

风水

Feng Shui

Basic feng shui principles to spruce up your bedroom!

Start Learning

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Feng shui (风水)

Feng shui (say: *fung sh-way*), which literally means as ‘wind and water’ in Mandarin Chinese, is an ancient Chinese art of arranging objects in a space for harmony and balance. Feng shui principles can help determine optimal furniture arrangements for harmonious interior design, especially in small living spaces.

[Read more](#)

Begin exercise

Chi (气)

Feng shui is built on the Taoist belief in *chi* (say: *tch-EE*) – the energy or life force that permeates everything. *Chi* is built on balancing *yin* (shadow) and *yang* (light). By balancing these two elements, one can bring in positive *chi* (energy) for health, relationships, luck and prosperity.

[Read more](#)

Begin exercise

Five elements: water, wood, fire, earth, metal

The easiest way to boost positive *chi* in a room is to add or move one of the five elements, which are water, wood, fire, earth, and metal.

Water

Offers: Clarity, wisdom.

Colors: Black, dark gray, dark blue.

Wood

Offers: Growth, vitality.

Colors: Greens, medium blues, teals.

Fire

Offers: Warmth, passion.

Colors: Reds, oranges.

Earth

Offers: Stability, grounding.

Colors: Browns, tans, ochre.

Metal

Offers: Righteous, correctness.

Colors: White, metallic, pale greys, pale blues

Begin exercise

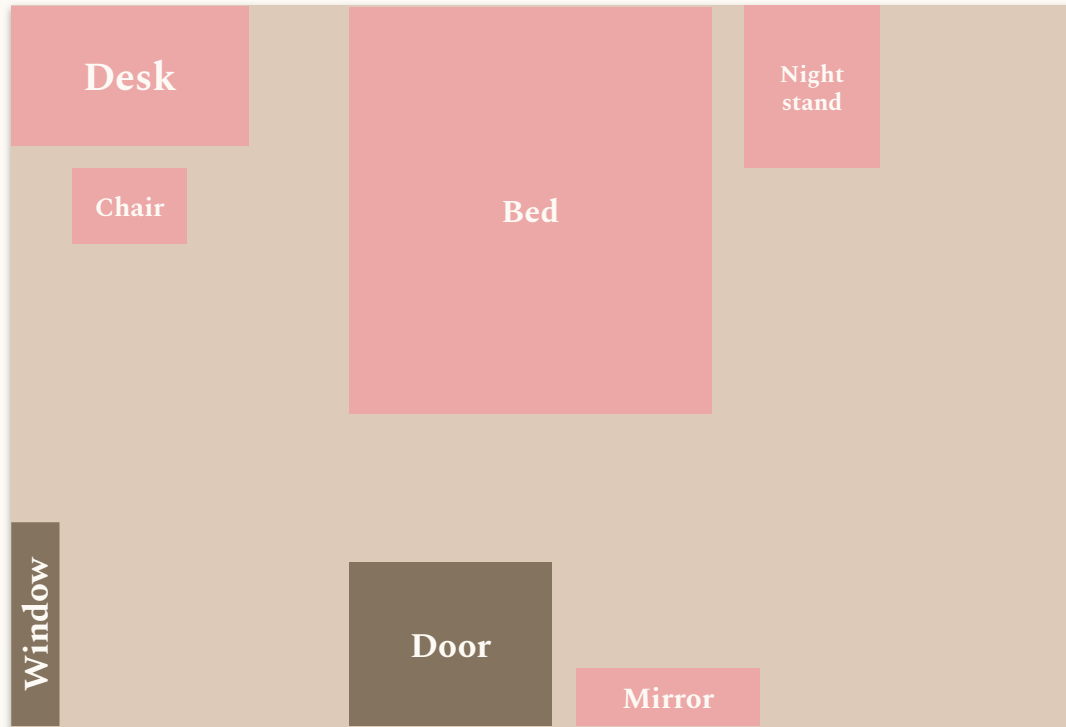


Bedroom feng shui

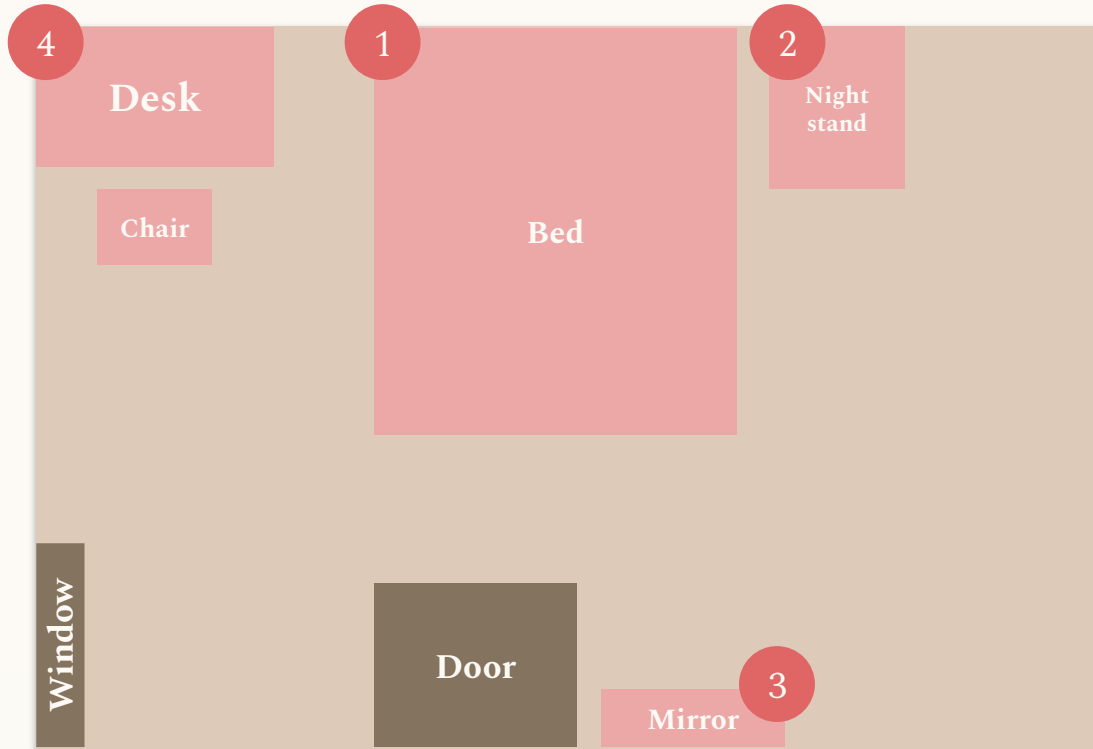
Each room in a building has special *feng shui* principles. Today, we'll be learning about *feng shui* for the **bedroom**.

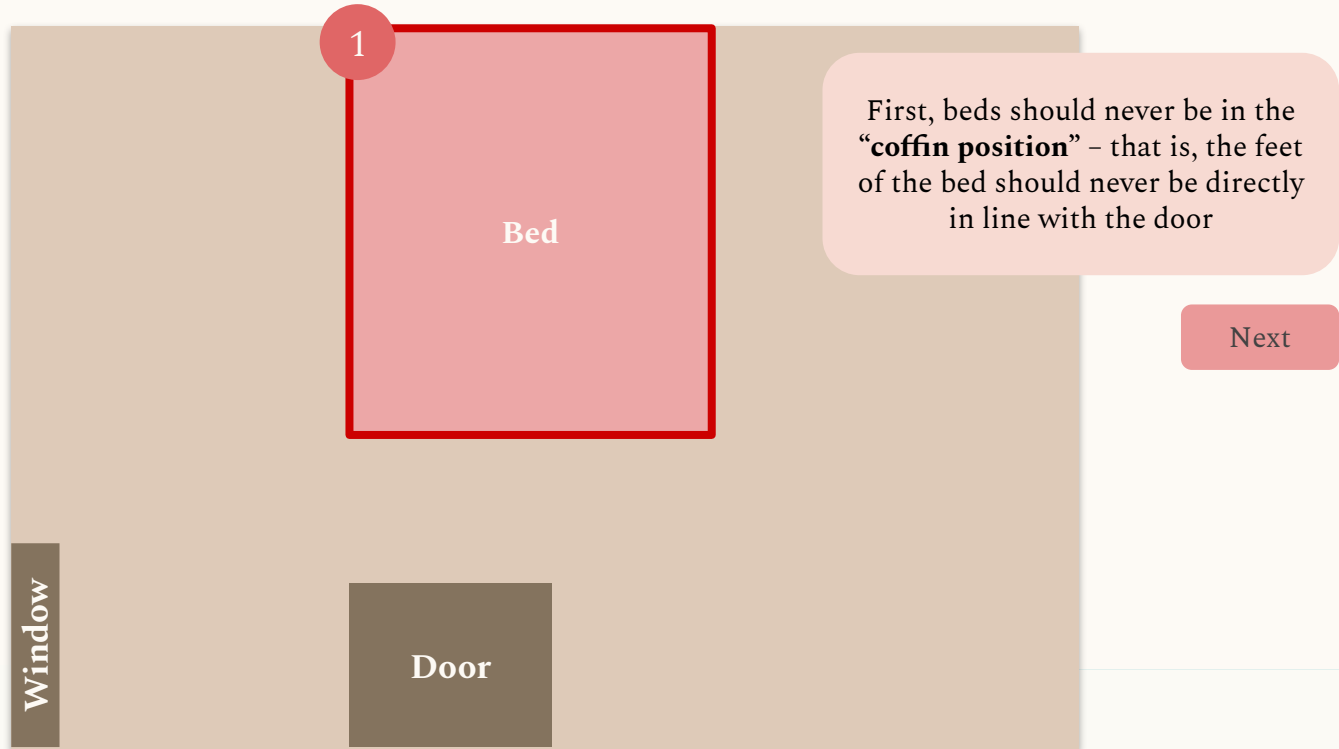
Let's go!

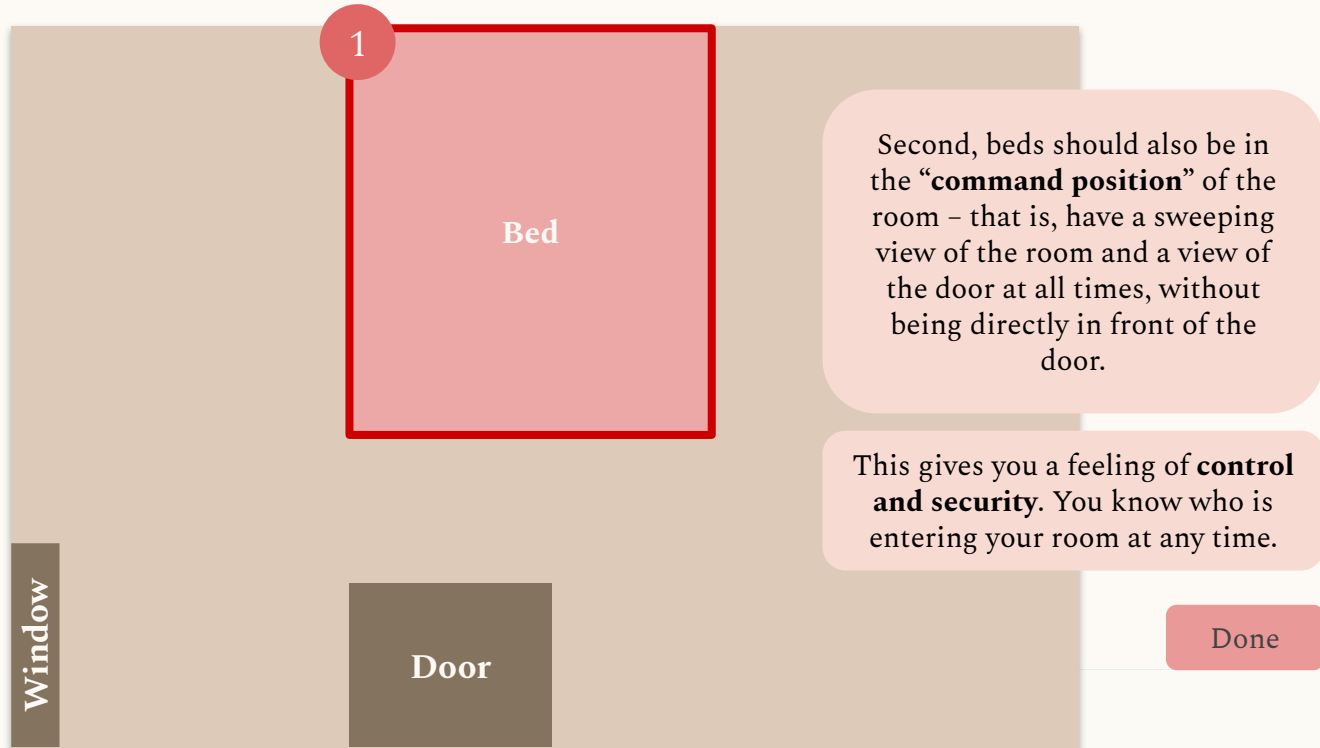
Even though it looks pretty normal, this a bedroom with **poor feng shui**.

[Find out why >](#)

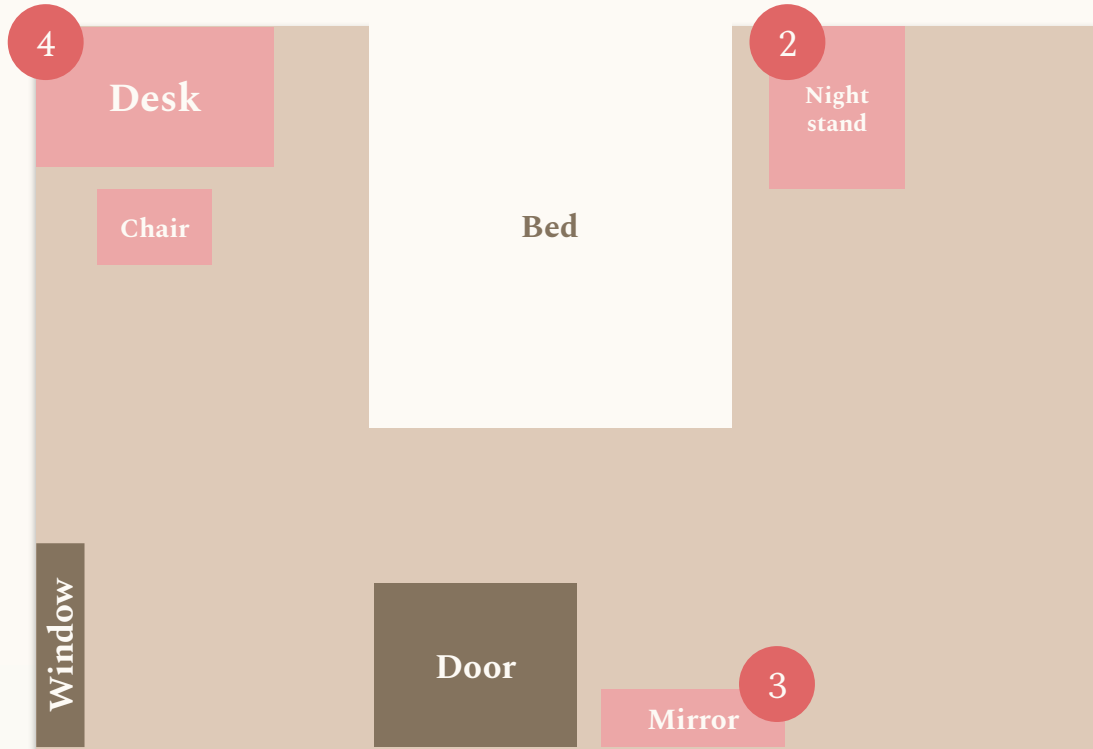
Click on the **red alerts** to learn more about reasoning behind the **poor feng shui**.

