PS6

Sam Olson

$\mathbf{Q}\mathbf{1}$

Consider the dataset pigs provided in the R package emmeans. The data can be accessed in R with the following commands.

```
library(emmeans)
attach(pigs)
```

To learn a more about the data, type ?pigs at the R prompt. For the purposes of this problem, use the natural logarithm of the variable conc as the response. Consider both source and percent as categorical factors. Assume the cell-means model with one unrestricted treatment mean for each combination of source and percent.

```
lnConc <- log(pigs$conc)
pigs$percent <- factor(pigs$percent)
class(pigs$percent)</pre>
```

[1] "factor"

a)

Generate an ANOVA table with Type I (sequential) sums of squares for source, percent, source × percent, error, and corrected total. In addition to sums of squares, your ANOVA table should include degrees of freedom, mean squares, F statistics, and p-values where appropriate.

Type 1 Sums of Squares are the default given when using the anova function in R. Hence:

```
baseDat <- lm(lnConc ~ source + percent + source*percent, data=pigs)
type1Dat <- anova(baseDat)
type1_df <- data.frame(type1Dat)

total <- c(sum(type1_df$`Df`), sum(type1_df$`Sum.Sq`), NA, NA, NA)
type1_df <- rbind(type1_df, total)
rownames(type1_df)[nrow(type1_df)] <- "Total"

print(type1_df, digits = 6)</pre>
```

```
##
                                 Mean.Sq
                 Df
                        Sum.Sq
                                           F.value
                                                        Pr..F.
                  2 0.6301386 0.3150693 23.311284 1.34314e-05
## source
## percent
                  3 0.3173579 0.1057860 7.826871 1.69937e-03
## source:percent 6 0.0750848 0.0125141 0.925893 5.01099e-01
## Residuals
                 17 0.2297676 0.0135157
                                                NA
## Total
                  28 1.2523490
                                     NA
                                                NA
                                                            NA
```

b)

Generate an ANOVA table with Type II sums of squares for source, percent, source × percent, error, and corrected total. In addition to sums of squares, your ANOVA table should include degrees of freedom, mean squares, F statistics, and p-values where appropriate.

The car package allows more flexible usage of Types of Suns of Squares used for anova. Hence:

```
library(car)
type2Dat <- car::Anova(baseDat, type = 2)

type2_df <- as.data.frame(type2Dat)

# Compute Mean Square (MS) = SS / df
type2_df$MeanSq <- type2_df$^Sum Sq^ / type2_df$Df

# Reorder columns to match anova() output
type2_df <- type2_df[, c("Df", "Sum Sq", "MeanSq", "F value", "Pr(>F)")]

total <- c(sum(type2_df$^Df^), sum(type2_df$^Sum Sq^), NA, NA, NA)
type2_df <- rbind(type2_df, total)
rownames(type2_df)[nrow(type2_df)] <- "Total"
# Print with higher precision
print(type2_df, digits = 6)</pre>
```

```
##
                                                        Pr(>F)
                  Df
                        Sum Sq
                                  MeanSq
                                           F value
## source
                   2 0.7647592 0.3823796 28.291424 3.90135e-06
                  3 0.3173579 0.1057860 7.826871 1.69937e-03
## percent
## source:percent 6 0.0750848 0.0125141 0.925893 5.01099e-01
## Residuals
                 17 0.2297676 0.0135157
                                                NA
                                                            NA
## Total
                  28 1.3869696
                                                NA
                                                            NA
                                      NA
```

c)

Generate an ANOVA table with Type III sums of squares for source, percent, source × percent, error, and corrected total. In addition to sums of squares, your ANOVA table should include degrees of freedom, mean squares, F statistics, and p-values where appropriate.

