Phase 2 Year 1 Endline Instrument

1. Household Survey

| Sr. No. | Question | Options | Skip Pattern |
|------------|---|--|-----------------|
| Α | Section A: Household Selection | | |
| | Select district | [From dropdown list] | |
| | Select project | [From dropdown list] | |
| | Select sector | [From dropdown list] | |
| | Select anganwadi code | [From dropdown list] | |
| | Select UID | [From dropdown list] | |
| | Select respondent name | [From dropdown list] | |
| | Select respondent husband | [From dropdown list] | |
| | Enter village name | [Enter text] | |
| | Enter tola name | [Enter text] | |
| | Enter surveyor name | [Enter text] | |
| | Enter surveyor code | [Enter integer] | |
| | Note: [Informed consent] | | |
| | Do you agree to take part in the survey? | 0 No 1 Yes | |
| | Name of the respondent | [Enter text] | |
| | Is [respondent name from dropdown list] going to answer this survey? | 0 No 1 Yes | |
| | If no, where is [respondent name from dropdown list]? | 1 Passed away 2 Migrated or moved away | |
| | How is [respondent name entered] related to [respondent name from dropdown list]? | 1 Husband 2 Son/ Daughter 3 Son-in-law/ Daughter-in-law 4 Granddaughter/ Grandson 5 Father/ Mother | |

| | | 6 Father-in-law/ Mother-in-law 7 Grandfather/ Grandmother 8 Brother-in-law/ Sister-in-law 9 Grandfather/ Grandmother 10 Cousin 11 Aunt/ Uncle 12 Niece/ Nephew -87 Other -88 Did not know -89 Did not answer | |
|---|---|--|--|
| В | Section B: Household Roster | | |
| | How many members does this household have? Note to surveyor: Household members are defined as those who have been living in the household continuously for the last 6 months and who eat food cooked on the same stove | [Enter integer] | |
| | Name of household member | [Enter text] | |
| | Gender of household member | 1 Male 2 Female -87 Other -88 Did not know -89 Did not answer | |

| Do you have any other children who do not live in this household? For example older children who have moved for work, or children who live permanently with relatives? | 0 No 1 Yes |
|--|----------------------------|
| If yes, name of child | [Enter text] |
| | [Enter dd:mm:yyyy] |
| If yes, age of child | |
| | 0 No |
| Does the respondent's child under 2 years of age have a twin who is alive? | 1 Yes |
| | 1 1st |
| | 2 2nd |
| | 3 3rd |
| | 4 4th |
| | 5 5th |
| | 6 6th |
| | 7 7th |
| | 8 8th |
| | 9 9th |
| | 10 10th |
| | 11 11th |
| | 12 12th |
| | 12 Bachelor's degree |
| | 14 Master's degree |
| | 15 Professional degree (B. |
| | Tech/ M. Tech/ BSW/ |
| | MSW/ MBA) |
| | 16 Anganwadi/ nursery/ |
| | preschool |
| | 17 Madrassa |
| | 18 Some self-taught/ home- |
| | taught education |
| | -87 Other |
| | -88 Did not know |
| What is your education status? | -89 Did not answer |
| | 1 1st |
| | 2 2nd |
| What is your husband's education level? | 3 3rd |

C Section C: Consumption

Note to respondent: We will now ask you some questions on what you ate yesterday. We will also have to measure the exact amount of food items you used in preparation and while serving the food. If anyone else apart from you cooked the meals yesterday, then please call the person here. For this purpose, we will also measure utensils. Please bring utensils like bowls, glasses, cups, serving spoons, etc. that you use for preparation and serving food.

Kindly think about the food you ate through the day starting from the time you woke up to the time you went to bed yesterday

| Yesterday's date | [Enter dd/mm/yyyy] | |
|--|--------------------|--|
| How many meals were cooked at home yesterday? (Include any food items cooked earlier but consumed yesterday) | [Enter integer] | |
| Now we will ask you about each meal cooked yesterday | | |

| | 1 Yesterday | • |
|---|----------------------------|--------|
| | 2 The day before yesterday | |
| | 3 Earlier than 2 days ago | |
| | | |
| On which day was this meal prepared? | | |
| , , , | 1 Morning | |
| | 2 Afternoon | |
| | 3 Evening | |
| | 4 Night | |
| | -88 Did not know | |
| When was this meal prepared yesterday? | -89 Did not answer | |
| | [Select 1-12] | |
| What time was this meal prepared? | [Select AM/ PM] | |
| | 1 Rice | |
| | 2 Roti/ Paratha/ Puri | |
| | 3 Dal | |
| | 4 Vegetable with gravy | |
| | (sabzi) | |
| | 5 Vegetable stir-fried | |
| | (bhujia/ choka/ saag) | |
| | 6 Non-veg (Chicken/ | |
| | Mutton/ Fish/ Beef/ Pork/ | |
| | Egg/ Prawn/ Crab/ Snail) | |
| | 7 Kheer/ halwa | |
| | 8 Khichdi | |
| | -88 Did not know | |
| What all items were prepared for this meal yesterday? | -89 Did not answer | ļ |
| | 1 Deep fry | |
| | 2 Stir fry | |
| | 3 Boil | |
| | 4 Pressure cook | |
| | 5 Directly on flame | |
| | -87 Other | |
| | -88 Did not know | REPEAT |
| How did you cook this item? | -89 Did not answer | GROUP |
| What ingredients did you use to prepare rice? | 1 Rice | |
| Capacity of vessel/ amount added in one go | [Enter integer] ml | |
| Number of times added | [Enter integer] | |

