

Coconut Mocha Collagen Latté

Grab your milk frother, because it's latté time! Indulge in our Coconut Mocha Collagen Latté, a quick and creamy delight perfect for cozy mornings.

This indulgent blend filled with healthy fats not only satisfies your cravings but also nourishes your skin, body, and bones through bioavailable collagen peptides from **CanPrev's Collagen Full Spectrum Powder**.

What can we say, we love this a latté.



Preparation time: 5 mins | Servings: 1



Ingredients

- 3 tbsp coconut cream
- 2 tsp organic instant or decaf coffee
- 1 tsp cocoa powder
- Boiling water
- 1 scoop Collagen Full Spectrum Powder

Method

1. In your favourite tall mug, mix the instant coffee, cocoa powder, collagen powder and sweetener of choice, if desired. Stir to combine.
2. Add the coconut cream to powder mix.
3. Fill the mug approximately $\frac{1}{3}$ of the way with boiling water and using a hand frother, whip until foamy.
4. Add boiling water to the remainder of the mug.
5. Sprinkle with cinnamon, if desired. Enjoy!

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Developed by: Joyce Baddour



Joyce is a health enthusiast and recipe creator on a mission to empower individuals to transform their health with delicious and nourishing blood sugar-friendly recipes.