Quick note on the continued use of car::Anova for this problem: By default R uses the baseline constraint when making these calculations, and in R the baseline is the combination of the first factor levels. So effectively we just need to change the type of contrast being used when calculating the Anova table from treatment aka contr.treatment to sums aka contra.sum (which corresponds to a sum-to-zero constraint) and proceed, bearing in mind Type 3 Sums of Squares are 'marginal' Sums of Squares, hence the reason for this adjustment.

```
options(digits = 6)

# car Anova function needs some adjustment for Type 3
contrasts(pigs$source) <- contr.sum
contrasts(pigs$percent) <- contr.sum

type3Dat <- car::Anova(baseDat, type = 3)
type3_df <- as.data.frame(type3Dat)

# Add MSE
type3_df$MeanSq <- type3_df$`Sum Sq` / type2_df$Df
type3_df <- type3_df[, c("Df", "Sum Sq", "MeanSq", "F value", "Pr(>F)")]

type3_df <- type3_df[-1, ]

total <- c(sum(type3_df$`Df`), sum(type3_df$`Sum Sq`), NA, NA, NA)
type3_df <- rbind(type3_df, total)
rownames(type3_df) [nrow(type3_df)] <- "Total"

print(type3_df, digits = 6)</pre>
```

```
##
                  Df
                                   MeanSq F value
                                                      Pr(>F)
                        Sum Sq
                   2 0.1395725 0.04652418 5.163332 0.0176941
## source
## percent
                   3 0.0694365 0.01157275 1.712485 0.2022617
## source:percent 6 0.0750848 0.00441675 0.925893 0.5010985
                  17 0.2297676 0.00820599
## Residuals
                                                NA
                                                          NA
## Total
                  28 0.5138615
                                       NA
                                                NA
                                                          NA
```

d)

Find LSMeans for source and percent.

```
library(tidyverse)
summary_table <- pigs |>
 group_by(source, percent) |>
 mutate(count = n())
print(summary_table, digits = 6)
## # A tibble: 29 x 4
## # Groups: source, percent [12]
##
     source percent conc count
     <fct> <fct> <dbl> <int>
##
## 1 fish 9
                    27.8
## 2 fish 9
                    23.7
## 3 fish 12
                   31.5
## 4 fish 12
                   28.5
                            3
## 5 fish 12
                   32.8
                            3
## 6 fish 15
                  34
                            2
## 7 fish 15
                   28.3
                            2
## 8 fish 18
                    30.6
                            3
## 9 fish 18
                    32.7
                            3
## 10 fish
          18
                    33.7
                            3
## # i 19 more rows
```

Our data is not balanced, so need to explicitly calculate LSmeans (they are not the same as the OLS estimates).

```
library(tidyverse)
library(emmeans)

modDat <- lm(lnConc ~ source * percent, data = pigs)
lsmeans_table <- emmeans(modDat, ~ source * percent)
lsmeans_df <- as.data.frame(lsmeans_table)

lsmeans_wide <- lsmeans_df |>
    select(source, percent, emmean) |>
    pivot_wider(names_from = percent, values_from = emmean)

lsmeans_wide
```

```
## # A tibble: 3 x 5
## source '9' '12' '15' '18'
## <fct> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> <dbl> ## 3 skim 3.56 3.76 3.90 4.09
```

We then sum across row, column for the source, percent LSmeans respectively.

```
lsmeans_wide <- lsmeans_wide |>
  mutate(Row_Avg = rowMeans(select(lsmeans_wide, -source), na.rm = TRUE))
lsmeans_wide[-c(2:5)]
## # A tibble: 3 x 2
##
     source Row_Avg
##
     <fct>
             <dbl>
              3.40
## 1 fish
## 2 soy
               3.66
## 3 skim
               3.83
# Compute column-wise averages (across sources)
col_avg <- lsmeans_wide |>
  summarise(across(-source, mean, na.rm = TRUE)) |>
  mutate(source = "Column_Avg")
col_avg
## # A tibble: 1 x 6
##
       '9' '12' '15' '18' Row_Avg source
     <dbl> <dbl> <dbl> <dbl> <
                             <dbl> <chr>
## 1 3.45 3.62 3.67 3.78
                                3.63 Column_Avg
In Summary, our LSmeans are:
Percent:
  • 9%: 3.448
  • 12%: 3.625
```

Source:

Fish: 3.396Soy: 3.662

15%: 3.67018%: 3.775

• Skim: 3.830

e)

Consider simplifying the model so that percent is treated like a quantitative variable with linear effects on log(conc) and linear interactions; i.e.,

```
lm(y ~ source + percent + source:percent)
```

where y=log(conc) and percent is numeric. Does such a model fit adequately relative to the cell-means model? Conduct a lack of fit test and report the results.