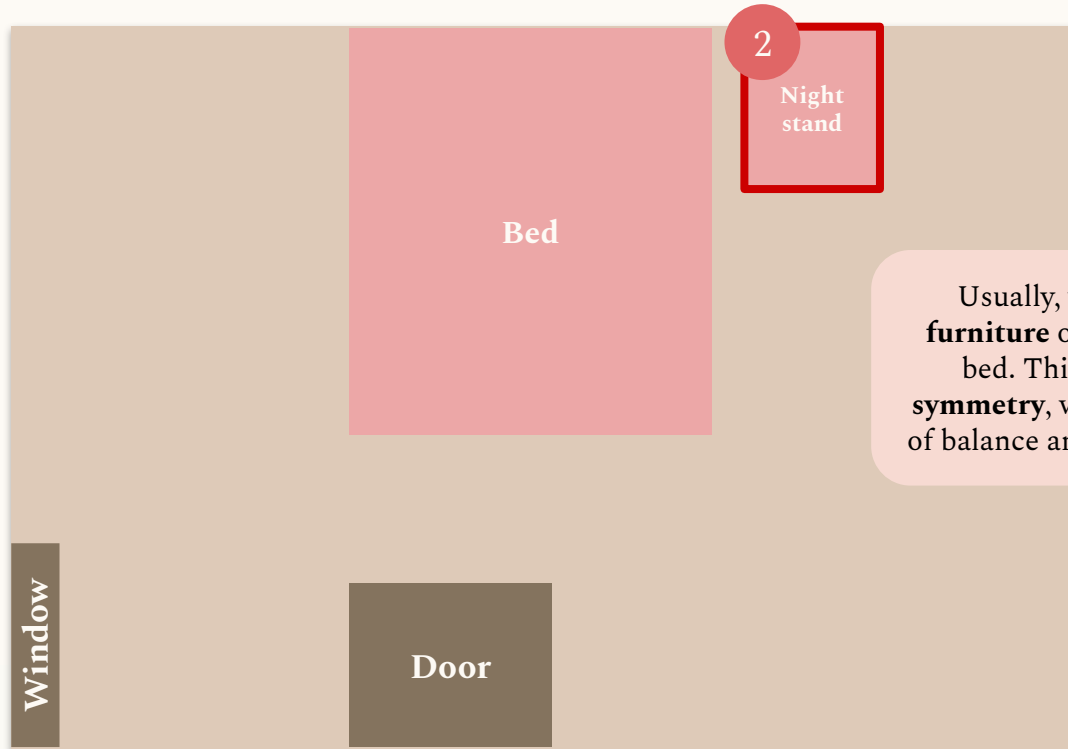






Click on the **red alerts** to learn more about reasoning behind the **poor feng shui**.

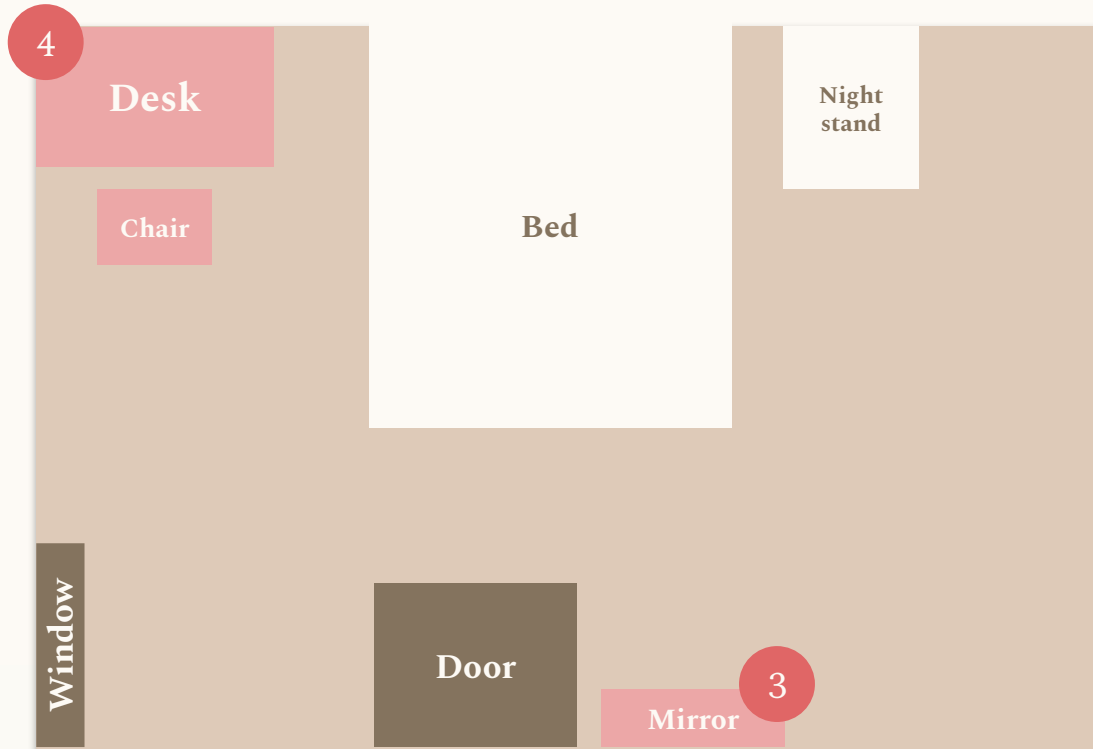


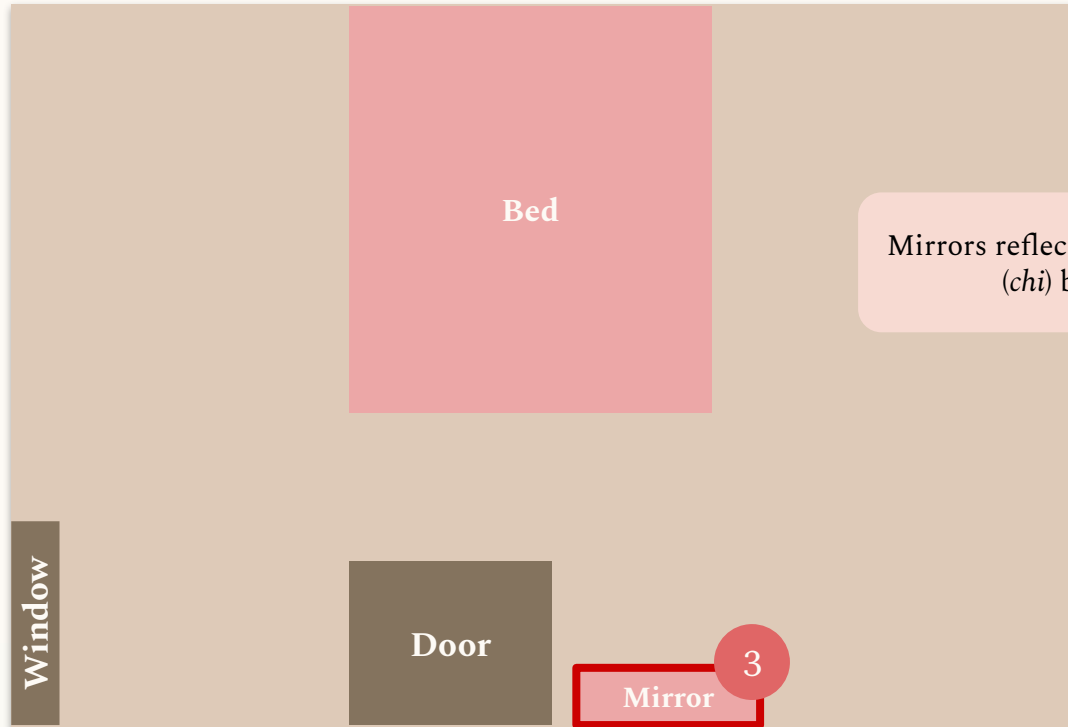


Usually, we want **pairs of furniture** on either side of the bed. This helps establish **symmetry**, which gives a feeling of balance and unity in the room.

Done

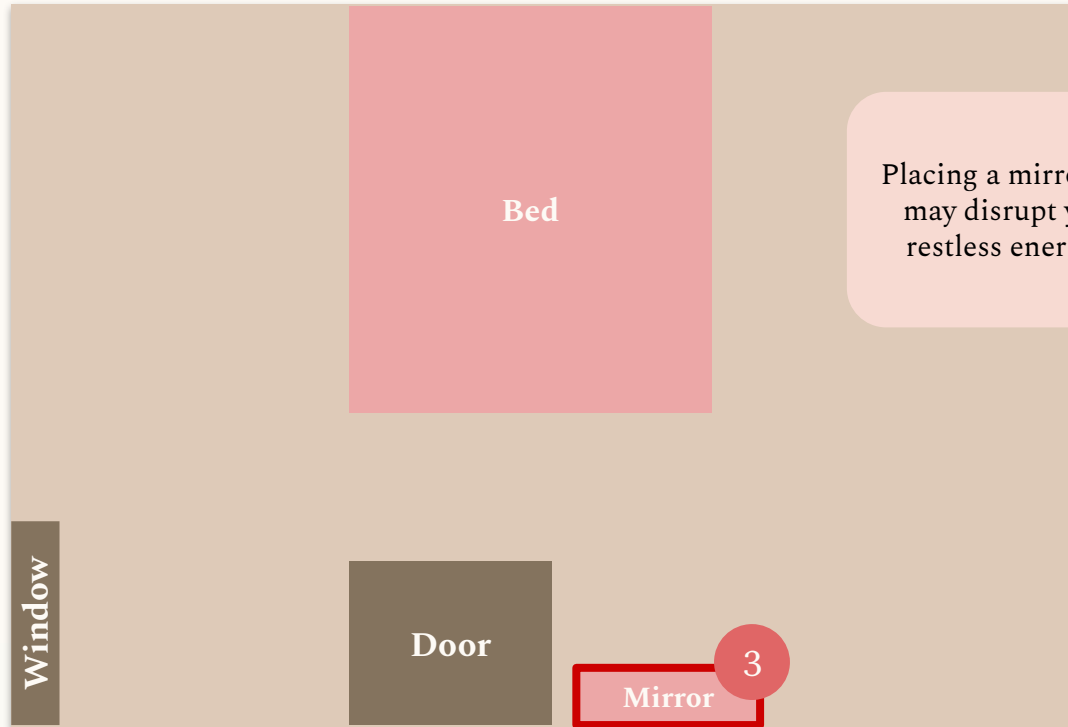
Click on the **red alerts** to learn more about reasoning behind the **poor feng shui**.

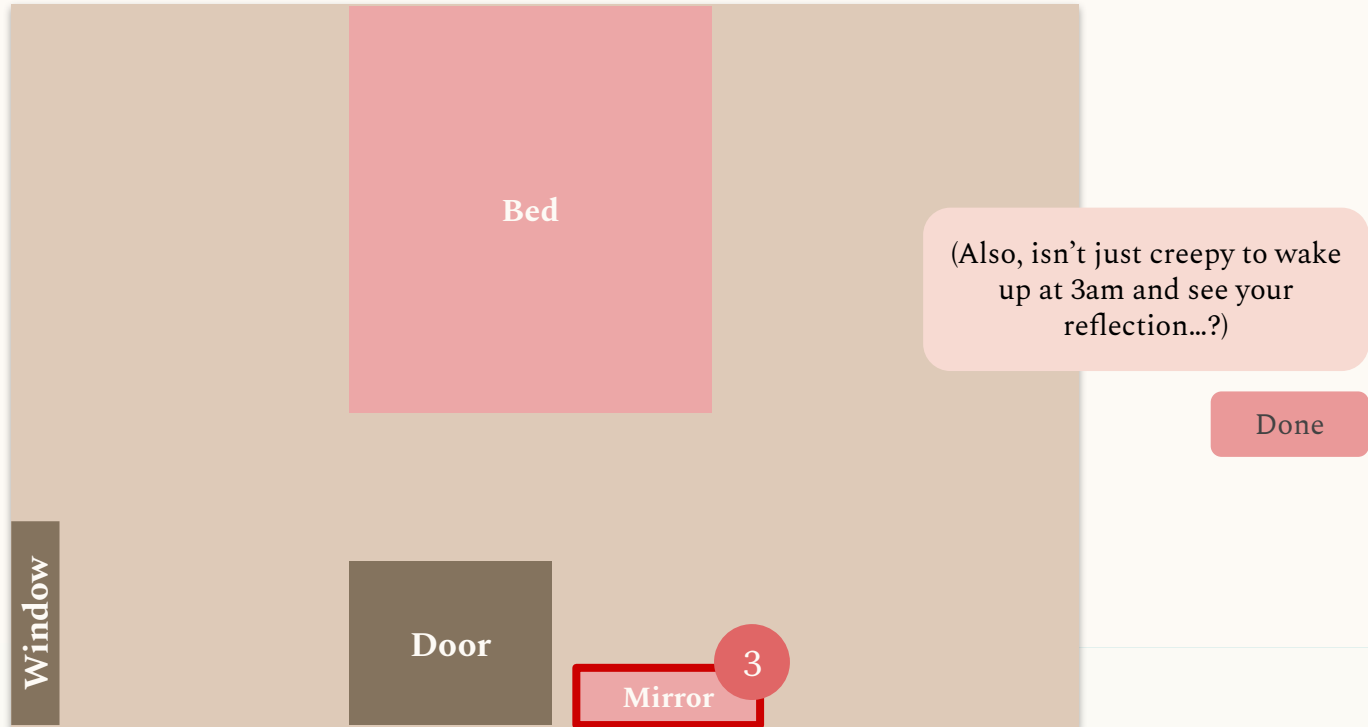




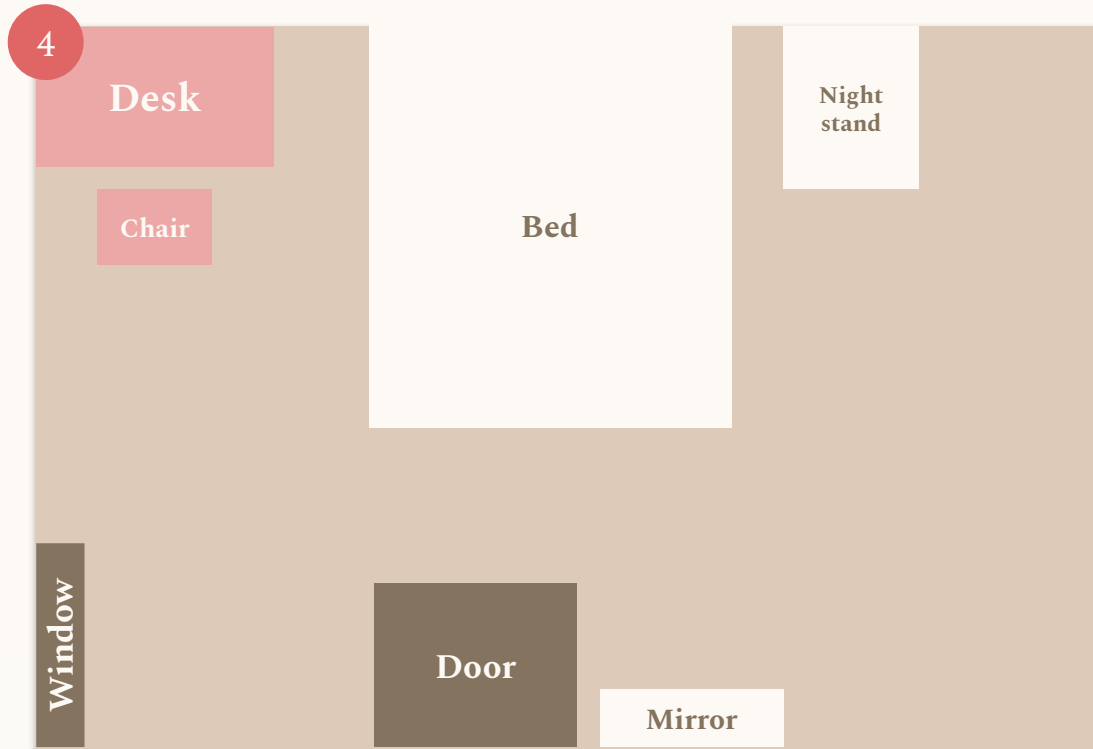
Mirrors reflect and bounce energy (*chi*) back at you.

Next





Click on the **red alerts** to learn more about reasoning behind the **poor feng shui**.



4

Desk

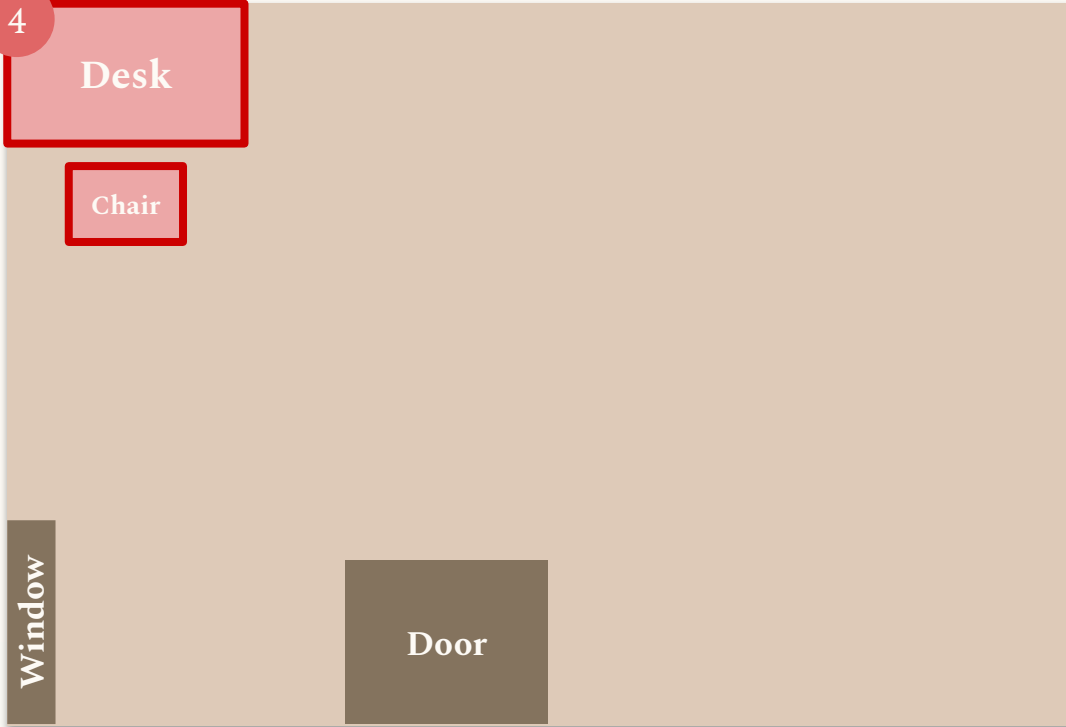
Chair

Desks, like beds, should be in the **command position** of the room.

Next

Window

Door



4

Desk

Chair

The person sitting at this desk is **unable to see the rest of the room** or door, leaving them **vulnerable and exposed**.

Next

Window

Door

4

Desk

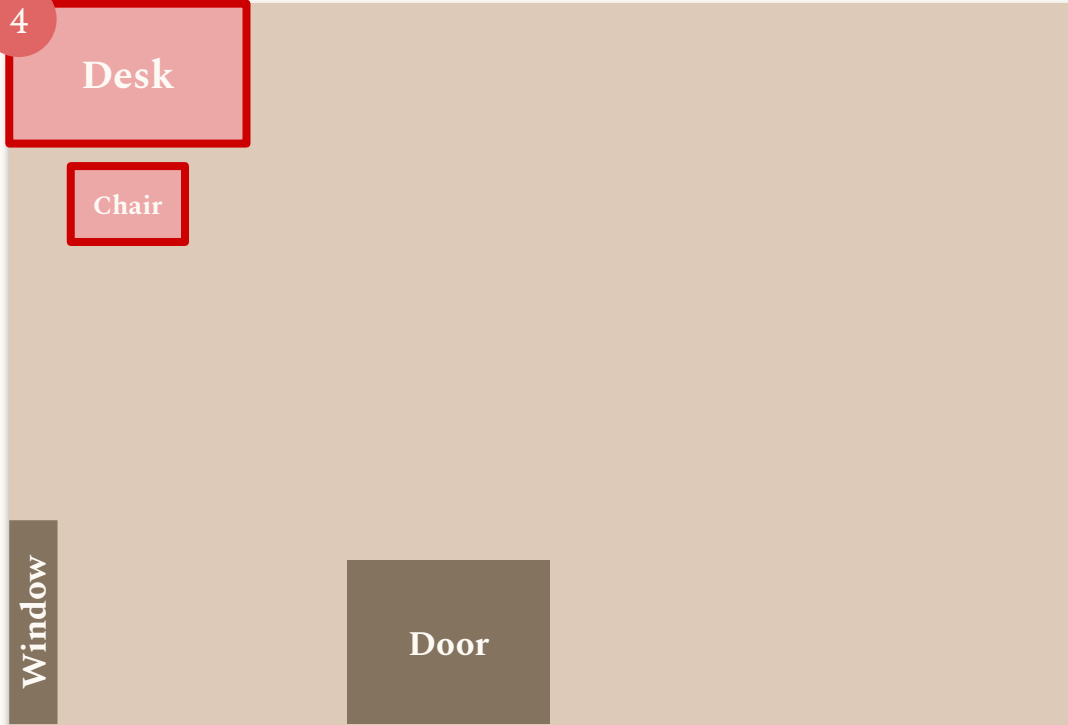
Chair

Finally, the person sitting at the desk should have a **solid wall** behind them for **support**.

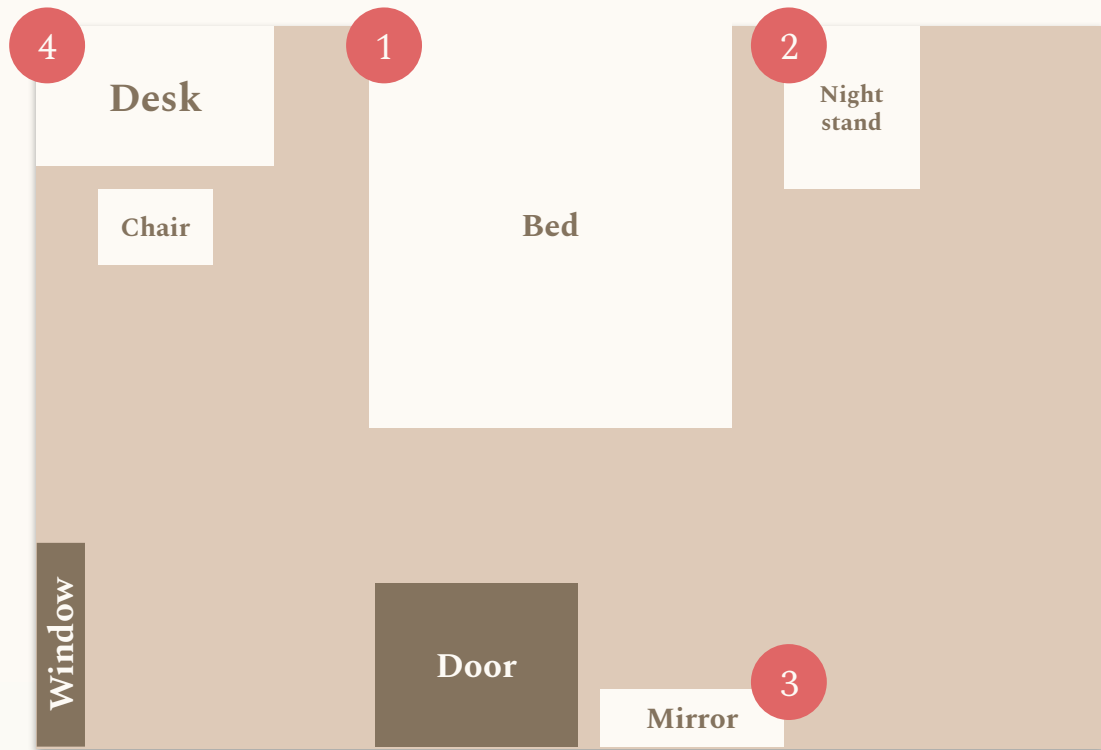
Done

Window

Door



Great! You just learned about *feng shui don'ts*.



1

Don't have the bed in coffin position (feet facing the door).

2

Don't have mirror facing the bed.

3

Don't have a single nightstand by itself.

4

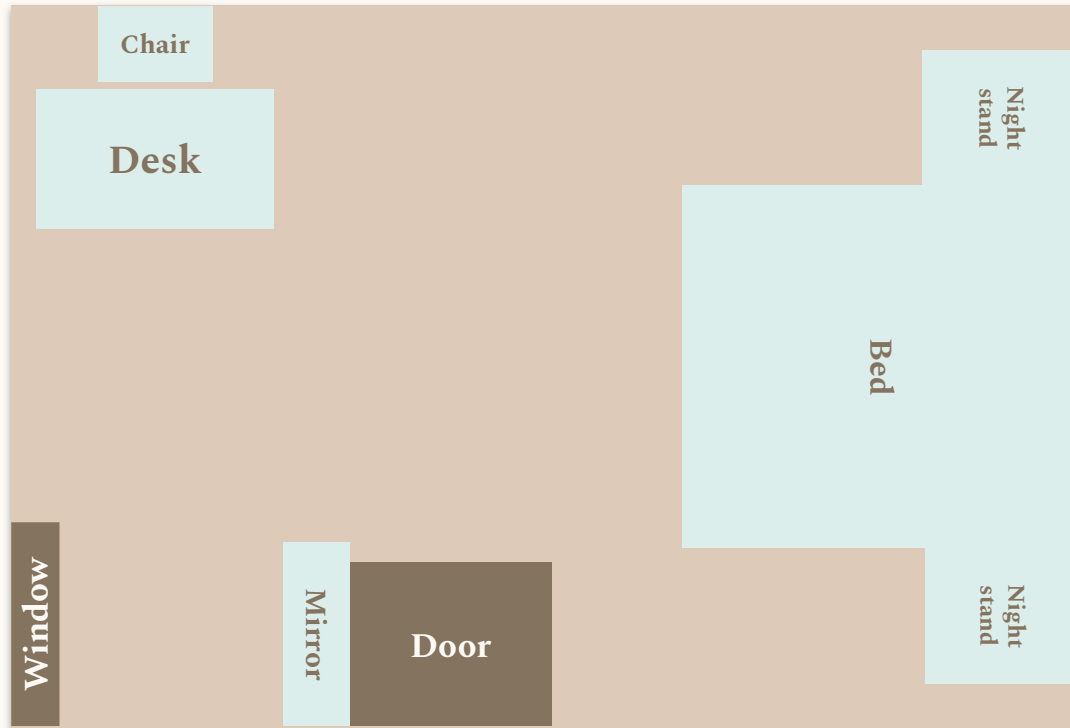
Don't position desk so that seated person faces a wall or their back is to the door.

[Next](#)

Now, let's examine a bedroom that has been arranged according to *feng shui* principles.

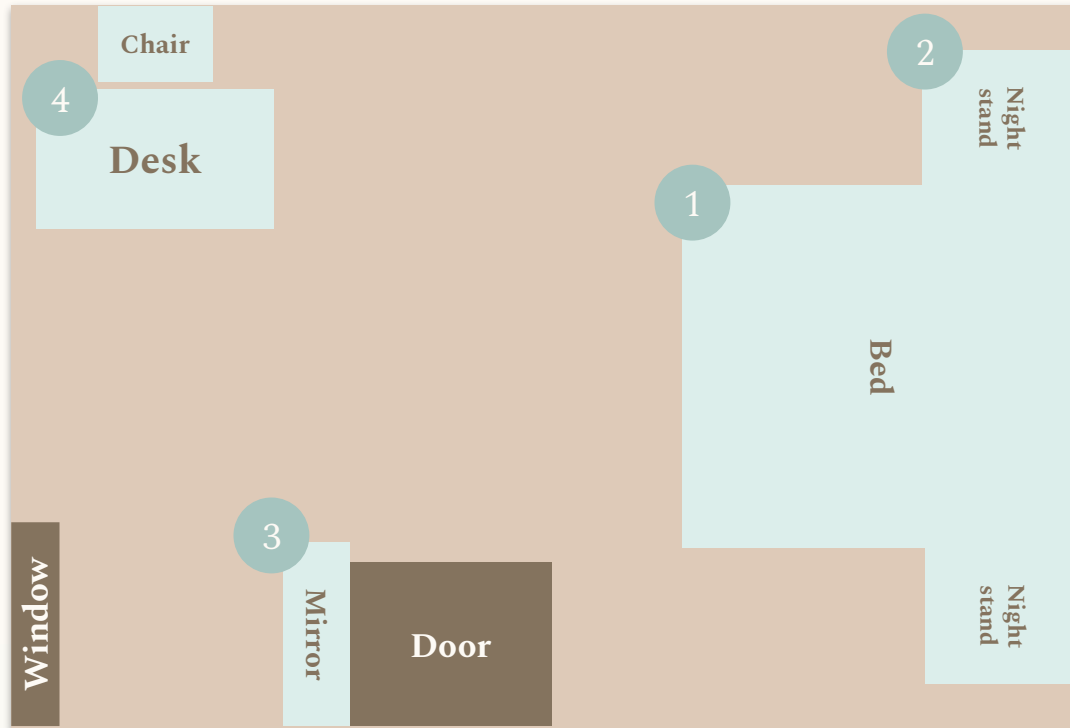
Let's go!

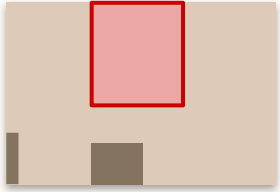
Here's a room arrangement who **aligns** with the principles of *feng shui*.



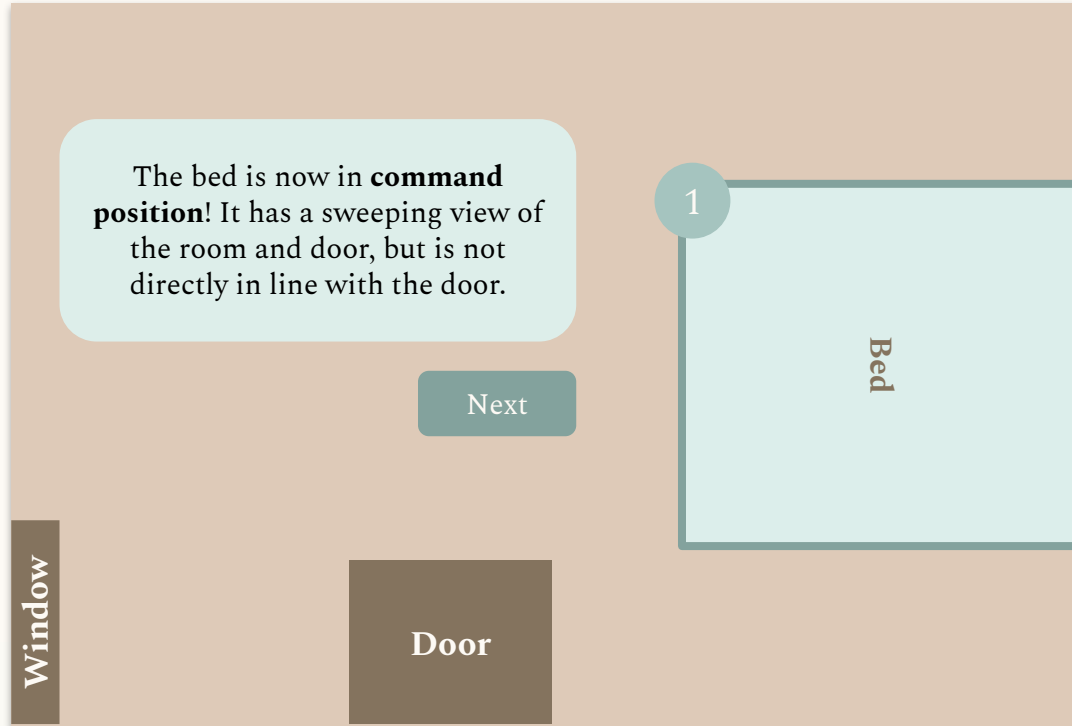
How so?

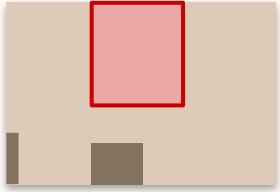
Click on the **green alerts** to learn more about reasoning behind the *good feng shui*.



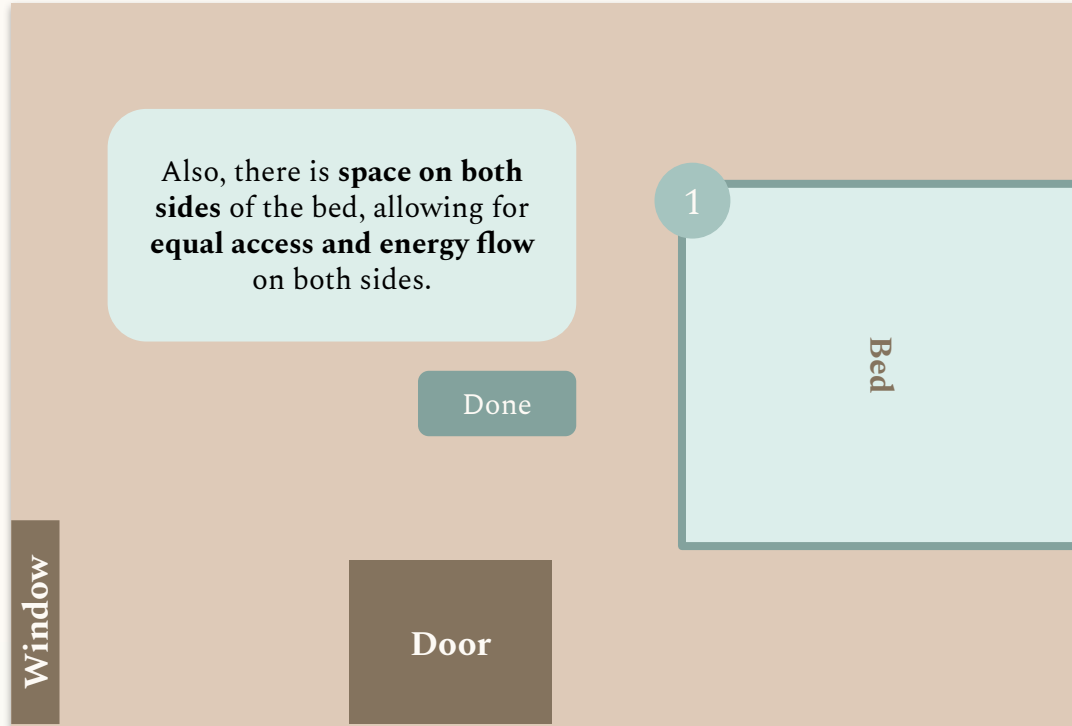


Comparison: Poor fengshui

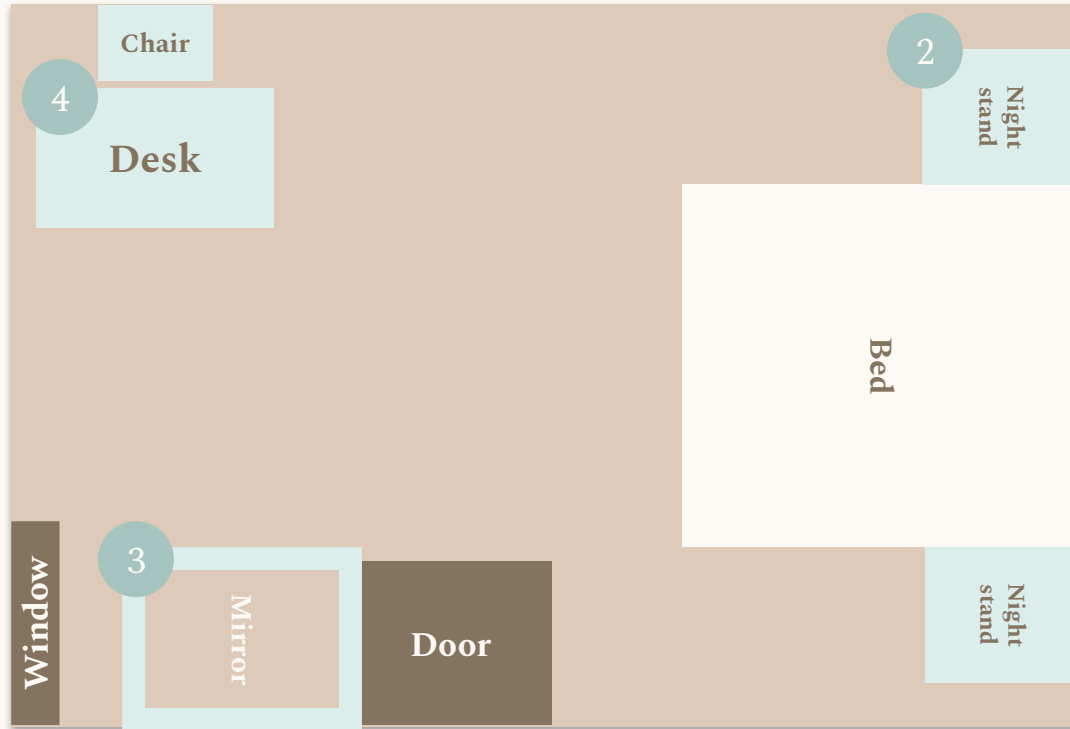


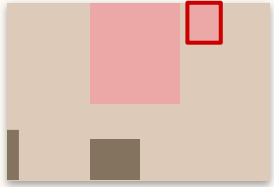


Comparison: Poor fengshui

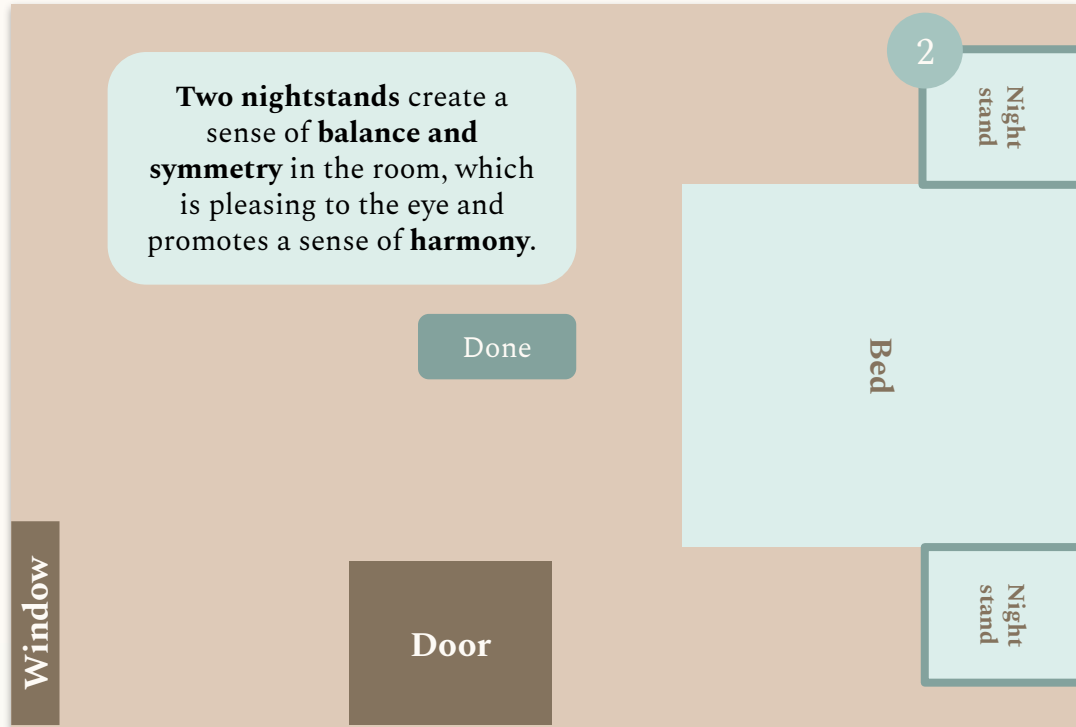


Click on the **green alerts** to learn more about reasoning behind the *good feng shui*.

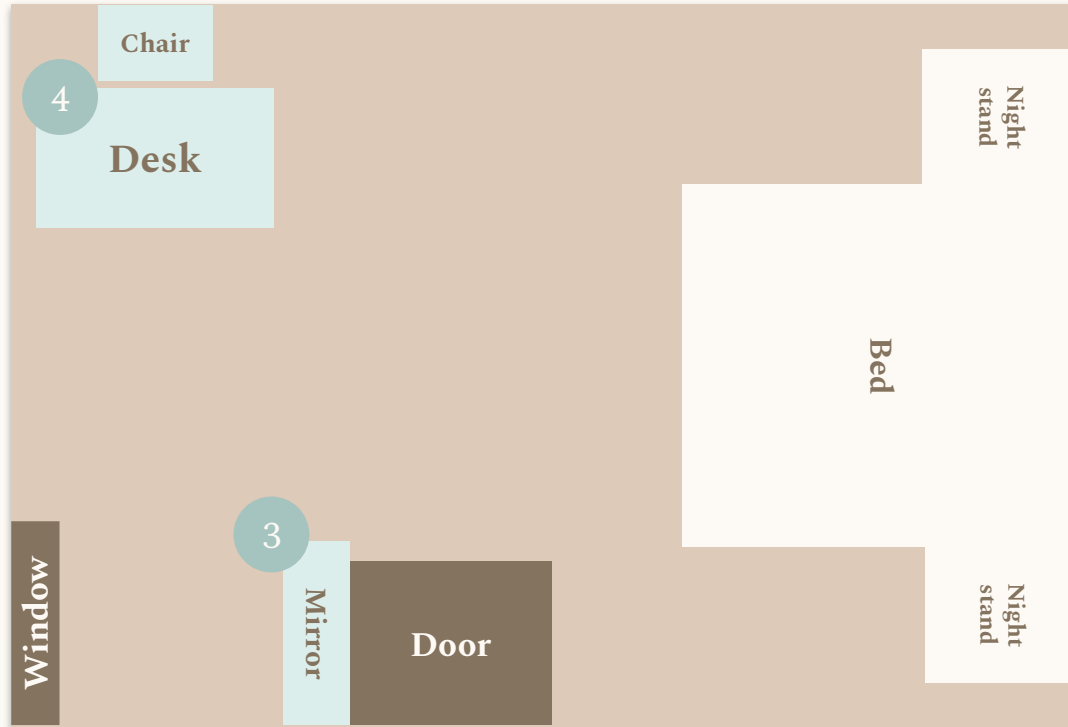


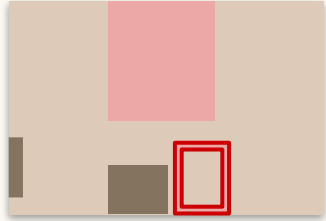


Comparison: Poor fengshui

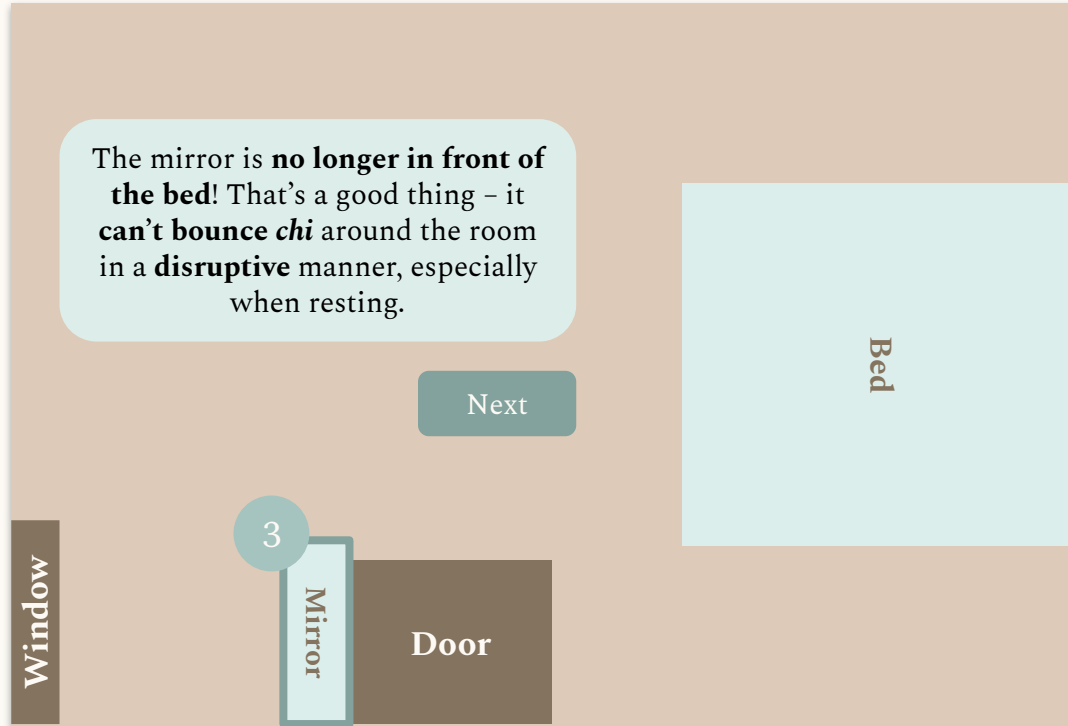


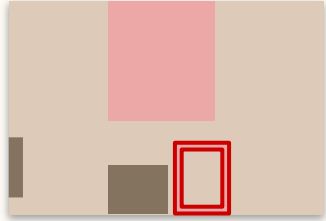
Click on the **green alerts** to learn more about reasoning behind the *good feng shui*.



