

```
import java.util.ArrayList; // Importing the ArrayList class
import java.util.List;

class Tester {
    public static void main(String[] args) {
        List<String> food = new ArrayList<String>(); // Creating a list of String elements
        food.add("Pizza"); // Adding elements
        food.add("Burger");
        food.add("Pasta");
        food.add("Sandwich");
        System.out.println("Food items: " + food);
    }
}
```

Output:

Food items: [Pizza, Burger, Pasta, Sandwich]