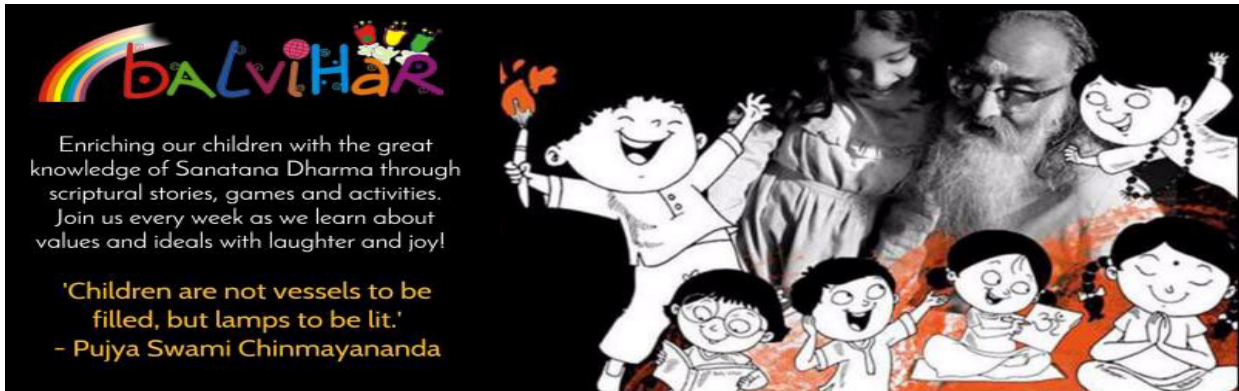


## Rules of Conduct



**\*\*\* CMWRC follows the CDC, State and Local (Fairfax County - for Chinmaya Somnath) health department recommended guidelines, therefore, if the CDC or State or the County of Fairfax guidelines change, the in-person classes will be converted to online classes in compliance with the changed regulations/guidelines for the remaining duration of Bala Vihar classes. \*\*\***

1. Everyone attending the Bala Vihar session must wear mask all the time while inside the facility without fail. Should you require a mask, please ask for volunteers and they will provide one.
2. Everyone attending the Bala Vihar session must follow social distancing guidelines while inside the facility and in the classroom. Each classroom is marked with 4 ft distance.
3. Everyone must follow the directions set by sevaks for entering, exiting, and transitioning to other classes.
4. Arrive early and settle down in your class. This will allow everyone to enter the facility and be prompt for your class.
5. The Bala Vihar classes start promptly at the scheduled time. Children are requested to be punctual; they should be seated and ready for Hanuman Chalisa followed by Arati.
6. Each child and adult students bring their own material such as pen, notebook etc. You must avoid exchanging material with other student to comply with COVID guidelines.
7. We promote best safety practices to ensure the safety of our Bala Vihar children. In ensuring the safety practice, we request all children to bring to the notice of their teacher or parent anything that concerns their safety.
8. Respect for self is respect for others. Children should be attentive and respectful in class including raising hands and wait their turn before speaking.
9. Children should come to class prepared, and with their Bala Vihar notebook, textbooks, pencil and box of crayons or colored pens (for younger children).
10. Children are expected to exhibit good manners and maintain discipline at all times. Running in the building or disturbing any of the books or materials in the classroom is not permitted.
11. Chewing gum, drinks, or food should not be consumed in in the classrooms.

12. Dress code for Bala Vihar Children.
  - Boys: Kurta Pajama or full pants with kurta. No hats, jeans, or shorts.
  - Girls: Salwar Kameez or long skirt with blouse. Wear a bindi.  
(Children or Youth who are attending some other activity after Bala Vihar may bring a change of clothes with them.)
13. Use of smart devices (mobile phones, tablets etc.) is not permitted during any classes. If a child is found using any of those devices, the teacher will take the smart device from the child and parents will have to collect it from the teacher.

