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List of Pokémons by effort value yield (Generation IV)

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This article is about Pokémons that have been available from Generation IV. For the article about Pokémons in the current generation, see [List of Pokémons by effort value yield](#).

This is a **list of Pokémons by effort value yield** for Generation IV. Gained on the defeat of an opponent Pokémons, effort values increase the stats of a Pokémon by accumulation, with every four effort points in a stat giving a Pokémon one more point in that stat at level 100. Base experience yield determines, as a function one-seventh of the level of the Pokémon and the type of battle it is engaged in, among other variables, how many experience points are awarded to its opponents when the Pokémon faints.

As of Generation V, the base experience values of most Pokémons have been changed based on their base stat totals. This article displays the base experience values for Generation IV.

List of Pokémons by effort value yield

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
001	Bulbasaur	64	0	0	0	1	0	0	1

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
002	 Ivysaur	141	0	0	0	1	1	0	2
003	 Venusaur	208	0	0	0	2	1	0	3
004	 Charmander	65	0	0	0	0	0	1	1
005	 Charmeleon	142	0	0	0	1	0	1	2
006	 Charizard	209	0	0	0	3	0	0	3
007	 Squirtle	66	0	0	1	0	0	0	1
008	 Wartortle	143	0	0	1	0	1	0	2
009	 Blastoise	210	0	0	0	0	3	0	3
010	 Caterpie	53	1	0	0	0	0	0	1
011	 Metapod	72	0	0	2	0	0	0	2
012	 Butterfree	160	0	0	0	2	1	0	3
013	 Weedle	52	0	0	0	0	0	1	1
014	 Kakuna	71	0	0	2	0	0	0	2
015	 Beedrill	159	0	2	0	0	1	0	3
016	 Pidgey	55	0	0	0	0	0	1	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
017		Pidgeotto	113	0	0	0	0	0	2	2
018		Pidgeot	172	0	0	0	0	0	3	3
019		Rattata	57	0	0	0	0	0	1	1
020		Raticate	116	0	0	0	0	0	2	2
021		Spearow	58	0	0	0	0	0	1	1
022		Fearow	162	0	0	0	0	0	2	2
023		Ekans	62	0	1	0	0	0	0	1
024		Arbok	147	0	2	0	0	0	0	2
025		Pikachu	82	0	0	0	0	0	2	2
026		Raichu	122	0	0	0	0	0	3	3
027		Sandshrew	93	0	0	1	0	0	0	1
028		Sandslash	163	0	0	2	0	0	0	2
029		Nidoran ♀	59	1	0	0	0	0	0	1
030		Nidorina	117	2	0	0	0	0	0	2
031		Nidoqueen	194	3	0	0	0	0	0	3
032		Nidoran ♂	60	0	1	0	0	0	0	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
033		Nidorino	118	0	2	0	0	0	0	2
034		Nidoking	195	0	3	0	0	0	0	3
035		Clefairy	68	2	0	0	0	0	0	2
036		Clefable	129	3	0	0	0	0	0	3
037		Vulpix	63	0	0	0	0	0	1	1
038		Ninetales	178	0	0	0	1	1	0	2
039		Jigglypuff	76	2	0	0	0	0	0	2
040		Wigglytuff	109	3	0	0	0	0	0	3
041		Zubat	54	0	0	0	0	0	1	1
042		Golbat	171	0	0	0	0	0	2	2
043		Oddish	78	0	0	0	1	0	0	1
044		Gloom	132	0	0	0	2	0	0	2
045		Vileplume	184	0	0	0	3	0	0	3
046		Paras	70	0	1	0	0	0	0	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
047		Parasect	128	0	2	1	0	0	0	3
048		Venonat	75	0	0	0	0	1	0	1
049		Venomoth	138	0	0	0	1	0	1	2
050		Diglett	81	0	0	0	0	0	1	1
051		Dugtrio	153	0	0	0	0	0	2	2
052		Meowth	69	0	0	0	0	0	1	1
053		Persian	148	0	0	0	0	0	2	2
054		Psyduck	80	0	0	0	1	0	0	1
055		Golduck	174	0	0	0	2	0	0	2
056		Mankey	74	0	1	0	0	0	0	1
057		Primeape	149	0	2	0	0	0	0	2
058		Growlithe	91	0	1	0	0	0	0	1
059		Arcanine	213	0	2	0	0	0	0	2
060		Poliwag	77	0	0	0	0	0	1	1
061		Poliwhirl	131	0	0	0	0	0	2	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
062		Poliwrath	185	0	0	3	0	0	0	3
063		Abra	75	0	0	0	1	0	0	1
064		Kadabra	145	0	0	0	2	0	0	2
065		Alakazam	186	0	0	0	3	0	0	3
066		Machop	75	0	1	0	0	0	0	1
067		Machoke	146	0	2	0	0	0	0	2
068		Machamp	193	0	3	0	0	0	0	3
069		Bellsprout	84	0	1	0	0	0	0	1
070		Weepinbell	151	0	2	0	0	0	0	2
071		Victreebel	191	0	3	0	0	0	0	3
072		Tentacool	105	0	0	0	0	1	0	1
073		Tentacruel	205	0	0	0	0	2	0	2
074		Geodude	73	0	0	1	0	0	0	1
075		Graveler	134	0	0	2	0	0	0	2
076		Golem	177	0	0	3	0	0	0	3

