

Concierge Membership Program

Our concierge medicine program is focused on ensuring that achieving optimal health for families is as convenient as possible. Our patients have direct access to our providers, and where possible, all services are offered to them at a location of their choice. From blood draws to x-rays, we prioritize your convenience.

What's included in your membership?

- 24/7 direct communication with your Concierge Medicine physician and care team.
- Coordination of referrals and appointments with medical specialists.
- Attending specialists' appointments with patients (virtual or in-person) at patients' request.
- Same and next-day appointment visits.
- Telehealth Visit Option, including for patients traveling out of state.
- Well Child Checks and Well Women Exams offered to patients who would like us to manage their care.
- Providing a comprehensive treatment plan with a focus on preventative medicine, including blood tests every 6 – 12 weeks and recommendations on diet, supplements, medications, stress management techniques, and other lifestyle choices.
- Minor surgical procedures such as skin tag removal, wart removal, splinter removal, etc.
- Sports Physicals for school children.

What is the Cost of the Membership Program?

- Individual: \$500/month
- Family: \$1000/month regardless of the number of children
- There is no initiation fee or annual contract.

Services not covered by the monthly fee:

- Diagnostic Testing and Imaging – where applicable, we will attempt to use your private insurance for these tests.
- Hospital and/or emergency room visits.
- Medical specialists' appointments and care.
- Prescriptions and Supplements.
- Vaccinations – patients are only charged for the cost of the vaccine.
- Urgent Care.
- IV Therapy.
- IM Therapy such as ketamine therapy – medication charge only.
- Aesthetics therapy such as botox, juvederm, etc.

About your Concierge Medicine Physician

Dr. Samar Riaz, NMD, graduated with Summa Cum Laude honors from Sonoran University of Health Sciences in Tempe, Arizona. She always had a passion for medicine, but after a one-week rotation during her undergraduate studies at Riverside County Hospital, where she witnessed several young diabetic patients being admitted for complications, she saw the failure of a medical system lacking focus on prevention for these young patients. When she discovered naturopathic medicine, it intrigued her deeply to be able to provide truly integrative medicine to her patients, with a focus on their diet, exercise, and mental health, along with any necessary medications, specialists, and procedures. It was the best of both worlds for her as it gave her the knowledge to focus on preventative medicine but also the credentials to prescribe medications for patients as well.

Dr. Riaz believes in being a strong advocate for her patients, going above and beyond for their well-being. She wants her patients to feel empowered and in control of their health. Her plans are focused on setting them up for success and not creating added stress. She emphasizes informed consent, providing all available treatment options to the best of her ability and respecting the patient's decisions. So, whether it is a breast cancer patient who chooses to refuse hormone blockers or to take them, her role as their physician is to support their decision and provide options to mitigate associated risks.

Most patients describe a close bond with Dr. Riaz, feeling heard and respected by her. Her years of experience working with children with developmental disorders have taught her to provide compassionate care to children who may be fearful of doctors.

Dr. Riaz is happily married to her husband, a former professional MMA fighter of over 10 years. Being married to him has provided her with a different perspective on caring for patients under immense pressure, helping her to connect more deeply with her patients.

She looks forward to building relationships with new patients and helping them achieve their health goals.

Please feel free to contact us if you have any questions.