| What ingredients did you use to prepare roti/ puri/paratha? | 1 Atta 2 Rice flour/ paste 3 Bajra / Ragi products 4 Maize/ Jowar products 5 Maida 6 Green leafy vegetables 8 Dal 9 Gram flour (sattu) -87 Other |
|---|---|
| Quantity used | [Enter integer] [Select gram/ ml] |
| Capacity of vessel/ amount added in one go | [Enter integer] ml |
| Number of times added | [Enter integer] |
| | 1 Arhar dal 2 Tur dal 3 Masoor dal 4 Moong dal (green and black) 5 Urad dal 6 Khesari dal 7 Kurthi dal 8 Chana dal 9 Peas (white) 10 Soyabean chunks 11 Mixed dal 12 Green leafy vegetables 13 Water 14 Oil |
| What ingredients did you use to prepare dal? | -87 Other |
| Quantity used | [Enter integer] ml |
| Capacity of vessel/ amount added in one go | [Enter integer] ml |
| Number of times added | [Enter integer] |

| | • | 1 |
|---|-----------------------------|----------|
| | 1 Deep round vessel (tasla) | |
| | 2 Wok (kadhai) | |
| | 3 Saucepan (patila) | |
| | 4 Pressure cooker | |
| | -87 Other | |
| | -88 Did not know | |
| Which vessel was used to cook dal? | -89 Did not answer | |
| | 1 Small | Based |
| | 2 Medium | on |
| | 3 Large | picture |
| What is the size of the vessel? | -87 Other | referenc |
| Wilde is the size of the vesser: | | es |
| | 1 Full | |
| | 2 Three-fourths | |
| | 3 Half | |
| How much dal was cooked? | 4 One-fourth | |
| How many different sabzis did you make? | [Enter integer] | |
| | 1 Potato | |
| | 2 Onion | |
| | 3 Tomato | |
| | 4 Paneer | |
| | 5 Parval, patal | |
| | 6 Jhingi | |
| | 7 Turai | |
| | 8 Pumpkin | |
| | 9 Jackfruit | |
| | 10 Bamboo shoot (kareel) | |
| | 11 Bhindi | |
| | 12 Karela | |
| | 13 Arbi/ Yam/ Tubers | |
| | 14 Beans | |
| | 15 Kundru | |
| | 16 Cauliflower | |
| | 17 Cabbage | |
| | 18 Brinjal | |
| | 19 Green leafy vegetables | |
| | 20 Soyabean chunks | |
| | 21 Ground chickpea flour | |
| | (besan) | |
| | 22 Gram, chickpea | |
| What ingredients did you use to prepare this sabzi? | , | |

| | 22.11 | 1 |
|---|-----------------------------|----------|
| | 23 Urad badi | |
| | 24 Water | |
| | 25 Oil | |
| | -87 Other | |
| | | |
| | | |
| | | |
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| | | |
| | | |
| | | |
| | [Enter integer] ml | |
| Quantity used | | |
| · | 1 Doop round vessel (tasls) | |
| | 1 Deep round vessel (tasla) | |
| | 2 Wok (kadhai) | |
| | 3 Saucepan (patila) | |
| | 4 Pressure cooker | |
| | -87 Other | |
| | -88 Did not know | |
| Which vessel was used to cook this sabzi? | -89 Did not answer | |
| | 1 Small | |
| | 2 Medium | |
| | 3 Large | Picture |
| What is the size of the vessel? | -87 Other | referenc |
| TVITAL IS LITE SIZE OF LITE VESSET! | o, onei | es |

