

Experience the
Nature, Culture, Religion,
Heritage and Himalayas



Trekking



Peak Climbing



Bungee Jumping



Paragliding



Rafting



Tour



Jungle Safari



Mountain Biking



Vehicle Rental



Filming

BON
HOLIDAYS

www.bonholidays.com.np

FEEL AND EXPERIENCE

TO BE ON THE TOP OF WORLD

BREAKFAST AT EVEREST

Chartered Helicopter flight from Kathmandu to Mt. Everest (8848m) & surrounding offers a mesmerizing views of Khumbu valley.

Enjoy 3 hours 30 minutes flight including 1 hours landing time with breakfast at Hotel Everest View.



1

Scheduled
Mountain Flight
To Mt. Everest

2

Helicopter
Charter Flight
To Langtang Valley

3

Helicopter
Charter Flight To
Many Other Destinations

A tiger with orange fur and black stripes is walking through tall, dry grass. The background is a soft, out-of-focus landscape with warm, golden light, suggesting a savanna or grassland environment.


EXPLORE THE NATURAL BEAUTY OF NEPAL

Stretching from Terai terrain towards the charming hills and ultimately owing the highest point of the world, Nepal, a Himalayan gem is a true blessing for the wanderers around the globe.

- ☑ Hop on for the thrilling Jungle Safari at Chitwan.
- ☑ Explore the National parks, Conservation areas and Wildlife reserves.
- ☑ Deliver yourself to placidity of Buddha at Lumbini.
- ☑ Get lost into the buzz of capital Kathmandu and lake town Pokhara.
- ☑ Delve into natural serenity of Rara Lake.
- ☑ Embark yourself for thrilling mountain treks.
- ☑ There is something for everyone here.

LUXURIOUS JUNGLE SAFARI IN NEPAL





YOGA AND MEDITATION RETREAT TOUR IN NEPAL

Search your soul, forage your mind and finally know yourself better through our various Meditation and Yoga retreat programs set out at specific monasteries, resorts and spa in close accordance with the nature.

**Mastering others is strength,
mastering yourself is true power - Lao Tzu.**

HINDU PILGRIMAGE

After Himalayas, Nepal is renowned for temple gongs and fluttering flags. Hinduism, the most diversified religion of the world has not manifested itself better elsewhere. Pashupatinath, Muktinath, Gosaikunda, Mount Kailash, Swargadwari entralls the pilgrims towards this holy land of Nepal.



BUDDHIST PILGRIMAGE





HIKING AROUND THE VALLEY

Flex your muscles and hike around the hills. Sundarimal to Chisapani, Nagarkot to Changunarayan, Australian Camp, Dulikhel to Namo Buddha, Shivapuri National parks are some of the popular trails. Challenge yourself, scale the hills to behold the rare sites.

ADVENTUROUS ACTIVITIES IN NEPAL



WHITE
WATER
RAFTING

BUNGEE
JUMPING

PARA-
GLIDING

ZIP
FLYER

MOUNTAIN
BIKING

UNESCO WORLD HERITAGE SITES IN NEPAL

Nepal comprises of 10 heritages sites enlisted under UNESCO (United Nations Educational, Scientific and Cultural Organization); confronting the mixture of our unique culture, nature, architect and ecology.

- ☑ Kathmandu Durbar Square
- ☑ Patan Durbar Square
- ☑ Bhaktapur Durbar Square
- ☑ Pashupatinath Temple
- ☑ Syambhunath Stupa
- ☑ Boudhanath Stupa
- ☑ Changunarayan Temple
- ☑ Chitwan National Park
- ☑ Sagarmatha National Park
- ☑ Lumbini (The birth place of Buddha)





