

# Network Analysis in R

*2019-11-05*



# Contents

<b>Overview</b>	<b>5</b>
<b>1 Starting with R</b>	<b>7</b>
1.1 Overview . . . . .	7
<b>2 Working With Data in R</b>	<b>9</b>
2.1 Overview . . . . .	9
<b>3 Network Analysis</b>	<b>13</b>
3.1 Overview . . . . .	13
3.2 Background . . . . .	13
3.3 Why Use Network Analysis in Mental Health? . . . . .	13
3.4 What is a network? . . . . .	14
<b>4 Practical</b>	<b>15</b>
4.1 Description of Data . . . . .	15
4.2 Visualising Data . . . . .	15
4.3 Visualising Data - Practical . . . . .	15
4.4 Working With Data . . . . .	16
4.5 Plotting Data . . . . .	17
<b>A RStudio Cloud</b>	<b>19</b>
A.1 Creating an Account . . . . .	19
A.2 Accessing RStudio Cloud . . . . .	19
A.3 Getting Started with RStudio Cloud . . . . .	20
<b>B References</b>	<b>21</b>



# Overview

Materials for the 4 day Network Analysis course.

This course covers skills such as installing R, opening files, working with data using tidyverse, and making graphs. It also introduces network analysis as a statistical concept.



# Chapter 1

## Starting with R

Welcome to the Course!

### 1.1 Overview

Installing R and opening files

**In this session you will learn:**

1. What is R?
2. How to install R
3. Where to get help

#### 1.1.1 What is R?

For network analysis, you need two different bits of software, R and RStudio. R is a programming language that you will write code in and R Studio is an Integrated Development Environment (IDE) which makes working with R easier.

#### 1.1.2 How To Install Base R

Install base R from <https://cran.rstudio.com/>. Choose the download link for your operating system (Linux, Mac OS X, or Windows).

### 1.1.3 How To Install R Studio

Go to <https://rstudio.com> and download the RStudio Desktop (Open Source License) version for your operating system under the list titled **Installers for Supported Platforms**.

### 1.1.4 Quiz

Quickfire Questions

We have put questions throughout to help you test your knowledge. When you type in or choose the correct answer, the dashed box will change color and become solid green.

- From the following options, how do you get R for this course? Installing Base R & R Studio Installing R Studio Installing Base R

Explain This Answer!

R is the basic package. R Studio is an add-on that make R much easier to use.

### 1.1.5 Where to Get Help



## Chapter 2

# Working With Data in R

### 2.1 Overview

This is a basic introduction to R. The material is based on the data skills course for MSc students at the University of Glasgow. Find lots of useful resources here: [https://gupsych.github.io/data\\_skills/01\\_intro.html](https://gupsych.github.io/data_skills/01_intro.html)

Please take a look at these free open resources in your own time.

#### 2.1.1 Setting Working Directory

First things first, we will set the working directory. What this means is that we need to tell R where the files we need are located. Think of it just like when you have different projects, and you have separate folders for each project e.g. research conducted in schools, research conducted in the community and so on. When working on R, it's useful to have all the data sets and files you need in one folder.

To set the working directory press `session -> set working directory -> choose directory` and then select the folder where the data sets we are working on are saved, and save this file in the same folder as well. In other words- make sure your data sets and scripts are all in the same folder.

#### 2.1.2 Code

RStudio generally has four panels: Current file, Console, Environment, and Viewer. You can think of the console as a place to try things out, and the file to write down ideas you want to stick around. Go to the console and type

```
x <- 1 + 5  
x
```

Notice how now the environment shows we have a Value `x` that is 6. We have just created a variable. In the above, we would say “the variable `x` is assigned to `1 + 5`” or “`x` gets `1 + 5`”

### 2.1.3 Functions & Arguments

We have already created some code. But what does it all mean?

Functions in R execute specific tasks and normally take a number of arguments (if you’re into linguistics you might want to think as these as verbs that require a subject and an object). You can look up all the arguments that a function takes by using the help documentation by using the format `?function`. Some arguments are required, and some are optional. Optional arguments will often use a default (normally specified in the help documentation) if you do not enter any value.

