

Salty Sweets

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Peachy Oatmeal

"Bring the taste of peach crisp to your morning bowl of cereal!"



- Ingredients
- View Recipe
- 5m
- 3m
- 8m

Nutrition Facts

Per Serving: 411 calories; 5.1 g fat; 84.5 g carbohydrates; 10.7 g protein; 10 mg cholesterol; 72 mg sodium.

Tuna-Artichoke Salad

"A delicious, healthy dish perfect for lunch or a light dinner."



- Ingredients
- View Recipe
- 5m
- 3m
- 8m

Nutrition Facts

Per Serving: 411 calories; 5.1 g fat; 84.5 g carbohydrates; 10.7 g protein; 10 mg cholesterol; 72 mg sodium.

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