TREKKING IN EVEREST REGION



Starts
From
7N & 8D



Budget
Economy
Luxury**



Accommodation
In Tea Houses
And Lodges



Walking
6/7 Hours
Per Day

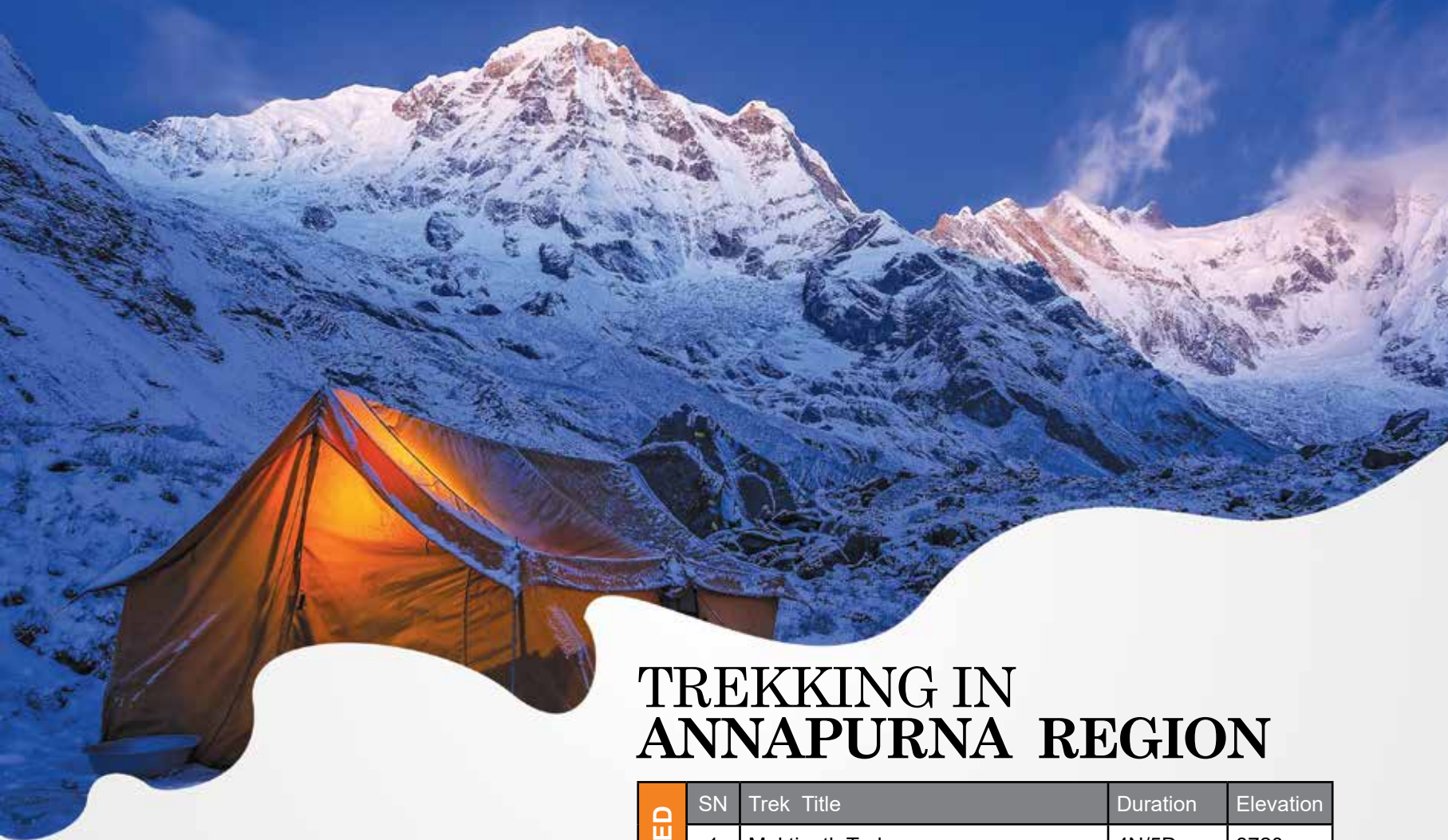


Max
Altitude
5545 M



Grade
Moderate
To Strenuous

RECOMMENDED	SN	Trek Title	Duration	Elevation
	1	Sherpa Village Trek **	7N/8D	4000m
	2	Everest Base Camp Trek	12N/13D	5545m
	3	Everest Base Camp with Gokyo Lake	13N/14D	5545m
	4	Everest Base Camp with Amadablam Base Camp Visit	13N/14D	5545m
	5	Everest Three Passes Trek	16N/17D	5545m



