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Hello everyone, today we'll talk about a topic of utmost importance, psychological illnesses in children. As adults, we come across the spectrum of various psychological conditions that we face. But do you know that children experience the same conditions that we do? What sets them apart is the way the symptoms manifest in their lives and the impact they have on the children. Kids, unlike adults, cannot make sense of their emotions or their symptoms, making it really hard to diagnose them. Then there is another complexity that comes for caregivers and parents, that is to properly recognize the symptoms of psychological illnesses. That is why we as psychologists cannot stress enough on the importance of early intervention and diagnosis, which can make all the differences. Let us look at some of the common psychological illnesses or disorders which affect children. They include Anxiety disorder which is characterized by persistent fears, worries and thoughts ADHD which focuses on the issues related to attention, impulsivity and hyperactivity ASD or autism spectral disorders which affects the communication and interaction aspects of the kids SLD or specific learning disabilities which affect the basic processes which includes reading, writing and learning of a language. Other disabilities include intellectual or developmental disease which focuses on the emotional, intellectual and physical aspects of a child. Some other common disorders include mood disorder, depression, post-traumatic stress disorder, chronic disorder, So, if you concerned that your child might be facing any of these symptoms, the first step is to go to your child's school doctor and tell them about the symptoms that you have experienced or observed. It is helpful to describe the specific symptoms that you have observed to provide a better chance of rightly diagnosing the proper element. Also, we encourage everyone to be vigilant. Additionally, reaching out to children's teachers, caregivers or close individuals can give us a better insight as to what is happening with the behaviors of the kid. Treatments for these conditions may vary but often includes a combination of behavioral therapy, psychotherapy and in some cases medications. I encourage parents, caregivers and teachers to remain vigilant and to be supportive of the children in their lives. Understanding? Early recognition and action can create a profound difference in the future and well-being of our children.