

## GenKey's menu

### Monday Aug 8

1. Ampesi with garden egg stew
2. Banku with fantifanti
3. Plain rice with beans & plantain

### Wednesday Aug 10

1. Beans and plantain
2. Fufu with chicken light soup
3. Fried yam with hot chicken spicy

### Friday Aug 12

1. Beef burger
2. Waakye with fish/ chicken & egg
3. Plain rice with kontomire & egg