

HUMAN DISEASE

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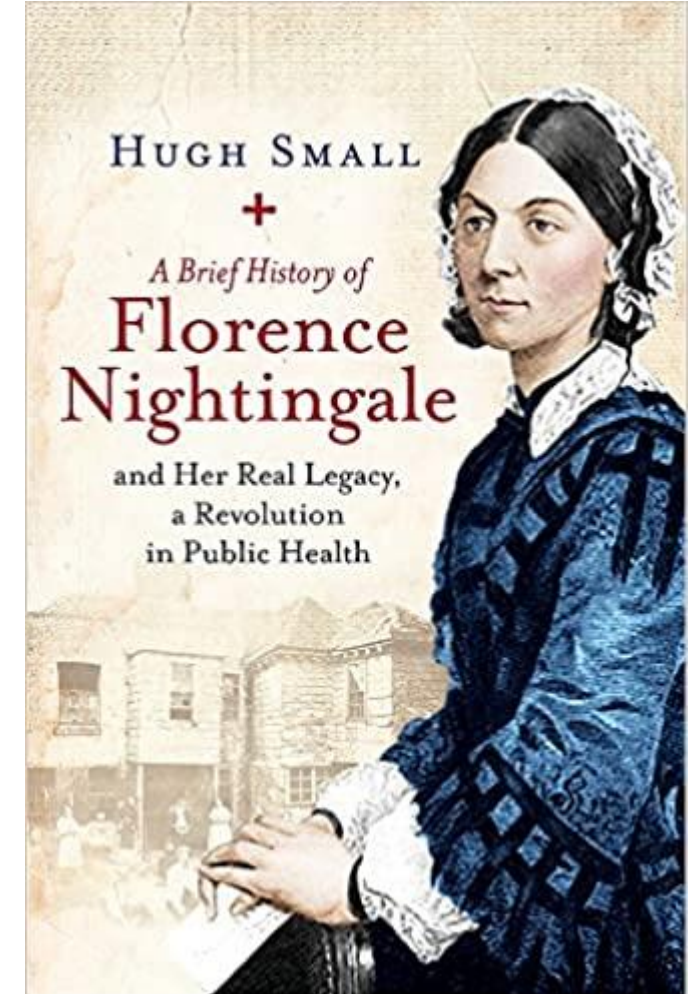
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HISTORICAL SYNOPSIS

- In 1860, *Florence Nightingale* → made first model of systemic collection of hospital data.
- In 1893, French physician, *Jacques Bertillon* → introduced Bertillon classification of cause of death
- In 1898, American public health association → recommended revision of ICD system every 10 years.
- The revision followed minor changes until 6th version of ICD → morbidity and mortality condition and section on mental disorders
- WHO → responsibility for preparing and publishing the ICD revisions every 10 years.



WHAT IS DISEASE?

In humans, disease is often used more broadly to refer to any condition that causes pain, dysfunction, distress, social problems, or death to the person afflicted, or similar problems for those in contact with the person.