TREKKING IN ANNAPURNA REGION

**Starts From 4N & 5D**

**Budget Economy Luxury****

**Accommodation In Tea Houses And Lodges**

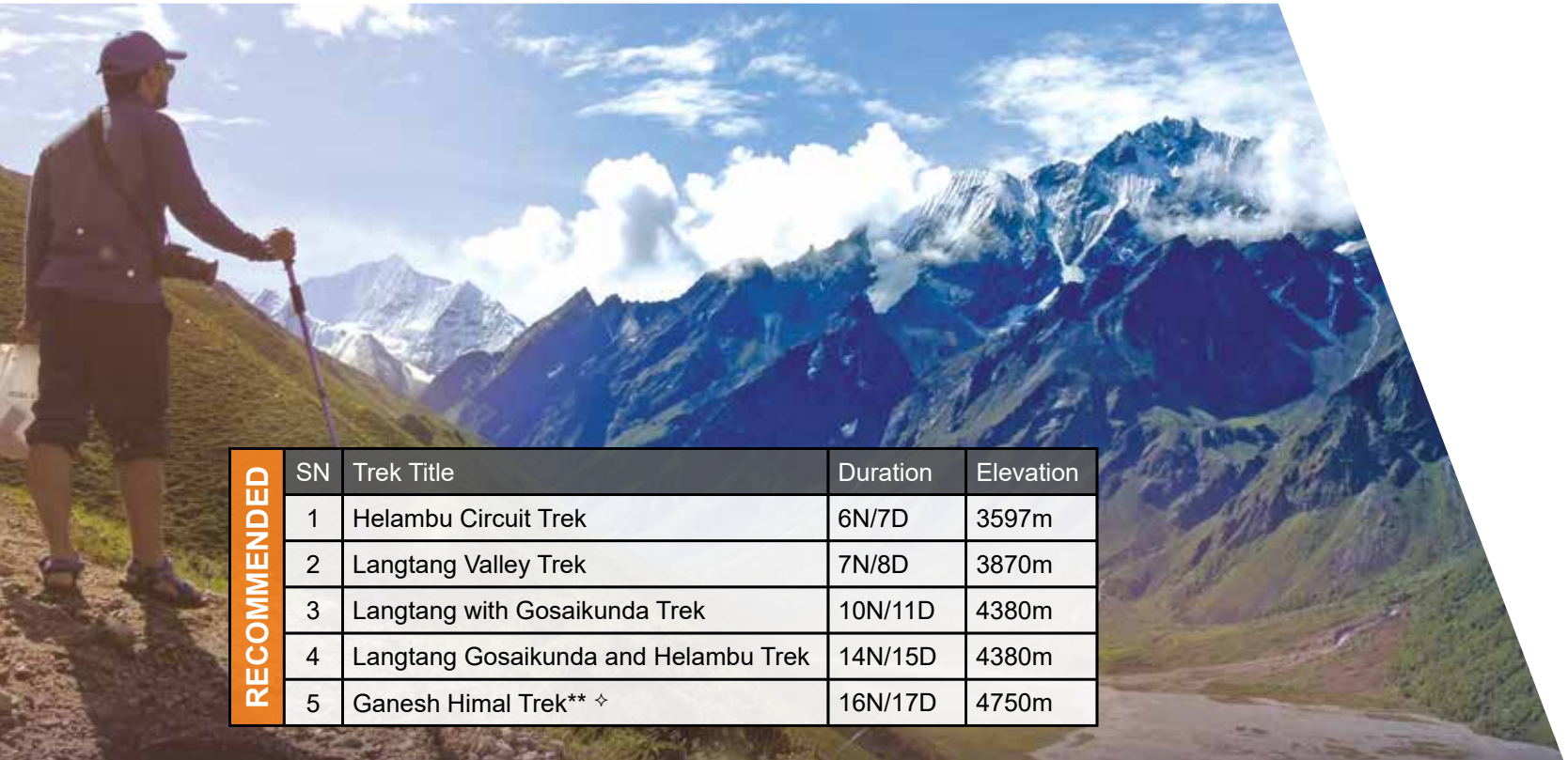
**Walking 6/7 Hours Per Day**

**Max Altitude 5416 M**

**Grade Moderate To Strenuous ^**

RECOMMENDED	SN	Trek Title	Duration	Elevation
	1	Muktinath Trek	4N/5D	3720m
	2	Ker and Downey Trek **	5N/6D	2000m
	3	Ghorapani Ghandruk Trek	6N/7D	3210m
	4	Annapurna Base Camp Trek	9N/10D	4130m
	5	Annapurna Circuit/Round Trek ^	10N/11D	5416m