| 2 Three-fourths 3 Half How much sabzi was cooked? 4 One-fourth How many different bhujias did you make? [Enter integer] 1 Potato 2 Onion 3 Tomato 4 Paneer 5 Parval, patal | |
|--|------|
| How much sabzi was cooked? How many different bhujias did you make? [Enter integer] 1 Potato 2 Onion 3 Tomato 4 Paneer | |
| How many different bhujias did you make? [Enter integer] 1 Potato 2 Onion 3 Tomato 4 Paneer | |
| 1 Potato 2 Onion 3 Tomato 4 Paneer | |
| 2 Onion 3 Tomato 4 Paneer | |
| 3 Tomato 4 Paneer | |
| 4 Paneer | |
| | |
| 5 Parval, patal | |
| | |
| 6 Jhingi | |
| 7 Turai | |
| 8 Pumpkin | |
| 9 Jackfruit | |
| 10 Bamboo shoot (kareel) | |
| 11 Bhindi | |
| 12 Karela | |
| 13 Arbi/ Yam/ Tubers | |
| 14 Beans | |
| 15 Kundru | |
| 16 Cauliflower | |
| 17 Cabbage | |
| 18 Brinjal | |
| 19 Green leafy vegetables | |
| 20 Gram, chickpea | |
| 21 Oil | |
| What ingredients did you use to prepare this bhujia? -87 Other | |
| [Enter integer] ml | |
| Quantity used | |
| 1 Deep round vessel (tasla) | |
| 2 Wok (kadhai) | |
| 3 Saucepan (patila) | |
| 4 Pressure cooker | |
| -87 Other | |
| -88 Did not know | |
| Which vessel was used to cook this bhujia? -89 Did not answer | |
| 1 Small | |
| 2 Medium Pict | ııra |
| | renc |
| What is the size of the vessel? -87 Other es | |

| | | 1 Full | 1 |
|---|---|-----------------------------|---|
| | | 2 Three-fourths | |
| | | 3 Half | |
| | How much bhujia was cooked? | 4 One-fourth | |
| | | 1 Chicken | |
| | | 2 Mutton | |
| | | 3 Fish | |
| | | 4 Beef/ Pork | |
| | | 5 Eggs | |
| | | 6 Prawn/ Crab/ Snail | |
| | | 7 Potato | |
| | | 8 Onion | |
| | | 9 Tomato | |
| | | 10 Oil | |
| | | 11 Water | |
| | What ingredients did you use to prepare non-veg? | -87 Other | |
| | | [Enter integer] ml | |
| | Quantity used | [| |
| | | 1 Rice | |
| | | 2 Makhaan | |
| | | 3 Sabudana | |
| | | 4 Suji | |
| | | 5 Sewayi | |
| | | 6 Milk | |
| | | 7 Sugar | |
| | | 8 Jaggery | |
| | | 9 Water | |
| | What ingredients did you use to prepare kheer/ halwa? | -87 Other | |
| | | [Enter integer] ml | |
| | Quantity used | | |
| | Capacity of vessel/ amount added in one go | [Enter integer] ml | |
| | Number of times added | [Enter integer] | |
| | | 1 Deep round vessel (tasla) | |
| | | 2 Wok (kadhai) | |
| | | 3 Saucepan (patila) | |
| | | 4 Pressure cooker | |
| | | -87 Other | |
| | | -88 Did not know | |
| | Which vessel was used to cook the kheer/ halwa? | -89 Did not answer | |
| - | | | |

| | 1 Small 2 Medium 3 Large | Picture |
|--|--------------------------------|----------------|
| What is the size of the vessel? | -87 Other | referenc es |
| | 1 Full | |
| | 2 Three-fourths | |
| | 3 Half | |
| How much kheer/ halwa was cooked? | 4 One-fourth | |
| | 1 Rice | |
| | 2 Arhar dal | |
| | 3 Tur dal | |
| | 4 Masoor dal | |
| | 5 Moong dal (green and | |
| | black) | |
| | 6 Urad dal | |
| | 7 Khesari dal | |
| | 8 Kurthi dal | |
| | 9 Chana dal | |
| | 10 Mixed dal | |
| | 11 Peas | |
| | 12 Potato | |
| | 13 Onion | |
| | 14 Tomato | |
| | 15 Cauliflower | |
| | 16 Soyabean chunks | |
| What ingredients did you use to prepare khichdi? | -87 Other | |
| Quantity used | [Enter integer] ml | |
| Capacity of vessel/ amount added in one go | [Enter integer] ml | |
| Number of times added | [Enter integer] | |
| | 0 No | |
| Did you prepare or drink tea during the day yesterday? | 1 Yes | |
| How many times did you prepare tea yesterday? | [Enter integer] | |
| | [Select 1-12] | |
| When was this tea prepared yesterday? | [Select AM/ PM] | |

| | 1 Tea/ Coffee | |
|--|---------------------------|--|
| | 2 Sugar 3 Water | |
| What ingredients did you use to prepare tea? | 4 Milk | |
| What ingredients did you use to prepare tea: | | |
| Quantity used | [Enter integer] ml | |
| Capacity of vessel/ amount added in one go | [Enter integer] ml | |
| Number of times added | [Enter integer] | |
| | 0 No | |
| | 1 Yes | |
| | -88 Did not know | |
| Did you drink this tea during the day? | -89 Did not answer | |
| Capacity of serving glass/ cup (in ml) | [Enter integer] | |
| How many cups did you drink? | [Enter integer] | |
| | 0 No | |
| | 1 Yes | |
| | -88 Did not know | |
| Did your child drink this tea during the day? | -89 Did not answer | |
| How many cups did your child drink? | [Enter integer] | |
| Now I will ask you about each meal consumed by you and your child yesterday | | |
| How many times did you consume meal ##? | [Enter integer] | |
| How many times did your child consume meal ##? | [Enter integer] | |
| Now I will ask about each time you ate the food cooked in meal ## starting with the first time | | |
| | 1 Rice | |
| | 2 Roti/ Paratha/ Puri | |
| | 3 Dal | |
| | 4 Vegetable with gravy | |
| | (sabzi) | |
| | 5 Vegetable stir-fried | |
| | (bhujia/ choka/ saag) | |
| | 6 Non-veg (Chicken/ | |
| | Mutton/ Fish/ Beef/ Pork/ | |
| | Egg/ Prawn/ Crab/ Snail) | |
| What all did you consume in this meal? | 7 Kheer/ halwa | |

