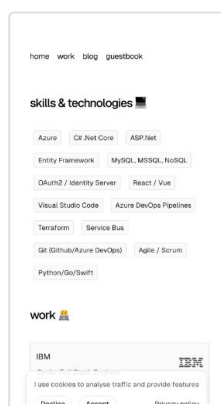


## Performance

calculated directly from these metrics. See calculator.



## METRICS

Expand view

## First Contentful Paint

1.9 s

▲ Largest Contentful Paint

4.3 s

Total Blocking Time

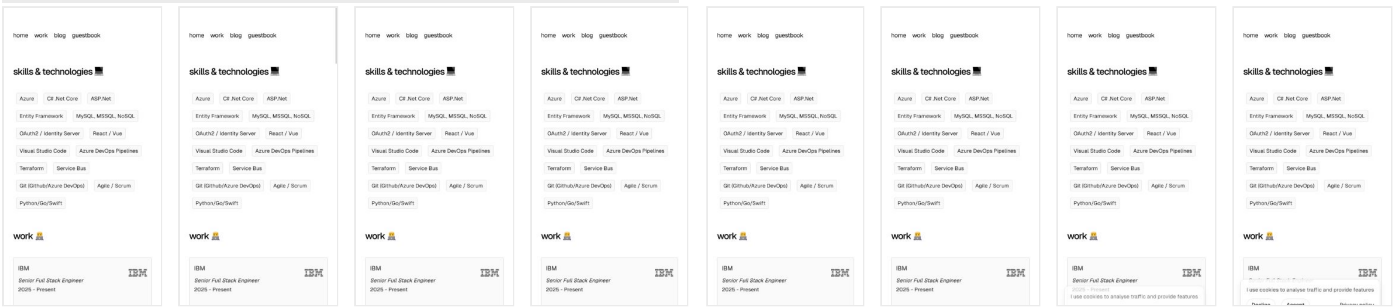
30 ms

Cumulative Layout Shift

0

Speed Index

1.9 s



Later this year, insights will replace performance audits. [Learn more and provide feedback here.](#)

Go back to audits

Show audits relevant to: All [FCP](#) [LCP](#) [TBT](#)

INSIGHTS

▲ Render blocking requests — Est savings of 130 ms

Requests are blocking the page's initial render, which may delay LCP. [Deferring or inlining](#) can move these network requests out of the critical path. [FCP](#) [LCP](#)

URL	Transfer Size	Duration
ainsworth.dev <a href="#">1st Party</a>	9.7 KiB	150 ms
...css/650df5cbc9ec27d3.css (ainsworth.dev)	9.7 KiB	150 ms

▲ Network dependency tree

**Warnings:** More than 4 `preconnect` connections were found. These should be used sparingly and only to the most important origins.

[Avoid chaining critical requests](#) by reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. [LCP](#)

Maximum critical path latency: 113 ms

Initial Navigation

/work (ainsworth.dev) - 69 ms, 12.65 KiB

Preconnected origins

[preconnect](#) hints help the browser establish a connection earlier in the page load, saving time when the first request for that origin is made. The following are the origins that the page preconnected to.

Origin	Source
https://ainsworth.dev/	link
https://cdn.vercel-insights.com/	link
Unused preconnect. Only use `preconnect` for origins that the page is likely to request.	
https://vercel.live/	link
Unused preconnect. Only use `preconnect` for origins that the page is likely to request.	
https://va.vercel-scripts.com/	link
Unused preconnect. Only use `preconnect` for origins that the page is likely to request.	
https://static.cloudflareinsights.com/	link
https://api.resend.com/	link
Unused preconnect. Only use `preconnect` for origins that the page is likely to request.	

Preconnect candidates

Add [preconnect](#) hints to your most important origins, but try to use no more than 4.

No additional origins are good candidates for preconnecting

Use efficient cache lifetimes — Est savings of 11 KiB

A long cache lifetime can speed up repeat visits to your page. [Learn more.](#) FCP LCP

☒ Show 3rd-party resources (1)

Request	Cache TTL	Transfer Size
ainsworth.dev <span>1st Party</span>		9 KiB
...zaraz/s.js?z=JTdCJTlyZ... (ainsworth.dev)	None	4 KiB
...cloudflare-static/rocket-loader.min.js (ainsworth.dev)	47m 56s	4 KiB

Request	Cache TTL	Transfer Size
Cloudflare <span>Utility</span>		7 KiB
/beacon.min.js/vcd15cbe... (static.cloudflareinsights.com)	1d	7 KiB

Improve image delivery — Est savings of 12 KiB



Reducing the download time of images can improve the perceived load time of the page and LCP. [Learn more about optimizing image size](#) FCP LCP

