

	Course Name:	Psychology	Course Code:	SS 2019
	Degree Program:	BSCS	Semester:	Fall 2024
	Exam Duration:	20 Minutes	Total Marks:	15
	Paper Date:	04 -12-2024	Weight	3 Absolutes
	Section:	3C	Content	Mental Health
	Quiz:	3	Course Instructor(s)	Ms. Aisha Bano

Student : Name: _____ Roll No. _____ Section: _____

Instruction/Notes: Overwritten answer will be marked Zero

Q-1 Column B holds 1 possible answer for Column A. Match and write all the selected answers in the manner attempted below (Marks:05)

Sample		
Column A	Column B	Answer
1. B.F. Skinner	A) Operant conditioning	1A
Mental Health & Psychological Disorders		
1. Biochemical	A) Onset of schizophrenia	1 B
2. 18-25 years	B) Altered hormone levels	2 A
3. Hallucinations	C) Making cynical and hostile comments	3 E
4. Assertive anger	D) Expressing anger without hurting others	4 D
5. Passive-aggressive anger	E) Perceptual experiences without physically real stimulus	5 C
	F) Avoidance, wishful thinking, self-blaming	

Q-2. Following is the scenario reported by a father about his son. Read it carefully and answer the questions followed by its rationale. (Marks:10)

Mark is a 16-year old high school student referred for treatment by his teacher, who became disturbed by Mark's irrational concern about the danger posed by an electrical outlet at the front of the classroom. Mark pleaded daily (2A) with the teacher to have the outlet disconnected to prevent someone from accidentally getting electrocuted (injury or killing by electric shock) while walking by it (2A & 5E cognitive). The teacher told Mark that his concerns were unfounded, but he remained so distressed that he felt driven, when entering and leaving the classroom, to shine a flashlight into the outlet to make sure that a loose wire was not exposed (3E & 5E behavioral). During class time, he could think of nothing but the outlet (2A & 5E). As reported by Mark's father, "my wife has the same symptoms with some addition as tasks perfection, and excessive orderliness in households (4B). Mark's childhood has been surrounded by his mother as I had government job in another city. Thus, Mark grew seeing his mother's behavior manifesting strict control over small things (4B & 5E social) for a long period of time. I perceive that excessive attention from my wife has shaped Mark's personality this way (5E behavioral). My wife has excessive habit of checking doors, latches, stoves in a repetitive manner (4B) which at times bothers me a lot. Lastly, the painful part of my life is; she is not ready to visit a psychiatrist and her condition has worsen after Mark's episode of being psychologically unwell.

1. Which type of abnormal mental state Mark is suffering from?

- a. **Neurosis** b. Psychosis c. Dissociative d. Both B & C e. None of these

Rationale: Neurosis is marked by constant struggle between an individual's personality and his pattern of behavior in a stressful condition which is often associated with physical and mental disturbances. It is also observed and reported by feelings of excessive apprehension and anxiety as a natural and common reaction to many of life's difficulties.

2. Which of the following types of disorder explains best about Mark's mental state during illness?

- a. **OCD** b. OCPD c. Panic Disorder d. Brief Psychotic Disorder e. All of these

Rationale:

3. Which of the following symptoms can be noticed by the observer for patient with this disorder?

- a. Delusions b. Obsessions c. Distress d. Compulsions e. **Both B & D**

Rationale:

4. Which of the following psychological disorders Mark's mother has been suffering from?

- a. OCD b. **OCPD** c. Panic Disorder d. Brief Psychotic Disorder e. None of these

Rationale:

5. Which of the following factor(s) appeared as etiology (cause) to the development of this disorder in Mark's life?

- a. Behavioral (actions) b. Social (imitation) c. Cognitive (distress) d. Both A & C e. **Both B & D**

Rationale:
