

**SAMBHAAVNAA INSTITUTE, THE SWAPATHGAMI NETWORK & SWARAJ
UNIVERSITY**

invite you to
a Workshop on **Jeevan Vidya**

Facilitated by **Vinish Gupta**

June 22-29, 2014

Sambhaavnaa campus, Palampur, Himachal Pradesh

This workshop is FULL now. If you would like to put your name on the waiting list then please fill up the form below.

About the workshop:

A Jeevan Vidya workshop is an intensive 40-hour learning experience that seeks to bring one's attention to neglected and subtle facets of life; issues related to interpersonal relations, education, society, environment, aspirations, success are discussed and participants are provided critical tools to help them explore the rich web of connections between seemingly disparate aspects of life.

There is no sermonizing; the facilitator presents sets of proposals, and helps participants bring their attention to bear on the inner workings of their thoughts, fears and aspirations. Gradually one begins to interrogate hidden assumptions and get a sharper, clearer view of the whole intricate fabric of life; one begins to see new possibilities for positive human action. The idea is to trigger an empowering, self-critical inner dialogue that begins with the workshop, but doesn't end with it...

This is a residential workshop collaboratively organised by [Sambhaavnaa Institute](#), [Swaraj University](#) and the [Swapathgami Network](#), hosted at the campus of Sambhaavnaa Institute in [Palampur](#), Himachal Pradesh. We only have room for 30 people, so please register as soon as possible. It is important that you attend the whole workshop from start to finish as each day builds on the previous one. Participants will also have an opportunity to participate in cooking, farming and other activities on the campus. There will also be some nature hikes.

The facilitator:

This workshop will be facilitated by Vinish Gupta, who heads the [Centre for Holistic Learning](#). He has been involved with various social and environmental movements in the past. Until a few years ago, when he took formal permission and left the order, he was a monk in a Buddhist monastic order for over a decade, during which time he also had opportunity to explore traditional Indian systems of thought and living.

Vinish is assisted in his work by his wife Karuna Morarji. Karuna has a long-standing concern with understanding relationships between education and visions of human possibility and development. Her other current interests include food, film, processual/historical analysis and collaborative ways of teaching, learning and living.

What to bring?

Bring warm clothes, umbrella, water bottle, towel, hat, toiletries, any interesting materials from your organization to share and anything creative that you like to do to share with others.

This event is run on [gift culture](#). Participants are invited to contribute what they can (towards the cost of organizing the workshop which is approximately Rs.3000 per person for food and stay); learning scholarships are available to those who need them. And if you can, your additional contribution will help to support other peoples' participation. No one will be refused due to money constraints.

यह कार्यशाला [हिंदी में](#) होगी . (This workshop will be conducted in Hindi).

To register, please fill up the Application form given below.

Please feel free to forward this invitation to others.

Here is [how to reach Sambhaavnaa](#). It is ideal for participants to arrive by the evening of 21st June itself; they may leave after lunch of 29th June 2014. If you intend to travel by train, please note that train bookings open 2 months in advance, and trains fill up fast in the summer, so we advise you not to delay making the necessary bookings!

Some more information about the workshop

- Here's what Arpita Bohra, a past participant of this workshop had to say about [the experience](#).
- [Is Another World Truly Possible?](#)
- [About the Workshop](#)
- [Evaluating a Philosophy](#)