As an example, let’s look at the help documentation for the function `rnorm()` which randomly generates a set of numbers with a normal distribution. Just like the numbers in the graph below.

Open up R Studio and in the console, type the following code:

```
?rnorm
```

The help documentation for `rnorm()` should appear in the bottom right help panel. In the usage section, we see that `rnorm()` takes the following form:

```
rnorm(n, mean = 0, sd = 1)
```

In the arguments section, there are explanations for each of the arguments. `n` is the number of observations we want to create, `mean` is the mean of the data points we will create and `sd` is the standard deviation of the set. In the details section it notes that if no values are entered for `mean` and `sd` it will use a default of 0 and 1 for these values. Because there is no default value for `n` it must be specified otherwise the code won’t run.

Now, try running the above code for 50 participants with a mean test score of 3 and a standard deviation of 1.

Remember we are asking R to create **random** numbers here, so do not worry if someone else has slightly different values.

I need a hint!

`n` in this case would be changed to 50.

`mean` should be changed to 3

```
rnorm(50, mean = 3, sd = 1)
```

now, try running the above code and see what happens.

### 2.1.4 Tidyverse

However, we do not always want to use R to create random numbers, we want to use it to analyse our own data which commonly resides in .csv or .sav files. People have developed many different libraries to help us work with such data. One of the most popular packages is tidyverse.

The Tidyverse is a collection of R packages with a common design , grammar, and data structure that makes analysis faster and easier.

The first time you want to use a package, you must first install the package. `tidyverse` can be installed as follows.

```
install.packages("tidyverse")
```

Once the package has been installed, any time you want to use the package you use the following code. If you want to open a package other than `tidyverse`, simply substitute the package name.

### 2.1.5 Keeping Environment Clean

As you work, you will notice your environment will fill up with lots of variables that you have assigned.

Before beginning any new analyses it is important to clear the environment which can be done with the following code. If you run this code R will forget any libraries that you have loaded, such as `tidyverse`.

```
rm(list = ls())
```



## Chapter 3

# Network Analysis

### 3.1 Overview

### 3.2 Background

Recent thinking conceptualises mental wellbeing as comprising of environmental, psychological and social factors, a challenge to static factor models. Psychologists wishing to study the dynamic interaction of many factors may wish to consider a complexity science perspective such as network analysis.

The frequently reported patterns of positive correlations between various cognitive tasks (e.g. verbal comprehension and working memory) are typically explained in terms of a dominant latent factor, i.e. the correlations reflect a hypothesised common factor of general intelligence (g). However, van der Maas (2006) and colleagues argued that this empirical pattern can also be accounted for by means of a network approach (see image below), wherein the patterns of positive relationships can be explained using a mutualism model, i.e. the variables have mutual, reinforcing, relationships (Hevey, 2018)

### 3.3 Why Use Network Analysis in Mental Health?

“Analysis of mental health data is usually based on sum-scores of symptoms or the estimation of factor models. Both types of analyses disregard direct associations among symptoms that are well-understood in clinical practice: mental disorders can be conceptualized as vicious circles of problems that are hard to escape. A novel research framework, the network perspective on psychopathology,

understands mental disorders as complex networks of interacting symptoms” (Fried, 2018)

### 3.4 What is a network?

A network is a set of nodes connected by a set of edges. A network (as collection of various nodes and edges) can be defined as a graph

Several packages are used in the network analysis, including **network**, **statnet**, **igraph** and **qgraph**.

qgraph was developed in the context of psychometrics approach by Dr. Sacha Epskamp and colleagues in 2012. We will be working with **qgraph**.

## Chapter 4

# Practical

### 4.1 Description of Data

We will work with a local dataset gathered from high school age children. Please download the .csv file [HERE](#) (you might need to right click and choose save as).

First, we need to make sure we have `tidyverse` loaded and then open the file. We are creating a data frame called `data` which we will assign to our .csv file.

Remember, this needs to be saved within the working directory that you set so that R knows where to find it.

```
library(tidyverse)
data <- read_csv("networkdataset.csv")
```

### 4.2 Visualising Data

To do - write a bit about plotting options in R.

### 4.3 Visualising Data - Practical

How many females and males?