Back to the land of vanilla anova. We can just put the two models in and compare directly.

```
# Need to readjust based on messing with contrasts for Type 3 Sums of Squares
contrasts(pigs$source) <- contr.sum</pre>
contrasts(pigs$percent) <- contr.sum</pre>
# Reduced model: percent as numeric
reduced <- lm(lnConc ~ source + as.numeric(percent) + source:as.numeric(percent), data = pigs)</pre>
# Full model: percent as factor
full <- lm(lnConc ~ source * factor(percent), data = pigs)</pre>
anova(reduced, full)
## Analysis of Variance Table
## Model 1: lnConc ~ source + as.numeric(percent) + source:as.numeric(percent)
## Model 2: lnConc ~ source * factor(percent)
    Res.Df
               RSS Df Sum of Sq
                                     F Pr(>F)
## 1
         23 0.2629
## 2
         17 0.2298 6
                       0.03314 0.409 0.863
# order is important for positive df, but statistical tests yield same results (F stat and p-value)
# anova(full, reduced)
```

We have evidence to support the reduced model being adequate in lieu of the more complex, cell means model.

f)

The reduced model fit in part e) implies that, for each source, there is a linear relationship between the expected log concentration and percentage. Based on the fit of the reduced model in part e), provide the estimated linear relationship for each source.

General Form of Model:

$$y_{ijk} = \mu + \alpha_i + \beta x_{ij} + \gamma_i x_{ij} + \epsilon_{ijk}$$

Where:

$$E[y_{ijk}] = \mu + \alpha_i + \beta x_{ij} + \gamma_i x_{ij}$$

And where we use the following as our estimated effects:

```
##
## Call:
## lm(formula = lnConc ~ percent, data = subset(x = pigs, source ==
##
       "fish"))
##
## Residuals:
##
       Min
                  1Q
                      Median
                                            Max
## -0.14084 -0.06134 0.00494 0.06560 0.12081
##
## Coefficients:
               Estimate Std. Error t value Pr(>|t|)
##
## (Intercept) 3.11642
                           0.12083
                                     25.79
                                           5.5e-09 ***
                0.02110
                           0.00851
                                      2.48
                                              0.038 *
## percent
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
##
## Residual standard error: 0.0899 on 8 degrees of freedom
## Multiple R-squared: 0.435, Adjusted R-squared: 0.364
## F-statistic: 6.15 on 1 and 8 DF, p-value: 0.0382
```

summary(reducedSoy)

```
##
## Call:
## lm(formula = lnConc ~ percent, data = subset(x = pigs, source ==
##
       "soy"))
##
## Residuals:
##
       Min
                 1Q
                     Median
                                            Max
## -0.16933 -0.02279 -0.00307 0.05035 0.10739
##
## Coefficients:
              Estimate Std. Error t value Pr(>|t|)
                                    30.32 1.5e-09 ***
## (Intercept) 3.36810
                          0.11108
               0.02175
                          0.00859
                                     2.53
                                              0.035 *
## percent
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## Residual standard error: 0.0798 on 8 degrees of freedom
## Multiple R-squared: 0.445, Adjusted R-squared: 0.376
## F-statistic: 6.42 on 1 and 8 DF, p-value: 0.0351
```

summary(reducedSkim)

```
##
## Call:
## lm(formula = lnConc ~ percent, data = subset(x = pigs, source ==
##
      "skim"))
##
## Residuals:
                     Median
                 1Q
                                   3Q
## -0.19533 -0.12306 -0.00149 0.13292 0.16929
## Coefficients:
              Estimate Std. Error t value Pr(>|t|)
##
                3.0492
                           0.2058 14.82 1.5e-06 ***
## (Intercept)
                0.0580
                                     3.57
                                           0.0091 **
## percent
                           0.0162
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' 1
##
## Residual standard error: 0.145 on 7 degrees of freedom
## Multiple R-squared: 0.646, Adjusted R-squared: 0.595
## F-statistic: 12.8 on 1 and 7 DF, p-value: 0.00905
```

