

ORGANIC SOAP

STAGE I: UNDERSTANDING ORGANIC SOAP

- Made from natural oils, butters, and plant-based ingredients.
- No synthetic chemicals, artificial fragrances, or harsh detergents.
- Gentle on skin and eco-friendly.
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STAGE 2: BASIC INGREDIENTS

- Base oils: coconut oil, olive oil, shea butter, sunflower oil.
- Liquid: distilled water or herbal tea.
- Lye (sodium hydroxide): needed for real soap (saponification).
- Add-ins: essential oils, herbs, oats, clays.

STAGE 3: METHODS FOR MAKING

- Cold process: mix oils + lye solution; cures for 4–6 weeks.
- Melt and pour (best for beginners): melt a natural soap base and add ingredients.

STAGE 4: DESIGNING YOUR SOAP

- Choose scent using essential oils.
- Add color with natural items (turmeric, cocoa powder, spirulina).
- Add texture (oats, dried flowers, coffee).

STAGE 5: POURING & SETTING

- Pour soap into molds.
- Let it harden (few hours for melt & pour, 24–48 hrs for cold process).



STAGE 6: FINISHING

- Unmold the soap.
- For cold process: cut and cure for several weeks.
- Store in a dry, cool place



KEEP LEARNING