

TOGETHER WE THRIVE

Text "THRIVE" to
+1.313.662.8209

"I just wanted to say thank you to you guys. I contacted this lifeline a few times when I was in a really rough spot, and it helped a lot. It was some of the most understanding and helpful care in regards to suicidal feelings that I've frankly ever found."

"I really appreciate being heard like an actual human being and not a legal liability risk like at other hotline "



VOLUNTEER

OPPORTUNITIES

Crisis Responders
RECRUIT Internships
Outreach
Fundraising
Social Media
Short Term Projects

"Lack of equitable access to mental health support for our communities makes me angry, and this was a constructive way to channel that anger. I wanted to help be the change I wanted to see in the world"

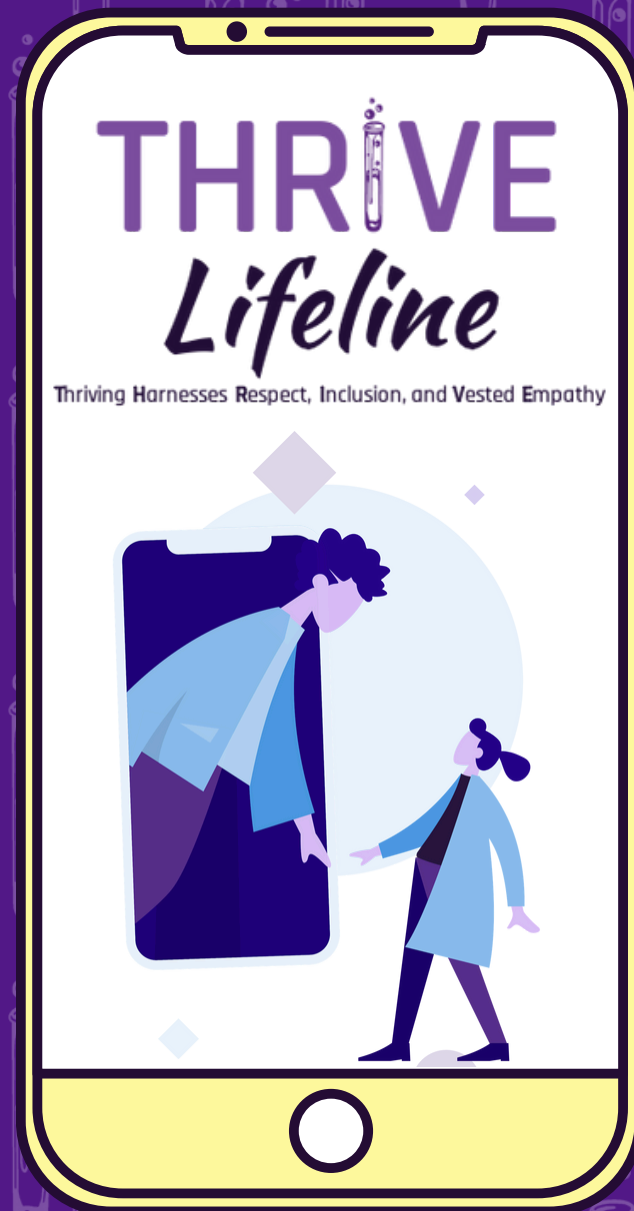


Emmy (they/them)

Visit our website for detailed descriptions



@THRIVELifeline
thrivelifeline.org
info@thrivelifeline.org



NEED

LIBERATORY

SUPPORT?

Safe nonjudgemental
space to connect

Community resources
and support spaces

Acute crisis support and
identity-based convos

100% anonymous and
non-carceral

Free Support Available
24/7/365

Our Team

OUR BACKGROUNDS AND IDENTITIES INCLUDE:

- Chronic suicidality
- Neurodivergence / disability
- LGBTQ2S+
- BIPOC / AAPI / Latinx
- Mental health stigma
- PTSD / Dissociation
- First generation students
- Familial rejection
- (Undocumented) immigration
- Food / housing insecurity
- Losing loved ones to suicide
- Navigating accommodations
- Medical transitions
- Multiply marginalized

THRIVE Lifeline is a **non-carceral text-based crisis line** run by and for **marginalized communities** who exist in the intersections of identity, mental health, and STEMM.

Our **proprietary training** curriculum centers cross-identity care, whole-human support, and **trauma-informed support**.

150+ volunteers

providing life-
saving and life-
affirming support

