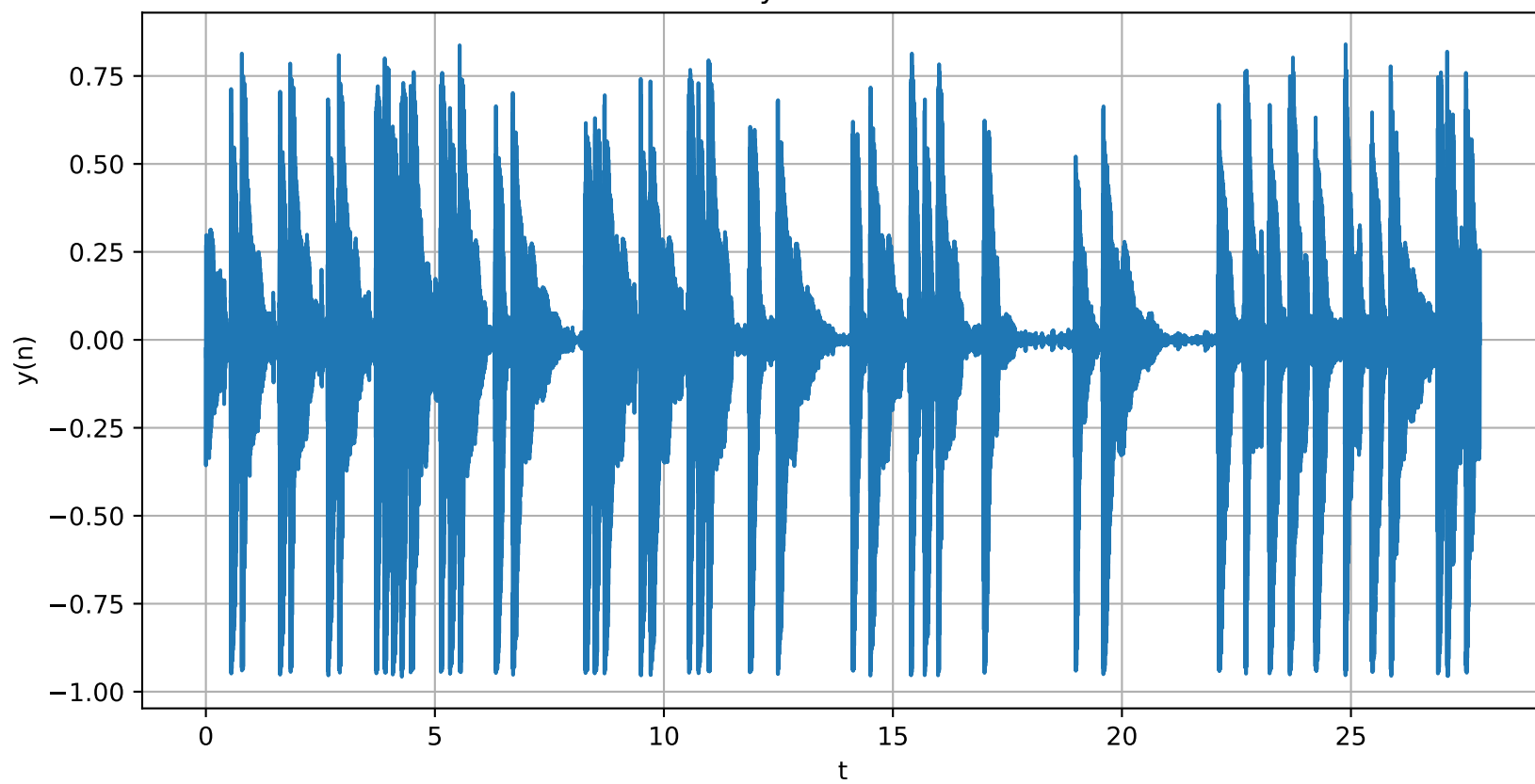


With your own routine



With routine