| | 8 Khichdi |
|---|--------------------------------|
| | -88 Did not know |
| | -89 Did not answer |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| Capacity of the serving spoon (in ml) | [Enter integer] |
| How many spoons did you consume? | [Enter integer] |
| How many spoons did your child consume? | [Enter integer] |
| Size of the dough ball (in grams) | [Enter integer] |
| How many rotis did you consume? | [Enter integer] |
| How many rotis did your child consume? | [Enter integer] |
| Now I will ask you about all meals consumed outside | |
| home yesterday | |
| How many meals did you eat outside yesterday? | [Enter integer] |
| | 1 Rice |
| | 2 Roti/ Paratha/ Puri |
| | 3 Dal |
| | 4 Vegetable with gravy |
| | (sabzi) 5 Vegetable stir-fried |
| | (bhujia/ choka/ saag) |
| | 6 Non-veg (Chicken/ |
| | Mutton/ Fish/ Beef/ Pork/ |
| | Egg/ Prawn/ Crab/ Snail) |
| | 7 Kheer/ halwa |
| | 8 Khichdi |
| | -88 Did not know |
| What all did you consume in this meal? | -89 Did not answer |
| Capacity of the serving spoon (in ml) | [Enter integer] |
| How many plates/ pieces did you consume? | [Enter integer] |

| How many plates/ pieces did your child consume? | [Enter integer] | |
|---|---------------------|---------------|
| | [Enter integer] | Picture |
| Size of the dough ball (in grams) | | referen es |
| | [Foto internal | 62 |
| How many rotis did you consume? | [Enter integer] | |
| How many rotis did your child consume? | [Enter integer] | |
| Now I will ask you about all snacks consumed yesterday | | |
| | 0 No | |
| | 1 Yes | |
| Did you consume any other food items like milk, soaked | -88 Did not know | |
| gram or snacks like samosa, jalebi, tikki, etc yesterday? | -89 Did not answer | |
| | 1 Fruits | |
| | 2 Bread/ Toast/ Bun | |
| | 3 Sprouts | |
| | 4 Soaked gram | |
| | 5 Biscuits | |
| | 6 Rusk | |
| | 7 Chips | |
| | 8 Chocolate | |
| | 9 Pakodas | |
| | 10 Jalebi | |
| | 11 Mithai | |
| | 12 Samosa | |
| | 13 Cutlet | |
| | 14 Dhuska | |
| | 15 Sandwich | |
| | 16 Panipuri | |
| | 17 Idli | |
| | 18 Dosa | |
| | 20 Tikki | |
| | 21 Chowmein | |
| | 22 Namkeen | |
| | 23 Chai/ Coffee | |
| | 24 Cold drinks | |
| | 25 Milk | |
| | 26 Juice | |
| | 27 Chaanch/ Lassi | |
| | 28 Bhuja | |
| What all did you consume as snacks? | 29 Jhaal muri | |

| | 30 Lai (Chura/ Muri) -87 Other -88 Did not know -89 Did not know |
|---|--|
| Number of pieces/ plates/ packets you consumed | [Enter integer] |
| Number of pieces/ plates/ packets your child consumed | [Enter integer] |
| Did you consume iron tablets yesterday? How many iron tablets did you consume? | 0 No 1 Yes -88 Did not know -89 Did not answer [Enter integer] |
| Did you consume calcium tablets yesterday? | 0 No 1 Yes -88 Did not know -89 Did not answer |

| How many calcium tablets did you consume? | [Enter integer] |
|--|--|
| Did you consume any other food item not asked about? | [Enter text] |
| Section D: Child Consumption | |
| Did your child eat any meals at the anganwadi centre yesterday? | 0 No 1 Yes -88 Did not know -89 Did not answer |
| Note to respondent: Now I will ask you about any baby food like daliya, cerelac, or formula milk that you gave to your child | |
| Did you give your child any baby food like daliya, cerelac, or formula milk yesterday? | 0 No 1 Yes |
| What baby food did you give your child? | 1 Dal water 2 Milk (cow, buffalo, goat, powder) 3 Daliya 4 Baby food (Cerelac, Nestle, etc) 5 Cut/ mashed fruits 6 Cut/ mashed vegetables 7 Eggs 8 Minced meat (chicken, mutton, other) 9 Horlics 10 Cornflakes 11 Take Home Rations -87 Other -88 Did not know -89 Did not answer [Enter integer] |
| Number of pieces/ plates/ packets your child consumed | |
| Note to respondent: Now I will ask you about the number of times your child was fed mother's milk yesterday in the following time periods: | |
| Morning (7am to 1pm) | [Enter integer] |
| Afternoon (1pm to 6pm) | [Enter integer] |

| Night (9pm to 7am this morning) [Enter integer] | |
|---|--|
| E Section E: Sleep and Mental Health | |

