PROFILE

Ellen

I'm an extremely organized person who is focused on producing results. While I am always realistic when setting goals, I consistently develop ways to efficiently achieve, and often exceed, those goals.

Edit

Your top 3 biggest mental health struggles

- Anger Management
- Depression
- Social Anxiety

Edit









Stats

GENERAL INFO

What's your name?

Ellen

Tell a little bit about yourself

NEXT

CHOOSE KEYWORDS

Issues I identify with

Tap the options below

Depression)

General Anxiety

Social Anxiety (Bipolar Disorder)

Eating disorder)

(Schizophrenia

Sexual Abuse

(Verbal Abuse)

(Addiction

Weight Issues) (Autism

Burn Out

Physical Abuse

Trichotillomania

High Functioning

_GBT

Anger Management

I don't see my issue here...

NEXT

Edit your keywords

Drag and drop to change the order of the keywords. You can also remove keywords or add new ones to your list

Most severe

Anger Management

Remove

ADD

Remove

General Anxiety

Remove

Social Anxiety

Remove

Add keywords +

Less severe



Add an issue you identify with



Issues I identify with

Tap the options below

Depression General Anxiety

Social Anxiety (Bipolar Disorder)

OCD) (Eating disorder) (Schizophrenia)

 $ig(\mathsf{Sexual} \, \mathsf{Abuse} ig) \, ig(\mathsf{Verbal} \, \mathsf{Abuse} ig) \, ig(\mathsf{Addiction} ig)$

(Weight Issues) (Autism) (Burn Out)

(ADD) (ADHD) (Physical Abuse) (BPD)

Trichotillomania) (High Functioning)

LGBT Anger Management

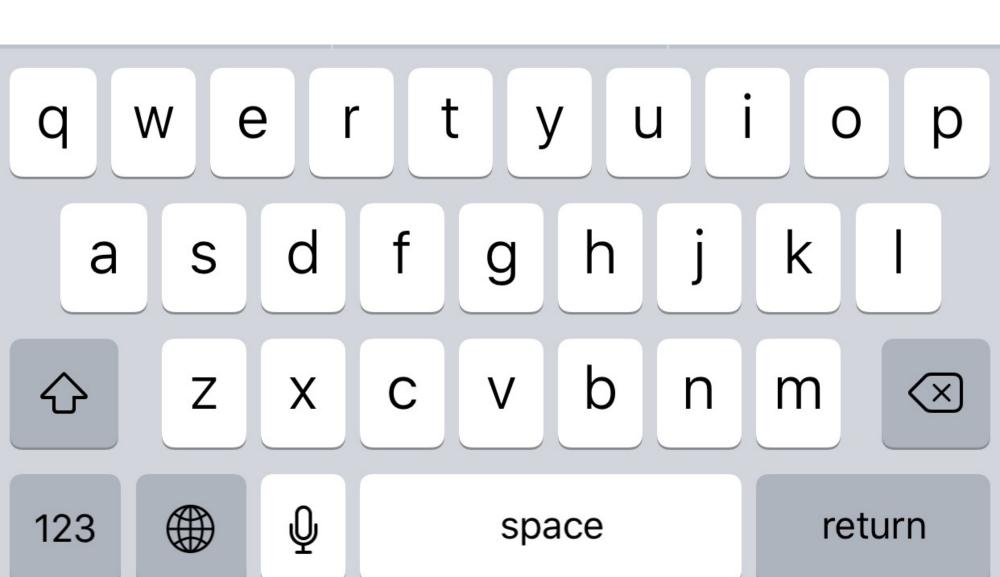
I don't see my issue here...

What's your name?

Ellen

Tell a little bit about yourself

I'm an extremely organized person who is focused on producing results. While I am always realistic when setting goals, I consistently develop ways to efficiently achieve, and often exceed, those goals.



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ORDEN KEYWORDS

Orden the issues you chose from most to less severe

Drag and drop to orden the keywords

Most severe

Anger Management

ADD

General Anxiety

Social Anxiety

Less severe

FINISH