

DB_DATABASE=my_database
DB_USERNAME=my_username
DB_PASSWORD=my_password

When you clone or download a Laravel project, it usually comes with a `.env.example` file that you can use as a reference to create your own `.env` file. You should copy the contents of the `.env.example` file to a new `.env` file and update the values to match your local development environment.

It is important to keep the '<code>.env.example'</code> file up-to-date with any changes to the environment variables used in your application, so that other developers can easily set up their own '<code>.env'</code> file with the correct values.