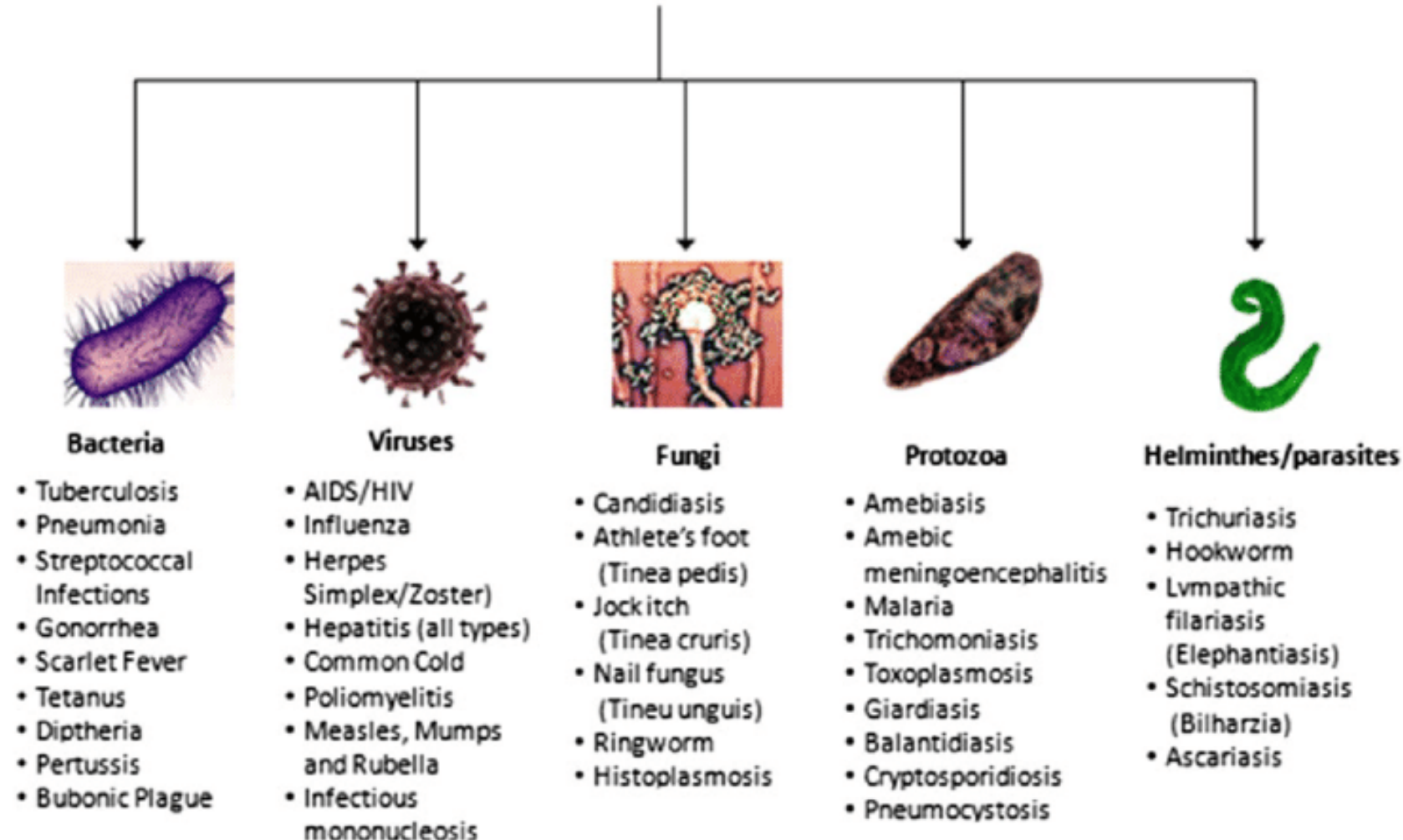
Broad categorization of disease:

- ❖ Infectious diseases
- ❖ Deficiency diseases
- ❖ Hereditary diseases
- ❖ Physiological diseases
- ❖ Physical injury
- ❖ Mental stress



INFECTIOUS DISEASES

Human Infectious Diseases and their causative agents



Modes of infectious disease transmission

A. General transmission

Abiotic environmental factors



Inhalation of spores
Entry into skin

Animal vectors



Mosquitoes (malaria, dengue)
Fleas (bubonic plague)



B. Human to human transmission



Direct contact
Pathogen survives best inside the body eg. HIV, Herpesviruses, Ebola



Indirect contact
Pathogen survives harsh environments
Pick up pathogen from surface or air eg. Influenza, norovirus



Droplets
Pathogens are in droplets, but do not survive long this way eg. Ebola, *Bordetella pertussis*



Airborne
Pathogens aerosolized and stay infective eg. influenza, Tuberculosis



Fecal - oral
Through contaminated water or food eg. Cholera, Norovirus, Shigella

WATER BORNE	AIR BORNE	VECTOR BORNE
1. Tyhoid Fever	1. Chickenpox	1. Dengue
2. Cholero	2. Measles	2. Malaria
3. Hepatitis-A	3. Mumps	3. Lymphatic Filariasis
4. Acute Diarrheal Disease	4. Influenza	4. Chikungunya
5. Poliomyelitis	5. Diptheria	
6. Food Poisoning	6. Whooping cough	
	7. Meningococcal Meningitis	
	8. Acute Respiratory Infection	
	9. Severe Acute Respiratory Syndrome	
	10. Tuberculosis	
	11. Swine Flu	

- Masks
- Personal Hygiene
- Wash/ cook food well
- Washing hands

NUTRITIONAL DEFICIENCY

Vitamin	Diseases and their symptoms	Available from
A (Retinol)	poor vision, night-blindness	spinach, carrots, butter, mangoes
B ₁ (Thiamine)	extreme weakness, beri-beri	eggs, meat, yeast
B ₂ (Riboflavin)	retarded growth, bad skin	green leafy vegetables, beans, peas, milk
B ₁₂ (Cyanocobalamin)	anaemia	non-vegetarian food like meat
C (Ascorbic acid)	scurvy, swollen gums, loose teeth	lime, lemon, oranges
D (Calciferol)	rickets, brittle bones in children which break or bend easily	milk, fish, liver oil
K (Phylloquinone)	excessive bleeding due to injury	green leafy vegetables
Diseases Caused due to Deficiency of Minerals		
Name of minerals	Diseases and their symptoms	Available from
Calcium	brittle bones, excessive bleeding, bad muscular movement	milk, green leafy vegetables
Phosphorus	bad teeth and bones	pulses, cereals, milk
Iron	anaemia, lack of red blood cells	green vegetables, pulses, meat
Iodine	goitre, enlarged thyroid gland	fish, salt from sea water
Copper	low appetite, retarded growth	pulses and leafy vegetables