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
077	 Ponyta	152	0	0	0	0	0	1	1
078	 Rapidash	192	0	0	0	0	0	2	2
079	 Slowpoke	99	1	0	0	0	0	0	1
080	 Slowbro	164	0	0	2	0	0	0	2
081	 Magnemite	89	0	0	0	1	0	0	1
082	 Magnetron	161	0	0	0	2	0	0	2
083	 Farfetch'd	94	0	1	0	0	0	0	1
084	 Doduo	96	0	1	0	0	0	0	1
085	 Dodrio	158	0	2	0	0	0	0	2
086	 Seel	100	0	0	0	0	1	0	1
087	 Dewgong	176	0	0	0	0	2	0	2
088	 Grimer	90	1	0	0	0	0	0	1
089	 Muk	157	1	1	0	0	0	0	2
090	 Shellder	97	0	0	1	0	0	0	1
091	 Cloyster	203	0	0	2	0	0	0	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
092		Gastly	95	0	0	0	1	0	0	1
093		Haunter	126	0	0	0	2	0	0	2
094		Gengar	190	0	0	0	3	0	0	3
095		Onix	108	0	0	1	0	0	0	1
096		Drowzee	102	0	0	0	0	1	0	1
097		Hypno	165	0	0	0	0	2	0	2
098		Krabby	115	0	1	0	0	0	0	1
099		Kingler	206	0	2	0	0	0	0	2
100		Voltorb	103	0	0	0	0	0	1	1
101		Electrode	150	0	0	0	0	0	2	2
102		Exeggute	98	0	0	1	0	0	0	1
103		Exeggutor	212	0	0	0	2	0	0	2
104		Cubone	87	0	0	1	0	0	0	1
105		Marowak	124	0	0	2	0	0	0	2
106		Hitmonlee	139	0	2	0	0	0	0	2

