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NAME : Aarthi.k

REG NO : 123011022001

DEPT : II YEAR B.TECH CSE (AI-ML)

CLASS : "C" SECTION

BATCH : 2023-2027

COURSE CODE : XCI304

COURSE NAME : Foundation of Artificial Intelligence.

PROJECT TITLE : Impact of social media usage on mental health.

Impact of social media usage on mental health.

1) Name of the student: _____

2) Select your gender

☐ Male

☐ Female

☐ Others

3) Select your residential area

☐ City

☐ Town

☐ Village

4) What is your current status

☐ Student(primary/secondary/higher education)

☐ Working professional

☐ Unemployed

☐ other

5) What is your current age

☐ 1-17

☐ 18-24

☐ 25-34

☐ Others

6) Parents education qualification

☐ Bachelor's degree

☐ High school diploma

☐ Post graduate study

☐ Other

7) How often do you use WhatsApp?

- o Daily
- o Several times a week
- o Occasionally
- o Rarely

8) What feature do you use most on WhatsApp?

- a) Messaging
- b) Voice calls
- c) Video calls
- d) Groups

9) For what purposes do you use WhatsApp?

- a) Personal purposes
- b) Professional purposes
- c) Both
- d) Neither

10) Do you feel pressured to respond immediately while using WhatsApp?

- a) Yes
- b) No
- c) Sometimes Impact of social media usage on mental health

11) While using WhatsApp do you feel isolated or connected?

- a) Connected
- b) Isolated
- c) Both
- d) Neither

12) Has WhatsApp changed communication with friends and family?

- a) Yes, improved
- b) Yes, worsened
- c) No change
- d) Unsure

13) Have you considered taking a break?

a) Yes

b) No

c) Unsure

14) Does WhatsApp usage impact your sleep?

a) Yes

b) No

c) Unsure

15) Does social media usage changed your daily routines?

a) Yes

b) No

c) Unsure

16) Do you check WhatsApp before bed?

a) Yes

b) No

c) Occasionally

17) Do you feel addicted while using WhatsApp?

a) Yes

b) No

c) Unsure

18) How many hours daily on WhatsApp?

a) <1HRS

b) 1-2HRS

c) 2-3HRS

d) >4HRS

19) Do you use WhatsApp for news ?

a) Yes

b) No

c) Occasionally

20) Have you tried reducing usage of social media?

a) Yes

b) No

c) Unsure

21) How long do you use a social media except WhatsApp ?

a) <1HRS

b) 1-2HRS

c) 2-3HRS

d) >4HRS

Questions Responses 15 Settings



Social Media Usage

B *I* U [↔](#) [✕](#)

The survey aims to understand a mental health based on the usage of social media.

Email *

Valid email address

This form is collecting email addresses. [Change settings](#)

Icons on the right: +, 📄, Tt, 🖼️, ▶️, ☰

GOOGLE FORM LINK:

<https://forms.gle/xNdZdtQ9WSH5donB7>

THANKYOU!