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Overview


Usage examples

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phrase. If you say that there are no holds barred when people are fighting or competing for something, you mean that they are no longer following any rules in their efforts to win. It is a war with no holds barred and we must prepare to resist.

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No holds barred definition and meaning - Collins Dictionary

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NO HOLDS BARRED | English meaning - Cambridge Dictionary

without limits or controls: She had no regrets about what she said in her no-holds-barred speech.

People also ask :


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Merriam-Webster
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No-holds-barred Definition & Meaning


The meaning of NO-HOLDS-BARRED is free of restrictions or hampering conventions. How to use no-holds-barred in a sentence.



Dictionary.com
https://www.dictionary.com › browse › no-holds-barred

No holds barred Definition & Meaning

This expression comes from wrestling, where certain holds are illegal, or barred, and has been used figuratively since about 1940.



Wikipedia
https://en.wikipedia.org › wiki › Wikit:no_holds_barr...

no holds barred - Wiktionary, the free dictionary

(wrestling) Without restrictions on holds or what opponents may do. a no holds barred match. (figurative) Having absolutely no limits or restrictions as far as ...

English · Adjective



Grammarist

<https://grammarist.com> › Idiom

No holds barred Idiom Definition

No holds barred means **that no regulations, rules or restrictions will be applied to a situation or conflict**. A contest or dispute that is designated no ...



Urban Dictionary

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No Holds Barred

1. Originates from Wrestling. A "No Holds Barred" Match simply meant all holds or grabs were allowed. · 2. **completely unrestrained**. being engaged in something ...



Longman Dictionary of Contemporary English Online

<https://www.ldoceonline.com> › dictionary › no-holds-...

no-holds-barred

→ holdExamples from the Corpusno holds barred• **There are no holds barred when it comes to making a profit.**



Britannica

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No-holds-barred Definition & Meaning

NO-HOLDS-BARRED meaning: **free from the usual limits or rules**.



EnglishClub

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no holds barred | Vocabulary

If something is done with no holds barred, **it's done without restriction, rules or restraint**. For example. The final game was played with no holds barred. It ...

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