

# Importance of the plants and encouraging others to plant

Trees are an important part of eco-systems across the planet. Trees provide vital resources, clean our air, protect us from weather and provide enjoyment. Planting a tree with a child is a great way to help children understand the role of trees in the environment and also understand how each person can make a difference in their own community. Tree planting provides "the roots" for building future appreciation and stewardship for nature.

## Talk To The Plants

Some studies have shown that talking to your plants can help encourage growth. When you are fertilizing your plant, try talking or singing to them: it can help the seeds germinate and keep your plant growing healthy and strong. There are also some studies that show that growing different types of plants close together can encourage them to both grow more, as they end up "talking" to each other.

## Support Your Plants

As plants flower from seedlings into full-blown adult forms, they may need physical support to help them grow into their maturity. Certain tall flowers and plants may have to be tied to stakes to keep them growing right. You may have to pinch out the centers of young flowering plants to encourage them to have more bushy side-growth. And you might need to prune out branches and leaf clusters that block sunlight from feeding the interior of the plant, or removing faded flower-heads from your bushes to encourage new growth from your plants.

Plants provide many products for human use, such as firewood, timber, fibers, medicines, dyes, pesticides, oils, and rubber. Plants create habitats for many organisms. A single tree may provide food and shelter to many species of insects, worms, small mammals, birds, and reptiles.

Plants are really important for the planet and for all living things. Plants absorb carbon dioxide and release oxygen from their leaves, which humans and other animals need to breathe. Living things need plants to live - they eat them and live in them. Plants help to clean water too. Because plants produce oxygen, clean and retain water, and plants form the basis of our entire food chain. ... People simply couldn't live without plants.

"To forget how to dig the earth and tend the soil is to forget ourselves."  
— *Mahatma Gandhi*