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
107	 Hitmonchan	140	0	0	0	0	2	0	2
108	 Lickitung	127	2	0	0	0	0	0	2
109	 Koffing	114	0	0	1	0	0	0	1
110	 Weezing	173	0	0	2	0	0	0	2
111	 Rhyhorn	135	0	0	1	0	0	0	1
112	 Rhydon	204	0	2	0	0	0	0	2
113	 Chansey	255	2	0	0	0	0	0	2
114	 Tangela	166	0	0	1	0	0	0	1
115	 Kangaskhan	175	2	0	0	0	0	0	2
116	 Horsea	83	0	0	0	1	0	0	1
117	 Seadra	155	0	0	1	1	0	0	2
118	 Goldeen	111	0	1	0	0	0	0	1
119	 Seaking	170	0	2	0	0	0	0	2
120	 Staryu	106	0	0	0	0	0	1	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
121		Starmie	207	0	0	0	0	0	2	2
122		Mr. Mime	136	0	0	0	0	2	0	2
123		Scyther	187	0	1	0	0	0	0	1
124		Jynx	137	0	0	0	2	0	0	2
125		Electabuzz	156	0	0	0	0	0	2	2
126		Magmar	167	0	0	0	2	0	0	2
127		Pinsir	200	0	2	0	0	0	0	2
128		Tauros	211	0	1	0	0	0	1	2
129		Magikarp	20	0	0	0	0	0	1	1
130		Gyarados	214	0	2	0	0	0	0	2
131		Lapras	219	2	0	0	0	0	0	2
132		Ditto	61	1	0	0	0	0	0	1
133		Eevee	92	0	0	0	0	1	0	1
134		Vaporeon	196	2	0	0	0	0	0	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
135		Jolteon	197	0	0	0	0	0	2	2
136		Flareon	198	0	2	0	0	0	0	2
137		Porygon	130	0	0	0	1	0	0	1
138		Omanyte	99	0	0	1	0	0	0	1
139		Omastar	199	0	0	2	0	0	0	2
140		Kabuto	99	0	0	1	0	0	0	1
141		Kabutops	199	0	2	0	0	0	0	2
142		Aerodactyl	202	0	0	0	0	0	2	2
143		Snorlax	154	2	0	0	0	0	0	2
144		Articuno	215	0	0	0	0	3	0	3
145		Zapdos	216	0	0	0	3	0	0	3
146		Moltres	217	0	0	0	3	0	0	3
147		Dratini	67	0	1	0	0	0	0	1
148		Dragonair	144	0	2	0	0	0	0	2

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
149	 Dragonite	218	0	3	0	0	0	0	3
150	 Mewtwo	220	0	0	0	3	0	0	3
151	 Mew	64	3	0	0	0	0	0	3
152	 Chikorita	64	0	0	0	0	1	0	1
153	 Bayleef	141	0	0	1	0	1	0	2
154	 Meganium	208	0	0	1	0	2	0	3
155	 Cyndaquil	65	0	0	0	0	0	1	1
156	 Quilava	142	0	0	0	1	0	1	2
157	 Typhlosion	209	0	0	0	3	0	0	3
158	 Totodile	66	0	1	0	0	0	0	1
159	 Croconaw	143	0	1	1	0	0	0	2
160	 Feraligatr	210	0	2	1	0	0	0	3
161	 Sentret	57	0	1	0	0	0	0	1
162	 Furret	116	0	0	0	0	0	2	2
163	 Hoothoot	58	1	0	0	0	0	0	1
164	 Noctowl	162	2	0	0	0	0	0	2
165	 Ledyba	54	0	0	0	0	1	0	1
166	 Ledian	134	0	0	0	0	2	0	2
167	 Spinarak	54	0	1	0	0	0	0	1
168	 Ariados	134	0	2	0	0	0	0	2

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
169	 Crobat	204	0	0	0	0	0	3	3
170	 Chinchou	90	1	0	0	0	0	0	1
171	 Lanturn	156	2	0	0	0	0	0	2
172	 Pichu	42	0	0	0	0	0	1	1
173	 Cleffa	37	0	0	0	0	1	0	1
174	 Igglybuff	39	1	0	0	0	0	0	1
175	 Togepi	74	0	0	0	0	1	0	1
176	 Togetic	114	0	0	0	0	2	0	2
177	 Natu	73	0	0	0	1	0	0	1
178	 Xatu	171	0	0	0	1	0	1	2
179	 Mareep	59	0	0	0	1	0	0	1
180	 Flaaffy	117	0	0	0	2	0	0	2
181	 Ampharos	194	0	0	0	3	0	0	3
182	 Bellossom	184	0	0	0	0	3	0	3
183	 Marill	58	2	0	0	0	0	0	2

