If you are focusing on full-stack development with Go (Golang), your proficiency in JavaScript doesn't need to be as extensive as someone primarily focusing on front-end development. However, having a good understanding of JavaScript can still be beneficial for several reasons:

- 1. **Front-End Interaction**: While Go can serve as the backend for your applications, you'll often need to interact with front-end technologies. JavaScript is crucial for client-side scripting, DOM manipulation, and handling asynchronous operations.
- 2. **Full-Stack Applications**: Many full-stack applications require a dynamic user interface that involves JavaScript frameworks or libraries like React, Vue.js, or Angular. Understanding JavaScript will allow you to integrate and work effectively with these frameworks.
- 3. **API Development**: Go is excellent for building APIs. Knowledge of JavaScript can help you consume and test these APIs effectively using tools like Postman or integrating them into front-end applications.
- 4. **Tooling and Libraries**: Even in back-end development with Go, you might encounter JavaScript-related tooling (e.g., npm for package management) or libraries (e.g., for task automation with tools like Webpack).
- 5. **Collaboration**: Full-stack development often involves collaboration with front-end developers. Understanding their perspective and being able to communicate effectively regarding integration points and requirements is valuable.

Recommended Level of Proficiency

- **Basic Understanding**: Familiarize yourself with JavaScript syntax, data types, control structures, and functions.
- **DOM Manipulation**: Understand how JavaScript interacts with the DOM (Document Object Model) for updating UI elements dynamically.
- **Asynchronous Programming**: Learn about Promises, async/await, and handling asynchronous operations, which are crucial for both front-end and back-end development.

While deep expertise in JavaScript frameworks may not be necessary, a solid understanding of JavaScript fundamentals will complement your skills as a full-stack developer using Go. It will enable you to build robust applications that encompass both backend logic and frontend interaction effectively.