Based on the above output, our estimates are:

Fish

$$\hat{y} = 3.11642 + 0.02110x_{1i}$$

Soy

$$\hat{y} = 3.368104 + 0.021748x_{2i}$$

Skim

```
\hat{y} = 3.04920 + 0.05796x_{3i}
```

We could have also had a more involved calculation of the above estimates using:

```
##
## Call:
## lm(formula = lnConc ~ source + percent + source:percent, data = pigs)
##
## Residuals:
                      Median
       Min
                  1Q
                                    3Q
                                            Max
## -0.19533 -0.04367 -0.00149 0.05980 0.16929
##
## Coefficients:
##
                  Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                   3.17791
                              0.08551
                                       37.17 < 2e-16 ***
                   -0.06149
                                        -0.52
                                                  0.61
## source1
                              0.11914
## source2
                   0.19019
                              0.12122
                                         1.57
                                                  0.13
## percent
                   0.03360
                              0.00648
                                         5.19 2.9e-05 ***
## source1:percent -0.01250
                                                  0.17
                               0.00872
                                        -1.43
## source2:percent -0.01185
                              0.00928
                                        -1.28
                                                  0.21
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## Residual standard error: 0.107 on 23 degrees of freedom
## Multiple R-squared: 0.79, Adjusted R-squared: 0.744
## F-statistic: 17.3 on 5 and 23 DF, p-value: 3.97e-07
```

Where our "baseline" is for the "fish" source.

Consider the plant density example discussed in slide set 6.

Source	Sum of Squares	DF
x 1	$oldsymbol{y}^{ op}(oldsymbol{P}_2-oldsymbol{P}_1)oldsymbol{y}$	2 - 1 = 1
$x^{2} 1,x$	$oldsymbol{y}^{ op}(oldsymbol{P}_3-oldsymbol{P}_2)oldsymbol{y}$	3 - 2 = 1
$x^3 1, x, x^2$	$oldsymbol{y}^{ op}(oldsymbol{P}_4-oldsymbol{P}_3)oldsymbol{y}$	4 - 3 = 1
$x^4 1, x, x^2, x^3$	$oldsymbol{y}^{ op}(oldsymbol{P}_5-oldsymbol{P}_4)oldsymbol{y}$	5 - 4 = 1
Error	$oldsymbol{y}^{ op}(oldsymbol{I}-oldsymbol{P}_5)oldsymbol{y}$	15 - 5 = 10
C. Total	$oldsymbol{y}^ op (oldsymbol{I} - oldsymbol{P}_1) oldsymbol{y}$	15 - 1 = 14

Figure 1: CocoMelon

a)

For each of the tests in the ANOVA table on slide 38, provide a vector c so that a test of

$$H_0: c^T \beta = 0$$

would yield the same statistic and p-value as the ANOVA test. (You can use R to help you with the computations like we did on slides 45 and 46 of slide set 6.) Label these vectors c_1 , c_2 , c_3 , and c_4 for the linear, quadratic, cubic, and quartic tests, respectively.

```
proj <- function(x) {</pre>
  x %*% MASS::ginv(t(x) %*% x) %*% t(x)
# Had to dig through Canvas to find the supplemental R handout to find this. Smh
# Or, I guess not, there's a lot there to borrow for this problem
d <- read.delim("https://dnett.github.io/S510/PlantDensity.txt")</pre>
names(d) <- c("x","y")</pre>
n <- nrow(d)
x <- (d\$x-mean(d\$x))/10
\# Iteratively, we just need to add a higher order term to the prior design matrix
x1 <- matrix(1, nrow = n, ncol = 1)</pre>
x2 \leftarrow cbind(x1,x)
x3 \leftarrow cbind(x2,x^2)
x4 \leftarrow cbind(x3,x^3)
x5 <- matrix(model.matrix(~0+factor(x)),nrow <- n)
p1 <- proj(x1)
p2 <- proj(x2)
p3 <- proj(x3)
p4 <- proj(x4)
```

```
p5 <- proj(x5)

# Contrasts
((p2-p1)%*%x5)[1,] * 5
```

