

## We also deliver the following courses

**CHC30113-**  
Certificate III in Early Childhood Education and Care

**CHC50113-**  
Diploma of Early Childhood Education and Care

**CPP20212-**  
Certificate II in Security Operations

**CPP30411-**  
Certificate III in Security Operations

## Responsibility for Training

Optimistic Futures is responsible for the quality and delivery of training and assessment and will be the organisation issuing any qualification and statements of attainment to eligible students, upon successful completion.

## Need further information?

### Need further information?

Talk to one of our friendly staff.

**Phone:** (03) 9917 2133  
**Mobile:** 0425 853 732  
**Email:** [info@optimisticfutures.com.au](mailto:info@optimisticfutures.com.au)  
**Web:** [www.optimisticfutures.com.au](http://www.optimisticfutures.com.au)



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Office Hours:  
Monday – Friday  
9am – 5pm



# HLTAID003

## PROVIDE FIRST AID



## HLTAID003 Provide first aid

### Introduction

Previously known as Apply first aid or Senior first aid, this training course will give you the skills and knowledge required to provide First Aid response, life support, management of casualty(s), the incident and other first aiders, in a range of situations, including in the home, workplace or within the community, until the arrival of medical or other assistance.

### Pre-Requisites/Entry Requirements

- There are no qualification pre-requisites for this course
- Learners must be aged 16 years or older
- Photo Identification is required to be sighted prior to course commencement
- Language, literacy and numeracy skills
- Learners must be physically capable of bending and kneeling to provide first aid to a person on the floor. This includes performing CPR for up to 5 minutes.
- Completed enrolment form
- Payment of the course cost

### Mode of Delivery

Delivery of this course will be trainer led, face to face in a classroom setting combined with skills practice assessment.

### Course Duration

The course duration for HLTAID003- Provide First Aid is over 2 day

### Course Location

Optimistic Futures: 4 Lytton street Glenroy 3046

### Course Commencement Dates

Course dates and times do vary. Please call us for more information on dates scheduled or alternately check our website [www.optimisticfutures.com.au](http://www.optimisticfutures.com.au)

### Course Materials

Learner training is supported through the provision of quality learning materials and resources. Learners should attend the course in comfortable appropriate clothing. All equipment and consumable is supplied as part of the course

### Assessment Summary

The student will be assessed by demonstrating procedure applicable to this unit. They will also be required to answer a number of oral and written questions regarding their actions and theoretical application of knowledge. The assessment will also be part of a simulated activity set by the assessor. This activity must be conducted by an assessor or Optimistic Futures and must be completed in the workplace or in another environment that accurately simulates the workplace. The assessor is too actively set tasks for the student and must observe these tasks being performed.

To standardise the application of the assessment, the assessment tasks (required skills and knowledge) are based on those specified in the Unit of Competency, HLTAID003- Provide First Aid The assessor will use an assessment instrument mapped accordingly to the assessment requirements of this unit of competency. Assessors will apply an assessment procedure to ensure you are ready for the assessment and have the right resources and equipment to achieve the right standard.

### Course Topics

- The DRSABCD Action Plan
- Managing unconscious casualties
- Cardiopulmonary Resuscitation (CPR)
- Using on External Automated Defibrillator (AED)
- Legal issues
- Infection controls
- Choking
- Heart attack
- Asthma
- Anaphylaxis
- Wounds and bleeding

### National Recognition

A certificate will be awarded upon successful completion of the unit; HLTAID003- Provide First Aid

This unit of competence is nationally recognised and provides individuals with a valuable outcome that can be applied throughout Australia.

### Fees and Charges

Information about fees and charges is provided in the schedule of fees and charges which will have been included in your pre-enrolment information package. The basic course fees are: \$65 per person.

### Payment method

Eftpos and Cash