Note to respondent: The next few questions relate to feelings of stress and happiness. Such feelings are experienced by everyone from time to time – sometimes we feel happy and at other times we feel sad and unhappy. I will read out some sentences which relate to such problems, please let me know if you have been bothered by these problems over the last two weeks.

| uve been bothered by these problems over the last two weeks. | |
|---|---|
| In the last 2 weeks, how often have you felt nervous or stressed? | O Not at all 1 Several days (less than 5-6 days) 2 More than half the days (more than 7 days) 3 Nearly every day -88 Did not know -89 Did not answer |
| Often there are multiple tasks that you have to do in a day like cooking, cleaning, taking care of your child, etc. In the last 2 weeks, how often have you found that you could not manage all these tasks? | 0 Not at all 1 Several days (less than 5-6 days) 2 More than half the days (more than 7 days) 3 Nearly every day -88 Did not know -89 Did not answer |
| Sometimes people are unable to sleep because they are worried about some problem or they don't feel like participating in work and want to sleep if they are sad or have had fights with family. In the last 2 weeks, how often did you have trouble falling or staying asleep, or sleep too much? (Surveyor note: Do not count staying awake at night because of child waking up) | 0 Not at all 1 Several days (less than 5-6 days) 2 More than half the days (more than 7 days) 3 Nearly every day -88 Did not know -89 Did not answer |
| In the last 2 weeks, how often were you feeling tired or low on energy? | 0 Not at all 1 Several days (less than 5-6 days) 2 More than half the days (more than 7 days) 3 Nearly every day -88 Did not know -89 Did not answer |

| In the last 2 weeks, how often were you having trouble concentrating on things (for work like sewing, making rotis, embroidery)? | 0 Not at all 1 Several days (less than 5-6 days) 2 More than half the days (more than 7 days) 3 Nearly every day -88 Did not know -89 Did not answer | |
|---|--|--|
| Taking all things together, how happy would you say you are? Note to surveyor: Show the respondent the <u>picture</u> reference and ask her to point to the appropriate face | 1 Very unhappy 2 Moderately unhappy 3 Neither happy nor sad 4 Moderately happy 5 Very happy -88 Did not know -89 Did not answer | |
| Were there other persons present at the interview, in addition to yourself and the respondent? | 0 No 1 Yes | |
| Who was present? | 1 Husband2 Mother-in-law3 Father-in-law4 Other household members5 Other villagers | |

| F | Section F: Empowerment | | |
|---|---|--------------------|--|
| | | 0 No | |
| | | 1 Yes | |
| | The last time you went to a relative or acquaintance's | 2 Have never gone | |
| | house inside the village, did you have to take permission | -88 Did not know | |
| | from other members of your household? | -89 Did not answer | |
| | | 0 No | |
| | | 1 Yes | |
| | The last time you went to the market within your village, | 2 Have never gone | |
| | did you have to take permission from other members of | -88 Did not know | |
| | your household? | -89 Did not answer | |

| If you wished to visit the bank for some work, would you be able to go to the bank unaccompanied? | 0 No 1 Yes 2 Have never gone -88 Did not know -89 Did not answer | |
|---|---|--|
| Do you have to ask someone for money if you want to purchase items from the market? | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| Suppose you wanted to purchase a saree for yourself from the market. Would you have to ask someone for permission to purchase it? | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| Imagine that you were home alone, without your spouse or guardian and one of your children was very sick. Could you make the choice on your own to purchase medication to treat your child? | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| Suppose your child is very unwell. Who would make the decision to take the child to see a doctor? | 1 Self (respondent) 2 Husband 3 Both, respondent and husband 4 Other family members -88 Did not know -89 Did not answer | |
| Suppose you earned Rs. 300 as part of a government programme. Who would decide how to spend it? | 1 Self (respondent) 2 Husband 3 Both, respondent and husband 4 Other family members -88 Did not know -89 Did not answer | |
| Would you say that the decision of whether to have another child is mainly your decision, mainly your husband's decision, or do you both decide together? | 1 Own decision (respondent) 2 Husband's decision 3 Both, respondent and husband's decision -88 Did not know -89 Did not answer 0 No | |
| Surveyor Input: | 1 Yes | |

| Were there other persons present at the interview, in addition to yourself and the respondent? | | |
|--|---|--|
| | 1 Husband2 Mother-in-law3 Father-in-law4 Other household members5 Other villagers | |

