag or chronic stress interrupt your body and mind's most valuable time to rejuvenate. Take at bedtime to fall asleep and stay asleep. For the following health goals: Sleep

Product Name: Sleep-Restore Ashwagandha

Description: Helps relieve stress that contributes to sleeplessness Counteracts the impacts of stress hormones Melatonin-free sleep aid Is stress stealing sleep from you? When we feel stressed or like we're facing danger, the autonomic nervous system releases hormones like cortisol and adrenaline. This triggers the fight-or-flight response, which allows us to react quickly to life-threatening situations. However, when this response is engaged constantly, it can start to impact our sleep and overall wellness. It can lead to anxious thoughts and feelings that keep us up at night, and a lack of sleep in itself can lead to further stress. CanPrev's Sleep-Restore Ashwagandha is formulated with an

oasis of calmatative herbs like lemon balm and passionflower to help reduce over-excitement and counteract the effects of cortisol on your body, mind, and sleep. With added GABA and L-theanine to help relieve tension. Restore body and mind by soothing stress and easing into a better bedtime. For the following health goals: Sleep

Product Name: Slim-Pro Formula

Description: Increases metabolism with thermogenesis
Contains green tea and green coffee extracts
Helps reduce appetite and cravings
Helps regulate blood sugar
Managing weight can be a constant balancing act: you cut back on food and increase exercise hoping to land somewhere in the middle. But that's not the whole story. You need to be aware of what's happening physiologically, too. The inner workings of your body can have just as much of an effect on your weight as diet and exercise do. Green tea contains catechins that fire up your metabolism and help increase the rate at which you burn calories. Ashwagandha, an Ayurvedic medicinal herb, helps to regulate stress-related and erratic eating patterns that typically result in weight gain. Keeping your blood sugar within an ideal range is important for keeping your weight stable. Almost all food we eat is converted into glucose as fuel. When there is more glucose than our body can use, the pancreas produces a hormone called insulin that converts and stores it as fat. But eating foods too high in glucose increases your body's demand for insulin. Eventually your insulin levels are perpetually elevated, causing an abundance of glucose heading straight to your fat tissue! Cinnamon and chromium found in CanPrev's Slim-Pro™ are two natural ingredients that work to help keep blood sugar anchored to healthy levels. Slim-Pro™ is a formula that promotes healthy blood sugar level and help you to achieve your weight loss goals. Add it to your already nutritious diet and regular exercise plan and experience a new level of weight management support. For the following health goals: Weight Management

Product Name: Synergy B

Description: Complete B complex formula in preferred forms
With 200mg of L-theanine daily to help

promote mental relaxation
Support for both the body and mind
Contains spirulina for added natural source of B vitamins
Uses L-5-MTHF, the most active natural form of folic acid
B vitamins are a group of eight individual vitamins that together are referred to as B-complex. While they work together to help convert our food into fuel thereby keeping up our energy, they all have specific jobs – supporting healthy skin and hair, working as antioxidants to help to prevent early aging and memory loss, boosting levels of HDL (good) cholesterol, forming red blood cells and maintaining the central nervous system. B vitamins are water soluble, meaning they are not stored in the body and need to be replaced every day.
CanPrev's Synergy B is an innovative vitamin B complex that delivers the full spectrum of B vitamins in their preferred forms, plus an impressive 200 mg of L-Theanine daily. L-Theanine is an amino acid found in green tea leaves that temporarily produces mental relaxation without any sedating effects. It's the perfect companion to a B-complex vitamin, enhancing its already stress reducing and mood enhancing properties. In addition, Synergy B contains all natural spirulina, a blue green algae that supplies a rich source of phytonutrients, carotene and additional B vitamins.
CanPrev's in-house team of naturopathic doctors have formulated a unique B-complex brand that contains the full spectrum of B vitamins in addition to complementary and enhancing support supplements that you won't find anywhere else. In essence, Synergy B offers an excellent combination of nutrients to support the body and relax the mind.
For the following health goals:
Adrenal Support
Stress

