

Sajeeaa Siddeek

Health Promotion Undergraduate



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Professional Experience

Field practical experiences - Health promotion, *Rajarata University of Sri Lanka*
03/2023 – present | Anuradhapura, Sri Lanka

Completed two years of field practical experience in Namalwewa, Anuradhapura, as part of the Health Promotion degree at Rajarata University. Engaged in community health assessments, program implementation, and behavior change communication, focusing on nutrition, disease prevention, and health education. Gained hands-on experience in community engagement and public health interventions in rural settings.

volunteer - first aid program,

St John's ambulance first aid

11/2023 | Anuradhapura, Sri Lanka

Volunteered in a comprehensive first aid training program, gaining hands-on experience in emergency response and life-saving techniques.

Acquired skills in basic life support (BLS), wound care, CPR, and handling medical emergencies, contributing to the preparedness of the community.

Education

**HIV/AIDS- Awareness and Prevention
Certificate course,**

Alison Free online courses ✕

This course has equipped me with valuable knowledge on prevention strategies, helping to make a positive impact in communities. I'm grateful for the opportunity to expand my knowledge and contribute to global health awareness.

BSc. Health Promotion Undergraduate,

Rajarata University Of Sri Lanka ✕

06/2021 – Expected March 2025

Anuradhapura, Sri Lanka

Currently completing a three-year undergraduate degree in Health Promotion, gaining comprehensive knowledge in public health, behavior change communication, and community engagement. Developed practical experience through two years of fieldwork in Namalwewa, Anuradhapura district, implementing health initiatives and community-based programs.

Skills

Good communication skill in English, Tamil and Sinhala Languages ● ● ● ● ●

Child care ● ● ● ● ●

Women's Health ● ● ● ● ●

Adaptability

Team work and collaboration

Microsoft Word, Excel

First aid

Leadership skill

Critical thinking