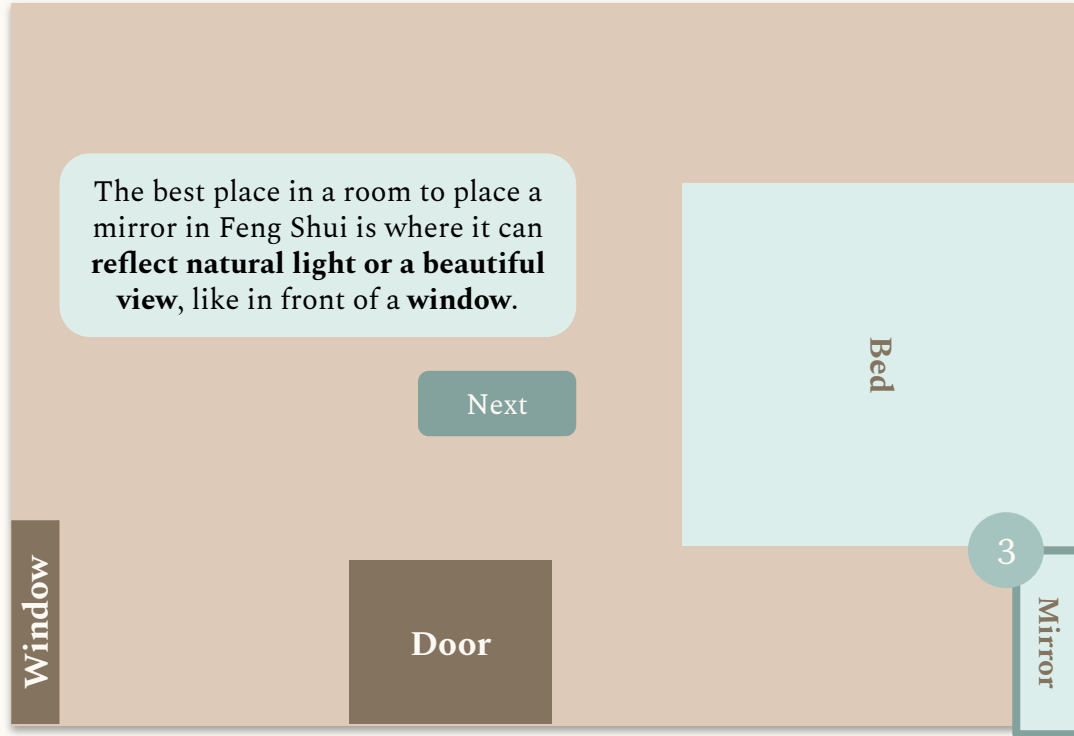


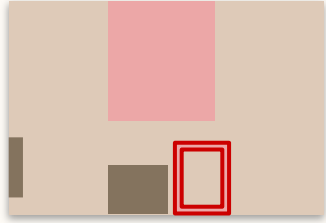
Comparison: Poor fengshui



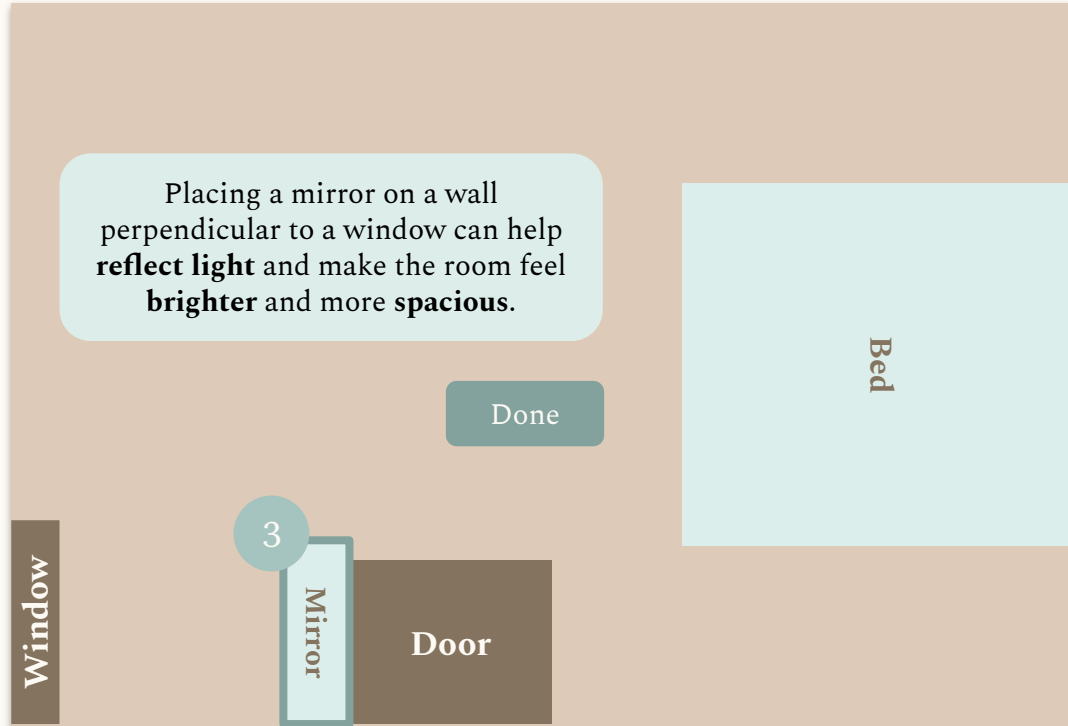


Comparison: Poor fengshui

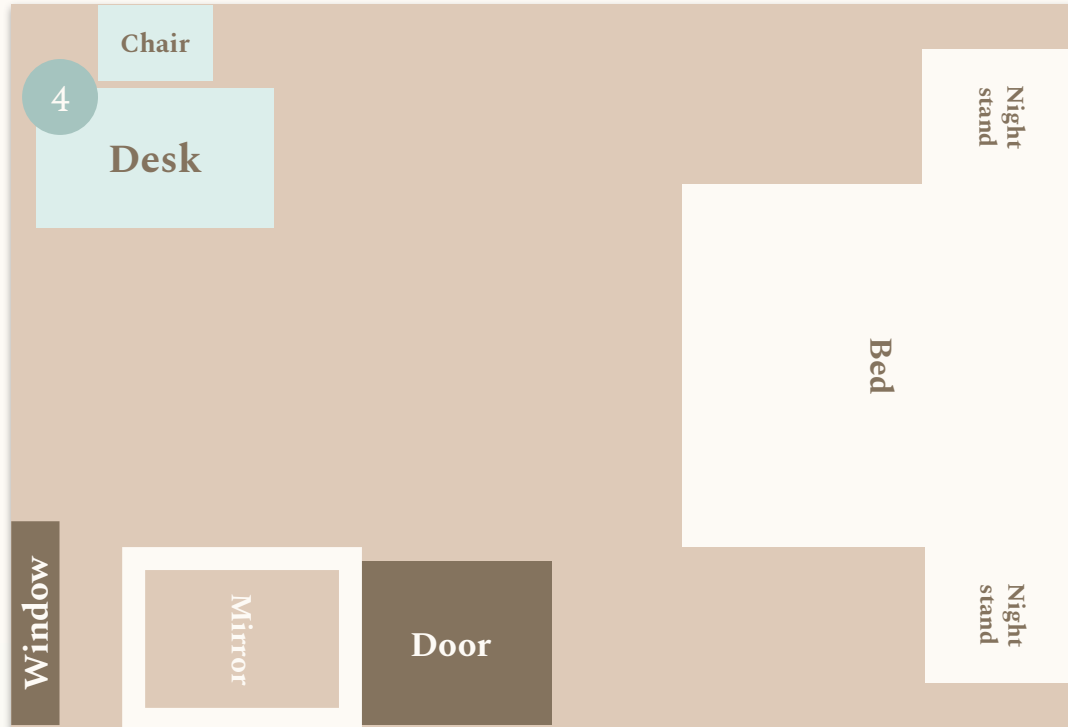


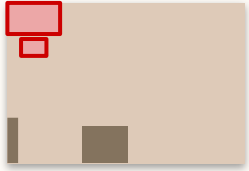


Comparison: Poor fengshui

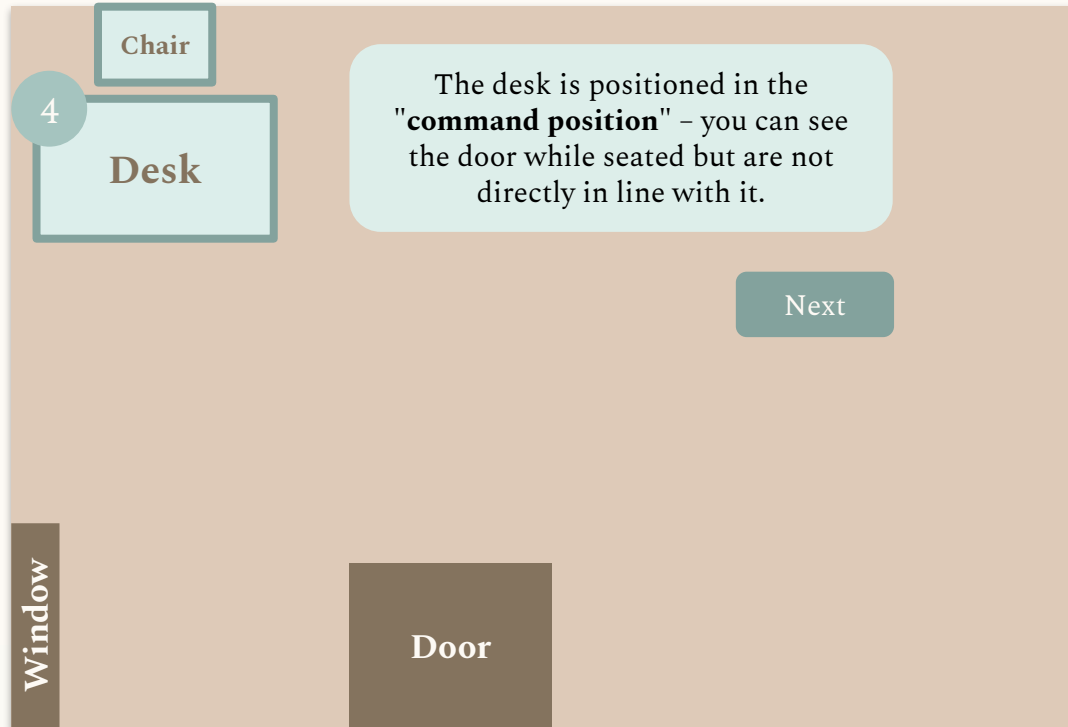


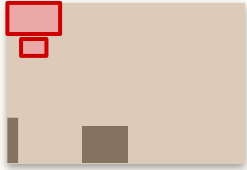
Click on the **green alerts** to learn more about reasoning behind the *good feng shui*.



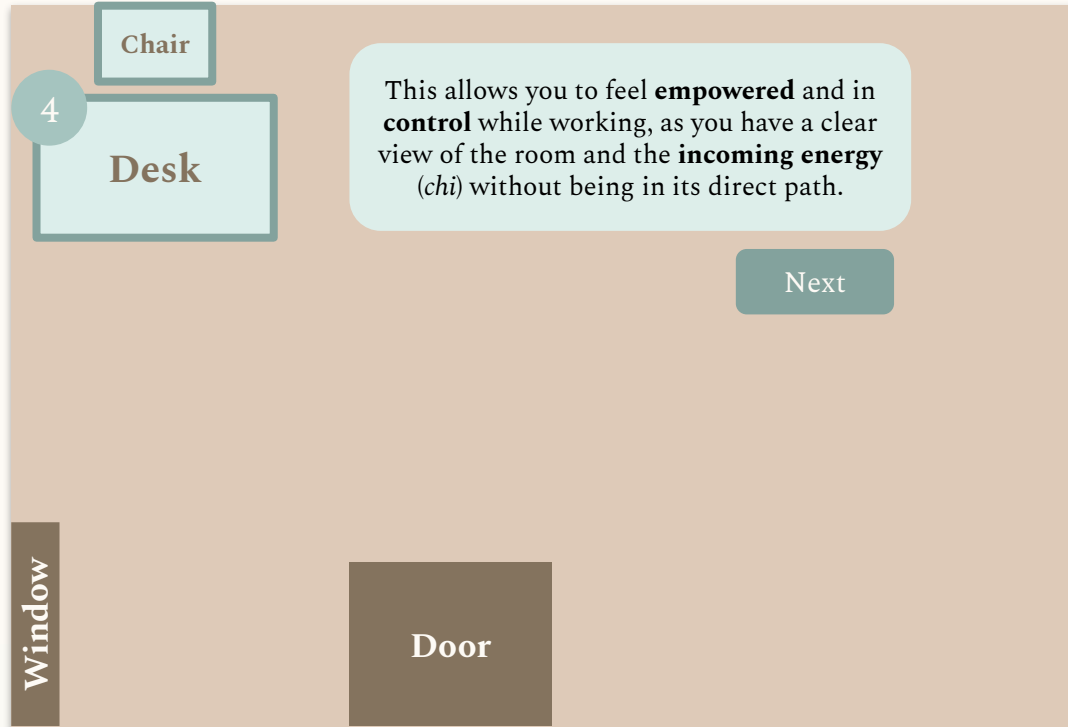


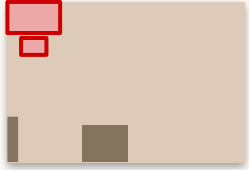
Comparison: Poor fengshui





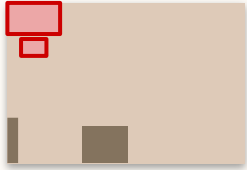
Comparison: Poor fengshui



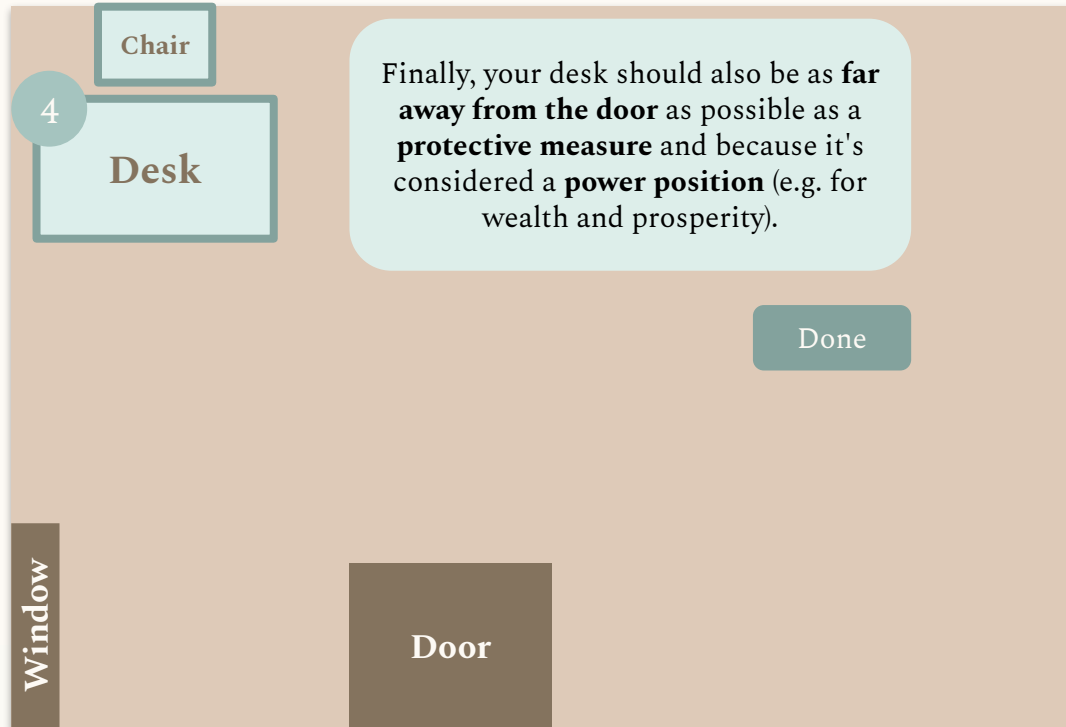


Comparison: Poor fengshui

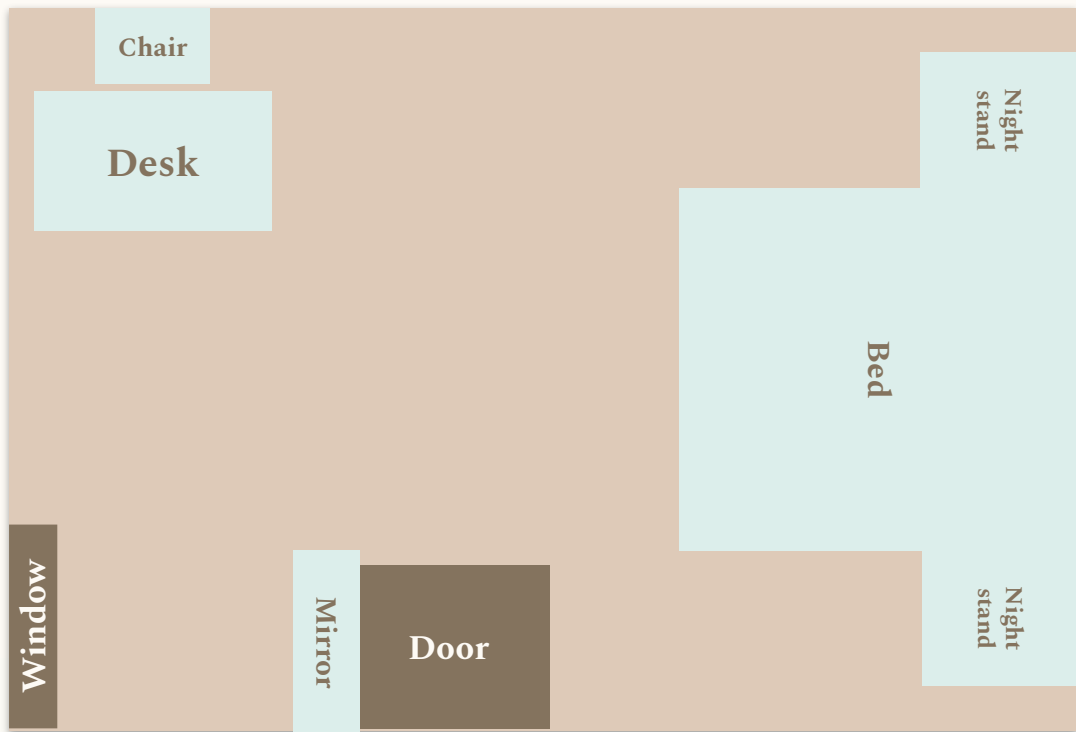




Comparison: Poor fengshui



Great! You just learned about *feng shui* do's.



1

The bed is in command position and has space on either side for equal access.

2

There are two nightstands on either side of the bed for symmetry.

3

The mirror is in front of the window, reflecting positive energy and light.

4

The desk is in command position, is backed by a solid wall for support, and is far from the door.

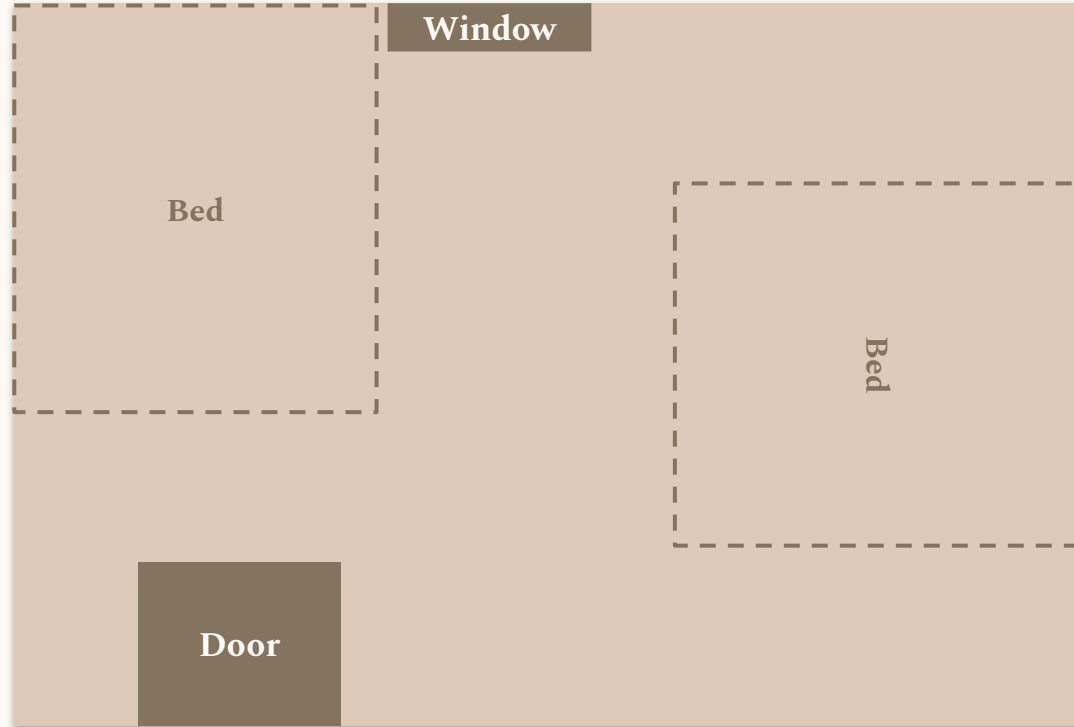
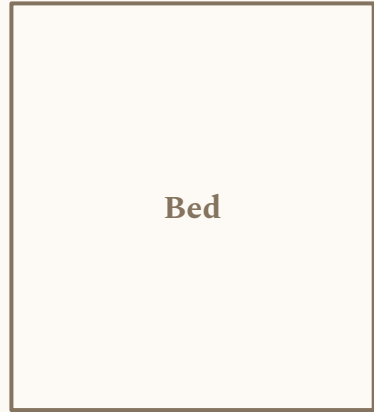
[Next](#)

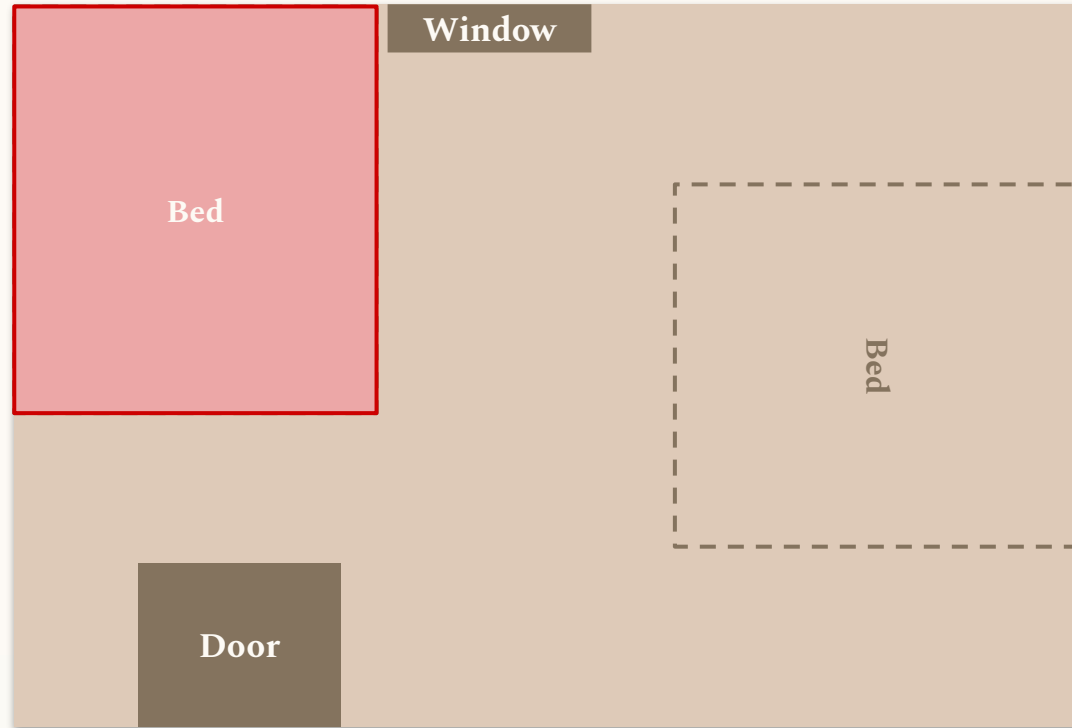
Your task is to **rearrange the furniture in the following bedroom** according to *feng shui* principles.

Each furniture item will show up one by one.

[Start quiz](#)

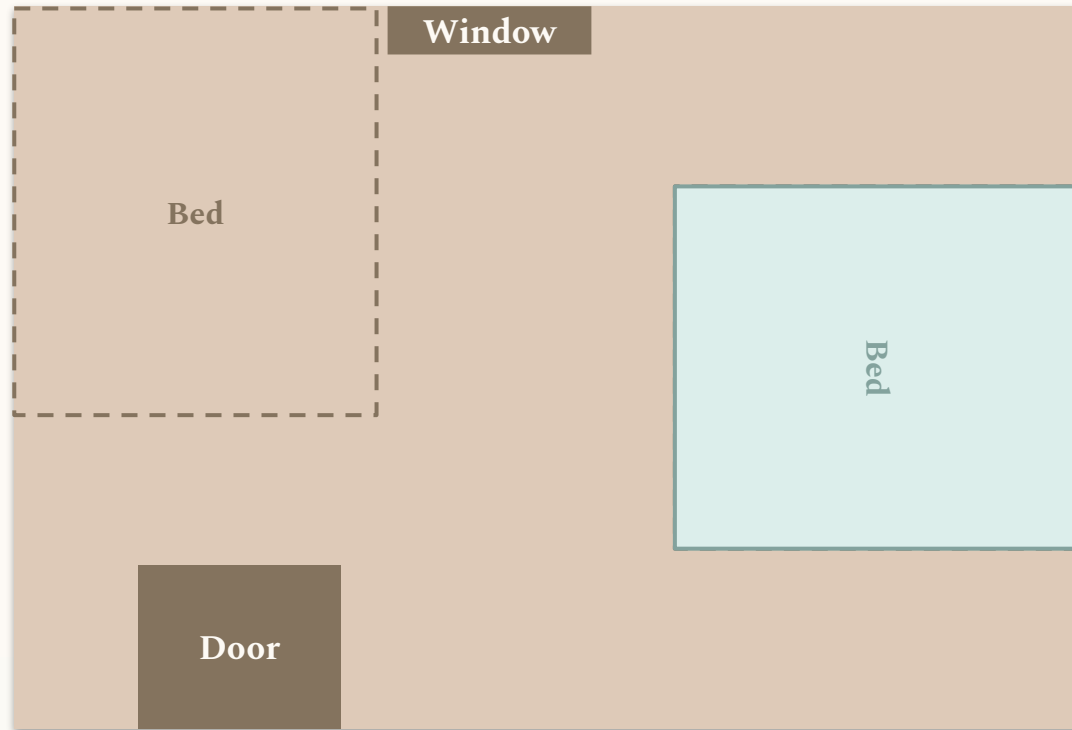
First, drag and rotate the **bed** to the optimal location.





Beds should never be in the **coffin position**.

Try again



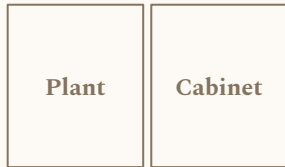
Nice! The bed is in a **command position**, is not in **coffin position**, and is accessible from both sides.

[Next](#)

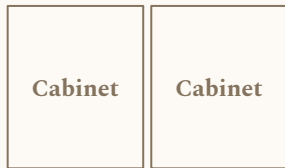
Now, select the **best furniture items** to place on either side of the bed.



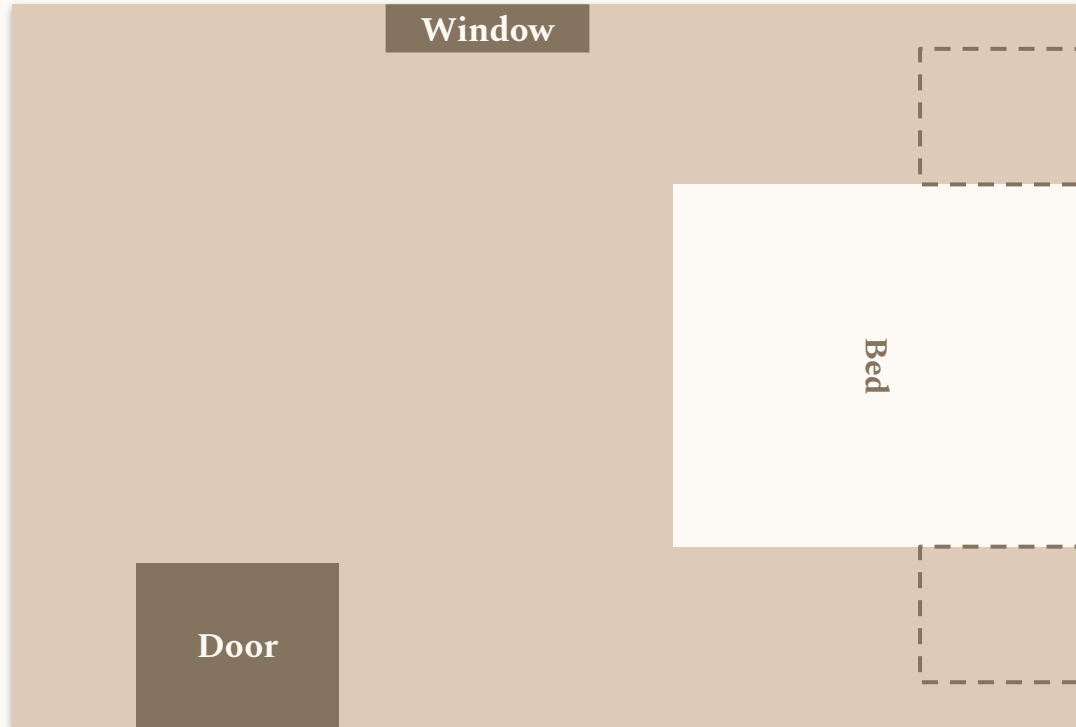
Select

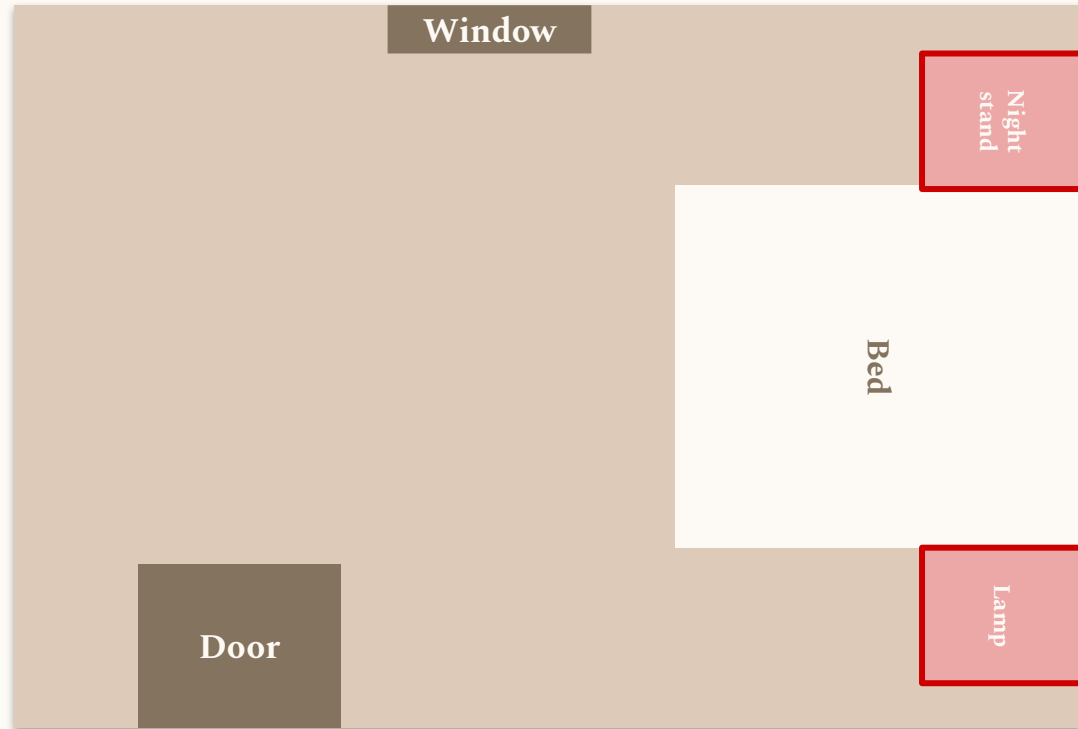


Select



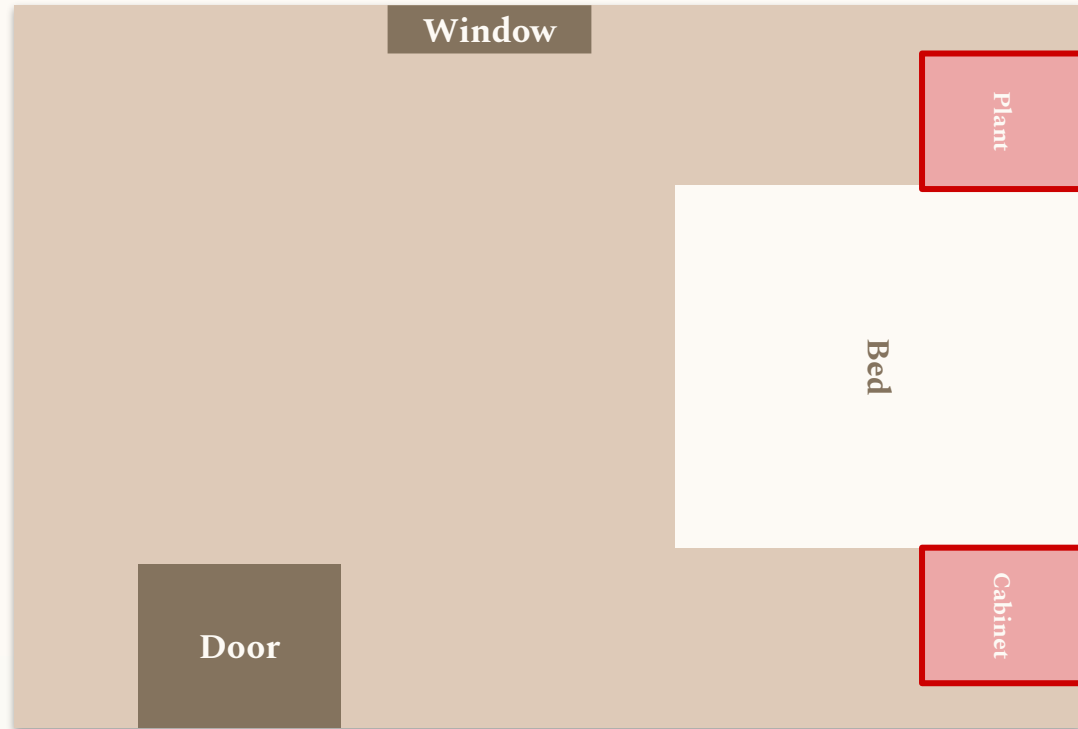
Select





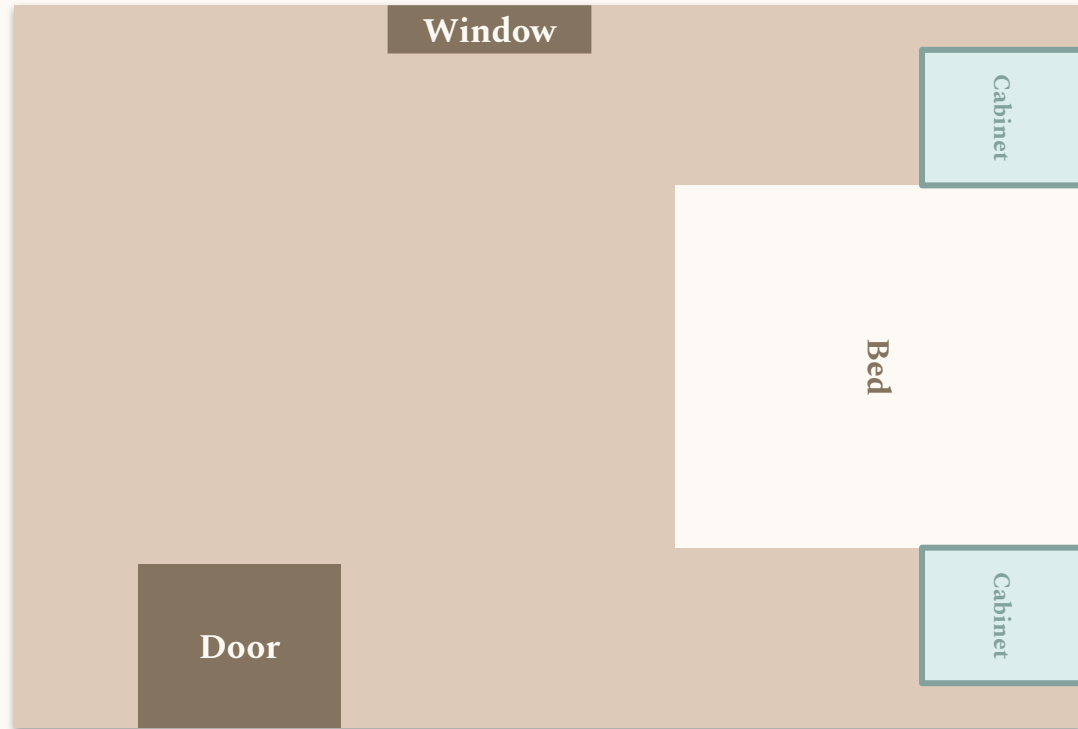
We want **furniture in pairs** for symmetry and balance.

Try again



We want **furniture in pairs** for symmetry and balance.

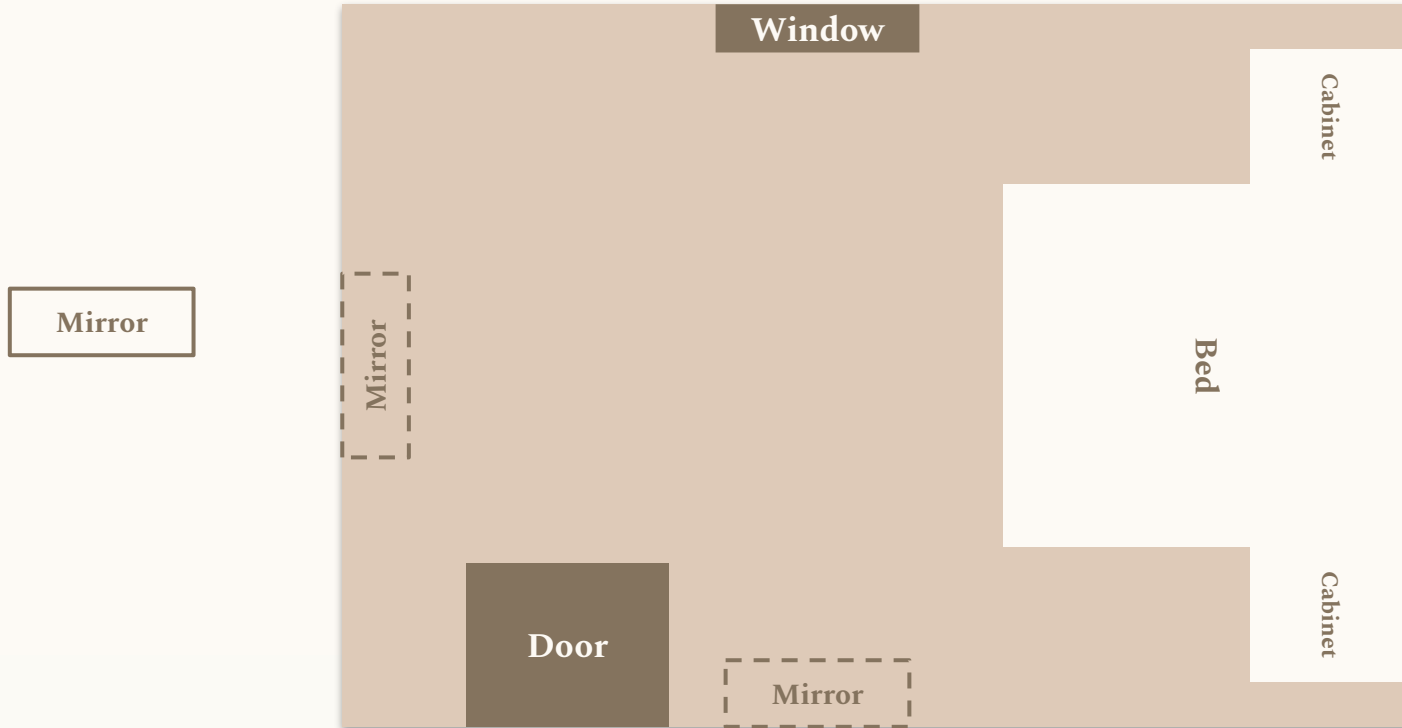
Try again



Wonderful! Furniture in **pairs** achieves greater **symmetry and balance**.

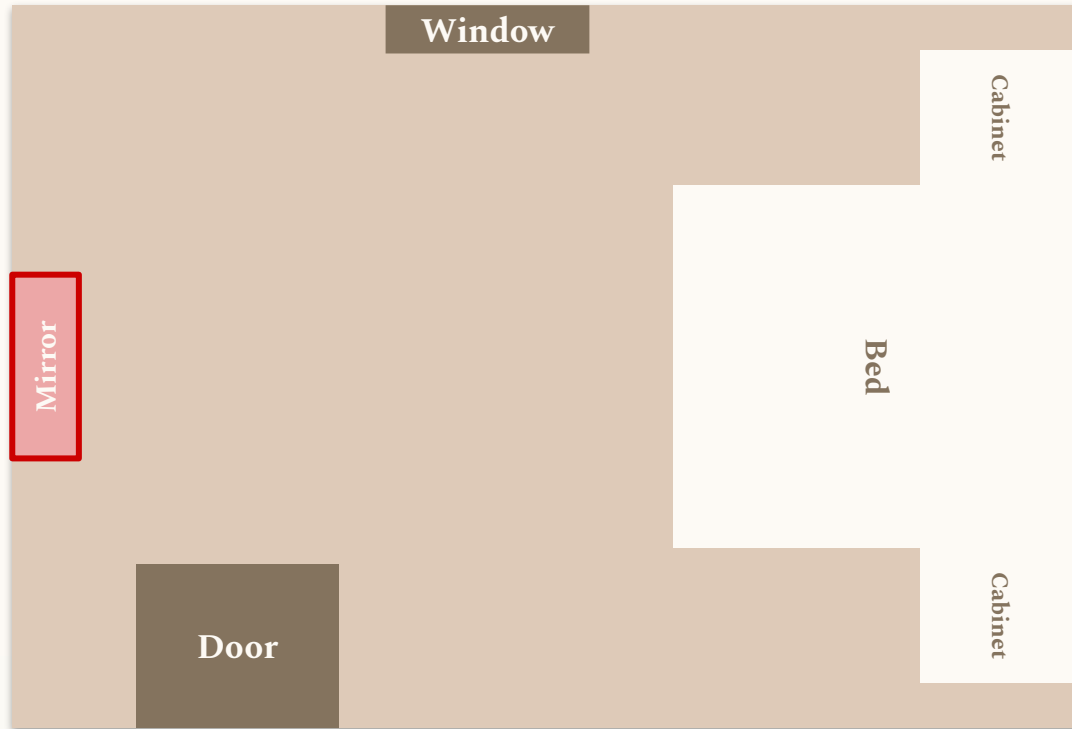
[Next](#)

Now, drag the **mirror** to the optimal location.