URL	Resource Size	Est Savings
ainsworth.dev <span>1st Party</span>	13.4 KiB	11.8 KiB
...logos/wh.webp (ainsworth.dev)	13.4 KiB	11.8 KiB
Increasing the image compression factor could improve this image's download size.		11.8 KiB

Legacy JavaScript — Est savings of 12 KiB



Polyfills and transforms enable older browsers to use new JavaScript features. However, many aren't necessary for modern browsers. Consider modifying your JavaScript build process to not transpile [Baseline](#) features, unless you know you must support older browsers. [Learn why most sites can deploy ES6+ code without transpiling](#) FCP LCP

URL	Wasted bytes
ainsworth.dev <span>1st Party</span>	11.6 KiB
...chunks/1255-bfa32748c16d8da3.js (ainsworth.dev)	11.6 KiB
1255-bfa32748c16d8da3.js:1	Array.prototype.at
1255-bfa32748c16d8da3.js:1	Array.prototype.flat
1255-bfa32748c16d8da3.js:1	Array.prototype.flatMap
1255-bfa32748c16d8da3.js:1	Object.fromEntries
1255-bfa32748c16d8da3.js:1	Object.hasOwn
1255-bfa32748c16d8da3.js:1	String.prototype.trimEnd
1255-bfa32748c16d8da3.js:1	String.prototype.trimStart

☐ LCP breakdown



Each [subpart has specific improvement strategies](#). Ideally, most of the LCP time should be spent on loading the resources, not within delays. LCP

Subpart	Duration
Time to first byte	60 ms
Element render delay	220 ms



p.prose-sm.mt-2.text-neutral-900.dark:text-neutral-100

3rd parties

^

3rd party code can significantly impact load performance. [Reduce and defer loading of 3rd party code](#) to prioritize your page's content.

3rd party	Transfer size	Main thread time
Cloudflare <div>Utility</div>	7 KiB	1 ms
/beacon.min.js/vcd15cbe... (static.cloudflareinsights.com)	7 KiB	1 ms
Google/DoubleClick Ads <div>Ad</div>	0 KiB	0 ms
/g/collect?t=... (stats.g.doubleclick.net)	0 KiB	0 ms
/g/collect?t=... (stats.g.doubleclick.net)	0 KiB	0 ms

These insights are also available in the Chrome DevTools Performance Panel - [record a trace](#) to view more detailed information.

DIAGNOSTICS

Reduce unused JavaScript — Est savings of 73 KiB

^

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity. [Learn how to reduce unused JavaScript.](#)

FCP

LCP

URL	Transfer Size	Est Savings
ainsworth.dev <div>1st Party</div>	87.7 KiB	73.4 KiB
...chunks/363642f4-6211f02ad727deff.js (ainsworth.dev)	50.7 KiB	46.3 KiB
...chunks/6968-e8241996ac416f64.js (ainsworth.dev)	37.0 KiB	27.1 KiB

Defer offscreen images — Est savings of 18 KiB



Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. [Learn how to defer offscreen images.](#) FCP LCP

URL	Resource Size	Est Savings
ainsworth.dev <span>1st Party</span>	18.2 KiB	17.8 KiB
 img.h-12.w-12	...logos/wh.webp (ainsworth.dev)	13.4 KiB
 img.h-12.w-12	...logos/asfc_black.webp (ainsworth.dev)	4.8 KiB

Avoid serving legacy JavaScript to modern browsers — Est savings of 12 KiB



Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. Consider modifying your JavaScript build process to not transpile [Baseline](#) features, unless you know you must support legacy browsers. [Learn why most sites can deploy ES6+ code without transpiling](#) FCP LCP

URL	Est Savings
ainsworth.dev <span>1st Party</span>	11.7 KiB
...chunks/1255-bfa32748c16d8da3.js (ainsworth.dev)	11.3 KiB
<div><div>1255-bfa32748c16d8da3.js:1</div><div>1255-bfa32748c16d8da3.js:1</div><div>1255-bfa32748c16d8da3.js:1</div><div>1255-bfa32748c16d8da3.js:1</div><div>1255-bfa32748c16d8da3.js:1</div><div>1255-bfa32748c16d8da3.js:1</div><div>1255-bfa32748c16d8da3.js:1</div></div>	<div>Array.prototype.at</div> <div>Array.prototype.flat</div> <div>Array.prototype.flatMap</div> <div>Object.fromEntries</div> <div>Object.hasOwn</div> <div>String.prototype.trimEnd</div> <div>String.prototype.trimStart</div>