| G | Section G: Beliefs | | |
|--------|---|------------------------------|-----|
| | | 1 Same as normal | |
| | | 2 Less than normal | |
| | During pregnancy, how much do you think a woman | 3 More than normal | |
| | should eat – less than normal, the same as normal, or | -88 Did not know | |
| | more than normal? | -89 Did not answer | |
| | | 1 Same as normal | |
| | | 2 Less than normal | |
| | While breastfeeding, how much do you think a woman | 3 More than normal | |
| | should eat – less than normal, the same as normal, or | -88 Did not know | |
| | more than normal? | -89 Did not answer | |
| Now I | will ask you about the effects of a mother eating more tha | n normal during pregnancy on | her |
| child. | | | |
| | | 1 No effect | |
| | If a mother eats more than normal during pregnancy, do | 2 Less smart | |
| | you think that her child will be smarter when it grows up, | 3 More smart | |
| | less smart when it grows up, or this has no effect on the | -88 Did not know | |
| | child's intelligence? | -89 Did not answer | |
| | | 1 No effect | |
| | If a mother eats more than normal during pregnancy, do | 2 Shorter | |
| | you think that her child will be taller when it grows up, | 3 Taller | |
| | shorter when it grows up, or this has no effect on the | -88 Did not know | |
| | child's height? | -89 Did not answer | |
| Now I | will ask you about the effects of a person eating healthy fo | ood as a child | |
| | | 1 No effect | |
| | If a person eats a healthy diet as a child, do you think that | 2 Less smart | |
| | she will be smarter when she grows up, less smart when | 3 More smart | |
| | she grows up, or this has no effect on the child's | -88 Did not know | |
| | intelligence? | -89 Did not answer | |

| | 1 No effect | |
|---|--------------------|--|
| | 2 Shorter | |
| If a person eats a healthy diet as a child, do you think that | 3 Taller | |
| she will be taller when it grows up, shorter when she | -88 Did not know | |
| grows up, or this has no effect on the child's height? | -89 Did not answer | |

| Section H: Interactions with Sevika | | |
|--|---|--|
| | 0 No | |
| Is the respondent the sevika herself? | 1 Yes | |
| In the past one month, how many times did you visit the anganwadi centre in your village? | [Enter integer] | |
| In the past one month, how many times did the village sevika speak to you about your food and nutrition or government schemes? | [Enter integer] | |
| Now I will read out a list of services, please let me know if you use these services at your anganwadi centre: | | |
| Preschool | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| Hot cooked meals | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| Deworming for children | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| Height and weight measurement for children | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| Information related to food and nutrition during pregnancy/ lactation | 0 No 1 Yes -88 Did not know -89 Did not answer | |

| | Iron/ calcium tablets during pregnancy and lactation | 0 No 1 Yes -88 Did not know -89 Did not answer | |
|------|---|---|----------------------------------|
| | Vaccination shots for pregnant women and infants | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| | Distribution of Take Home Rations (THR) | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| | Registration for government schemes | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| | Other | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| | Has the sevika visited your home in the last month? | 0 No 1 Yes | |
| | Over the last month, have hot cooked meals been regularly available at your anganwadi center? | 0 No 1 Yes | |
| | Over the last month, did you receive four or more packets of THR? | 0 No 1 Yes | |
| l | Section I: Market Access | | |
| 11 | Do you have a bank account? | 0 No 1 Yes -88 Did not know -89 Did not answer | If 0, -88, -89, skip to I12.1 |
| 11.1 | Is your account seeded with an Aadhaar card? | 0 No 1 Yes -88 Did not know -89 Did not answer | |

| | | 0 No 1 Yes -88 Did not know | |
|--------|--|--------------------------------------|---------------|
| l1.2 | Do you have a passbook? | -89 Did not answer | |
| | | 0 Never withdrawn | |
| | | money | |
| | | 1 ATM | |
| | | 2 Bank branch | |
| | | 3 Post | |
| | | 4 Banking | |
| | | Correspondent | |
| | | 5 Pragya Kendra | |
| | | -87 Other | |
| 10 | Where do you usually withdraw money from? | -88 Did not know -89 Did not know | If 0, skip to |
| 12 | , , | | 12.2.1 |
| | How far is the closest bank branch/ ATM/ place | [Enter integer] | |
| | where you usually withdraw money from? (in km) | | |
| | (Surveyor note: Ask other family members/ villagers if | | |
| 12.1.1 | the respondent does not know) | | |
| | How far is the closest bank branch/ ATM/ place | [Enter integer] | |
| | where you usually withdraw money from? (in m) | | |
| | (Surveyor note: Ask other family members/ villagers if | | |
| 12.1.2 | the respondent does not know) | | |
| | How far is the bank branch/ATM where you could | [Enter integer] | |
| | withdraw money from? (km)? | | |
| | | | |
| | Note to surveyor: Ask other family members/ | | |
| 12.2.1 | villagers if the respondent does not know | | |
| | How far is the bank branch/ATM where you could | [Enter integer] | |
| | withdraw money from? (m)? | | |
| | | | |
| 10.0.5 | Note to surveyor: Ask other family members/ | | |
| 12.2.2 | villagers if the respondent does not know | | |