GENETIC DISORDERS- NON-HEREDITARY

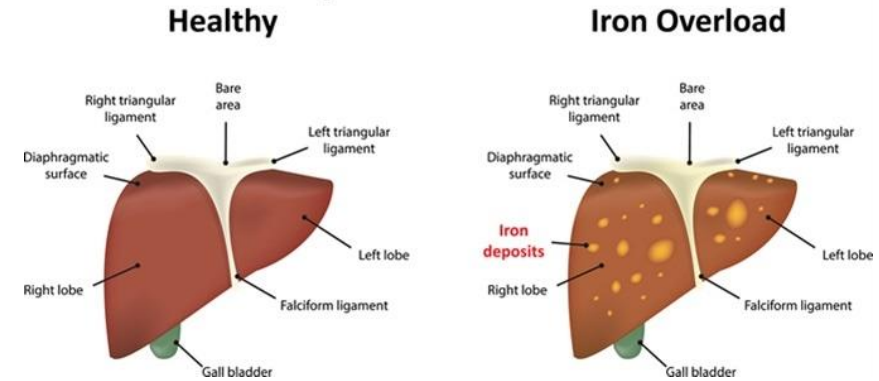
Single gene mutation (over 4000 disease!)

- Hemochromatosis- Body absorbs excess Iron from food. Leads to darkening of skin & hyperglycemia.
- Cystic Fibrosis- Salt (Na) does not pump out of cells, thick mucus secreted, blocks organs of digestive system.

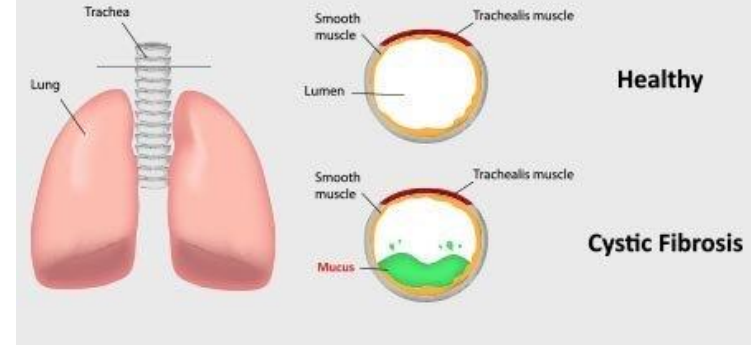
Chromosomal mutations

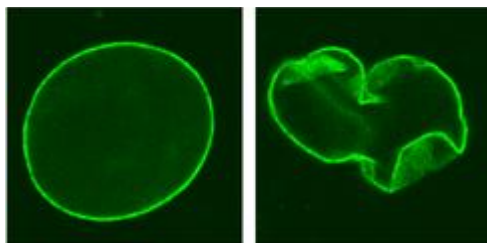
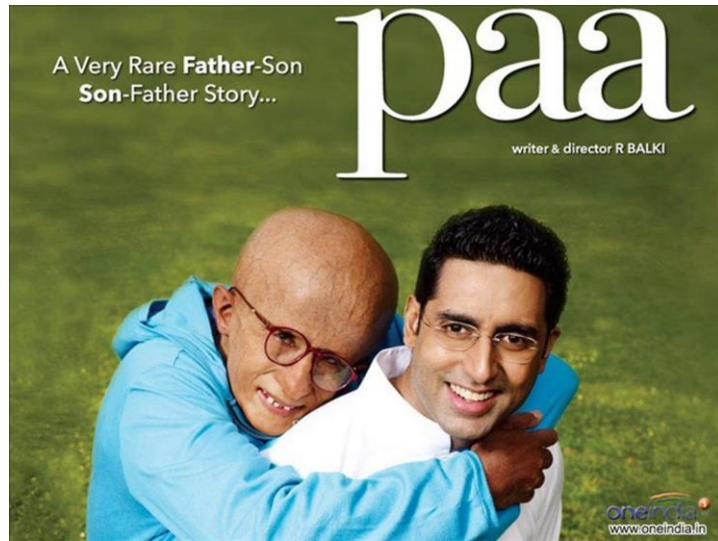
- Down's Syndrome- Trisomy of Chr 21
- Klinefelter's Syndrome- 47 (XXY)

Hereditary Haemochromatosis



Cystic Fibrosis





Progeric Cell nucleus
(Laminin Proteins)

PROGERIA

Also known as Hutchinson-Gilford Syndrome, is an extremely rare, progressive genetic disorder that causes children to age rapidly, beginning in their first two years of life.



