chapter 1

the human

Lucky you are!

- Everyone who uses a tool—software or otherwise—has a reason for using it. For instance:
  - Finding some fact or object
  - Learning something
  - Performing a transaction
  - Controlling or monitoring something
  - Creating something
  - Conversing with other people
  - Being entertained

the human

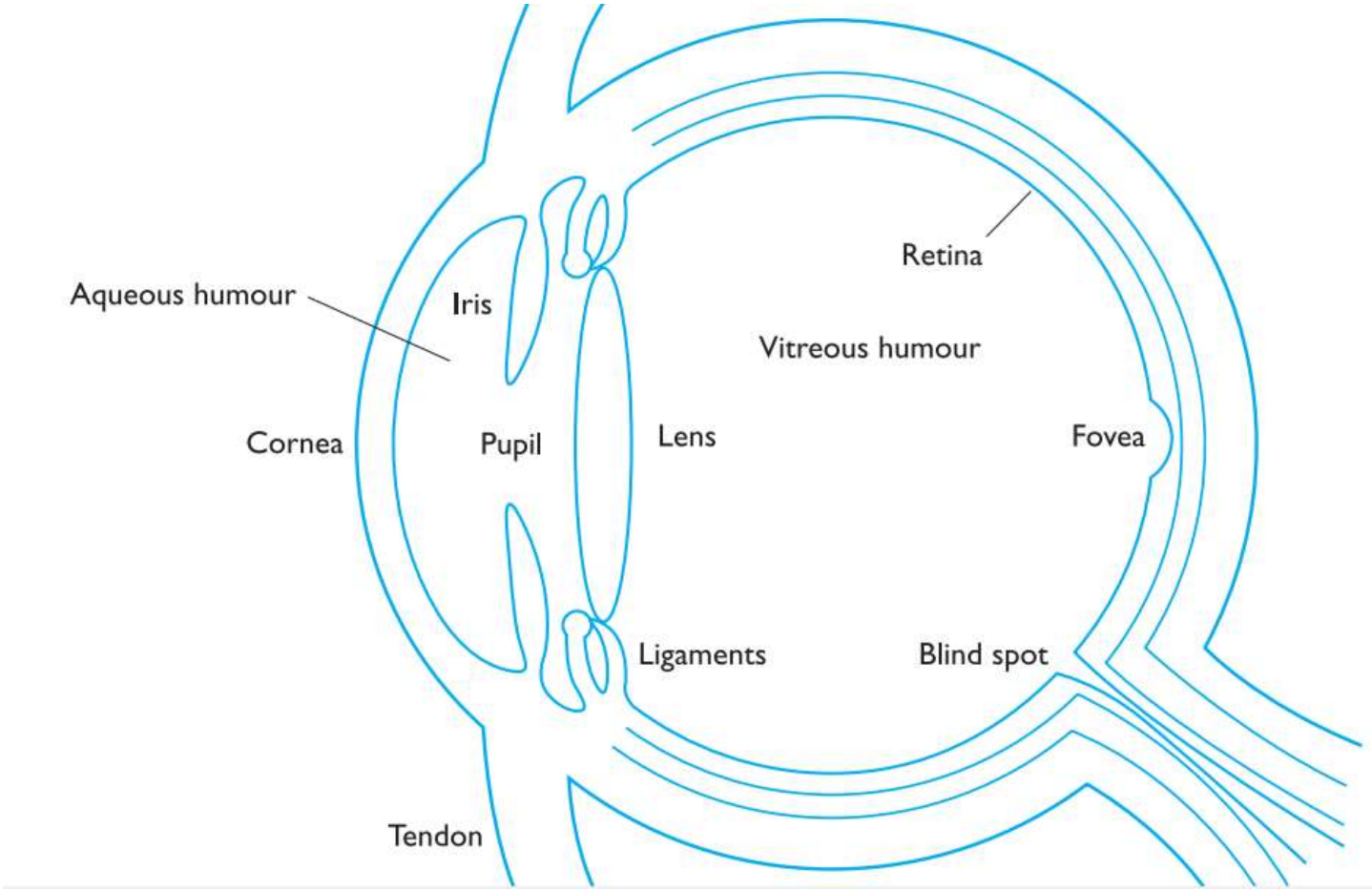
- Information i/o …
  - visual, auditory, haptic, movement
- Information stored in memory
  - sensory, short-term, long-term
- Information processed and applied
  - reasoning, problem solving, skill, error
- Emotion influences human capabilities
- Each person is different

Vision

Two stages in vision

- physical reception of stimulus
- processing and interpretation of stimulus

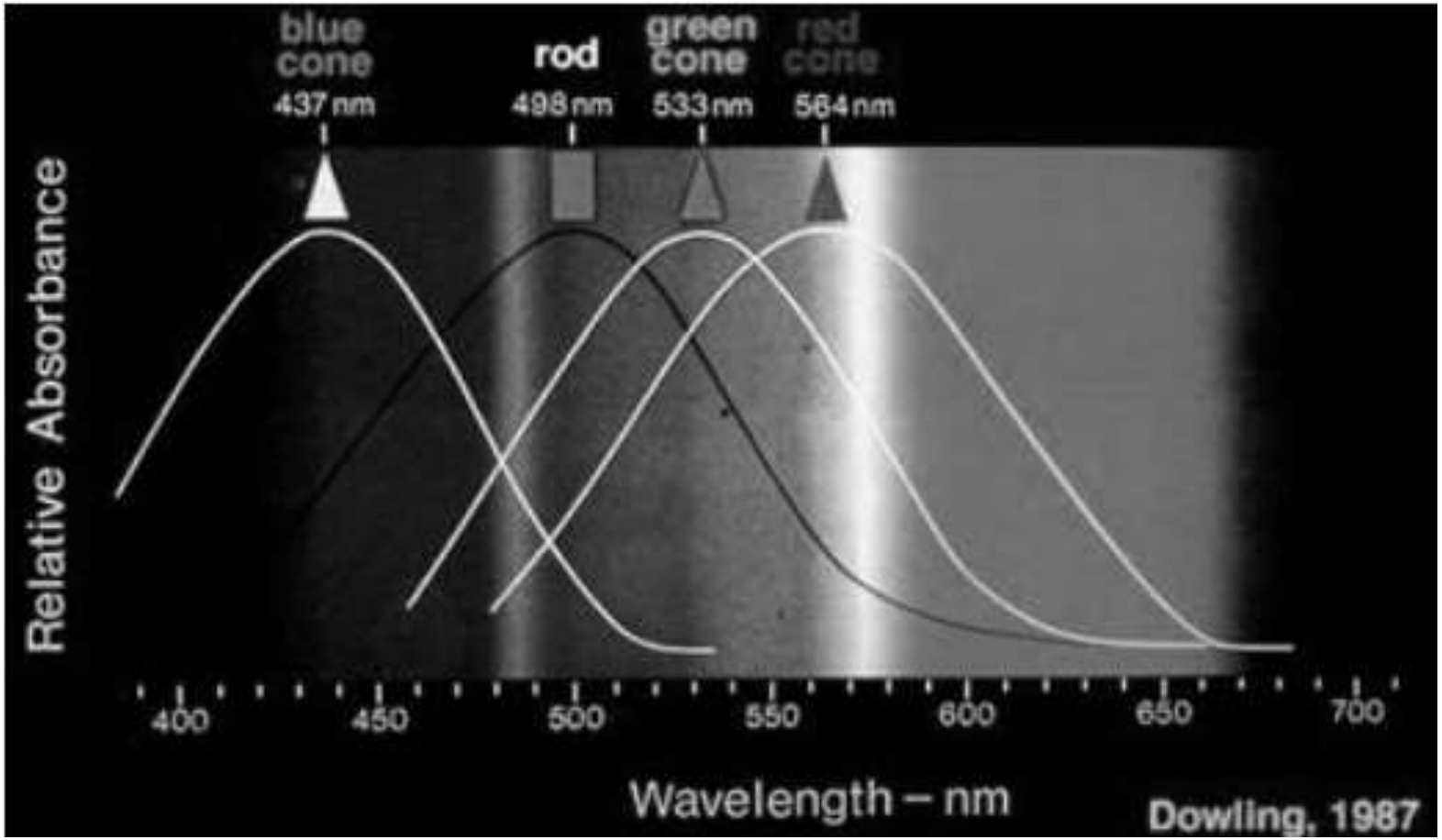
Human Eye


Retina
Aqueous humour
Iris
Vitreous humour
Cornea
Pupil
Lens
Fovea
Ligaments
Blind spot
Tendon

The Eye - physical reception

- mechanism for receiving light and transforming it into electrical energy
- light reflects from objects
- images are focused upside-down on retina
- retina contains rods for low light vision and cones for colour vision
- ganglion cells (brain!) detect pattern and movement

Rods and cones



Interpreting the signal

- Size and depth
  - visual angle indicates how much of view object occupies
    (relates to size and distance from eye)
  - visual acuity is ability to perceive detail (limited)
  - familiar objects perceived as constant size
    (in spite of changes in visual angle when far away)
  - cues like overlapping help perception of size and depth

- Imagine you are standing on a hilltop. Beside you on the summit you can see rocks, sheep and a small tree. On the hillside is a farmhouse with outbuildings and farm vehicles. Someone is on the track, walking toward the summit. Below in the valley is a small market town.

Interpreting the signal (cont)

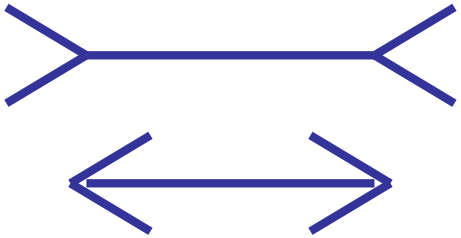
- Brightness
  - subjective reaction to levels of light
  - affected by luminance of object
  - measured by just noticeable difference
  - visual acuity increases with luminance as does flicker
- Colour
  - made up of hue, intensity, saturation
  - cones sensitive to colour wavelengths
  - blue acuity is lowest
  - 8% males and 1% females colour blind

Interpreting the signal (cont)

- The visual system compensates for:
  - movement
  - changes in luminance.
- Context is used to resolve ambiguity
- Optical illusions sometimes occur due to over compensation

Optical Illusions

the Ponzo illusion



the Muller Lyer illusion

Reading

- Several stages:
  - visual pattern perceived
  - decoded using internal representation of language
  - interpreted using knowledge of syntax, semantics, pragmatics
- Reading involves saccades and fixations
- Perception occurs during fixations
- Word shape is important to recognition
- Negative contrast improves reading from computer screen

Hearing

- Provides information about environment:
  distances, directions, objects etc.
- Physical apparatus:
  - outer ear – protects inner and amplifies sound
  - middle ear – transmits sound waves as vibrations to inner ear
  - inner ear – chemical transmitters are released and cause impulses in auditory nerve
- Sound
  - pitch – sound frequency
  - loudness – amplitude
  - timbre – type or quality

Hearing (cont)

- Humans can hear frequencies from 20Hz to 15kHz
  - less accurate distinguishing high frequencies than low.
- Auditory system filters sounds
  - can attend to sounds over background noise.
  - for example, the cocktail party phenomenon.

Touch

- Provides important feedback about environment.
- May be key sense for someone who is visually impaired.
- Stimulus received via receptors in the skin:
  - thermoreceptors – heat and cold
  - nociceptors – pain
  - mechanoreceptors – pressure
    (some instant, some continuous)
- Some areas more sensitive than others e.g. fingers.
- Kinethesis - awareness of body position
  - affects comfort and performance.

Handling the goods

E-commerce has become very successful in some areas of sales, such as travel services, books and CDs, and food. However, in some retail areas, such as clothes shopping, e-commerce has been less successful. Why?

When buying train and airline tickets and, to some extent, books and food, the experience of shopping is less important than the convenience. So, as long as we know what we want, we are happy to shop online. With clothes, the experience of shopping is far more important. We need to be able to handle the goods, feel the texture of the material, check the weight to test quality. Even if we know that something will fit us we still want to be able to handle it before buying.

Research into haptic interaction (see Chapter 2 and Chapter 10) is looking at ways of solving this problem. By using special force feedback and tactile hardware, users are able to feel surfaces and shape. For example, a demonstration environment called TouchCity allows people to walk around a virtual shopping mall, pick up products and feel their texture and weight. A key problem with the commercial use of such an application, however, is that the haptic experience requires expensive hardware not yet available to the average e-shopper. However, in future, such immersive e-commerce experiences are likely to be the norm. (See www.novint.com/)

Movement

- Time taken to respond to stimulus:
  reaction time + movement time
- Movement time dependent on age, fitness etc.
- Reaction time - dependent on stimulus type:
  - visual ~ 200ms
  - auditory ~ 150 ms
  - pain ~ 700ms
- Increasing reaction time decreases accuracy in the unskilled operator but not in the skilled operator.

Movement (cont)

- Fitts' Law describes the time taken to hit a screen target:

$$Mt = a + b \log_2(D/S + 1)$$

where: a and b are empirically determined constants
Mt is movement time
D is Distance
S is Size of target

$\Rightarrow$ targets as large as possible
distances as small as possible

Memory

There are three types of memory function:

Sensory memories

Attention

Short-term memory or working memory

Rehearsal

Long-term memory

Selection of stimuli governed by level of arousal.

sensory memory

- Buffers for stimuli received through senses
  - iconic memory: visual stimuli
  - echoic memory: aural stimuli
  - haptic memory: tactile stimuli
- Examples
  - "sparkler" trail
  - stereo sound
- Continuously overwritten

Short-term memory (STM)

- Scratch-pad for temporary recall
  - rapid access ~ 70ms
  - rapid decay ~ 200ms
  - limited capacity - 7± 2 chunks

DESIGN FOCUS

7 ± 2 revisited

When we looked at short-term memory, we noted the general rule that people can hold 7 ± 2 items or chunks of information in short-term memory. It is a principle that people tend to remember but it can be misapplied. For example, it is often suggested that this means that lists, menus and other groups of items should be designed to be no more than 7 items long. But use of menus and lists of course has little to do with short-term memory – they are available in the environment as cues and so do not need to be remembered.

On the other hand the 7 ± 2 rule would apply in command line interfaces. Imagine a scenario where a UNIX user looks up a command in the manual. Perhaps the command has a number of parameters of options, to be applied in a particular order, and it is going to be applied to several files that have long path names. The user then has to hold the command, its parameters and the file path names in short-term memory while he types them in. Here we could say that the task may cause problems if the number of items or chunks in the command line string is more than 7.

Cashing in

Closure gives you a nice 'done it' when we complete some part of a task. At this point our minds have a tendency to flush short-term memory in order to get on with the next job. Early automatic teller machines (ATMs) gave the customer money before returning their bank card. On receiving the money the customer would reach closure and hence often forget to take the card. Modern ATMs return the card first!

Examples

212348278493202

0121 414 2626

HEC ATR ANU PTH ETR EET

Long-term memory (LTM)

- Repository for all our knowledge
  - slow access ~ 1/10 second
  - slow decay, if any
  - huge or unlimited capacity

- Two types
  - episodic – serial memory of events
  - semantic – structured memory of facts,concepts, skills

  semantic LTM derived from episodic LTM

Hopscotch

Seven Stones(Pittu garam)

Long-term memory (cont.)

- Semantic memory structure
  - provides access to information
  - represents relationships between bits of information
  - supports inference
- Model: semantic network
  - inheritance – child nodes inherit properties of parent nodes
  - relationships between bits of information explicit
  - supports inference through inheritance

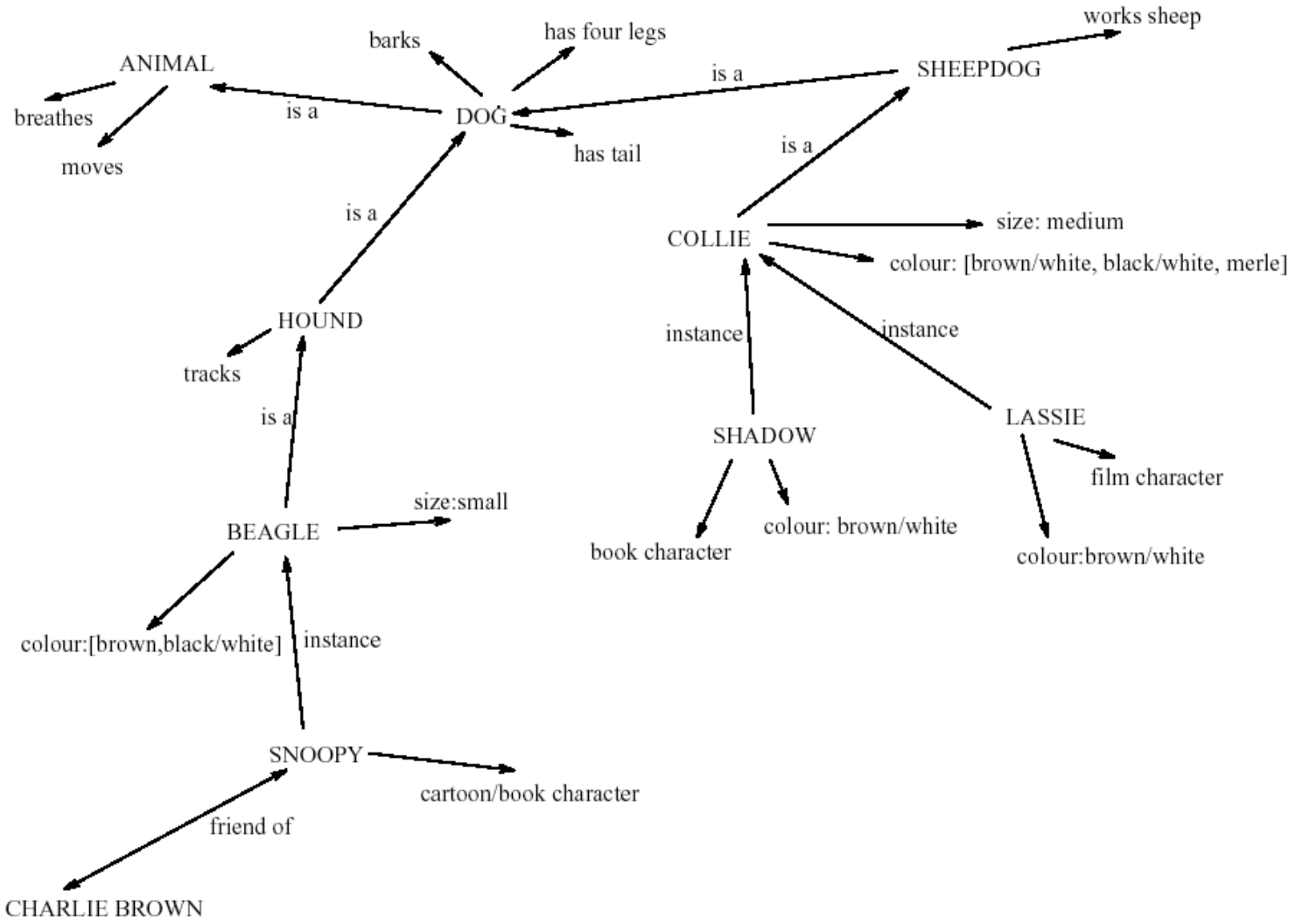
Memorable or secure?

As online activities become more widespread, people are having to remember more and more access information, such as passwords and security checks. The average active internet user may have separate passwords and user names for several email accounts, mailing lists, e-shopping sites, e-banking, online auctions and more! Remembering these passwords is not easy.

From a security perspective it is important that passwords are random. Words and names are very easy to crack, hence the recommendation that passwords are frequently changed and constructed from random strings of letters and numbers. But in reality these are the hardest things for people to commit to memory. Hence many people will use the same password for all their online activities (rarely if ever changing it) and will choose a word or a name that is easy for them to remember, in spite of the obviously increased security risks. Security here is in conflict with memorability!

A solution to this is to construct a nonsense password out of letters or numbers that will have meaning to you but will not make up a word in a dictionary (e.g. initials of names, numbers from significant dates or postcodes, and so on). Then what is remembered is the meaningful rule for constructing the password, and not a meaningless string of alphanumeric characters.

LTM - semantic network



Models of LTM - Frames

- Information organized in data structures
- Slots in structure instantiated with values for instance of data
- Type–subtype relationships

DOG

Fixed
legs: 4

Default
diet: carniverous
sound: bark

Variable
size:
colour

COLLIE

Fixed
breed of: DOG
type: sheepdog

Default
size: 65 cm

Variable
colour

Models of LTM - Scripts

Model of stereotypical information required to interpret situation

Script has elements that can be instantiated with values for context
Consider the following sentence
John took his dog to the surgery. After seeing the vet, he left.

- From our knowledge of the activities of dog owners and vets, we may fill in a substantial amount of detail. The animal was ill. The vet examined and treated the animal. John paid for the treatment before leaving. We are less likely to assume the alternative reading of the sentence, that John took an instant dislike to the vet on sight and did not stay long enough to talk to him!

Script for a visit to the vet

Entry conditions: *dog ill*
vet open
owner has money

Result: *dog better*
owner poorer
vet richer

Props: *examination table*
medicine
instruments

Roles: *vet examines*
diagnoses
treats
owner brings dog in
pays
takes dog out

Scenes: *arriving at reception*
waiting in room
examination
paying

Tracks: *dog needs medicine*
dog needs operation

- **Entry conditions:** Conditions that must be satisfied for the script to be activated.
  Result: Conditions that will be true after the script is terminated.
  Props: Objects involved in the events described in the script.
  Roles: Actions performed by particular participants.
  Scenes: The sequences of events that occur.
  Tracks: A variation on the general pattern representing an alternative scenario.

Models of LTM - Production rules

Representation of procedural knowledge.

Condition/action rules

if condition is matched

then use rule to determine action.

IF dog is wagging tail
THEN pat dog

IF dog is growling
THEN run away

LTM - Storage of information

- rehearsal
  - information moves from STM to LTM
- total time hypothesis
  - amount retained proportional to rehearsal time
- distribution of practice effect
  - optimized by spreading learning over time
- structure, meaning and familiarity
  - information easier to remember
  - List A: Faith Age Cold Tenet Quiet Logic Idea Value Past Large
    List B: Boat Tree Cat Child Rug Plate Church Gun Flame Head

LTM - Forgetting

decay
- information is lost gradually but very slowly

interference
- new information replaces old: retroactive interference
- (Remembering your new number)
- old may interfere with new: proactive inhibition
- (Driving to your old house while you shifted to new)

so may not forget at all memory is selective …

… affected by emotion – can subconsciously `choose' to forget

LTM - retrieval

recall

- information reproduced from memory can be assisted by cues, e.g. categories, imagery
- Recall the following list
- Child, red, plane dog friend blood cold tree big angry

recognition

- information gives knowledge that it has been seen before
- less complex than recall - information is cue

Thinking

Reasoning

deduction, induction, abduction

Problem solving

Deductive Reasoning

- Deduction:
  - derive logically necessary conclusion from given premises.

    e.g. If it is Friday then she will go to work
    It is Friday
    Therefore she will go to work.

- Logical conclusion not necessarily true:

    e.g. If it is raining then the ground is dry
    It is raining
    Therefore the ground is dry

Deduction (cont.)

- When truth and logical validity clash …

  e.g. Some people are babies
  Some babies cry
  Inference - Some people cry

  Correct?

- People bring world knowledge to bear

Inductive Reasoning

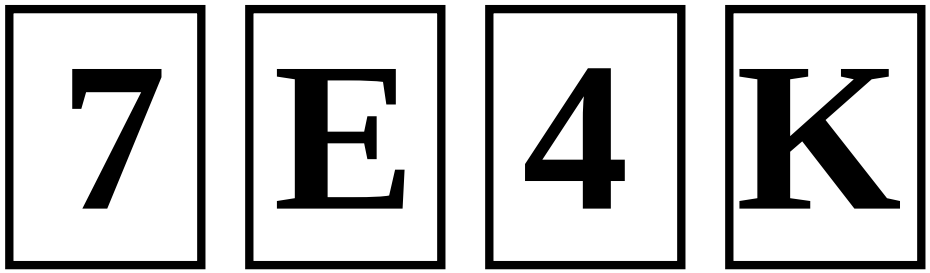
- Induction:
  - generalize from cases seen to cases unseen

    e.g. all elephants we have seen have trunks
    therefore all elephants have trunks.
- Unreliable:
  - can only prove false not true

  … but useful!
- Humans not good at using negative evidence

  e.g. Wason's cards.

Wason's cards



If a card has a vowel on one side it has an even number on the other

Is this true?

How many cards do you need to turn over to find out?

…. and which cards?

Money 99


Money Home
Accounts
Bills
Business Online
Invest
Plan
Reports
Decisions
Categories
Accounts
Account Manager
Name
Type
Account Num...
Financial Inst...
Balance
Go to Account
Go to Financial Institution
New Account...
Delete Account

Money 2000


Pick an account to use
Bank Accounts
Credit Accounts
Loans and Liabilities


Set up your accounts in Money

Abductive reasoning

- reasoning from event to cause

  e.g. Sam drives fast when drunk.

  If I see Sam driving fast, assume drunk.

- Unreliable:
  - can lead to false explanations


Data Breach
Cyber Attack
Protection
System Safety Compromised

Problem solving

- Process of finding solution to unfamiliar task using knowledge.
- Several theories.
- Gestalt
  - problem solving both productive and reproductive
  - productive draws on insight and restructuring of problem
  - attractive but not enough evidence to explain `insight' etc.
  - move away from behaviourism and led towards information processing theories

Problem solving (cont.)

Problem space theory

- problem space comprises problem states
- problem solving involves generating states using legal operators
- heuristics may be employed to select operators
  e.g. means-ends analysis
- operates within human information processing system
  e.g. STM limits etc.
- largely applied to problem solving in well-defined areas
  e.g. puzzles rather than knowledge intensive areas

Problem solving (cont.)

- Analogy
  - analogical mapping:
    - novel problems in new domain?
    - use knowledge of similar problem from similar domain
  - analogical mapping difficult if domains are semantically different
- Skill acquisition
  - skilled activity characterized by chunking
    - lot of information is chunked to optimize STM
  - conceptual rather than superficial grouping of problems
  - information is structured more effectively

- A doctor is treating a malignant tumor. In order to destroy it he needs to blast it with high-intensity rays. However, these will also destroy the healthy tissue surrounding the tumor. If he lessens the rays' intensity the tumor will remain. How does he destroy the tumor?

Errors and mental models

Types of error

- slips
  - right intention, but failed to do it right
  - causes: poor physical skill,inattention etc.
  - change to aspect of skilled behaviour can cause slip
- mistakes
  - wrong intention
  - cause: incorrect understanding

    humans create mental models to explain behaviour.

    if wrong (different from actual system) errors can occur

Emotion

- Various theories of how emotion works
  - James-Lange: emotion is our interpretation of a physiological response to a stimuli
  - Cannon: emotion is a psychological response to a stimuli
  - Schacter-Singer: emotion is the result of our evaluation of our physiological responses, in the light of the whole situation we are in
- Emotion clearly involves both cognitive and physical responses to stimuli

Emotion (cont.)

- The biological response to physical stimuli is called *affect*

- Affect influences how we respond to situations
  - positive → creative problem solving
  - negative → narrow thinking

"Negative affect can make it harder to do even easy tasks; positive affect can make it easier to do difficult tasks"

(Donald Norman)

Emotion (cont.)

- Implications for interface design
  - stress will increase the difficulty of problem solving
  - relaxed users will be more forgiving of shortcomings in design
  - aesthetically pleasing and rewarding interfaces will increase positive affect

Individual differences

- long term
  - gender, physical and intellectual abilities
- short term
  - effect of stress or fatigue
- changing
  - age

Ask yourself:
will design decision exclude section of user population?

Psychology and the Design of Interactive System

- Some direct applications
  - e.g. blue acuity is poor
    $\Rightarrow$ blue should not be used for important detail

- However, correct application generally requires understanding of context in psychology, and an understanding of particular experimental conditions

- A lot of knowledge has been distilled in
  - guidelines (chap 7)
  - cognitive models (chap 12)
  - experimental and analytic evaluation techniques (chap 9)