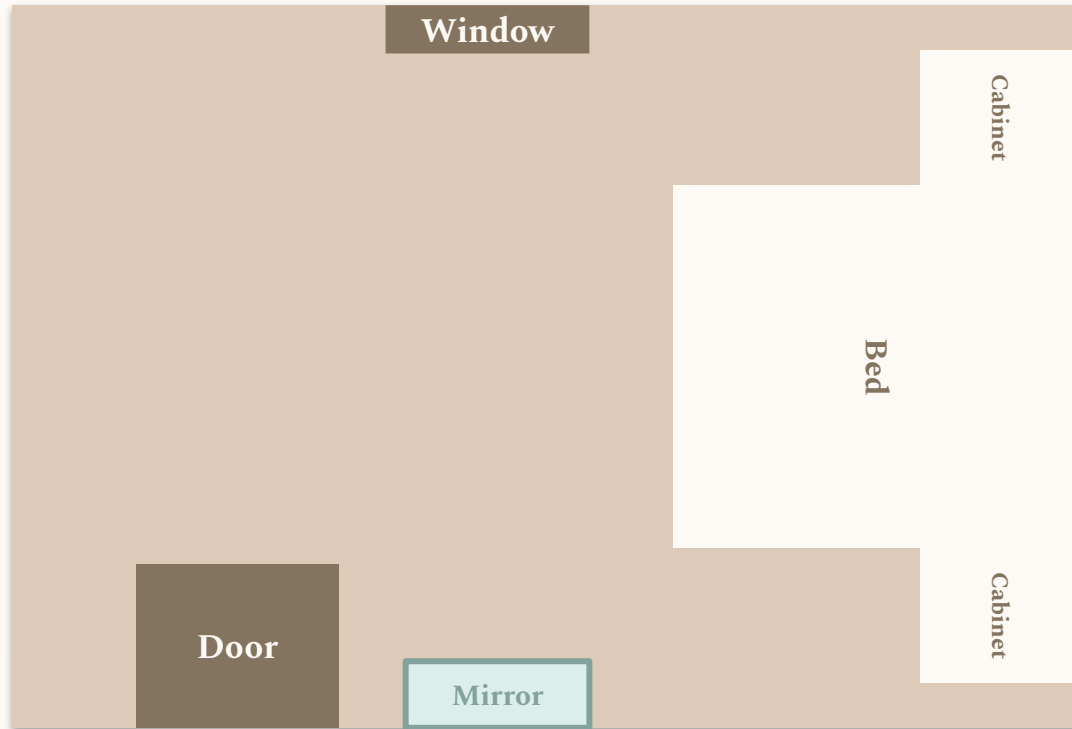


Remember, we don't want mirrors in front of the bed. As a reflector of energy, bounces *chi* around disruptively, which could lead to restless sleep.

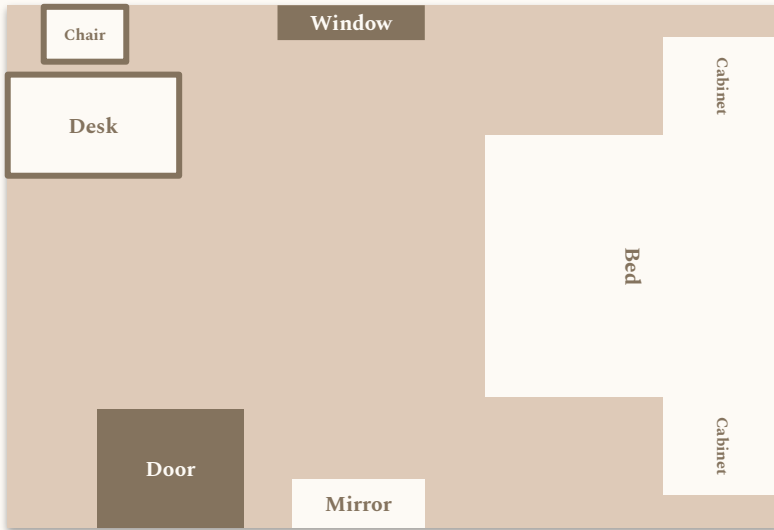
Try again



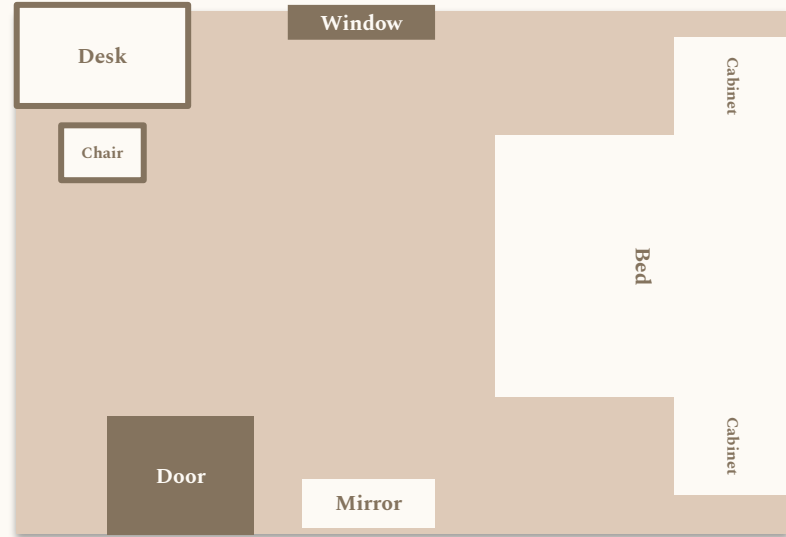
Amazing! Placing the mirror in front of the window can **reflect light and a beautiful view** into the room. It can also make the room feel more **spacious**.

[Next](#)

Finally, select the layout with the optimal **desk** location.

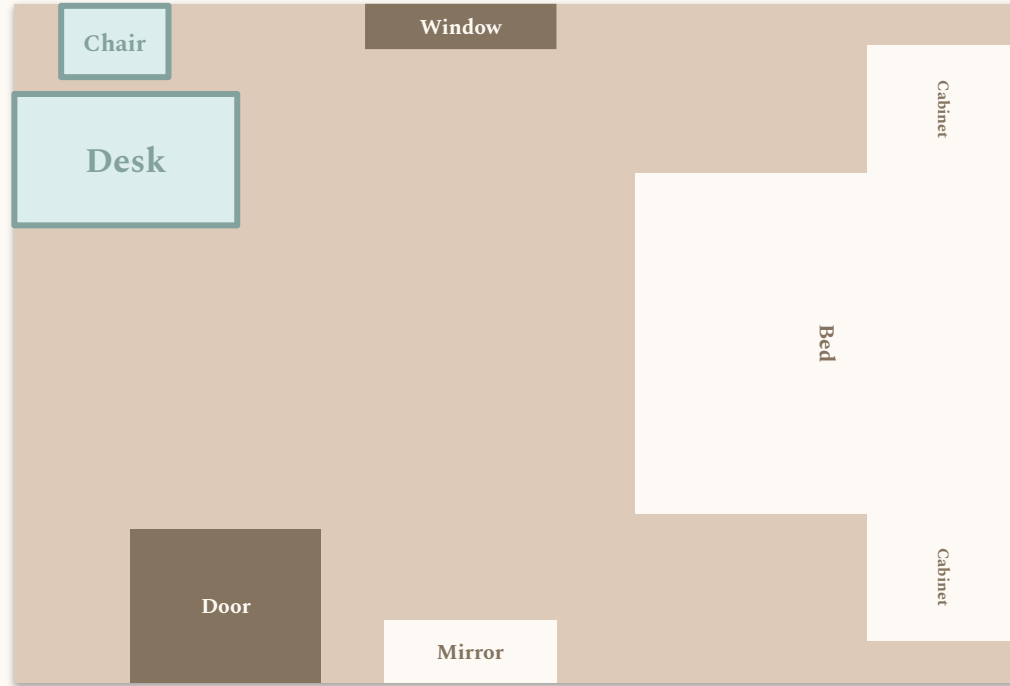


Select



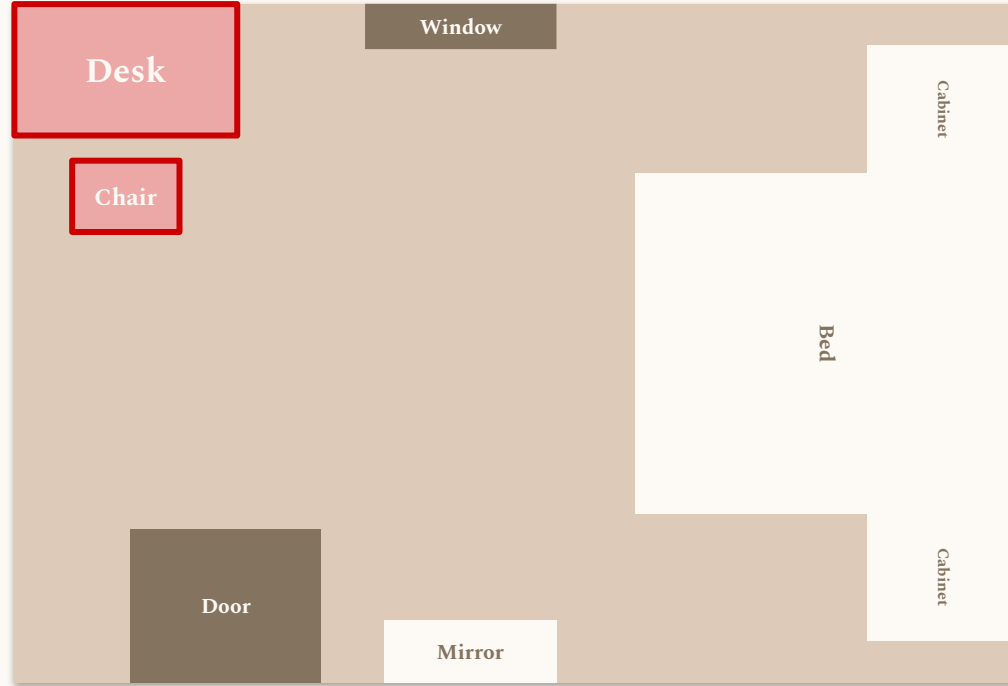
Select

Correct! The desk is in a command position and is backed by a solid wall, promoting support.

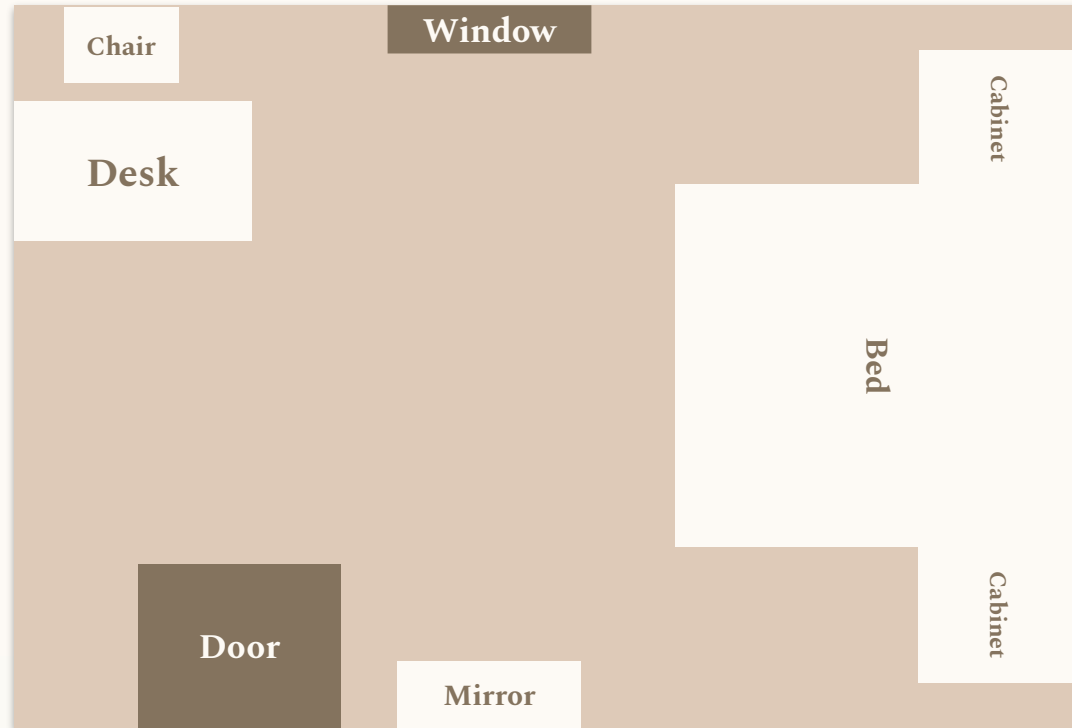
[Next](#)

Remember, we don't want the seated person to face a wall and have their back to the door; this leaves them exposed and unaware to whoever's walking into the room.

Try again



You got _ / 4 **correct** on the first try!

[Next](#)

Here's a plant as a housewarming gift!

Click the plant to collect it and return to the home page.



USER #1: Danielle

1. **Which team member facilitated the prototype (the person who introduce the prototype and advanced the slides as the user “clicked”)?**
 - a. Ellie Yan
2. **Which team member took notes? (this cannot be the same person as 1.)**
 - a. Michaela Gary
3. **What was the name of the user?**
 - a. Danielle Odigie
4. **Was the user able to complete the prototype?**
 - a. Yes, and she did so in order!
5. **If so, what was their score on the quiz?**
 - a. 4/4
6. **What’s something positive you learned from the prototype? Try to focus on the new features you iterated on.**
 - a. Appreciated the comparison image during proper *feng shui* demonstration as she forgot what poor *feng shui* looks like. Liked the brief summary of do’s and don’t’s.
7. **What was one critical incident you learned about from the prototype? (a time the user was wrong, confused, or had to think very hard to figure something out).**
 - a. She did not have any hesitations as she progressed through the site. However, she did admit that there was a lot of text and would likely not read everything on the website.

USER #2: Enshalla

- 1. Which team member facilitated the prototype (the person who introduce the prototype and advanced the slides as the user “clicked”)?**
 - a. Ellie Yan
- 2. Which team member took notes? (this cannot be the same person as 1.)**
 - a. Michaela Gary
- 3. What was the name of the user?**
 - a. Enshalla Dunlop
- 4. Was the user able to complete the prototype?**
 - a. Yes, and she did so in order!
- 5. If so, what was their score on the quiz?**
 - a. 4/4
- 6. What’s something positive you learned from the prototype? Try to focus on the new features you iterated on.**
 - a. She also appreciated the comparison image. Liked the graphic design – the neutral beige tones, liked even how the reds and greens weren’t too stark. Liked the drag and drop and rotate functionalities; thought that was very creative for user interactions.
- 7. What was one critical incident you learned about from the prototype? (a time the user was wrong, confused, or had to think very hard to figure something out).**
 - a. For the summary, bold some of the words especially for people who skim.