#### Important Notes for Parents:

1. With the grace of Bhagavan and Sri Gurudev, Bala Vihar instills in children an appreciation of the play of the Divine in our lives. Trained volunteer parent-teachers provide children a Vedanta-based education that emphasizes spirituality and values so that they grow up prepared to lead productive and fulfilling lives. Children also learn about the rich cultural heritage of India through the medium of stories, drama, arts and crafts, and discussion.
2. Both parents (if not, at least one parent) must attend the Vedanta Class while the Bala Vihar classes for children are in session. **Parents who do not comply with this requirement, the family will be transferred to online session and will not be allowed to attend in-person session for rest of the year.** An attendance will be taken during the Vedanta class.
3. For contact tracing, attendance during each class will be taken. This information will be used to inform the families in the event of COVID exposure. **In case your child arrives after attendance is taken, it is parents' responsibility to ensure that Child's attendance is marked for that day.** Your cooperation is very important for safe and healthy environment.
4. Parents are required to submit the "Self-attestation" form to confirm the health of each family member attending the in-person session. **Failure to comply to this rule for more than once, the family will not be allowed to attend in-person session.**
  - Deadline to submit the form:
    - Friday PM Session: On Thursday by 8:00 PM
    - Sunday AM Session: On Saturday by 3:00 PM
5. To facilitate effective learning, parents are NOT permitted in class unless pre-arranged with the Teacher and the Bala Vihar Coordinator/Director.
6. The Bala Vihar Coordinator/Director may routinely attend Bala Vihar classes to evaluate the curriculum and for teacher training.
7. Once or twice a year Bala Vihar teachers will hold a parent/teacher conference. The teachers will update parents on class progress and the topics covered. The purpose of the parent/teacher conference is to facilitate ongoing parental involvement with the child's learning.
8. Please bring your children to Bala Vihar classes regularly and on time. To maximize learning and to respect the significant effort teachers put in to prepare for class, please ensure that children attend class regularly and that absences are few and far between, and only due to unavoidable reasons such as illness or other emergencies.
9. Please notify the teacher(s) before class if your child is going to be absent. In the event of sudden illness or emergency, please notify the teacher(s) as soon as possible. The telephone numbers and email addresses of teachers provided may be used for this purpose.
10. If your child has any special needs, please reach out to the Bala vihar coordinator before enrolling. This way you can make sure that his/her needs can/cannot be met at the center. Safety and well-being of our Bala vihar children is of paramount importance to us

11. All children should be well rested and have a nourishing meal before attending Bala Vihar. This fosters better learning.
12. Please ensure that children come to class prepared with their Bala Vihar notebook, My Prayers book, and other books in their syllabus, pencil, and crayons (for younger children) or colored pens.
13. During Mission programs other than Bala Vihar (monthly Bhajan nights, etc.), parents are responsible for their children's behavior. Please teach children to respect the sanctity of the facility by maintaining silence during these programs, not running in the building, dropping trash in trash cans, putting books and games away, etc.
14. At home, please help children practice and memorize assembly prayers they are learning in class.
15. Feel free to discuss your child's progress or needs, or any concerns or questions you may have, with the Bala Vihar teacher(s) or Coordinator. We encourage and value parental involvement and input.
16. Each classroom needs at least two parent volunteers to help organize occasional field trips, socials, and other special activities. Please contact the classroom teacher if you would like to volunteer.
17. The dress code for Bala Vihar is provided above. Parents are encouraged to follow the dress code and set an example for children. In winter, children are urged to wear sweaters and socks to class.
18. Chinmaya Mission will use e-mail to convey information about schedule changes, other programs, or snow dates. Please inform us if your e-mail address changes.
19. Photographs and Video: You and/or your child may be photographed, or video recorded by Chinmaya Mission. Chinmaya Mission may use this digital asset and release them through digital channels such as Chinmaya Mission's website and other communication channels including email and social media.

Wishing all of you a Blessed and Successful Year of Learning!!!  
Thank You and Hari OM!

