ESSENTIAL

Destination :					
Description of yourself, your feeling in this destination :					

1st Domino	2nd Domino	3rd Domino
(11 \ WW - 11 \ WW)	(11 \ WW - 11 \ WW)	(11 \ WW - T1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

4th Domino	5th Domino	6th Domino
(JJ / MM - JJ / MM)	(J1 \ WW - J1 \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

Destination :					
Description of yourself, your feeling in this destination :					

1st Domino	2nd Domino	3rd Domino
(11 \ WW - 11 \ WW)	(11 \ WW - 11 \ WW)	(11 \ WW - T1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

4th Domino	5th Domino	6th Domino
(JJ / MM - JJ / MM)	(J1 \ WW - J1 \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

Destination :					
Description of yourself, your feeling in this destination :					

1st Domino	2nd Domino	3rd Domino
(11 \ WW - 11 \ WW)	(11 \ WW - 11 \ WW)	(11 \ WW - T1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

4th Domino	5th Domino	6th Domino
(JJ / MM - JJ / MM)	(J1 \ WW - J1 \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

Destination :					
Description of yourself, your feeling in this destination :					

1st Domino	2nd Domino	3rd Domino
(11 \ WW - 11 \ WW)	(11 \ WW - 11 \ WW)	(11 \ WW - T1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

4th Domino	5th Domino	6th Domino
(JJ / MM - JJ / MM)	(J1 \ WW - J1 \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

YEARLY OVERVIEW

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PRO BUILD-UP	PERSONAL	
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YEARLY OVERVIEW

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PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / WW - JJ / WW)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / WW - JJ / MW)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

4th Domino	5th Domino	6th Domino
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(J1 \ WW - J1 \ WW)	(JJ \ WW - JJ \ WW)	(NW - TT \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

4th Domino	5th Domino	6th Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

4th Domino	5th Domino	6th Domino
(JJ \ WW - JJ \ WW)	(J1 \ WW - J1 \ WW)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ \ WW - JJ \ WW)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ \ WW - JJ \ WW)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ \ WW - JJ \ WW)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ \ WW - JJ \ WW)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ \ WW - JJ \ WW)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ \ WW - JJ \ WW)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ \ WW - JJ \ WW)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)	(JJ / MM - JJ / MM)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

PROJECT NAME:

1st Domino	2nd Domino	3rd Domino
(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)	(J1 \ WW - J1 \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

1st Domino	2nd Domino	3rd Domino
(JJ \ WW - JJ \ WW)	(JJ / MM - JJ / MM)	(JJ \ WW - JJ \ WW)
REVIEW / SUMMURY	REVIEW / SUMMURY	REVIEW / SUMMURY

MONTHLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER
JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire ce mois-ci ?

Pr.N	TASKS/APPOINTMENTS	DUE DATE	V

HABITS TRACKER

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER
JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
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Important & Not Urgent	SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.
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Pr.N	TASKS DETAILS	DUE DATE / Estimated Duration	V

	ir les résultats extraordinaire s importante à faire aujour				o du j	our		
arget :	Actu	Actual Fulfilment :						
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MEAL TRACKER		I'M GRATEFUL FOR Visualize the moments, people, and small joys that
Breakfast		you'll feel gratful for this week
Lunch		0
Diner		O
FITNESS REPORT		0
Workout Duratio		
Focusing on		I LEARNED TODAY
Need to practice	more	O
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MONEY TRACKER	l .	0
Money in	From	
		FEEL FREE TO TALK TO ME ANYTHING YOU WANT!:)

Money Out

То

Aujourd'hui, on est le Vivre l'essentiel - Tu vas obtenir les résultats extraordinaires. Faites tomber le domino du jour - Ouelle est la chose la plus importante à faire aujourd'hui, maintenant ?							
Target :	Actual Fulfilment :						
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MEAL TRACKER		I'M GRATEFUL FOR Visualize the moments, people, and small joys that
Breakfast		you'll feel gratful for this week
Lunch		0
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Money Out

То

Aujourd'hui, on est le Vivre l'essentiel - Tu vas obtenir les résultats extraordinaires. Faites tomber le domino du jour - Ouelle est la chose la plus importante à faire aujourd'hui, maintenant ?							
Target :	Actual Fulfilment :						
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MEAL TRACKER		I'M GRATEFUL FOR Visualize the moments, people, and small joys that
Breakfast		you'll feel gratful for this week
Lunch		0
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Money Out

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Aujourd'hui, on est le Vivre l'essentiel - Tu vas obtenir les résultats extraordinaires. Faites tomber le domino du jour - Quelle est la chose la plus importante à faire aujourd'hui, maintenant ?							
Target :	Actual Fulfilment :						
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MEAL TRACKER		I'M GRATEFUL FOR Visualize the moments, people, and small joys that
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Lunch		0
Diner		0
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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
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Important & Not Urgent	SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.
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Pr.N	TASKS DETAILS	DUE DATE / Estimated Duration	V

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FITNESS REPORT		0
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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
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SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
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2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

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MEAL TRACKER		I'M GRATEFUL FOR Visualize the moments, people, and small joys that
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MONTHLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER
JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle	est la	chose la	plus	importante	à	faire (ce i	nois-	Cİ	P
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Pr.N	TASKS/APPOINTMENTS	DUE DATE	V

HABITS TRACKER

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER
JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
The state of the s	Not Important & Urgent
Important & Not Urgent	SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.
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Pr.N	TASKS DETAILS	DUE DATE / Estimated Duration	V

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arget :	Actu	al Fulfilment :					
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Breakfast		you'll feel gratful for this week
Lunch		0
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FITNESS REPORT		0
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MEAL TRACKER		I'M GRATEFUL FOR Visualize the moments, people, and small joys that
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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

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I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
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- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
Tagen T	Not Important & Urgent
Important & Not Urgent	SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.
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Pr.N	TASKS DETAILS	DUE DATE / Estimated Duration	V

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MONTHLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER
JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire ce mois-ci ?

Pr.N	TASKS/APPOINTMENTS	DUE DATE	V

HABITS TRACKER

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER
JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
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Pr.N	TASKS DETAILS	DUE DATE / Estimated Duration	V

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MEAL TRACKER		I'M GRATEFUL FOR Visualize the moments, people, and small joys that
Breakfast		you'll feel gratful for this week
Lunch		0
Diner		0
FITNESS REPORT		0
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Focusing on		I LEARNED TODAY
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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
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Important & Not Urgent	SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.
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Aujourd'hui, on est le Vivre l'essentiel - Tu vas obtenir les résultats extraordinaires. Faites tomber le domino du jour - Quelle est la chose la plus importante à faire aujourd'hui, maintenant?							
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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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WEEKLY OVERVIEW

2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER

JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

WEEK-1 2 3 4 5 (~

	Morning	Afternoon	Evening/Night
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Vivre l'essentiel - faire une liste de succès, pas d'une liste de tâches

- Quelle est la chose la plus importante à faire cette semaine ?

(Priority	Matrix 1——————
I	Important & Urgent
- Impo	THREE MOST IMPORTANT TASKS The tasks you should compelte first.
SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.	
The state of the s	Not Important & Urgent
Important & Not Urgent	SECONDARY TASKS OF IMPORTANCE Do these only after you have complete the most important tasks of the week.
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Pr.N	TASKS DETAILS	DUE DATE / Estimated Duration	V

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Aujourd'hui, on est le Vivre l'essentiel - Tu vas obtenir les résultats extraordinaires. Faites tomber le domino du jour - Quelle est la chose la plus importante à faire aujourd'hui, maintenant?							
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FINANCE REPORT 2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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DATE	DESCRIPTION	\$
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MONTHLY BUDGET 2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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WORK	BUDG-	ACTUAL
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TOTAL BUDGETED:

TOTAL ACTUAL:

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FINANCE REPORT 2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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MONTHLY BUDGET 2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

LIVING COST

HOUSING	BUDG-	ACTUAL
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TOTAL BUDGETED:

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FINANCE REPORT 2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

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MONTHLY BUDGET 2025 AUGUST SEPTEMBER OCTOBER NOVEMBER DECEMBER JANUARY FEBUARY MARCH AVRIL MAY JUNE JULY 2026

LIVING COST

HOUSING	BUDG-	ACTUAL
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TOTAL BUDGETED:

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1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100

61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
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GOAL	:									TOTA	L DURA	TION :				/	100		
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41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
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41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
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61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
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GOAL	.:									TOTA	L DURA	TION:				/	100		
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41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100

61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
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41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80
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READING LOG

TITLE	PAGES / TIME	DATE
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READING LOG

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WATCHING LOG

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LISTENING LOG

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