Sampson Gordon "Sam" Berns was an American who suffered from progeria and helped raise awareness about the disease.

USUAL CAUSES OF DEATH OF CHILDREN WITH PROGERIA



Heart Problems



Strokes

LIFE EXPECTANCY

Average life expectancy for child with progeria is about 13 years, but some with the disease die younger and some live 20 years or longer.

SOME EFFECTS OF PROGERIA



HEART DISEASE



STINTED GROWTH

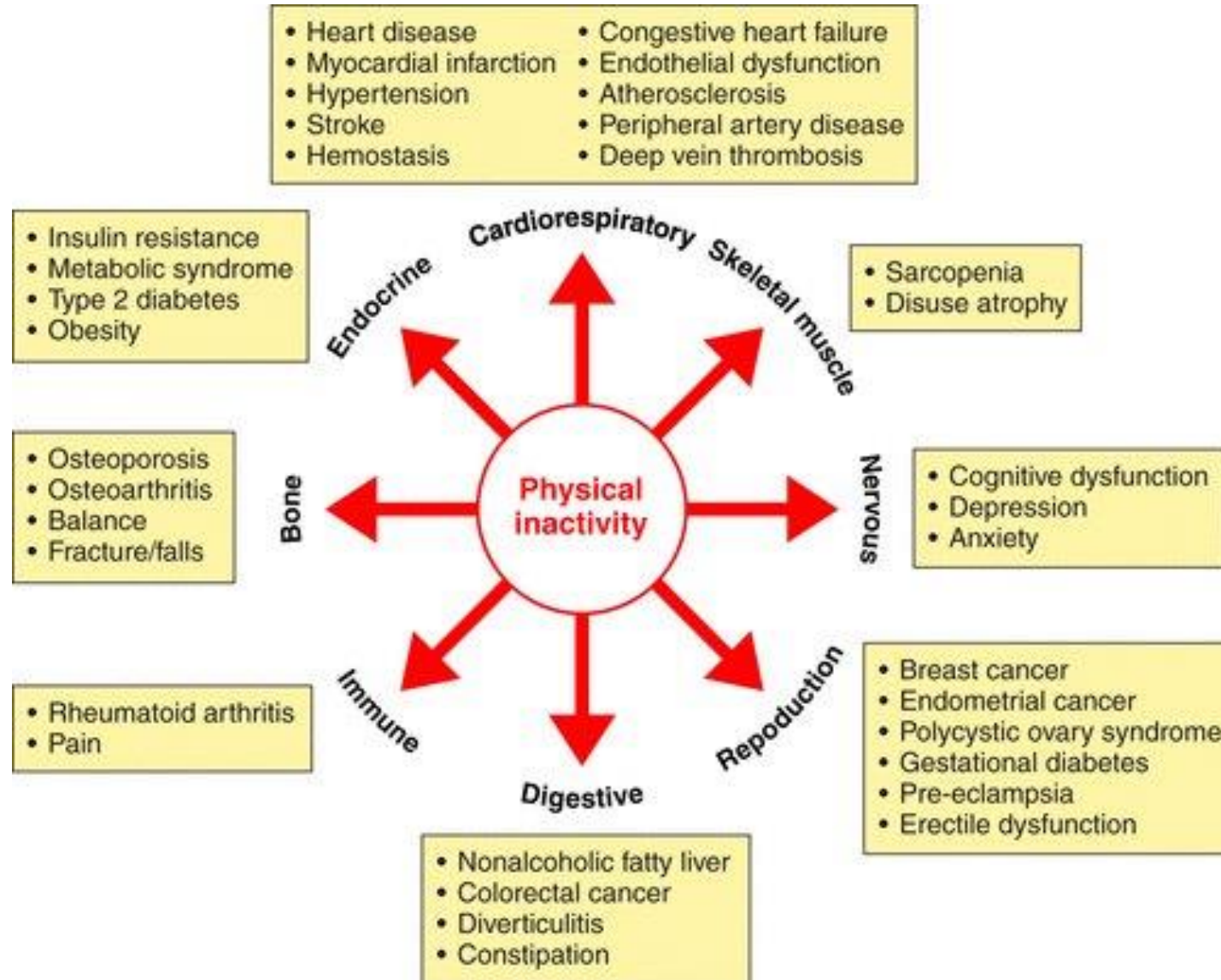


TIGHTENING OF SKIN



LACK OF WEIGHT GAIN

PHYSIOLOGICAL DISEASE



PHYSICAL INJURY

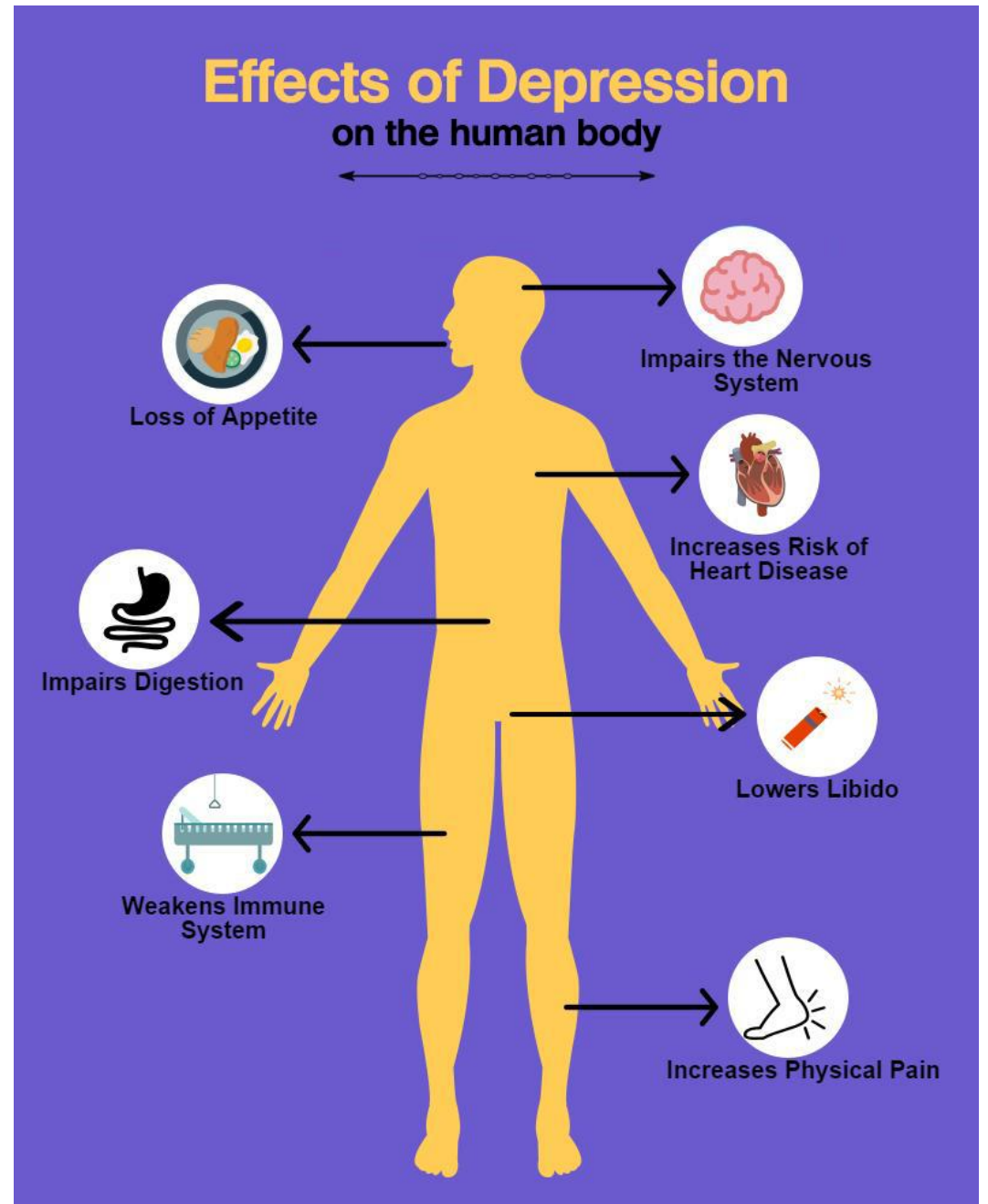
Vehicle Accidents
Pedestrian injuries
Occupational
Drowning
Violence

PHYSICAL INJURY SET



MENTAL DISORDERS

- ✓ Anxiety
- ✓ Depression
- ✓ Sleep-wake
- ✓ Eating
- ✓ OCD
- ✓ Bipolar





Questions?