TREKKING IN LANGTANG REGION



Starts
From
6N & 7D



Budget
Economy
Luxury**



Accommodation
In Tea Houses,
Lodge/Camping ◇



Walking
6/7 Hours
Per Day

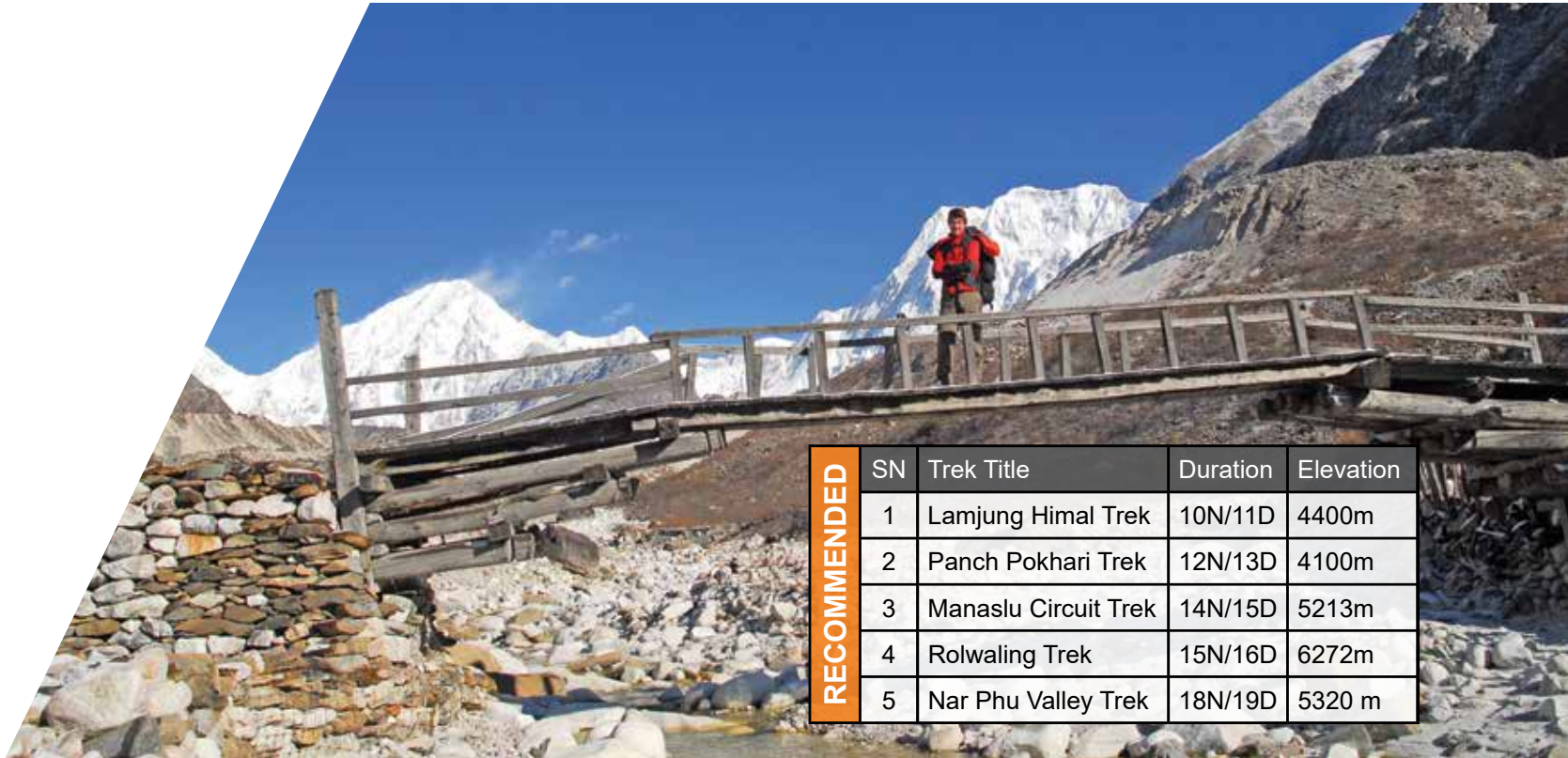


Max
Altitude
4750 M



Grade
Moderate
To Strenuous

OFF THE BEATEN TREK



RECOMMENDED	SN	Trek Title	Duration	Elevation
	1	Lamjung Himal Trek	10N/11D	4400m
	2	Panch Pokhari Trek	12N/13D	4100m
	3	Manaslu Circuit Trek	14N/15D	5213m
	4	Rolwaling Trek	15N/16D	6272m
	5	Nar Phu Valley Trek	18N/19D	5320 m