Product Name: Synergy C

Description: Premium vitamin C formula for enhanced absorption
1000mg of vitamin C daily from 4 buffered mineral ascorbates
Therapeutic dosages of bioflavonoids from natural citrus fruits
Contains sea buckthorn whole pulp extracts
Vitamin C (ascorbic acid) is a multitasking vitamin and antioxidant responsible for the growth and repair of all tissues in the body. It's first on the scene to heal wounds and form scar tissue, help with the development of bones and teeth, strengthen blood vessel walls and assist with iron absorption and utilization. It primarily helps to produce collagen by adding hydrogen and oxygen to amino acids inside of collagen cells, which helps keep skin firm and prevent

wrinkles. Vitamin C is a potent antioxidant that blocks damage caused by ever-present free radicals in the body. Though they are natural byproducts of oxygen metabolism, free radicals can alter the structure of healthy cells, which can only be neutralized by antioxidants. If free radicals are allowed to build up in the body, they can quicken the aging process and promote the development of serious disease. We are unable to produce and store vitamin C on our own, so a daily intake of at least 500 mg contained in CanPrev's Synergy C is key to replenishing what we lose through excretion daily. Certain medications like oral contraceptives, plus environmental pollution, smoking and illnesses causing fever and infection can all tap into our vitamin C supply, leaving less for metabolic functions. Studies show that vitamin C can also play a role in lessening or shortening the duration of common cold symptoms when taken regularly. Synergy C is a premium quality vitamin C formula with a combination of ingredients that together ensure maximum absorbability. It provides 1,000 mg of pH-neutral vitamin C using buffered mineral delivery systems. By binding ascorbic acid to minerals, Synergy C promotes maximum absorption of vitamin C. To further enhance absorption and bioavailability, therapeutic dosages of antioxidant-rich bioflavonoids from citrus fruits and sea buckthorn pulp have been added for complete synergy. For the following health goals: Adrenal Support, Allergy Relief, Immune Health, Respiratory Support, Stress

Product Name: Thyroid Plus

Description: Helps support an under-active or sluggish thyroid, Aids healthy metabolism and energy. Featuring vitamin A and bacopa. Supports thyroid gland function, metabolism & energy. Thyroid Plus is formulated with essential minerals, vitamins and herbs to support an under-active or sluggish thyroid. Featuring iodine, a key component of T4 and T3 and selenium, a cofactor for converting T4 into the more potent T3, as well as manganese, copper and zinc. Plus, key vitamins like vitamin A, required for activation of thyroid hormone receptors, L-tyrosine, and stress-supporting herbs ashwagandha and bacopa. Vitamin A is known to benefit the bones, eyes, teeth and immune system. But it's also required for the activation of thyroid hormone receptors while playing a significant role in regulating thyroid hormone metabolism. Bacopa Used traditionally in Ayurvedic medicine, Bacopa

monnieri is a perennial plant found in the wetlands of India, Europe, Africa, Asia, Australia, and North and South America. It acts as an adaptogen, helping the body manage stress. Bacopa is known to support an underactive thyroid by helping to produce higher concentrations of T4. For the following health goals: Adrenal Support Energy Hormonal Balance Thyroid Support

Product Name: Thyroid-Pro Formula

Description: Nutrients and herbs that support the healthy functioning of the thyroid gland Iodine naturally sourced from bladderwrack Contains important cofactors selenium, zinc and copper This butterfly-shaped gland that sits at the front of your neck makes thyroid hormones that affect your metabolism. If you have hypothyroidism, your body isn't producing enough thyroid hormone. You may feel tired or cold all the time, have dry skin, a slow heart rate, constipation or gain weight for no apparent reason. If your thyroid hormone levels are too high, you have hyperthyroidism. Obvious symptoms include nervousness, trouble concentrating, feeling too warm, having a rapid heart rate and losing weight without trying. The pituitary gland located at the base of the brain keeps track of the amount of thyroid hormone in the blood. It sends signals to the thyroid gland to either make more or less depending on what's needed for optimum function. A goiter, or enlarged thyroid, can cause difficulties swallowing or breathing. A lack of iodine in the diet is the most common cause, but goiters can also result from thyroid hormone over or under production or nodules on the gland itself. Normal thyroid function is dependent on the presence of many trace elements for both the synthesis and metabolism of thyroid hormones. Thyroid-Pro is specially formulated with a blend of essential minerals to support thyroid function and help prevent iodine deficiency. In addition to providing an adaptogenic herb for stress support, Thyroid-Pro contains L-tyrosine and key cofactors necessary for the enzymatic production of the thyroid hormones, triiodothyronine (T3) and thyroxine (T4). For the following health goals: Adrenal Support Hormonal Balance Thyroid Support