URL	Est Savings
...chunks/6968-e8241996ac416f64.js (ainsworth.dev)	0.3 KiB
<div>6968-e8241996ac416f64.js:1</div> @babel/plugin-transform-classes	

Avoid long main-thread tasks — 1 long task found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay. [Learn how to avoid long main-thread tasks](#) TBT

URL	Start Time	Duration
ainsworth.dev <span>1st Party</span>		75 ms
...chunks/webpack-60e370f2ae0d89b6.js (ainsworth.dev)	3,641 ms	75 ms

More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

PASSED AUDITS (22)

Hide

Layout shift culprits

Layout shifts occur when elements move absent any user interaction. [Investigate the causes of layout shifts](#), such as elements being added, removed, or their fonts changing as the page loads. CLS

Document request latency

Your first network request is the most important. Reduce its latency by avoiding redirects, ensuring a fast server response, and enabling text compression. FCP LCP

- Avoids redirects
- Server responds quickly (observed 61 ms)
- Applies text compression

Optimize DOM size

A large DOM can increase the duration of style calculations and layout reflows, impacting page responsiveness. A large DOM will also increase memory usage. [Learn how to avoid an excessive DOM size](#).

Statistic	Element	Value
Total elements		189
Most children	<div>body.antialiased.text-black.bg-white.dark:text-white.dark:bg-[#111010]</div>	26
DOM depth	<div><div>use</div></div>	12
<div><div></div>Duplicated JavaScript<div></div></div>		
Remove large, duplicate JavaScript modules from bundles to reduce unnecessary bytes consumed by network activity.		
<div><div></div>Font display<div></div></div>		
Consider setting <a href="#">font-display</a> to swap or optional to ensure text is consistently visible. swap can be further optimized to mitigate layout shifts with <a href="#">font metric overrides</a> .		
<div><div></div>Forced reflow<div></div></div>		
A forced reflow occurs when JavaScript queries geometric properties (such as <code>offsetWidth</code> ) after styles have been invalidated by a change to the DOM state. This can result in poor performance. Learn more about <a href="#">forced reflows</a> and possible mitigations.		
<div><div></div>INP breakdown<div></div></div>		
Start investigating with the longest subpart. <a href="#">Delays can be minimized</a> . To reduce processing duration, <a href="#">optimize the main-thread costs</a> , often JS.		
<div><div></div>LCP request discovery<div></div></div>		
Optimize LCP by making the LCP image <a href="#">discoverable</a> from the HTML immediately, and <a href="#">avoiding lazy-loading</a>		
<div><div></div>Modern HTTP<div></div></div>		
HTTP/2 and HTTP/3 offer many benefits over HTTP/1.1, such as multiplexing. <a href="#">Learn more about using modern HTTP</a> .		
<div><div></div>Optimize viewport for mobile<div></div></div>		



Tap interactions may be [delayed by up to 300 ms](#) if the viewport is not optimized for mobile.

meta

Minify CSS

Minifying CSS files can reduce network payload sizes. [Learn how to minify CSS.](#) FCP LCP

Minify JavaScript

Minifying JavaScript files can reduce payload sizes and script parse time. [Learn how to minify JavaScript.](#) FCP LCP

Reduce unused CSS

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes consumed by network activity. [Learn how to reduce unused CSS.](#) FCP LCP

Use HTTP/2

HTTP/2 offers many benefits over HTTP/1.1, including binary headers and multiplexing. [Learn more about HTTP/2.](#) LCP FCP

Avoids enormous network payloads — Total size was 478 KiB

Large network payloads cost users real money and are highly correlated with long load times. [Learn how to reduce payload sizes.](#)

URL	Transfer Size
ainsworth.dev <span>1st Party</span>	372.3 KiB
...media/028c0d39d2e8f589-s.p.woff2 (ainsworth.dev)	58.1 KiB
...media/5b01f339abf2f1a5.p.woff2 (ainsworth.dev)	57.7 KiB
...chunks/4bd1b696-100b9d70ed4e49c1.js (ainsworth.dev)	55.3 KiB
...chunks/363642f4-6211f02ad727deff.js (ainsworth.dev)	51.7 KiB
...chunks/1255-bfa32748c16d8da3.js (ainsworth.dev)	45.5 KiB
...chunks/6968-e8241996ac416f64.js (ainsworth.dev)	38.0 KiB

URL	Transfer Size
/sprite.svg (ainsworth.dev)	19.5 KiB
/sprite.svg?v=28f4e9ef (ainsworth.dev)	19.5 KiB
...logos/wh.webp (ainsworth.dev)	14.3 KiB
/work (ainsworth.dev)	12.6 KiB