$$((p3-p2)%*%x5)[1,] * 7$$

$$((p5-p4)%*%x5)[1,] * 70$$

From the above output, we have:

$$\mathbf{c}_1^{\top} = [2, 1, 0, -1, -2]$$

$$\mathbf{c}_2^{\top} = [2, -1, -2, -1, 2]$$

$$\mathbf{c}_3^\top = [1, -2, 0, 2, -1]$$

$$\mathbf{c}_4^\top = [1, -4, 6, -4, 1]$$

b)

Are $c_1^T\beta,\,c_2^T\beta,\,c_3^T\beta,\,$ and $c_4^T\beta$ contrasts? Explain.

All $\mathbf{c}_i^{\top} \boldsymbol{\beta}$ are contrasts because:

$$\mathbf{c}_i^{\top} \mathbf{1} = 0 \quad \text{for } i = 1, 2, 3, 4$$

Explicitly:

$$\mathbf{c}_1^{\mathsf{T}} \mathbf{1} = 2 + 1 + 0 - 1 - 2 = 0$$

$$\mathbf{c}_2^{\top} \mathbf{1} = 2 - 1 - 2 - 1 + 2 = 0$$

$$\mathbf{c}_3^{\mathsf{T}} \mathbf{1} = 1 - 2 + 0 + 2 - 1 = 0$$

$$\mathbf{c}_4^{\mathsf{T}}\mathbf{1} = 1 - 4 + 6 - 4 + 1 = 0$$

And not only are these contrasts, but they are orthogonal contrasts because they satisfy:

$$\mathbf{c}_i^{\mathsf{T}} \mathbf{c}_j = 0, \quad \text{for } i \neq j$$

c)

Are $c_1^T \beta$, $c_2^T \beta$, $c_3^T \beta$, and $c_4^T \beta$ orthogonal? Explain.

Preempted this question a bit at the end of part b), but yes, these contrasts are orthogonal, and here is more detail on why beyond the expression they satisfy.

So, the initial expression to check is:

$$\mathbf{c}_i^{\mathsf{T}} \mathbf{c}_j = 0, \quad \text{for } i \neq j$$

Explicitly:

4 choose 2 cases to check, 6 total cases:

$$\mathbf{c}_{1}^{\top}\mathbf{c}_{2} = (2)(2) + (1)(-1) + (0)(-2) + (-1)(-1) + (-2)(2) = 4 - 1 + 0 + 1 - 4 = 0$$

$$\mathbf{c}_{1}^{\top}\mathbf{c}_{3} = (2)(1) + (1)(-2) + (0)(0) + (-1)(2) + (-2)(-1) = 2 - 2 + 0 - 2 + 2 = 0$$

$$\mathbf{c}_{1}^{\top}\mathbf{c}_{4} = (2)(1) + (1)(-4) + (0)(6) + (-1)(-4) + (-2)(1) = 2 - 4 + 0 + 4 - 2 = 0$$

$$\mathbf{c}_{2}^{\top}\mathbf{c}_{3} = (2)(1) + (-1)(-2) + (-2)(0) + (-1)(2) + (2)(-1) = 2 + 2 + 0 - 2 - 2 = 0$$

$$\mathbf{c}_{2}^{\top}\mathbf{c}_{4} = (2)(1) + (-1)(-4) + (-2)(6) + (-1)(-4) + (2)(1) = 2 + 4 - 12 + 4 + 2 = 0$$

$$\mathbf{c}_{3}^{\top}\mathbf{c}_{4} = (1)(1) + (-2)(-4) + (0)(6) + (2)(-4) + (-1)(1) = 1 + 8 + 0 - 8 - 1 = 0$$

Note: The above is a simplification that works for the example given because of the design matrix used in this problem.

