1. a picky eater 吃饭挑剔之人  
   2. apple of one's eye 喜爱之人(或物)，宝物  
   3. the cold shoulder 对或人冷淡  
   4. a slip of the tongue 口误  
   5. a bitter pill to swallow 吞下苦果  
   6. an apple a day keeps the doctor away 一天一个苹果，不必请医师(常吃水果有益健康)  
   7. a piece of cake 简单做的事(不费吹灰之力)  
   8. as fit as a fiddle 十分健康  
   9. a big appetite 食欲很好  
   10. an adventurous eater 斗胆的门客  
   11. bring home the bacon 挣钱养家  
   12. bite off more than you can chew 贪多而吃不下(尤指接下过多工作而完不成)  
   13. burn the midnight oil 熬夜  
   14. be kept in the dark 被蒙在鼓里  
   15. behind the times 过期了，掉队了，不时髦  
   16. bump into 偶尔碰到，遇见  
   17. burn the candle at both ends 十分繁忙，过度疲劳  
   18. cry over spilt milk 木已成舟  
   19. It is not my cup of tea 非我所爱  
   20. the calm before the storm 暴风雨前的安静  
   21. born with a silver spoon in your mouth 生于富有之家，生来享受富有  
   22. by hook or by crook 不择手段，无论如何  
   23. burn one's bridges 背水一战，自断后路  
   24. Beauty is in the eyes of the beholder 情人眼里出西施  
   25. bite the hand that feeds you 利令智昏  
   26. eat like a horse 吃得许多  
   27. go to pieces 破碎，懊丧，心碎  
   28. go Dutch 各付各的钱  
   29. get the axe: 被辞退，被开除  
   30. go in one ear and out the other 听了并不照办，左耳朵进右耳朵出  
   31. get carried away 得意洋洋，失去沉着  
   32. give somebody a ring 给或人打电话  
   33. give somebody a hand 协助或人  
   34. have your cake and eat it 鱼与熊掌兼得  
   35. hold your horses 放慢，等一等  
   36. high and dry 让或人陷入困境  
   37. hit the hay 去睡觉  
   38. be hot and bothered 焦虑，不安  
   39. have one's hands full 很忙  
   40. have cold feet 严重