Product Name: TUDCA

Description: Supports healthy liver function Formulated with TUDCA (Tauroursodeoxycholic acid) +

cholineMay help with liver congestion, digestive issues and moreThe liver filters all of the blood in our bodies to ensure we absorb essential nutrients while eliminating toxins. Bile salts are created and used by the liver to help break down fat and to absorb fat-soluble vitamins like A, D, E, and K. They also absorb toxins which are then eliminated through the colon.TUDCA (Tauroursodeoxycholic acid) is a type of conjugated bile salt that's produced in the liver and helps with the breakdown of fats. Similarly, choline is a water-soluble essential nutrient that supports the liver in maintaining cholesterol levels in the body. Together, TUDCA and choline make a mighty duo to support liver function.Liver health:TUDCA has been shown to safeguard the liver from damage caused by long-term alcohol consumption.Choline is essential for making a substance required for removing cholesterol from your liver. Getting enough choline may result in fat and cholesterol reduction.Kidney health:Studies show that TUDCA benefits those with kidney problems by protecting against cell death in certain renal diseases.Metabolic health:TUDCA is proven to significantly improve insulin sensitivity in the liver and muscles, and boost metabolic health.Neurological conditions:Early studies on TUDCA show that it may have a protective effect on nerve cells.Choline is required to make acetylcholine, an important neurotransmitter involved in memory, muscle movement, regulating heartbeat and other basic functions.Whether you're looking to detox your liver, help with congestion, increase your metabolism or protect your nervous system, CanPrev'sTUDCAis here to help. This unique formula combines 250mg of TUDCA with 75mg of choline bitartrate. It can be taken as a stand-alone supplement or part of a liver, digestive, blood sugar or neuroprotective support protocol.For the following health goals:DetoxGeneral Health

Product Name: Turkey Tail Full Spectrum

Description: Helps support and stimulate the immune systemSource of antioxidantsFruiting body extract and cultured mycelium100% organically sourcedSince ancient times, many cultures have relied on medicinal mushrooms for treating, healing, and improving the symptoms of countless illnesses and ailments. Medicinal mushroom supplements are more popular than ever as we continue to learn of all their amazing benefits.To understand how we get these benefits, let's learn

how medicinal mushrooms are sourced: The fruiting body refers to the reproductive part of the fungus and is often characterized by its stalk and cap. This part of the mushroom can be used to create potent extracts using hot water and/or alcohol. The mycelium consists of a mass of branching filaments like the root system or web, often growing in soil or organic matter. To get all the nutrients, the mycelium is grown, dried and milled into a fine powder. Combining the mycelium and fruiting body extract ensures you get a highly potent dose of powerhouse antioxidants, filled with all the beneficial compounds to support your health goals. Turkey tail is the powerhouse mushroom for immune health support because it contains a specific compound called polysaccharide-K that stimulates the immune system. These compounds activate specific types of immune cells while also suppressing inflammation. Turkey tail is also known to support gut health because it contains prebiotics that nourish the helpful bacteria in the gut. Studies have found that turkey tail can have similarly positive effects on the gut microbiome as prebiotic supplements. CanPrev's Turkey Tail is made with organic mushrooms sourced from both the mycelia and fruiting body. This means you get the full spectrum of medicinal compounds, for a full spectrum of benefits. For the following health goals: Anti-Inflammatory Digestive Health Immune Health

Product Name: Type II Collagen

Description: Helps reduce joint pain and stiffness in 7 days Reduces joint pain associated with osteoarthritis Supports a healthy inflammatory response If you've been browsing the shelves of your local health food store, you've likely noticed different types of collagen available. But what's the difference between type I, II, III, IV, and beyond? To put it simply, each type is found and used in different areas of the body. Type II collagen is found in the flexible, elastic cartilage that supports your joints and helps them move smoothly, absorb impact, and reduce friction between bones. Breakdown and loss of this cartilage, a common side effect of aging and osteoarthritis, can result in discomfort and inflammation at the joints, making movement difficult and painful. To keep cartilage abundant, we need plenty of collagen. To build collagen, we need amino acids. Amino acids are the building blocks of protein, that link into long strands to form collagen. Those strands are sequenced

in different arrangements, and these differences in structure determine the type of collagen. Unlike supplemental collagen peptides, which are broken down into shorter sequences of amino acids for easy absorption to activate specific tissues, type II undenatured collagen is in its original structure. When it's taken supplementally, we don't digest or absorb type II collagen. As it passes through your digestive system, the collagen structure communicates with your immune system, which directs your cells to halt inflammation and ignite cartilage production. This helps keep cartilage elastic, making for easier, pain-free movement. CanPrev Type II Collagen is powered by UCII®. This patented formula features unique undenatured type II collagen from chicken cartilage, plus added Boswellin® SUPER, which reduces joint pain and improves functional joint ability. Lower inflammation and knee joint pain in as little as 7 days with this supportive formula. For the following health goals: Bone & Joint Health

Product Name: Ubiquinol 100 with MCT Oil

Description: Promotes heart health and migraine prevention
Powerful antioxidant
Active form of CoQ10
Vital for energy production
With MCT oil to enhance absorption
Ubiquinol is an active form of Coenzyme Q10 (CoQ10). CoQ10 is a vitamin-like essential component of the mitochondria, an organelle found in virtually all cells. CoQ10 helps your cells' mitochondria to generate adenosine triphosphate (ATP), your body's energy currency. In fact, the body cannot function without CoQ10. Therefore, it's no surprise that organs with the highest energy needs like the heart, liver and kidneys all contain large amounts of CoQ10. Ubiquinol is a fat-soluble molecule that's stored in the liver and fatty tissue and provides the necessary amount of energy that your heart needs to function properly. Research shows that CoQ10 helps to maintain normal cholesterol levels and heart muscle strength and support the health of blood vessel walls. The heart is one of the most metabolically active organs in our body and thus a deficiency in CoQ10 usually affects the heart first. It is important to note that pharmaceutical treatment with statins (cholesterol lowering medications) can inhibit CoQ10 activity and lead to a serious deficiency. Supplementing with a daily dose of CanPrev's Ubiquinol 100 can help restore what's lost. Ubiquinol is a powerful antioxidant that can help protect your heart

and other organs from free radical damage. Supplementing with ubiquinol can contribute to a renewed sense of energy, as ubiquinol plays a role in the production of Adenosine Triphosphate (ATP), a transporter responsible for generating 90 to 95 percent of your body's energy. Using Ubiquinol preventatively may also play a role in migraine prevention. A study at University Hospital in Zurich, Switzerland showed that patients taking 300 mg of CoQ10 daily had fewer and shorter headaches and less headache-related nausea. Other studies have shown similar results.* It is recommended that you take CoQ10 for a minimum of three months in order to see beneficial effects with migraines. After age 30, your body is less able to metabolize CoQ10 on its own. Each capsule of CanPrev's Ubiquinol 100 contains 100mg of Active Form CoQ10 for cardiovascular support and migraine prevention. Each softgel is formed from a base of medium chain triglyceride oil for enhanced absorption. For the health of your heart, as a powerful antioxidant and to guard against migraines, make CanPrev's Ubiquinol 100 part of your daily health regimen, today.*

<http://www.ncbi.nlm.nih.gov/pubmed/15728298> For the following health goals: Cardiovascular Health Energy

Product Name: UTI Protect

Description: Helps prevent recurrent UTIs Use as preventative care Use to improve efficacy of antibiotic treatment Did you know most women will experience a UTI at some point throughout their life? This is because UTIs have many causes, like changes in sexual activity, birth control, or hormones. UTIs are disruptive, uncomfortable, painful, and simply annoying to deal with, especially if you're experiencing them chronically. These infections occur when bacteria enters the urinary tract before spreading to the bladder. UTIs can also result in serious complications if the infection spreads to the kidneys. If this sounds familiar, we're here to help. CanPrev Women's UTI Protect is a natural long-term treatment option for those experiencing recurrent UTIs. We've formulated UTI Protect with cranberry, D-mannose, parsley, garlic, and grapeseed extracts—all of which are naturally known to treat UTIs. These ingredients work together to prevent bacteria from sticking to the urinary tract while creating an unfavourable environment for bacteria to flourish. UTI Protect can be taken as

a safe and effective preventative treatment for women experiencing recurrent UTIs. This formula can also be used to limit multiple rounds of antibiotics and can improve the efficacy of ongoing antibiotic treatment. For the following health goals: Urinary Support

Product Name: UV Skin Protect

Description: Features NutroxBio™, a combination of Spanish Mediterranean citrus and rosemary extracts. Protects skin against daily sun exposure and harmful UV radiation. Helps reduce wrinkle depth. Keep a healthy sun-kissed complexion with UV Skin Protect. Spending time under the sun is great for our mental and physical health, whether it's a hot summer day by the lake or a bluebird ski day on the slopes. Despite the sun being important for vitamin D production, a good night's sleep, and our mood, prolonged sun exposure can damage your skin, accelerating dark spots and the aging cycle. Sunscreen can be a great first defence against UV rays, but it can wear off over time and be difficult to ensure full coverage. CanPrev's UV Skin Protect features NutroxBio™, a patented formula that combines Spanish Mediterranean citrus and rosemary extracts clinically proven to protect skin against daily sun exposure and UV radiation. Rosemary extract contains phenolic compounds and diterpenes which, alongside the flavonoids found in grapefruit, improve the skin's response by 30% to UV-induced oxidation, while protecting against skin damage, and photoaging. Reduce wrinkle depth and increase skin elasticity while enjoying the great outdoors! To keep a healthy sun-kissed complexion, take UV Skin Protect leading up to and during seasonal periods when harmful ultraviolet rays are the strongest. For the following health goals: Anti-Aging Skin Health

Product Name: V Biotik Vaginal & UTI

Description: A daily-use probiotic to support vaginal health. Lactobacillus strains to restore and maintain healthy vaginal flora. With added cranberry to prevent urinary tract infections (UTIs). Shelf-stable, no refrigeration required. Triggers for vaginal bacteria imbalance: Hormonal disruption, Intercourse, Menstruation, Menopause, Vaginal dryness, Pregnancy, Stress, Frequent

UTIs Similar to our digestive system, the vagina is home to billions of bacteria and other microorganisms. And our vaginal flora is constantly changing as we progress through life and experience hormonal changes. A healthy vaginal microbiome is dominated by Lactobacillus bacteria strains, which help to prevent the growth of harmful bacteria. But when the good bacteria is overcome by harmful bacteria, this can lead to uncomfortable symptoms such as itchiness, redness, or a burning sensation. This can be caused by a number of things: hormonal disruption, intercourse, menstruation, menopause, vaginal dryness, pregnancy, stress, or frequent UTIs. V-Biotik Vaginal & UTIs is formulated with two Lactobacillus strains to help repopulate and maintain your friendly, infection-fighting bacteria. It's also got an added 200mg of cranberry extract per capsule to help prevent UTIs. For the following health goals: Urinary Support

Product Name: Vitamin A - Drops

Description: The ideal form necessary for improving vision, immune, skin and digestive conditions. Delivered in a base of medium chain triglycerides for optimal absorption and assimilation. Readily available 'active' all-trans-retinyl-palmitate form. No conversion in the body needed like other carotenoid forms. Vision Support CanPrev's Vitamin A drops offer direct antioxidant support for reducing risk of cataracts, age-related macular degeneration, night blindness and overall eye health. Immune function Immune conditions associated with reduced activity of neutrophils, macrophages and natural killer cells have been linked to vitamin A deficiency. Digestive health This easy to absorb form has potent antiviral properties that help maintain the lining of the intestinal tract – crucial for nutrient absorption, digestion and immune health. Tissue & skin repair Vitamin A helps maintain tissue health of the mucous membranes in the respiratory, GI and urinary tracts. This fat-soluble vitamin also plays a role in improving eczema, psoriasis and acne vulgaris. For the following health goals: Vision Support

Product Name: Vitamin C 1000mg

Description: An antioxidant for the maintenance of good health. It helps to prevent vitamin C

deficiency and metabolize fats and protein. It helps in wound healing, connective tissue formation, and the development of bones, cartilage, teeth, and gums. CanPrev's Vitamin C provides a potent and therapeutic 1000mg dose of pure ascorbic acid in every capsule. This multitasking antioxidant is responsible for the growth and repair of all tissues in the body, including wound healing and scar tissue. It also helps to strengthen the blood vessels walls, produce collagen and strengthen immunity. What doesn't this vitamin do? Packed in a clean, vegetable-based capsule with no fillers or binders. Just what you've come to expect from CanPrev. For the following health goals: Allergy Relief, Immune Health, Stress