The `#` symbol in the code is a comment. Comments do not add anything to the code but are there for human understanding to explain what is happening in the code. Look at the comments in the code below to understand what is going on.

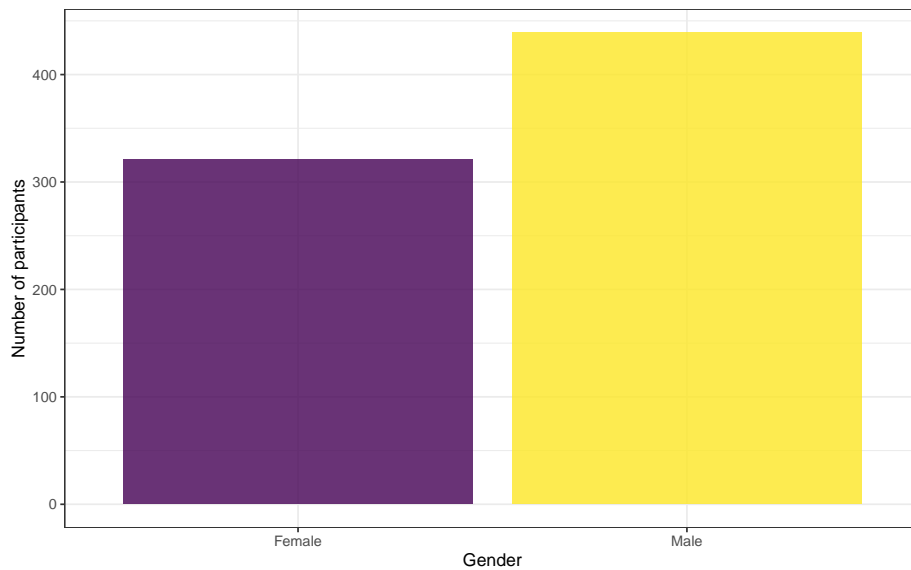


Figure 4.1: Participant Gender

```
# we are telling R we want to plot dat, we are letting R know Gender
# is a factor on our x axis and we want to fill with colour
ggplot(data, aes(x = as.factor(Gender), fill = as.factor(Gender))) +
  # we are choosing a bar plot
  geom_bar(show.legend = FALSE, alpha = .8) +
  # we are naming the x scale
  scale_x_discrete(name = "Gender") +
  # we are choosing a colour scheme from pre-existing options
  scale_fill_viridis_d(option = "D") +
  # we are naming the y scale
  scale_y_continuous(name = "Number of participants")
```

## 4.4 Working With Data

Participants rated themselves on 23 items of the TEQ questionnaire which asked about exposure to different traumatic events. We would like to create a plot to visualise the total TEQ and where participants live. However, we need to clean the data a little bit first. We will explain each line in the code below.

The pipe operator `%>%` is something you will see a lot and (in terms of code) means “and then”

1. we create a new dataframe called `total_TEQ` which we assign to our new



code

2. we then use `select`, the `.` lets R know we are still working with the same dataframe. We then select all TEQ variables, Pcode and Place `select(., TEQ1:TEQ23, Pcode, Place`
3. `gather` transforms the data from wide to long. We only want it to do this to TEQ variables so we can drop `-Pcode` and `-Place` using the minus sign.
4. We then use `group_by(Pcode, Place)` as we want to look at scores for each participant and where they live
5. Finally `summarise(tot_TEQ = sum(score))` creates a column named `tot_TEQ` which has the total TEQ score for each participant.

```
total_TEQ <- data %>%
select(., TEQ1:TEQ23, Pcode, Place) %>%
gather("var", "score", -Pcode, -Place) %>%
group_by(Pcode, Place) %>%
summarise(tot_TEQ = sum(score))
```

## 4.5 Plotting Data

Now we can visualise `total_TEQ`.

When visualising differences between groups in numerical values, people have historically used bar graphs. There is currently a shift taking place, with people moving away from bar graphs, and towards more informative visualisations.

Before we used `geom_bar()` to create a barplot and this time we will use `geom_violin()` to create a violin plot. In the violin plot, the width of the area indicates the density of the data at that point on the y axis. We have also included a box plot using `geom_boxplot` within this graph to show another option.

```
ggplot(total_TEQ, aes(x = as.factor(Place), fill = as.factor(Place), y = tot_TEQ)) + geom_violin(
  geom_boxplot(width = 0.2, show.legend = FALSE) +
  scale_y_continuous(name = "Total TEQ") +
  scale_x_discrete(name = "Place"))
```

From looking at the graph we just created, what location tends to have highest TEQ?

Village Camp City

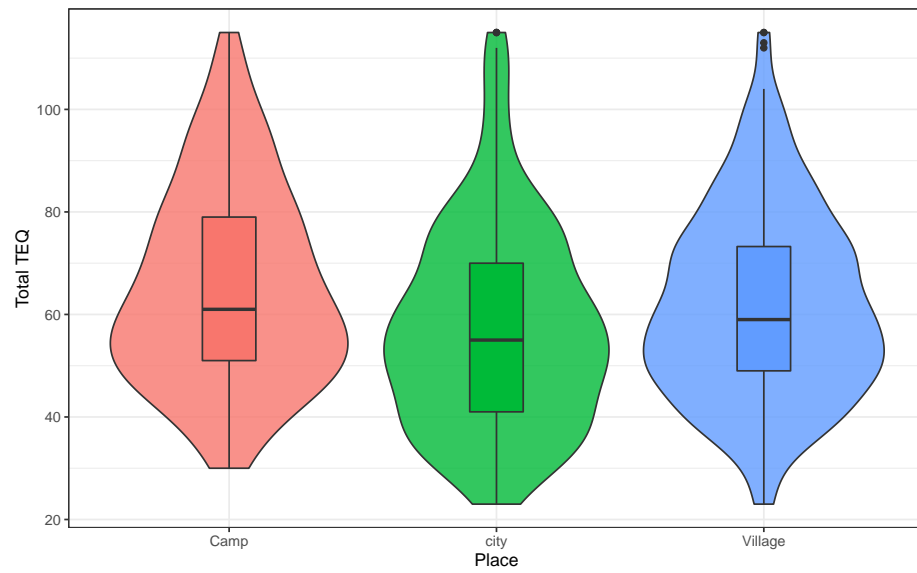


Figure 4.2: TEQ Scores

# Appendix A

## RStudio Cloud

Sometimes R might not work well on our own computers. However, there is an online version of R Studio (R Studio Cloud) which can be used in a pinch. Using R Studio Cloud is a little different to R Studio, so we have made a short guide to get you up and running.

### A.1 Creating an Account

Head to RStudio Cloud and click “Sign Up” at the top of the page

Enter details you wish to sign in with and select “Sign up”

You’ll receive an e-mail at the address you sign up with, make sure to click the link to activate your account fully.

### A.2 Accessing RStudio Cloud

Head back to RStudio Cloud and select “log In”, where we previously chose “Sign Up”

Once logged in, you’ll be taken to the “Your Workspace” page, this is where all of your RStudio Cloud projects will be accessible from

Select “New Project” and then “New Project” again

You will see the message “Deploying Project” for a couple of minutes while it creates your Workspace

## A.3 Getting Started with RStudio Cloud

Once loaded, you'll see a page that looks almost identical to the other screenshots in the learning material

### A.3.1 Naming the Workspace

Let's give the project a better name!

Click on "Untitled Project" at the top of the page

This will allow you to rename to whatever you like, in this case we'll go for "Network Training"

Press the return key on your keyboard, or click on a different area on the page to complete the task

### A.3.2 Uploading Files

Since this is on the web, files on your computer won't be immediately accessible to RStudio Cloud, you will need to upload them yourself

Click the "Upload" button on the Files tab

An "Upload Files" element will load up where you can click "Browse" and select the file(s) you wish to make available to RStudio Cloud

Once you have selected a file and chosen "OK", you'll be taken back to the main application and you will now see the file you uploaded

You can now interact with this file as described in the rest of the learning material!

## Appendix B

## References

Network Analysis Cookbook - Also covers R introduction

We are grateful to PsyTeachR from the University of Glasgow for allowing us to build upon their open source teaching materials.