#### Goals

#### View today

Filter

#### Finish my book

Tuesday, 1 OCT



Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt.

Has therapeutic value for:



# Take a course on assertiveness

Tuesday, 1 OCT



Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt.

Has therapeutic value for:

Social Anxiety

ACCOMPLISHED!

Evaluation











#### Goals

#### View all

## TUESDAY, 1 OCT

## Finish my book



Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt.

Has therapeutic value for:

ADD











## TUESDAY, 1 OCT



# Feeling meh

19:08



Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ...





#### MONDAY, 30 SEP



## Feeling meh

19:08



Lorem ipsum dolor sit amet, consectetur adipisicing elit, sed do eiusmod tempor incididunt ...



#### Delete

Edit

Cancel