The "base" definition we reference for testing whether something is orthogonal is: Any two estimable linear combinations $c_i^T \boldsymbol{\beta}$ and $c_i^T \boldsymbol{\beta}$ are orthogonal if and only if:

$$\mathbf{c}_i^T (\mathbf{X}^T \mathbf{X})^- \mathbf{c}_j = 0 \quad \text{for } i \neq j$$

We use the full design matrix (x5 from above) for the calculations. Since X^TX is full rank, we can compute its inverse directly rather than using a generalized inverse. Specifically, because X^TX is a scalar multiple of the identity matrix, we ensure it is invertible, meaning its inverse is unique and can be computed using the solve function in R.

Evaluating the above, we get the following matrices:

require(MASS)

Loading required package: MASS

##

Attaching package: 'MASS'

```
## The following object is masked from 'package:dplyr':
##
##
       select
x5
##
          [,1] [,2] [,3] [,4] [,5]
##
    [1,]
             1
                  0
                        0
                             0
                                   0
##
    [2,]
             1
                  0
                        0
                             0
                                   0
##
    [3,]
             1
                  0
                        0
                             0
                                   0
##
    [4,]
             0
                        0
                                   0
                  1
                             0
##
    [5,]
             0
                  1
                        0
                                   0
                             0
    [6,]
##
             0
                  1
                        0
                             0
                                   0
                  0
##
    [7,]
             0
                        1
                             0
                                   0
    [8,]
             0
                  0
                        1
##
                             0
                                   0
    [9,]
                  0
                             0
##
## [10,]
             0
                  0
                        0
                                   0
                             1
## [11,]
             0
                  0
                             1
                                   0
## [12,]
             0
                  0
                        0
                                   0
                             1
                  0
## [13,]
             0
                             0
                                   1
## [14,]
             0
                  0
                        0
                             0
                                   1
## [15,]
```

t(x5) %*% x5

```
[,1] [,2] [,3] [,4] [,5]
##
## [1,]
                 0
                       0
                             0
## [2,]
                                  0
## [3,]
            0
                 0
                       3
                             0
                                  0
## [4,]
            0
                       0
                             3
                                  0
                 0
## [5,]
                       0
```

fractions(solve(t(x5) %*% x5))

```
[,1] [,2] [,3] [,4] [,5]
##
## [1,] 1/3
               0
                     0
## [2,]
             1/3
                     0
                          0
                                0
          0
## [3,]
          0
               0
                   1/3
                          0
                                0
               0
## [4,]
          0
                     0 1/3
## [5,]
                     0
                          0
```

Thus, in this case,

$$\mathbf{c}_i^T(\mathbf{X}^T\mathbf{X})^{-1}\mathbf{c}_j = \mathbf{c}_i^T\mathbf{c}_j/3$$

so that linear combinations $\mathbf{c}_i^T \boldsymbol{\beta}$ and $\mathbf{c}_j^T \boldsymbol{\beta}$ are orthogonal if and only if $\mathbf{c}_i^T \mathbf{c}_j = 0$. (Multiplying each side by 3 for simplicity).

The rest of the results (that our contrasts are orthogonal) follow from the explicit derivations.

Q3

Suppose \mathbf{H} is a symmetric matrix. Prove that H is nonnegative definite if and only if all its eigenvalues are nonnegative. (If you wish, you may use the Spectral Decomposition Theorem in your proof.)

I do want to use Spectral Decomposition, thank you!

Spectral Decomposition Theorem:

For **H** is a symmetric matrix, then:

$$\mathbf{H} = \mathbf{P} \Lambda \mathbf{P}^{\top} = \sum_{i=1}^{n} \lambda_{i} \mathbf{p}_{i} \mathbf{p}_{i}^{\top}$$

where \mathbf{p}_i are orthonormal eigenvectors of \mathbf{H} .

