

# Saline Rowing Regatta Food Responsibilities Volunteer Outline



CALLING ALL ROWING PARENT VOLUNTEERS!

Regatta food is a huge undertaking, and while it requires many volunteers, I would like to point out some of the benefits it provides for rowers, as well as rowing parents / families. The “Food Tent” is much like a tailgate, thus a gathering place for rowing parents / families to socialize. Most importantly, it is a place for rowers to “fuel-up” on healthier food items that may not otherwise be available. Additionally, Regatta venues are often in remote areas and therefore other options may not be convenient.

Volunteer sign-up for each Regatta venue, [Regatta Volunteer Sign-up](#). Please use this shared spreadsheet as it will serve as a management tool for coordinating volunteers.

Please review the following volunteer responsibilities and decide where you will be able to contribute. The volunteers are needed for **EACH** Regatta. Everyone’s help is required to make the day enjoyable for all!

## 1) Trailer Unloading: **(4) VOLUNTEERS NEEDED**

- a) Responsibilities are for the day of the Regatta only, and **does not** include coordinating volunteers or food prior to that time.
- b) Responsible for meeting food trailer at venue - a minimum of 30 minutes prior to rowers arriving, generally this is between 6:00 am – 6:30 am

## 2) Set-Up: **(4) VOLUNTEERS NEEDED**

- a) Set-up Tents - Yellow Rower Tent 1<sup>st</sup>, then (3) White Easy-Up Tents
- b) Set-up Tables
- c) Stove, Grill, Turkey Burner (used for boiling water)
- d) Dirty dish bins set-up near cooking area

## 3) Cooks: **(3) VOLUNTEERS NEEDED**

- a) Refer to menu for the day
- b) Give guidance to your food prep team

- c) Breakfast
    - i) As soon as the trailer is unloaded start breakfast
    - ii) Should be served once boats are rigged
  - d) Lunch / Mid-Day Meal – Served at time coordinated with coaches, usually between 11:30 am – 12:30 pm
- 4) Prep Cooks: **(4) VOLUNTEERS NEEDED**
- a) Breakfast
    - i) Set-up chafing dishes if needed (check menu and discuss with Head Cook)
    - ii) Prep breakfast items, cut fruit, help with cooking etc.
    - iii) Monitor food table
  - b) Lunch
    - i) Set-up chafing dishes if needed (check menu and discuss with Head Cook)
    - ii) Prep lunch menu items, salad, veggies, help with cooking, etc.
    - iii) Set out salads, veggie tray, fruit etc.
    - iv) Monitor food table
    - v) Replenish through-out the afternoon as needed
- 5) Stock and Tidy Tables: **(3) VOLUNTEERS NEEDED**
- a) Cold Beverages
    - i) Set-up ice baths (currently qty 2) for juice, chocolate milk, water etc. and cold beverage cups if needed.
  - b) Hot Beverages
    - i) Set-up area for air-pots; tea, hot chocolate, creamer, stir sticks, sugar & hot beverage cups
    - ii) Set-out coffee cream – may want small ice bath in warmer weather
  - c) Breakfast
    - i) Set-out cheese sticks, bagels & cream cheese, fresh fruit etc.
    - ii) Set out Snack tower (granola bars, ramen noodles etc.)
    - iii) Set out Plates, napkins and utensils
    - iv) (6) Replenish through-out the morning as needed
  - d) Periodically check needs at boat site.
  - e) Monitor station through-out the day and replenish beverages and cups as needed.
  - f) Tidy up tables and area around food tent
  - g) Remind rowers to keep team tent in neat order
- 6) Dishwasher: **(2) VOLUNTEERS NEEDED**
- a) Wash Breakfast Dishes
  - b) Wash Lunch Dishes
- 7) Clean-Up: **(4) VOLUNTEERS NEEDED + ALL PARENTS**
- a) Basically, the reverse of “set-up”
- 8) Re-load Trailer: **(4) VOLUNTEERS NEEDED + ALL PARENTS**