Starts
From
10N & 11D



Budget
Economy
Luxury



Accommodation
In Tea Houses
or Camping



Walking
6/7 Hours
Per Day



Max
Altitude
6272 M



Grade
Moderate
To Strenuous

WILDER- NESS TREK IN NEPAL



Dhaulagiri



Mustang



Kanchenjunga



Dolpo



Makalu



PEAK CLIMBING IN NEPAL

Pisang Peak

Island Peak

Mera Peak

Yala Peak

Tent Peak



TIBET

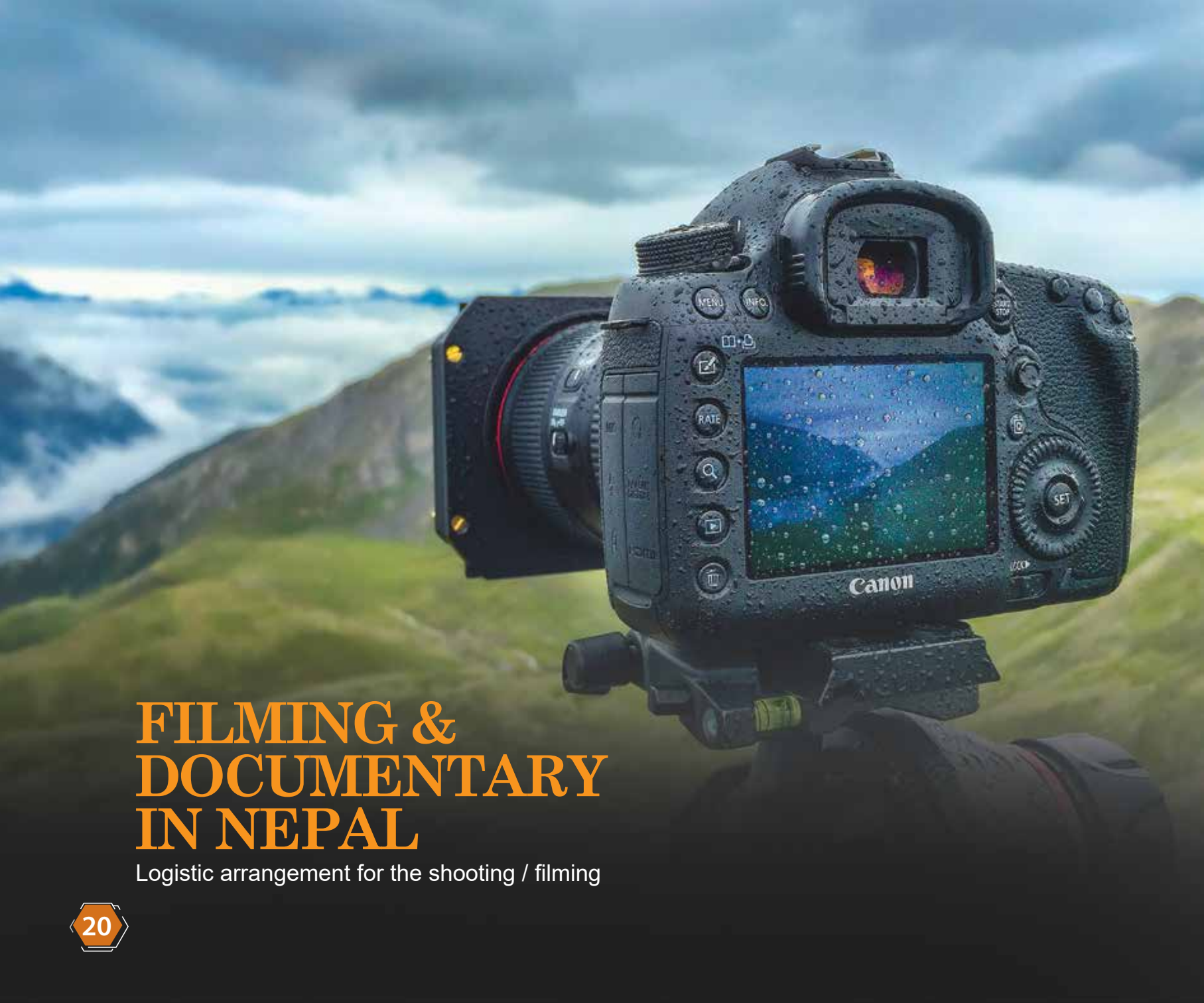
ROOF OF THE WORLD

Tibet is a mysterious land of adventure, spirituality, varied landscapes, artistic monasteries and century old caravan trails. Famed as, the roof of the world, still continues to be enigmatic destination. Tibet garners the most scared spot Mt. Kailash for Hindus, monasteries for Buddhist, spiritual places for the people of Jain and Bon Faiths.

BHUTAN

LAND OF THE THUNDER DRAGON





FILMING & DOCUMENTARY IN NEPAL

Logistic arrangement for the shooting / filming



DOCUMENTARY

- **Earth In The Age of Man- Ep. 5, Nepal Vultures:** Passion Pictures, Uk- 2013
- **Renewable Worlds:** BBC Lifeline series - 2013
- **The Zoological Society of London at Home and Abroad:** Wild Pictures, UK- 2010
- **Asia Downunder Series:** Asia Vision Pvt. Ltd.- 2010
- **Nomad's Land:** Decon Films, NY- 2008
- **Life for a Child:** Double wide Media inc., NY- 2007
- **The Story of Buddha:** Maya Vision International's- in 2007
- **The world's most Extreme:** Arrow Media, UK