User Timing marks and measures

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. [Learn more about User Timing marks.](#)

JavaScript execution time — 0.2 s

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. [Learn how to reduce Javascript execution time.](#) TBT

URL	Total CPU Time	Script Evaluation	Script Parse
ainsworth.dev <span>1st Party</span>	276 ms	179 ms	11 ms
...chunks/1255-bfa32748c16d8da3.js (ainsworth.dev)	103 ms	92 ms	9 ms
/work (ainsworth.dev)	94 ms	9 ms	2 ms
...chunks/webpack-60e370f2ae0d89b6.js (ainsworth.dev)	79 ms	78 ms	0 ms
Unattributable	73 ms	6 ms	0 ms
Unattributable	73 ms	6 ms	0 ms

Minimizes main-thread work — 0.4 s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. [Learn how to minimize main-thread work](#) TBT

Category	Time Spent
Script Evaluation	222 ms
Other	118 ms
Script Parsing & Compilation	46 ms
Style & Layout	43 ms
Rendering	12 ms
Parse HTML & CSS	7 ms

Lazy load third-party resources with facades

Some third-party embeds can be lazy loaded. Consider replacing them with a facade until they are required. [Learn how to defer third-parties with a facade.](#) TBT

Uses passive listeners to improve scrolling performance

Consider marking your touch and wheel event listeners as passive to improve your page's scroll performance. [Learn more about adopting passive event listeners.](#)

Avoids `document.write()`

For users on slow connections, external scripts dynamically injected via `document.write()` can delay page load by tens of seconds. [Learn how to avoid document.write\(\)](#).

Page didn't prevent back/forward cache restoration

Many navigations are performed by going back to a previous page, or forwards again. The back/forward cache (bfcache) can speed up these return navigations. [Learn more about the bfcache](#)



## Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Automatic detection can only detect a subset of issues and does not guarantee the accessibility of your web app, so [manual testing](#) is also encouraged.

## ADDITIONAL ITEMS TO MANUALLY CHECK (10)

Hide

☐ Interactive controls are keyboard focusable

Custom interactive controls are keyboard focusable and display a focus indicator. [Learn how to make custom controls focusable.](#)

☐ Interactive elements indicate their purpose and state

Interactive elements, such as links and buttons, should indicate their state and be distinguishable from non-interactive elements. [Learn how to decorate interactive elements with affordance hints.](#)

☐ The page has a logical tab order

Tabbing through the page follows the visual layout. Users cannot focus elements that are offscreen. [Learn more about logical tab ordering.](#)

☐ Visual order on the page follows DOM order

DOM order matches the visual order, improving navigation for assistive technology. [Learn more about DOM and visual ordering.](#)

☐ User focus is not accidentally trapped in a region

A user can tab into and out of any control or region without accidentally trapping their focus. [Learn how to avoid focus traps.](#)

☐ The user's focus is directed to new content added to the page

If new content, such as a dialog, is added to the page, the user's focus is directed to it. [Learn how to direct focus to new content.](#)

☐ HTML5 landmark elements are used to improve navigation

Landmark elements (<main>, <nav>, etc.) are used to improve the keyboard navigation of the page for assistive technology. [Learn more about landmark elements.](#)

☐ Offscreen content is hidden from assistive technology

Offscreen content is hidden with display: none or aria-hidden=true. [Learn how to properly hide offscreen content.](#)

☐ Custom controls have associated labels

Custom interactive controls have associated labels, provided by aria-label or aria-labelledby. [Learn more about custom controls and labels.](#)

---

○ Custom controls have ARIA roles ^

---

Custom interactive controls have appropriate ARIA roles. [Learn how to add roles to custom controls.](#)

---

These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

---

PASSED AUDITS (23)

Hide

---

`[aria-*)` attributes match their roles ^

---

Each ARIA role supports a specific subset of `aria-*)` attributes. Mismatching these invalidates the `aria-*)` attributes. [Learn how to match ARIA attributes to their roles.](#)

---

`[aria-hidden="true"]` is not present on the document `<body>` ^

---

Assistive technologies, like screen readers, work inconsistently when `aria-hidden="true"` is set on the document `<body>`. [Learn how `aria-hidden` affects the document body.](#)

---

`[role]`s have all required `[aria-*)` attributes ^

---

Some ARIA roles have required attributes that describe the state of the element to screen readers. [Learn more about roles and required attributes.](#)

---

`[aria-*)` attributes have valid values ^

---

Assistive technologies, like screen readers, can't interpret ARIA attributes with invalid values. [Learn more about valid values for ARIA attributes.](#)

---

`[aria-*)` attributes are valid and not misspelled ^

---

Assistive technologies, like screen readers, can't interpret ARIA attributes with invalid names. [Learn more about valid ARIA attributes.](#)

---

Buttons have an accessible name ^

---

When a button doesn't have an accessible name, screen readers announce it as "button", making it unusable for users who rely on screen readers. [Learn how to make buttons more accessible.](#)

---

Image elements have `[alt]` attributes ^

---

Informative elements should aim for short, descriptive alternate text. Decorative elements can be ignored with an empty alt attribute. [Learn more about the `alt` attribute.](#)

---

`[user-scalable="no"]` is not used in the `<meta name="viewport">` element and the `[maximum-scale]` attribute is not less than 5. ^

Disabling zooming is problematic for users with low vision who rely on screen magnification to properly see the contents of a web page. [Learn more about the viewport meta tag.](#)

ARIA attributes are used as specified for the element's role ^

Some ARIA attributes are only allowed on an element under certain conditions. [Learn more about conditional ARIA attributes.](#)

Elements use only permitted ARIA attributes ^

Using ARIA attributes in roles where they are prohibited can mean that important information is not communicated to users of assistive technologies. [Learn more about prohibited ARIA roles.](#)

`[role]` values are valid ^

ARIA roles must have valid values in order to perform their intended accessibility functions. [Learn more about valid ARIA roles.](#)

Background and foreground colors have a sufficient contrast ratio ^

Low-contrast text is difficult or impossible for many users to read. [Learn how to provide sufficient color contrast.](#)

Document has a `<title>` element ^

The title gives screen reader users an overview of the page, and search engine users rely on it heavily to determine if a page is relevant to their search. [Learn more about document titles.](#)

`<html>` element has a `[lang]` attribute ^

If a page doesn't specify a `lang` attribute, a screen reader assumes that the page is in the default language that the user chose when setting up the screen reader. If the page isn't actually in the default language, then the screen reader might not announce the page's text correctly. [Learn more about the `lang` attribute.](#)

`<html>` element has a valid value for its `[lang]` attribute ^

Specifying a valid [BCP 47 language](#) helps screen readers announce text properly. [Learn how to use the `lang` attribute.](#)

Links have a discernible name ^

Link text (and alternate text for images, when used as links) that is discernible, unique, and focusable improves the navigation experience for screen reader users. [Learn how to make links accessible.](#)

Lists contain only `<li>` elements and script supporting elements (`<script>` and `<template>`).



Screen readers have a specific way of announcing lists. Ensuring proper list structure aids screen reader output. [Learn more about proper list structure.](#)

List items (`<li>`) are contained within `<ul>`, `<ol>` or `<menu>` parent elements



Screen readers require list items (`<li>`) to be contained within a parent `<ul>`, `<ol>` or `<menu>` to be announced properly. [Learn more about proper list structure.](#)

Touch targets have sufficient size and spacing.



Touch targets with sufficient size and spacing help users who may have difficulty targeting small controls to activate the targets. [Learn more about touch targets.](#)

Heading elements appear in a sequentially-descending order



Properly ordered headings that do not skip levels convey the semantic structure of the page, making it easier to navigate and understand when using assistive technologies. [Learn more about heading order.](#)

Uses ARIA roles only on compatible elements



Many HTML elements can only be assigned certain ARIA roles. Using ARIA roles where they are not allowed can interfere with the accessibility of the web page. [Learn more about ARIA roles.](#)

Deprecated ARIA roles were not used



Deprecated ARIA roles may not be processed correctly by assistive technology. [Learn more about deprecated ARIA roles.](#)

Image elements do not have `[alt]` attributes that are redundant text.



Informative elements should aim for short, descriptive alternative text. Alternative text that is exactly the same as the text adjacent to the link or image is potentially confusing for screen reader users, because the text will be read twice. [Learn more about the alt attribute.](#)

NOT APPLICABLE (34)

Hide

☐ `[accesskey]` values are unique



Access keys let users quickly focus a part of the page. For proper navigation, each access key must be unique. [Learn more about access keys.](#)

○ `button`, `link`, and `menuitem` elements have accessible names



When an element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn how to make command elements more accessible.](#)

○ Elements with `role="dialog"` or `role="alertdialog"` have accessible names.



ARIA dialog elements without accessible names may prevent screen readers users from discerning the purpose of these elements. [Learn how to make ARIA dialog elements more accessible.](#)

○ `[aria-hidden="true"]` elements do not contain focusable descendents



Focusable descendents within an `[aria-hidden="true"]` element prevent those interactive elements from being available to users of assistive technologies like screen readers. [Learn how aria-hidden affects focusable elements.](#)

○ ARIA input fields have accessible names



When an input field doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn more about input field labels.](#)

○ ARIA `meter` elements have accessible names



When a meter element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn how to name meter elements.](#)

○ ARIA `progressbar` elements have accessible names



When a progressbar element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn how to label progressbar elements.](#)

○ Elements with an ARIA `[role]` that require children to contain a specific `[role]` have all required children.



Some ARIA parent roles must contain specific child roles to perform their intended accessibility functions. [Learn more about roles and required children elements.](#)

○ `[role]`s are contained by their required parent element



Some ARIA child roles must be contained by specific parent roles to properly perform their intended accessibility functions. [Learn more about ARIA roles and required parent element.](#)

○ Elements with the `role=text` attribute do not have focusable descendents.



Adding `role=text` around a text node split by markup enables VoiceOver to treat it as one phrase, but the element's focusable descendents will not be announced. [Learn more about the role=text attribute.](#)



---

☐ ARIA toggle fields have accessible names ^

---

When a toggle field doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn more about toggle fields.](#)

---

☐ ARIA `tooltip` elements have accessible names ^

---

When a tooltip element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn how to name tooltip elements.](#)

---

☐ ARIA `treeitem` elements have accessible names ^

---

When a `treeitem` element doesn't have an accessible name, screen readers announce it with a generic name, making it unusable for users who rely on screen readers. [Learn more about labeling treeitem elements.](#)

---

☐ The page contains a heading, skip link, or landmark region ^

---

Adding ways to bypass repetitive content lets keyboard users navigate the page more efficiently. [Learn more about bypass blocks.](#)

---

☐ `<dl>`'s contain only properly-ordered `<dt>` and `<dd>` groups, `<script>`, `<template>` or `<div>` elements. ^

---

When definition lists are not properly marked up, screen readers may produce confusing or inaccurate output. [Learn how to structure definition lists correctly.](#)

---

☐ Definition list items are wrapped in `<dl>` elements ^

---

Definition list items (`<dt>` and `<dd>`) must be wrapped in a parent `<dl>` element to ensure that screen readers can properly announce them. [Learn how to structure definition lists correctly.](#)

---

☐ ARIA IDs are unique ^

---

The value of an ARIA ID must be unique to prevent other instances from being overlooked by assistive technologies. [Learn how to fix duplicate ARIA IDs.](#)

---

☐ No form fields have multiple labels ^

---

Form fields with multiple labels can be confusingly announced by assistive technologies like screen readers which use either the first, the last, or all of the labels. [Learn how to use form labels.](#)

---

☐ `<frame>` or `<iframe>` elements have a title ^

---

Screen reader users rely on frame titles to describe the contents of frames. [Learn more about frame titles.](#)

---

- `<html>` element has an `[xml:lang]` attribute with the same base language as the `[lang]` attribute. ^

If the webpage does not specify a consistent language, then the screen reader might not announce the page's text correctly. [Learn more about the lang attribute.](#)

- Input buttons have discernible text. ^

Adding discernable and accessible text to input buttons may help screen reader users understand the purpose of the input button. [Learn more about input buttons.](#)

- `<input type="image">` elements have `[alt]` text ^

When an image is being used as an `<input>` button, providing alternative text can help screen reader users understand the purpose of the button. [Learn about input image alt text.](#)

- Form elements have associated labels ^

Labels ensure that form controls are announced properly by assistive technologies, like screen readers. [Learn more about form element labels.](#)

- Links are distinguishable without relying on color. ^

Low-contrast text is difficult or impossible for many users to read. Link text that is discernible improves the experience for users with low vision. [Learn how to make links distinguishable.](#)

- The document does not use `<meta http-equiv="refresh">` ^

Users do not expect a page to refresh automatically, and doing so will move focus back to the top of the page. This may create a frustrating or confusing experience. [Learn more about the refresh meta tag.](#)

- `<object>` elements have alternate text ^

Screen readers cannot translate non-text content. Adding alternate text to `<object>` elements helps screen readers convey meaning to users. [Learn more about alt text for object elements.](#)

- Select elements have associated label elements. ^

Form elements without effective labels can create frustrating experiences for screen reader users. [Learn more about the select element.](#)

- Skip links are focusable. ^

Including a skip link can help users skip to the main content to save time. [Learn more about skip links.](#)

- No element has a `[tabindex]` value greater than 0



A value greater than 0 implies an explicit navigation ordering. Although technically valid, this often creates frustrating experiences for users who rely on assistive technologies. [Learn more about the `tabindex` attribute.](#)

- Tables have different content in the summary attribute and `<caption>`.



The summary attribute should describe the table structure, while `<caption>` should have the onscreen title. Accurate table mark-up helps users of screen readers. [Learn more about summary and caption.](#)

- Cells in a `<table>` element that use the `[headers]` attribute refer to table cells within the same table.



Screen readers have features to make navigating tables easier. Ensuring `<td>` cells using the `[headers]` attribute only refer to other cells in the same table may improve the experience for screen reader users. [Learn more about the `headers` attribute.](#)

- `<th>` elements and elements with `[role="columnheader"/"rowheader"]` have data cells they describe.



Screen readers have features to make navigating tables easier. Ensuring table headers always refer to some set of cells may improve the experience for screen reader users. [Learn more about table headers.](#)

- `[lang]` attributes have a valid value



Specifying a valid [BCP 47 language](#) on elements helps ensure that text is pronounced correctly by a screen reader. [Learn how to use the `lang` attribute.](#)

- `<video>` elements contain a `<track>` element with `[kind="captions"]`



When a video provides a caption it is easier for deaf and hearing impaired users to access its information. [Learn more about video captions.](#)



## Best Practices

### TRUST AND SAFETY

- Ensure CSP is effective against XSS attacks



A strong Content Security Policy (CSP) significantly reduces the risk of cross-site scripting (XSS) attacks. [Learn how to use a CSP to prevent XSS](#)

Description	Directive	Severity
Host allowlists can frequently be bypassed. Consider using CSP nonces or hashes instead, along with ``strict-dynamic`` if necessary.	script-src	High
``unsafe-inline`` allows the execution of unsafe in-page scripts and event handlers. Consider using CSP nonces or hashes to allow scripts individually.	script-src	High

○ Ensure proper origin isolation with COOP

The Cross-Origin-Opener-Policy (COOP) can be used to isolate the top-level window from other documents such as pop-ups. [Learn more about deploying the COOP header.](#)

Description	Directive	Severity
No COOP header found		High

○ Mitigate DOM-based XSS with Trusted Types

The `require-trusted-types-for` directive in the Content-Security-Policy (CSP) header instructs user agents to control the data passed to DOM XSS sink functions. [Learn more about mitigating DOM-based XSS with Trusted Types.](#)

Description	Severity
No ``Content-Security-Policy`` header with Trusted Types directive found	High

PASSED AUDITS (15)

Hide

Uses HTTPS

All sites should be protected with HTTPS, even ones that don't handle sensitive data. This includes avoiding [mixed content](#), where some resources are loaded over HTTP despite the initial request being served over HTTPS. HTTPS prevents intruders from tampering with or passively listening in on the communications between your app and your users, and is a prerequisite for HTTP/2 and many new web platform APIs. [Learn more about HTTPS.](#)

Avoids deprecated APIs

Deprecated APIs will eventually be removed from the browser. [Learn more about deprecated APIs.](#)

Avoids third-party cookies

Third-party cookies may be blocked in some contexts. [Learn more about preparing for third-party cookie restrictions.](#)

Allows users to paste into input fields



Preventing input pasting is a bad practice for the UX, and weakens security by blocking password managers. [Learn more about user-friendly input fields.](#)

Avoids requesting the geolocation permission on page load



Users are mistrustful of or confused by sites that request their location without context. Consider tying the request to a user action instead. [Learn more about the geolocation permission.](#)

Avoids requesting the notification permission on page load



Users are mistrustful of or confused by sites that request to send notifications without context. Consider tying the request to user gestures instead. [Learn more about responsibly getting permission for notifications.](#)

Displays images with correct aspect ratio



Image display dimensions should match natural aspect ratio. [Learn more about image aspect ratio.](#)

Serves images with appropriate resolution



Image natural dimensions should be proportional to the display size and the pixel ratio to maximize image clarity. [Learn how to provide responsive images.](#)

Has a `<meta name="viewport">` tag with `width` or `initial-scale`



A `<meta name="viewport">` not only optimizes your app for mobile screen sizes, but also prevents [a 300 millisecond delay to user input](#). [Learn more about using the viewport meta tag.](#)

Document uses legible font sizes — 100% legible text



Font sizes less than 12px are too small to be legible and require mobile visitors to “pinch to zoom” in order to read. Strive to have >60% of page text  $\geq 12\text{px}$ . [Learn more about legible font sizes.](#)

Source	Selector	% of Page Text	Font Size
Legible text		100.00%	$\geq 12\text{px}$

Page has the HTML doctype



Specifying a doctype prevents the browser from switching to quirks-mode. [Learn more about the doctype declaration.](#)

#### Properly defines charset



A character encoding declaration is required. It can be done with a <meta> tag in the first 1024 bytes of the HTML or in the Content-Type HTTP response header. [Learn more about declaring the character encoding.](#)

#### No browser errors logged to the console



Errors logged to the console indicate unresolved problems. They can come from network request failures and other browser concerns. [Learn more about this errors in console diagnostic audit](#)

#### No issues in the [Issues](#) panel in Chrome Devtools



Issues logged to the Issues panel in Chrome Devtools indicate unresolved problems. They can come from network request failures, insufficient security controls, and other browser concerns. Open up the Issues panel in Chrome DevTools for more details on each issue.

