

Human Spirometry: Breathing Parameters at Rest and After Exercise

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BISC 104

Session 11

- **Tidal Volume:** Amount of air that moves in or out during one cycle
- **Inspiratory Reserve Volume:** Additional air that can be breathed in
- **Residual Volume:** Volume of air left after breathing out completely

- Please read the lab manual!
- Exercise 1 and 2: Estimate parameters before and after exercise

Tuesday: 9-10AM
Thursday: 9-10AM
ZHS 372

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