The general approach for solving an iff proof is to prove both directions hold. To that end:

Direction 1

Assume we have **H**, a symmetric, nonnegative definite matrix.

By definition, **H** being nonnegative definite, means the following holds:

$$\mathbf{p}_i^{\mathsf{T}} \mathbf{H} \mathbf{p}_i \ge 0$$

for any \mathbf{p}_i , where $i = 1, \dots, n$.

Unfurling \mathbf{H} , we may rewrite:

$$\mathbf{p}_i^{\top} \mathbf{H} \mathbf{p}_i = \mathbf{p}_i^{\top} \left(\sum_{j=1}^n \lambda_j \mathbf{p}_j \mathbf{p}_j^{\top} \right) \mathbf{p}_i = \sum_{j=1}^n \lambda_j \mathbf{p}_i^{\top} \mathbf{p}_j \mathbf{p}_j^{\top} \mathbf{p}_i$$

By Special Decomposition, we know \mathbf{p}_i are orthonormal, meaning:

$$\mathbf{p}_i^{\top}\mathbf{p}_j = 0 \quad \text{for all } i \neq j, \quad \text{and} \quad \mathbf{p}_i^{\top}\mathbf{p}_i = 1$$

Allowing us to further simplify:

$$\mathbf{p}_i^{\top} \mathbf{H} \mathbf{p}_i = \lambda_i \mathbf{p}_i^{\top} \mathbf{p}_i \mathbf{p}_i^{\top} \mathbf{p}_i = \lambda_i$$

And because **H** is nonnegative definite, it then follows that:

$$\lambda_i \ge 0, \quad \forall i = 1, \dots, n$$

Direction one complete!

Direction 2

We start by assuming that for a symmetric matrix **H**, all its eigenvalues are nonnegative.

Given our assumption, we may restate as $\lambda_i \geq 0$ for $i = 1, \ldots, n$.

By the Spectral Decomposition Theorem:

$$\mathbf{H} = \mathbf{P} \operatorname{diag}(\lambda_1, \dots, \lambda_n) \mathbf{P}^{\top}$$

where $\mathbf{P} = [\mathbf{p}_1, \dots, \mathbf{p}_n]$ and:

$$\mathbf{P}\mathbf{P}^{\top} = \mathbf{P}^{\top}\mathbf{P} = \mathbf{I}$$

For j = 1, ..., n, Expressing y in terms of the eigenvectors of H, we have:

$$\mathbf{y} = \sum_{j=1}^{n} x_j \mathbf{p}_j \to x_j = \mathbf{p}_j^{\top} \mathbf{y}$$

By Spectral Decomposition, and then simplifying:

$$\mathbf{y}^{\top}\mathbf{H}\mathbf{y} = \mathbf{y}^{\top}\mathbf{P}\Lambda\mathbf{P}^{\top}\mathbf{y} = \mathbf{y}^{\top}\left(\sum_{j=1}^{n}\lambda_{j}\mathbf{p}_{j}\mathbf{p}_{j}^{\top}\right)\mathbf{y} = \sum_{j=1}^{n}\lambda_{j}\mathbf{y}^{\top}\mathbf{p}_{j}\mathbf{p}_{j}^{\top}\mathbf{y} = \sum_{j=1}^{n}\lambda_{j}x_{j}^{2}$$

Individually, we know x_j^2 is non-negative. And as given, we know λ_j is non-negative. Taken together, we know that each term $\lambda_j x_j^2$ is non-negative, such that their sum is non-negative as well. This means we have shown:

$$\mathbf{y}^{\mathsf{T}}\mathbf{H}\mathbf{y} > 0$$

Making the matrix **H** nonnegative definite.

Second direction complete!

Iff

Taken together, for H is a symmetric matrix, H is nonnegative definite \iff all its eigenvalues are nonnegative.