MediSense AI - Health Report

Symptoms Provided:

vomiting, stomach_pain

Predicted Disease: Gastroenteritis

Description:

Gastroenteritis is an inflammation of the stomach and intestines, typically caused by a virus or bacteria.

Precautions:

- stop eating solid food for while
- try taking small sips of water
- rest
- ease back into eating

Medications:

- ['Antibiotics', 'Antiemetic drugs', 'Antidiarrheal drugs', 'IV fluids', 'Probiotics']

Diet Recommendations:

- ['Bland Diet', 'Bananas', 'Rice', 'Applesauce', 'Toast']

Recommended Workouts:

- Stay hydrated
- Consume clear fluids
- Follow the BRAT diet (bananas, rice, applesauce, toast)
- Include bland foods
- Avoid fatty and greasy foods
- Limit caffeine and alcohol
- Avoid spicy foods
- Consult a healthcare professional
- Gradually reintroduce solid foods
- Avoid dairy products