It's time for work

Daily Reminder



beautiful things happen when you do the work to reprogram that negative voice in your head

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8-9			Break	fast —			
9-10							
10-11	oops mysul						NS B (loud
11-12	oops mysel	CR\$PS	AR	CR\$PS	Psnedo	CR\$PS	CA\$MS
12-1	oops mysel	CR\$PS	AR	AR	Psned0	CR\$PS	05 c N
1-2			Lunch				
2-3						CA\$MS	
3-4		CA\$MS	NS B (loud	CA\$MS	CA\$MS	NS B (loud	
4-5	NS B (loud	CA\$MS		CA\$MS	CA&MS		
5-6	NSB (loud	CA\$MS	NS B (loud	NS &			
6-7			- 5 n	acks —			_
Revision)	NS3 (loud	CA\$MS	05 cN	Psned0		
8-9			Dinne	×			
9-10		05 cN	coding	coding	coding		
10-11		05 c N	coding	coding			