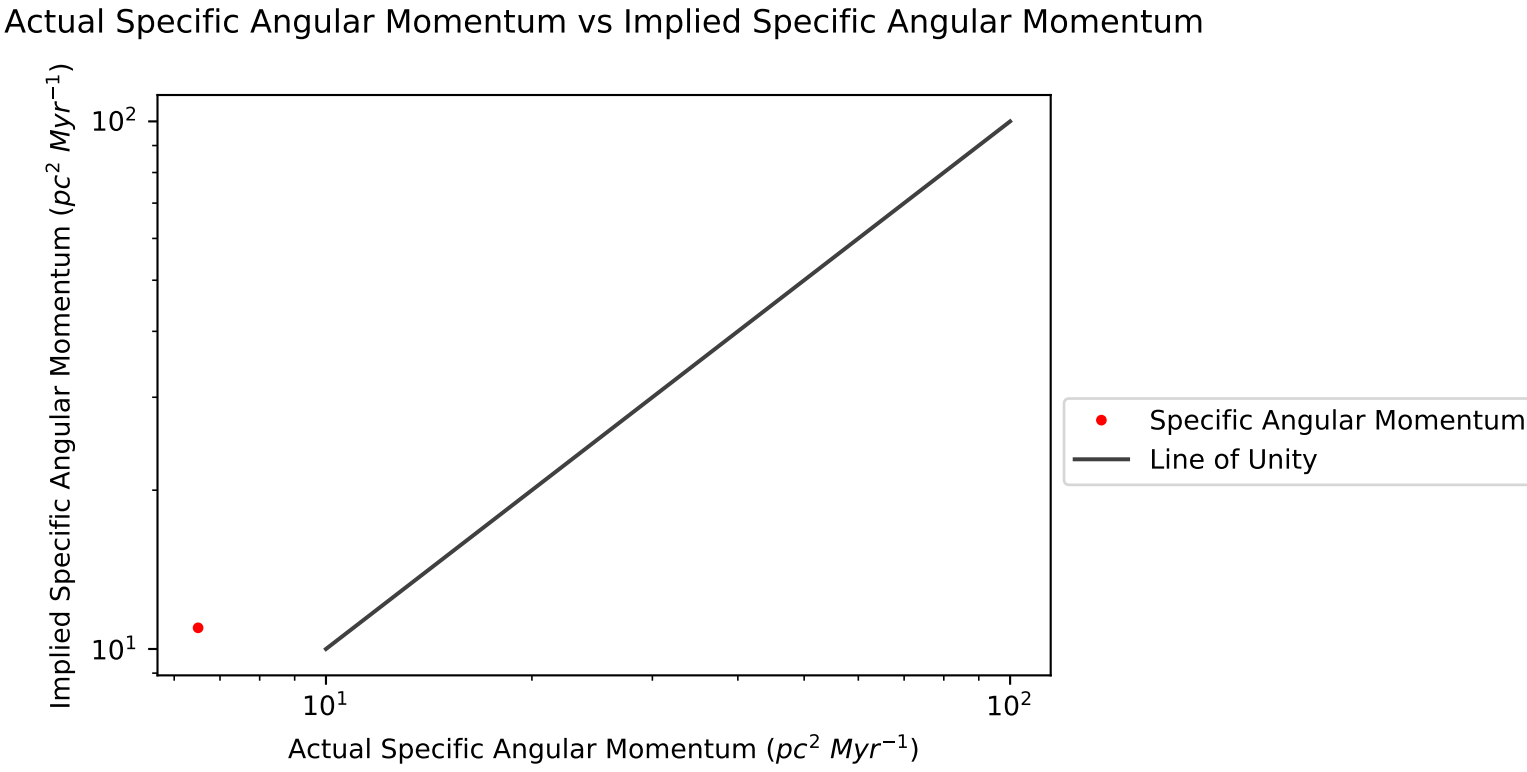
Actual Specific Angular Momentum vs Implied Specific Angular Momentum
Implied Specific Angular Momentum ($pc^2\ Myr^{-1}$)
10^2
10^1
10^1
10^2
Actual Specific Angular Momentum ($pc^2\ Myr^{-1}$)
Specific Angular Momentum
Line of Unity