

# Before taking Glutathione, here's What You Should Watch Out For !

Website Link : <https://nova-cure.in>



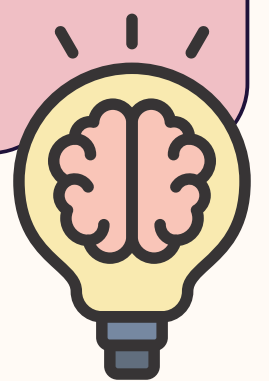
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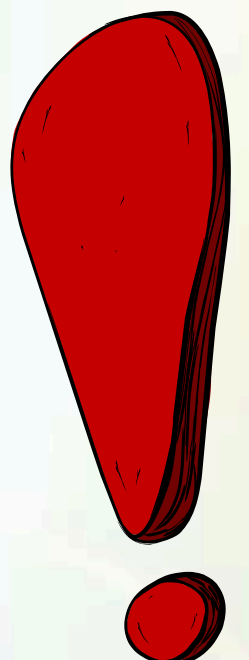


**But do you know  
what would be the  
right way to go  
about it !**

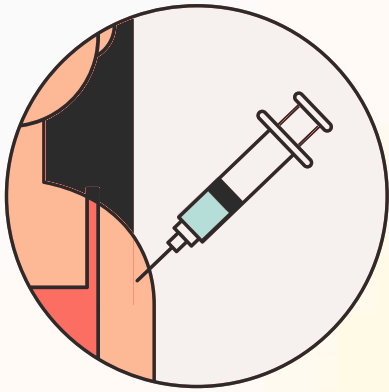


**Why you might need to think twice  
before taking **Glutathione** Drips !!**

1. Can paradoxically increase oxidation and inflammation in the body.
2. Can disrupt the body's natural sulfur balance, leading to issues like bloating, gas, and digestive problems.
3. Can experience an allergic reaction to the IV administration.
4. Here is limited scientific evidence supporting the use of glutathione drips







## Potential side effects of **Glutathione IV drips** one can face ..

1. Feeling tired or exhausted
2. Frequent or severe headaches
3. Digestive Issues
4. Pain or stiffness in the joints
5. Frequent or severe muscle cramps
6. Difficulty sleeping or insomnia
7. Feeling anxious or on edge
8. Frequent or severe mood swings
9. Difficulty concentrating or feeling mentally cloudy
10. Unexplained skin rashes or itching
11. Unexplained hair loss or thinning
12. Brittle or fragile nails



## Things to Beware of Before Buying!!

1. Ensure the product contains bioavailable glutathione.
2. Glutathione is unstable, Look for products with stabilized or liposomal glutathione.
3. Be aware of the recommended dosage and start with a low dose to assess tolerance.

## How to Spot Low-Quality Glutathione Supplements

1. Be wary of extremely low prices !
2. Check for clear labeling, ingredient disclosure.
3. Look for products that have undergone third-party testing and certification
4. Research the manufacturer's Good Manufacturing Practice (GMP) compliance and facility certifications.
5. Be aware of variations in ingredient quality, such as using synthetic glutathione instead of natural forms.
6. Check the expiration date or shelf life to ensure the product is fresh and effective.



# NOVACURE

Redefining Healthcare



**Liposomal Glutathione**

**Acetyl Glutathione**

What could be the  
most **absorbable** form  
of  
**GLUTATHIONE :**

**Sublingual Glutathione**

**Reduced Glutathione (GSH)**

**S-Acetyl Glutathione (SAG)**

You can schedule a **FREE ANALYSIS CALL** with the  
Care Support Team at **NovaCure**, guided by our lead  
Functional Medicine expert **Shivani Bajwa**, to address  
your concerns in detail.

**Does it  
effect gut in  
anyway !!**

**Glutathione** can have a big impact  
on gut health. It helps protect the  
gut with its antioxidant and  
detoxifying effects, but if not taken  
properly, it could also contribute  
to an imbalance in gut bacteria



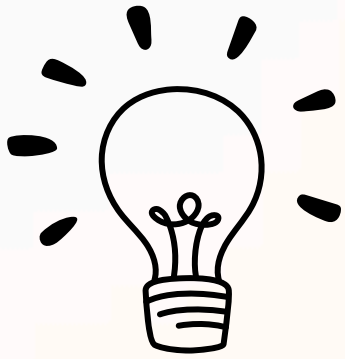
## Some Positive Effects on Gut :

1. Reduced gut inflammation:
2. Improved gut barrier function
3. Enhanced detoxification
4. Supports beneficial bacteria

## Some Negative Effects on Gut :

1. High doses of glutathione can cause nausea, vomiting, and diarrhea.
2. Glutathione can increase sulfur production leading to symptoms like bloating, gas, and abdominal pain.
3. High doses can disrupt the balance of the gut microbiome.
4. can increase the risk of *Clostridioides difficile* (C. diff) infection, particularly in individuals with compromised gut health.





Now let's understand how  
does **GLUTATHIONE** work  
on skin :

1. Glutathione's antioxidant properties help neutralize free radicals, reducing oxidative stress and damage to skin cells.
2. Glutathione **inhibits the production of melanin**, the pigment responsible for skin darkening, thereby reducing hyper-pigmentation.
3. It stimulates collagen production, improving skin elasticity and reducing fine lines and wrinkles.
4. Glutathione helps maintain skin hydration, reducing the appearance of fine lines and wrinkles.
5. Glutathione's anti-inflammatory properties reduce inflammation.
6. Glutathione helps improve skin elasticity, making it look more youthful and radiant.

#### Disclaimer :

We do not recommend starting supplements on your own. . You may also consult with a functional medicine expert or reach out to our team.

We encourage you to consult your healthcare provider or supplementation specialist before making any changes.