Product Name: Women's Multi

Description: A high potency, complete multivitamin formulated for the unique nutritional needs of women. Vitamins in their active forms such as methyl-B12, P-5-P B6 and 5-MTHF. To support energy, healthy metabolic function, and optimal health. Women's Multi is a comprehensive formula made for women. It provides a full range of vitamins and minerals in therapeutic dosages and bioavailable forms for rapid absorption and utilization. Women's Multi is formulated to target the unique nutritional needs of adult women. Vitamins and minerals play an essential role in our health and well being. They keep our cells strong and our organs functioning properly. They help to fight infection, regulate metabolism, form strong bones and healthy tissue, convert fat and carbohydrates into energy, balance mood, increase energy and aid in stress management. Lifestyle, diet and some medications impact our nutritional status and are some factors that can deplete our bodies of important vitamins and minerals. We owe it to our bodies to pay back those important nutrients with a high potency, professional-grade supplement like CanPrev's Women's Multi. Make Women's Multi a prescription for maintaining your best you. Available format: 90 vegetable capsules. For the following health goals: General Health

Product Name: Zinc 50 Ultra Immune + Vitamin C

Description: 50mg of highly absorbable zinc bis-glycinate. With 400mg of vitamin C. Essential nutrients

for ultra immune support Zinc is an essential mineral for the body, it is literally 'essential' in the sense that your body does not produce it, so it's important to get adequate amounts. It's a cofactor for over 300 enzymatic reactions including facilitating proper growth, development, and protecting cognitive health. It plays a role in mood balance, protein synthesis, skin health, wound healing and most notably its actionable role as a 'gatekeeper' for your immune system. Vitamin C supports connective tissue formation, and the development of bones, cartilage, teeth, and gums. And, its antioxidant properties make it responsible for the growth and repair of all tissues in the body, including wound healing and scar tissue. It also helps support our immune health, strengthen blood vessels walls, and produce collagen. CanPrev's Zinc 50 Ultra Immune + Vitamin C is delivered in a pure and preferred bis-glycinate and ascorbic acid forms that are clean, gentle and superior in absorption. 120 vegetable capsules For the following health goals: Allergy Relief Immune Health Respiratory Support

Product Name: Zinc Bis-Glycinate 25

Description: Zinc is required for the normal growth and development, metabolism, and functions of all cells. CanPrev's Zinc Bis-Glycinate 25 is the preferred form of zinc due to its superior absorption and gentleness. Daily intake is important, as we excrete what we don't use or absorb. The mineral zinc plays an important role in several bodily functions including proper wound healing, taste, vision, cognitive health, immunity, blood sugar support, and normal glandular function. It's also an essential component of the body's antioxidant enzymes, superoxide dismutase (SOD) and glutathione peroxidase. Available in 60, 120, 240 vegetable capsules. Also available in 60 Vegetable Capsules 240 Vegetable Capsules For the following health goals: Allergy Relief Fertility Immune Health Mood & Cognitive Respiratory Support Skin Health Vision Support

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Product Name: Zinc Bis-Glycinate 50 Ultra Strength

Description: 50mg of pure elemental zinc Ultra strength dose for acute needs In the preferred form for superior absorption Zinc is an essential mineral – essential in the sense that our body does not produce it, so it's important to get adequate amounts. It's a cofactor for over 300 enzymatic reactions. It plays a role in protein synthesis, mood balance, thyroid and prostate health, skin and hair health, inflammation, immunity, diarrhoea, night vision and fertility. CanPrev's Zinc Bis-Glycinate 50 Ultra Strength provides ultra strength support for acute needs. An ideal dosage that supports poor wound healing, recurrent infections, and many enzymatic reactions at a cellular level. Zinc bis-glycinate is the preferred form of zinc due to its superior absorption and gentleness. 120

vegetable capsulesFor the following health goals:Allergy ReliefImmune HealthMood &
CognitiveRespiratory SupportVision Support