



Workout Diet Genie

Your Personalized AI Fitness & Nutrition Partner

Unleashing AI for Your Fitness and Health



AI-Powered Personalization

We leverage advanced AI to craft bespoke workout and diet plans. Each plan is tailored to your unique needs. No more generic routines.

Crafted with Cutting-Edge Tech



Python Foundation

Built on Python for robust and scalable performance.



Streamlit Interface

Intuitive web app experience with Streamlit.



Groq/OpenAI Core

Powered by leading AI models for smart generation.

Intelligent Theme Detection



Auto-Detect Themes

The app intelligently detects your preferred fitness and nutrition themes. It adapts to your style and goals.



Smart Content Generation

Plans are generated with relevant content, saving you time. It's truly personalized.



Consistent Experience

Enjoy a seamless and cohesive planning journey. Every element fits your needs.

Your Plan, Your Way

Instant PDF Download

Download your customized plans as a PDF. Access your routine offline, anytime, anywhere.

Print & Go

Easily print your plans for a physical copy. Keep it handy during workouts.

Share with Ease

Share your personalized regimen with friends or trainers. Spread the fitness motivation.

Engaging User Experience



Emoji-Rich UI

A fun and visually appealing interface. Enjoy a delightful planning journey.



75+ Exercises

A vast library of exercises to keep your workouts fresh. Never get bored again.



Diverse Meal Ideas

Exciting and healthy meal suggestions. Fuel your body right.

Our Vision: Health for Everyone

Workout Diet Genie aims to make personalized fitness accessible. We empower individuals to achieve their health goals.

Empowerment

Enable users to take control of their health.

Global Reach

Bring personalized fitness to millions worldwide.

Innovation

Continuously evolve with cutting-edge AI.