#### Page has valid source maps



Source maps translate minified code to the original source code. This helps developers debug in production. In addition, Lighthouse is able to provide further insights. Consider deploying source maps to take advantage of these benefits. [Learn more about source maps.](#)

### NOT APPLICABLE (4)

[Hide](#)

#### ☐ Redirects HTTP traffic to HTTPS



Make sure that you redirect all HTTP traffic to HTTPS in order to enable secure web features for all your users. [Learn more.](#)

#### ☐ Use a strong HSTS policy



Deployment of the HSTS header significantly reduces the risk of downgrading HTTP connections and eavesdropping attacks. A rollout in stages, starting with a low max-age is recommended. [Learn more about using a strong HSTS policy.](#)

#### ☐ Mitigate clickjacking with XFO or CSP



The X-Frame-Options (XFO) header or the frame-ancestors directive in the Content-Security-Policy (CSP) header control where a page can be embedded. These can mitigate clickjacking attacks by blocking some or all sites from embedding the page. [Learn more about mitigating clickjacking.](#)

○ Detected JavaScript libraries



All front-end JavaScript libraries detected on the page. [Learn more about this JavaScript library detection diagnostic audit.](#)



SEO

These checks ensure that your page is following basic search engine optimization advice. There are many additional factors Lighthouse does not score here that may affect your search ranking, including performance on [Core Web Vitals](#). [Learn more about Google Search Essentials](#).

CRAWLING AND INDEXING

▲ robots.txt is not valid — 1 error found



If your robots.txt file is malformed, crawlers may not be able to understand how you want your website to be crawled or indexed. [Learn more about robots.txt](#).

Line #	Content	Error
29	Content-signal: search=yes,ai-train=no	Unknown directive

To appear in search results, crawlers need access to your app.

CONTENT BEST PRACTICES

▲ Document does not have a valid [rel=canonical](#)  
Points to the domain's root URL (the homepage), instead of an equivalent page of content



Canonical links suggest which URL to show in search results. [Learn more about canonical links](#).

Format your HTML in a way that enables crawlers to better understand your app's content.

ADDITIONAL ITEMS TO MANUALLY CHECK (1)

Hide

○ Structured data is valid



Run the [Structured Data Testing Tool](#) and the [Structured Data Linter](#) to validate structured data. [Learn more about Structured Data](#).

Run these additional validators on your site to check additional SEO best practices.

PASSED AUDITS (8)

Hide

Page isn't blocked from indexing	^
Search engines are unable to include your pages in search results if they don't have permission to crawl them. <a href="#">Learn more about crawler directives</a> .	
Document has a <title> element	^
The title gives screen reader users an overview of the page, and search engine users rely on it heavily to determine if a page is relevant to their search. <a href="#">Learn more about document titles</a> .	
Document has a meta description	^
Meta descriptions may be included in search results to concisely summarize page content. <a href="#">Learn more about the meta description</a> .	
Page has successful HTTP status code	^
Pages with unsuccessful HTTP status codes may not be indexed properly. <a href="#">Learn more about HTTP status codes</a> .	
Links have descriptive text	^
Descriptive link text helps search engines understand your content. <a href="#">Learn how to make links more accessible</a> .	
Links are crawlable	^
Search engines may use href attributes on links to crawl websites. Ensure that the href attribute of anchor elements links to an appropriate destination, so more pages of the site can be discovered. <a href="#">Learn how to make links crawlable</a>	
Image elements have [alt] attributes	^
Informative elements should aim for short, descriptive alternate text. Decorative elements can be ignored with an empty alt attribute. <a href="#">Learn more about the alt attribute</a> .	
Document has a valid hreflang	^

hreflang links tell search engines what version of a page they should list in search results for a given language or region. [Learn more about hreflang](#).



Captured at Sep 25, 2025,  
7:10 PM GMT+1  
Initial page load

Emulated Moto G Power with  
Lighthouse 12.8.1  
Slow 4G throttling

Single page session  
Using Chromium 140.0.0.0  
with devtools

Generated by **Lighthouse** 12.8.1 | [File an issue](#)