GUIDELINES

* **Revised Discharge Policy for COVID-19**

**1. Mild/very mild/pre-symptomatic cases**

**2. Moderate cases admitted to Dedicated COVID Health Centre (Oxygen beds)**

**2.1. Patients whose symptoms resolve within 3 days and maintains saturation above 95% for the**

[FOR MORE](PDF LINK) 0.PDF

* **CPCB Guidelines for disposal of COVID 19**

In order to deal with COVID-19 pandemic, State and Central Governments have initiated various steps, which include setting up of quarantine centers/camps, Isolation wards, sample collection centers and laboratories.

Following specific guidelines for management of waste generated during diagnostics and treatment of COVID-19 suspected / confirmed patients, are required to be followed by all the stakeholders including isolation wards, quarantine centers, sample collection centers, laboratories, ULBS and common biomedical waste treatment and disposal facilities, in addition to existing practices under BMW Management Rules, 2016.

[FOR MORE](PDFLINK)1.PDF

* **Guidelines for Quarantine facilities COVID-19**

Quarantine is the separation and restriction of movement or activities of persons

who are not ill but who are believed to have been exposed to infection, for the

purpose of preventing transmission of disease. Persons are usually quarantined in

their homes, but they may also be quarantined in community-based facilities.

Quarantine can be applied to

* + An individual or to a group of persons who are exposed at a large public gathering or to persons believed exposed on a conveyance during international travel.
  + A wider population- or geographic-level basis.

**Examples** of this application include the closing of local or community borders or erection of a barrier around a geographic area (cordon sanitaire) with strict enforcement to prohibit movement into and out of the area.

[FOR MORE](PDF LINK)2.PDF

* **Roles and Responsibilities of RRTs in COVID-19 response**

**Composition of Central RRTs**

* + Epidemiologist
  + Microbiologist
  + Any other person deployed as per need

**Responsibilities of RRTs:**

Members of the central RRT will work in close coordination with state and district RRTs both at central and local levels.

[FOR MORE](PDFLINK)3.PDF

* **Guidelines to be followed on detection of suspect/confirmed COVID-19 case in a non-COVID Health Facility**

**1.BACKGROUND**

here have been some instances of hospitals having closed down as few health care workers (HCW) working there turned out to be positive for COVID -19. Also some non-COVID health facilities have reported confirmation of COVID-19, in patients admitted for unrelated/non-respiratory illness, causing undue apprehension among healthcare workers, sometimes leading to impaired functionality of such hospitals

[FOR MORE](PDF LINK)4.PDF

* **Guidelines for home quarantine**

Detection of a travel related/unrelated suspect case of novel Coronavirus Disease (COVID-

19) will be followed by rapid isolation of such cases in designated health facilities and line

listing of all contacts of such cases. Home quarantine is applicable to all such contacts of a

suspect or confirmed case of COVID-19.

[FOR MORE](PDF LINK)5.PDF

* **Guidelines for Home based care of 2019-nCoV**

Novel Corona Virus (2019-nCoV)

Any person(s) suggestive of 2019-nCoV, should be confined at home for a period of 14 days and avoid

close contact with public and other members in the family.

Guiding Principles for home care

1. Be informed about the illness.
2. Stay home, preferably isolate himself / herself in a separate & well-ventilated room. Avoid common areas frequented by other members of the family.
3. Avoid close contact with others. If inevitable, always maintain at-least two metres distance.
4. Avoid having visitors.
5. Avoid frequent touching of face
6. Avoid hand shaking and wash hands frequently with soap and water. In case of non-availability of soap and water, commercially available hand rubs can be used
7. Take plenty of fluids.
8. Follow cough etiquettes –
   1. Cover mouth and nose with a tissue/ handkerchief when coughing or sneezing; In case tissue/handkerchief is not available cough/ sneeze onto your upper arm or shoulder; coughing/ sneezing directly onto hands should not be done.
   2. Turn away from others when coughing or sneezing
   3. Do not spit/blow nose here and there, use a water filled receptacle for collecting sputum, thereby minimizing aerosol generation.

Monitor your health for appearance of symptoms like fever, cough and/or breathing difficulty. If you develop any of these symptoms Please do contact the nearest Government Health Facility.

**For any further information Please contact District Surveillance Office.**