| | | 3 Bullock cart 4 Personal car/ Bike/ | |
|------|---|--|-----------------|
| | | Tractor | |
| | | 5 Bus/ Auto/ Tractor/ | |
| | | Jeep/ Any other shared commute | |
| | | -87 Other | |
| 13 | What is the most frequent mode of transport to go to the nearest bank branch/ATM/CSP? | -88 Did not know -89 Did not answer | |
| | How much time does it take to go to this bank branch/ATM/CSP/Other? (Hour) | [Enter interger] | |
| | Note to surveyor: Ask other family members/ | | |
| 14.1 | villagers if the respondent does not go to withdraw money? | | |
| | G3.2) How much time does it take to go to this bank branch/ATM/CSP/Other? (Min) | [Enter interger] | |
| | Note to surveyor: Ask other family members/ | | |
| 14.2 | villagers if the respondent does not go to withdraw money | | |
| 15.1 | How long do you wait for transport while going or coming? (Hr) | [Enter interger] | |
| 15.2 | How long do you wait for transport while going or coming? (Min) | [Enter interger] | |
| 16 | How much does it cost to take a round trip to this bank branch/ATM/CSP/Other? (Rs) | [Enter integer] | |
| | | 1 Within the last 30 | |
| | | days | |
| | | 2 Between 31-60 days 3 Between 61-90 days | |
| | | 4 Over 90 days ago | |
| | When was the last time you tried to withdraw money | , - | (Only ask if I2 |
| 17 | from your account? | -89 Did not answer | != 0) |

| | | 1 For daily household expenses 2 Monthly expenses (Fees/ Bills/ Rent) 3 Farm related expenses 4 Hospitalisation/ | |
|------|--|--|--------------------------|
| | For what purpose did you withdraw money the last time? | Doctor's visit/ Medical bills 5 Wedding ceremony 6 Festival 7 Renovations/ House repairing -87 Other -88 Did not know -89 Did not answer | (Only ask if I2 |
| 18 | Did you face any of the following issues while trying | os sia not answer | != 0) (Only ask if I2 |
| 19 | to withdraw money the last time: | | != 0) |
| 19.1 | Not enough cash at the bank | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| 19.2 | Link failed/ Technical problem | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| 19.3 | Account frozen or closed | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| 19.4 | Officials were rude | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| 19.5 | Too crowded | 0 No 1 Yes -88 Did not know -89 Did not answer | |

| 19.6 | Bank closed | 0 No 1 Yes -88 Did not know -89 Did not answer | |
|-------|--|--|--------------------------|
| 19.7 | Other | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| 110 | When you withdraw money from your account, do you withdraw the entire amount or do you leave some savings? | 1 Withdraw entire amount 2 Leave savings -88 Did not know -89 Did not answer | (Only ask if I2 != 0) |
| | When was the last time you deposited money in your | | |
| l11 | account? How far is the nearest bank branch/ATM (km)? | -89 Did not answer | |
| 112.1 | Note to surveyor: Ask other family members/ villagers if the respondent does not know | | |
| | How far is the nearest bank branch/ATM (m)? | | |
| I12.2 | Note to surveyor: Ask other family members/ villagers if the respondent does not know | | |
| l13 | What is the most frequent mode of transport to go to the nearest bank branch/ATM for you or your family members? | | |
| | How much time does it take to go to this bank branch/ATM? (Hour) | | |
| 114.1 | Note to surveyor: Ask other family members/villagers if the respondent does not know | | |

| | How much time does it take to go to this bank branch/ATM? (Min) | | |
|-------|--|--------------------|-----|
| 114.2 | Note to surveyor: Ask other family members/villagers if the respondent does not know | | |
| l15.1 | How long do you wait for transport while going or coming? (Hour) | | · · |
| 115.2 | How long do you wait for transport while going or coming? (Min) | | |
| I16 | How much does it cost to take a round trip to this bank branch/ATM? (Rs) | | |
| | | 1 Self | |
| | | 2 Husband | |
| | | 3 Son | |
| | | 4 Daughter | |
| | | 5 Father-in-law | |
| | | 6 Mother-in-law | |
| | | 7 Brother-in-law | |
| | | 8 Sister-in-law | |
| | | 9 Father | |
| | | 10 Mother | |
| | | 11 Brother | |
| | | 12 Sister | |
| | | 13 Grandfather/ | |
| | | Grandmother | |
| | | 14 Son-in-law/ | |
| | | Daughter-in-law | |
| | | 15 Cousin | |
| | | 16 Aunt/ Uncle | |
| | | 17 Niece/ Nephew | |
| | | -87 Other | |
| | | -88 Did not answer | |
| 117 | Who goes to the market to purchase food? | -89 Did not answer | |