- **I Believe:** BBC
- **Sports Belief:** BBC
- **The One Show:** BBC



FEATURE FILMS

- **Doctor Strange-** 2015
- **Everest-** 2014

TV SERIES

- **The Age of Big Cats:** Ammonite Films- 2017
- **Fishing Impossible Series 2 (Nepal Episode):** BBC Earth- 2016
- **Hillary:** by TVNZ- 2015
- **By Any Means:** Charley Boorman- 2008

RESEARCH AND CULTURAL STUDY IN NEPAL

The soul of any country is its people. Our educational and research tour are designed to look into routines of people from different folds of life. The farmers, fishermen, bee keepers, women and children's have wonders to share through their stories.



MICE TOURISM MEETINGS, INCENTIVES, CONFERENCING AND EXHIBITIONS





Namaste from Bon Holidays Nepal

Coming from a humble beginning in the year 2005, we Bon Holidays have taken quantum leaps on becoming one of the leading tour DMC for Nepal, offers complete range of travel related services including Tours, Trekking, vehicle service, Ticketing (International and Domestic), and Helicopter Charter, Mountain Flights, Hotel reservation mainly in Nepal, Tibet and Bhutan.

Join us for a memorable trip once in a lifetime.

Binod Raj Paudyal
Chairman



Kamalpokhari, Kathmandu, Nepal

Tel: +977 01 4414000, 4438333

E-mail: sales@bonholidays.com.np

Website: www.bonholidays.com.np

Follow us:     



Sister concern:

