

# Duracan™ 150 mg capsules

## fluconazole

**Read all of this leaflet carefully before you start taking this medicine**

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

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**1. What Duracan™ is and what it is used for**

Duracan™ is one of a group of medicines called “antifungals”. The active substance is fluconazole.  
Duracan™ is used to treat infections caused by fungi and may also be used to stop you from getting a candidal infection. The most common cause of fungal infections is a yeast called *Candida*.

**Adults**

You might be given this medicine by your doctor to treat the following types of fungal infections:

- Genital thrush (infection of the vagina or penis).
- Pityriasis versicolor & Skin infections (e.g. athlete's foot, ringworm, jock itch, nail infection).
- Mucosal thrush (infection affecting the lining of the mouth, throat and denture sore mouth).
- Cryptococcal meningitis (a fungal infection in the brain).
- Coccidioidomycosis (a disease of the bronchopulmonary system).
- Infections caused by *Candida* and found in the blood stream, body organs (e.g. heart, lungs) or urinary tract.

You might also be given Duracan™ to:

- reduce recurrence of vaginal thrush.
- stop mucosal thrush from coming back.
- stop cryptococcal meningitis from coming back.
- stop you from getting an infection caused by *Candida* (if your immune system is weak and not working properly).

**2. Before you take Duracan™**

**Do not take Duracan™ if you**

- are allergic (hypersensitive) to fluconazole, to other medicines you have taken to treat fungal infections or to any of the other ingredients of Duracan™. The symptoms may include itching, reddening of the skin or difficulty in breathing.
- are taking astemizole, terfenadine (antihistamine medicines for allergies).
- are taking cisapride (used for stomach upsets).
- are taking pimozone (used for treating mental illness).
- are taking quinidine (used for treating heart arrhythmia).
- are taking erythromycin (an antibiotic for treating infections).

**Take special care with Duracan™**

**Tell your doctor if you**

- have liver or kidney problems.
- suffer from heart disease, including heart rhythm problems.
- have abnormal levels of potassium, calcium or magnesium in your blood.
- develop severe skin reactions (itching, reddening of the skin or difficulty in breathing).

**Taking other medicines**

Tell your doctor **immediately** if you are taking astemizole, terfenadine (an antihistamine for treating allergies) or cisapride (used for stomach upsets) or pimozone (used for treating mental illness) or quinidine (used for treating heart arrhythmia) or erythromycin (an antibiotic for treating infections) as these should not be taken with Duracan™ (see section: “Do not take Duracan™ if you”).

There are some medicines that may interact with Duracan™. Make sure your doctor knows if you are taking any of the following medicines:

- rifampicin or rifabutin (antibiotics for infections).
- alfentanil, fentanyl (used as anaesthetic).
- amitriptyline, nortriptyline (used as anti-depressant).
- amphotericin B, voriconazole (anti-fungal).
- medicines that thin the blood to prevent blood clots (warfarin or similar medicines).
- benzodiazepines (midazolam, triazolam or similar medicines) used to help you sleep or for anxiety.
- carbamazepine, phenytoin (used for treating fits).
- nifedipine, isradipine, amlodipine, felodipine and losartan (for hypertension- high blood pressure).
- ciclosporin, everolimus , sirolimus or tacrolimus (to prevent transplant rejection).
- cyclophosphamide, vinca alkaloids (vincristine, vinblastine or similar medicines) used for treating cancer
- halofantrine (used for treating malaria).
- statins (atorvastatin, simvastatin and fluvastatin or similar medicines) used for reducing high cholesterol levels.
- methadone (used for pain).
- celecoxib, flurbiprofen, naproxen, ibuprofen, lornoxicam, meloxicam, diclofenac (Non-Steroidal Anti-Inflammatory Drugs (NSAID)).
- oral contraceptives.
- prednisolone (steroid).
- zidovudine, also known as AZT; saquinavir (used in HIV-infected patients).
- medicines for diabetes such as chlorpropamide, glibenclamide, glipizide or tolbutamide.
- theophylline (used to control asthma).
- vitamin A (nutritional supplement).

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

**Taking Duracan™ with food and drink**

You can take your medicine with or without a meal **Pregnancy and breast-feeding.** Tell your doctor if you are pregnant, trying to become pregnant or breast-feeding. You should not take Duracan™ while you are pregnant or breast-feeding unless your doctor has told you to.

Ask your doctor or pharmacist for advice before taking any medicines.

**Driving and using machines**

When driving vehicles or using machines, it should be taken into account that occasionally dizziness or fits may occur.

**Important information about some of the ingredients of Duracan™**

This medicine contains a small amount of lactose, if you have been told by your doctor that you have an intolerance to some sugars, please contact your doctor before taking this medicine.

**3. How to take Duracan™**

**Always take your medicine exactly as your doctor has told you.** You should check with your doctor or pharmacist if you are not sure.

Swallow the capsule whole with a glass of water. It is best to take your capsules at the same time each day.

The usual doses of this medicine for different infections are below:

**Adult**

Condition	Dose
To treat genital thrush	150 mg as a single dose.
To reduce recurrence of vaginal thrush.	150 mg every third day for a total of 3 doses (day 1, 4 and 7) and then once a week for 6 months while you are at risk of getting an infection.
To treat pityriasis versicolor & fungal skin (T. Pedis, T. Corporis , T. Cruris,...) and nail infections.	Depending on the site of the infection 150 mg once weekly, 300 to 400 mg once weekly for 1 to 4 weeks (For nail infection treatment until infected nail is replaced).
To treat mucosal infections affecting the lining of mouth, throat and denture sore mouth.	200 mg to 400 mg on the first day then 100 mg to 200 mg until you are told to stop.
To treat internal fungal infections caused by <i>Candida</i> .	800 mg on the first day then 400 mg once daily until you are told to stop.

**Adolescents from 12 to 17 years old**

Follow the dose prescribed by your doctor (either adults or children posology).

Doctors sometimes prescribe different doses to these. Always take your medicine exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

**Elderly**

The usual adult dose should be given unless you have kidney problems.

**Patients with kidney problems**

Your doctor may change your dose, depending on your kidney function.

**If you take more Duracan™ than you should**

Taking too many capsules at once may make you unwell. Contact your doctor or your nearest hospital casualty department at once. The symptoms of a possible overdose may include hearing, seeing, feeling and thinking things that are not real (hallucination and paranoid behaviour). Symptomatic treatment (with supportive measures and gastric lavage if necessary) may be adequate.

**If you forget to take Duracan™**

Do not take a double dose to make up for a forgotten dose. If you forget to take a dose, take it as soon as you remember. If it is almost time for your next dose, do not take the dose that you missed.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

**4. Possible side effects**

Like all medicines, Duracan™ can cause side effects, although not everybody gets them  
A few people develop **allergic reactions** although serious allergic reactions are rare. If you get any of the following symptoms, **tell your doctor immediately.**

- sudden wheezing, difficulty in breathing or tightness in the chest
- swelling of eyelids, face or lips.
- itching all over the body, reddening of the skin or itchy red spots.
- skin rash.
- severe skin reactions such as a rash that causes blistering (this can affect the mouth and tongue).

Duracan™ may affect your liver. The signs of liver problems include:

- tiredness.
- loss of appetite.
- vomiting.
- yellowing of your skin or the whites of your eyes (jaundice).

If any of these happen, stop taking Duracan™ and **tell your doctor immediately.**

**Other side effects:**

Additionally, if any of the following side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

Common side effects which affect 1 to 10 users in 100 are listed below:

- headache.
- stomach discomfort, diarrhoea, feeling sick, vomiting.
- increases in blood tests of liver function.
- rash.

Uncommon side effects which affect 1 to 10 users in 1,000 are listed below:

- reduction in red blood cells which can make skin pale and cause weakness or breathlessness.
- decreased appetite.
- inability to sleep, feeling drowsy.
- fit, dizziness, sensation of spinning, tingling, pricking or numbness, changes in sense of taste.
- constipation, difficult digestion, wind, dry mouth.
- muscle pain.
- liver damage and yellowing of the skin and eyes (jaundice).
- wheals, blistering (hives), itching, increased sweating.
- tiredness, general feeling of being unwell, fever.

Rare side effects which affect 1 to 10 users in 10,000 are listed below:

- lower than normal white blood cells that help defend against infections and blood cells that help to stop bleeding.
- red or purple discoloration of the skin which may be caused by low platelet count, other blood cell changes.
- blood chemistry changes (high blood levels of cholesterol, fats).
- low blood potassium.
- shaking.
- abnormal electrocardiogram (ECG), change in heart rate or rhythm.
- liver failure.
- allergic reactions (sometimes severe), including widespread blistering rash and skin peeling, severe skin reactions, swelling of the lips or face.
- hair loss.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

**5. How to store Duracan™**

- Keep out of the reach and sight of children.
- Do not store above 30 °C.
- Do not use Duracan™ after the expiry date which is stated on the pack after EXP.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**6. Further information**

**What Duracan™ contains**

- The active substance is fluconazole.
- Each hard capsule contains 150 mg of fluconazole.
- The other ingredients are magnesium stearate, lactose anhydrous, crospovidone NF, aerosil 200, titanium dioxide and brilliant blue FCF (FD&C blue No.1) and gelatin.

**What Duracan™ 150 mg hard capsules look like and contents of the pack**

Duracan 150mg Capsules: Blue opaque cap and blue opaque body, printed 'Jamjoom' on cap in black and 'FL150' on body in red, hard gelatin capsules, filled with white to off white homogenous powder.

Duracan™ 150 mg come in packs of 1 hard capsule.

**Marketing Authorisation Holder and Manufacturer**

Jamjoom Pharmaceuticals Co., Ltd., Jeddah, Saudi Arabia.  
Tel: +966-12-6081111, Fax: +966-12-6081222.

Website: www.jamjoompharma.com

**To report any side effect(s):**

- **Saudi Arabia:**
  - The National Pharmacovigilance and Drug Safety Centre (NPC)
    - o Fax: +966-11-205-7662
    - o Call NPC at +966-11-2038222, Exts: 2317-2356-2353-2354-2334-2340.
    - o Toll free phone: 8002490000
    - o E-mail: npc.drug@sdfa.gov.sa
    - o Website: www.sdfa.gov.sa/npc

• **Other GCC States:**

- Please contact the relevant competent authority.

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**THIS IS A MEDICAMENT**

- Medicament is a product that affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed.
- Do not repeat the same prescription without consulting your doctor.

Keep all medicaments out of the reach of children.

Council of Arab Health Ministers &  
Union of Arab Pharmacists



Duracan™ is a quality product manufactured by:



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