| l18 | Was this module answered by the member who goes to the market? | 0 No 1 Yes | |
|-----|---|---|--|
| 119 | | | |
| 120 | What is the most frequently used mode of transportation to go to the market? | 1 On foot 2 Cycle 3 Bullock cart 4 Personal car/ Bike/ Tractor 5 Bus/ Auto/ Tractor/ Jeep/ Any other shared commute -87 Other -88 Did not know -89 Did not answer | |
| l21 | How much time does it take to go to this market? | [Enter hh:mm] | |
| 122 | How much time do you wait for transport while going to and coming from this market? | [Enter hh:mm] | |
| 123 | How much does it cost to go to this market? (in Rs.) | [Enter integer] | |
| J | Section J: Expenditure | | |
| | In the last week, how many times did you or a member of your household buy food items from the market or kirana store? | [Enter integer] | |
| | For each visit to the market or kirana store, how much was spent on food items (such as fruits, vegetables, milk, meat, fish, dal, rice, oil, etc)? | [Enter integer] | |
| | In the last month, how many times did you or a member of your household buy food items from the government Fair Price Shop? | [Enter integer] | |
| | For each visit to the government FPS, how much was spent on food items (such as rice, wheat, sugar, etc)? | [Enter integer] | |
| | How much was spent on alcohol in this household in the last one week? | [Enter integer] | |

| | How much was spent on tobacco/ paan/ cigarettes/ khaini in this household in the last one week? | | |
|---|---|---|--|
| | Surveyor input: Was the information given by the respondent very accurate or more like an approximation? | 0 – Accurate 1 – Approximation | |
| K | Section K: Socioeconomic Conditions and Literacy | | |
| | Note to surveyor: Please answer this question after verifying from the respondent's ration card What colour is your ration card? | 0 No ration card 1 Red (PHH) 2 Yellow (AAY) -87 Other -88 Did not know -89 Did not answer | |
| | The dwelling where you currently reside, does your family own or rent it? | 1 Family owns it 2 Family pays rent 3 Family stays for free -87 Other -88 Did not know -89 Did not answer | |
| | Are you from a scheduled caste or scheduled tribe? | 0 No 1 Yes -88 Did not know -89 Did not answer | |
| | What is your religion? | 1 Hindu 2 Muslim 3 Christian 4 Sikh 5 Adivasi (indegenious faith) -87 Other -88 Did not know -89 Did not answer | |
| | Do you have any of the following items in your household? How many? | | |
| | Bed/ cot | [Enter integer] | |
| | Colour TV | [Enter integer] | |
| | 2-wheeler vehicle | [Enter integer] | |
| | 4-wheeler vehicle | [Enter integer] | |

| | Chair | [Enter integer] | |
|---|---|---|--|
| | Bicycle | [Enter integer] | |
| | Mobile | [Enter integer] | |
| | Pressure cooker | [Enter integer] | |
| | Chickens | [Enter integer] | |
| | Goats | [Enter integer] | |
| | Cows/ bulls/ buffaloes | [Enter integer] | |
| | Record GPS location | | |
| | What type of location would you describe this as? | 1 Rural 2 Urban -87 Other -88 Did not know -89 Did not answer | |
| | What type of dwelling does the household occupy? | 1 Pucca 2 Semi-pucca 3 Kaccha -88 Did not know -89 Did not answer | |
| | What type of roofing material does your household have? | 1 Concrete 2 Metal/ Tin 3 Straw/ Thatch/ Sod/ Mud 4 Tile 5 Pattiyan 6 Cloth 7 Mud/ Khapda -87 Other -88 Did not know -89 Did not answer | |
| L | Section L: Surveyor Input | | |

| | • | |
|--|------------------------------------|--|
| | SS01 – Survey | |
| | complete | |
| | SS02 – Survey | |
| | incomplete | |
| | SS03 – Maternal | |
| | death (baby | |
| | unavailable) | |
| | SS04 – Respondent | |
| | cannot be found | |
| | SS05 – Respondent | |
| | not at home/ busy/ | |
| | unwell | |
| | SS06 – Respondent | |
| | not available for entire | |
| | survey duration | |
| | SS07 – Refused | |
| | before starting the | |
| | survey SS08 – Refused | |
| | | |
| | during the survey SS09 – Other | |
| | | |
| | (disabled, etc) | |
| | SS10 – Miscarriage or infant death | |
| | | |
| | SS11 – Wrong | |
| Survey status code | registration (overage baby) | |
| , | 1 | |
| What is your assessment of the respondent's | 1 Good/ Okay | |
| accuracy? | 2 Not so good/ Bad | |
| Why was it bad? | [Enter text] | |
| | 0 No | |
| Was there a language problem when surveying this | 1 Yes | |
| respondent? | 2 Somewhat | |
| • | 1 Respondent's in- | |
| | law's house | |
| | | |
| | 2 Respondent's | |
| | maternal home | |
| Where was the survey conducted? | -87 Other | |
| | 1 Respondent is dead | |
| | 2 Respondent has | |
| Is the respondent: | migrated | |
| | 1 Household member | |
| I | | |
| Who told you? | 2 Neighbour | |

| Mobile number of the person | [Enter integer] |
|-----------------------------|-----------------|
| Name of neighbour | [Enter text] |
| Mobile number of neighbour | [Enter integer] |
| Comments | [Enter text] |