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
184	 Azumarill	153	3	0	0	0	0	0	3
185	 Sudowoodo	135	0	0	2	0	0	0	2
186	 Politoed	185	0	0	0	0	3	0	3
187	 Hoppip	74	0	0	0	0	1	0	1
188	 Skiploom	136	0	0	0	0	0	2	2
189	 Jumpluff	176	0	0	0	0	0	3	3
190	 Aipom	94	0	0	0	0	0	1	1
191	 Sunkern	52	0	0	0	1	0	0	1
192	 Sunflora	146	0	0	0	2	0	0	2
193	 Yanma	147	0	0	0	0	0	1	1
194	 Wooper	52	1	0	0	0	0	0	1
195	 Quagsire	137	2	0	0	0	0	0	2
196	 Espeon	197	0	0	0	2	0	0	2
197	 Umbreon	197	0	0	0	0	2	0	2
198	 Murkrow	107	0	0	0	0	0	1	1
199	 Slowking	164	0	0	0	0	3	0	3
200	 Misdreavus	147	0	0	0	0	1	0	1
201	 Unown	61	0	1	0	1	0	0	2

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
202	 Wobbuffet	177	2	0	0	0	0	0	2
203	 Girafarig	149	0	0	0	2	0	0	2
204	 Pineco	60	0	0	1	0	0	0	1
205	 Forretress	118	0	0	2	0	0	0	2
206	 Dunsparce	125	1	0	0	0	0	0	1
207	 Gligar	108	0	0	1	0	0	0	1
208	 Steelix	196	0	0	2	0	0	0	2
209	 Snubbull	63	0	1	0	0	0	0	1
210	 Granbull	178	0	2	0	0	0	0	2
211	 Qwilfish	100	0	1	0	0	0	0	1
212	 Scizor	200	0	2	0	0	0	0	2
213	 Shuckle	80	0	0	1	0	1	0	2
214	 Heracross	200	0	2	0	0	0	0	2
215	 Sneasel	132	0	0	0	0	0	1	1
216	 Teddiursa	124	0	1	0	0	0	0	1
217	 Ursaring	189	0	2	0	0	0	0	2
218	 Slugma	78	0	0	0	1	0	0	1
219	Magcargo	154	0	0	2	0	0	0	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
220		Swinub	78	0	1	0	0	0	0	1
221		Piloswine	160	1	1	0	0	0	0	2
222		Corsola	113	0	0	1	0	1	0	2
223		Remoraid	78	0	0	0	1	0	0	1
224		Octillery	164	0	1	0	1	0	0	2
225		Delibird	183	0	0	0	0	0	1	1
226		Mantine	168	0	0	0	0	2	0	2
227		Skarmory	168	0	0	2	0	0	0	2
228		Houndour	114	0	0	0	1	0	0	1
229		Houndoom	204	0	0	0	2	0	0	2
230		Kingdra	207	0	1	0	1	1	0	3
231		Phanpy	124	1	0	0	0	0	0	1
232		Donphan	189	0	1	1	0	0	0	2
233		Porygon2	180	0	0	0	2	0	0	2
234		Stantler	165	0	1	0	0	0	0	1
235		Smeargle	106	0	0	0	0	0	1	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
236		Tyrogue	91	0	1	0	0	0	0	1
237		Hitmontop	138	0	0	0	0	2	0	2
238		Smoochum	87	0	0	0	1	0	0	1
239		Elekid	106	0	0	0	0	0	1	1
240		Magby	117	0	0	0	0	0	1	1
241		Miltank	200	0	0	2	0	0	0	2
242		Blissey	255	3	0	0	0	0	0	3
243		Raikou	216	0	0	0	1	0	2	3
244		Entei	217	1	2	0	0	0	0	3
245		Suicune	215	0	0	1	0	2	0	3
246		Larvitar	67	0	1	0	0	0	0	1
247		Pupitar	144	0	2	0	0	0	0	2
248		Tyranitar	218	0	3	0	0	0	0	3
249		Lugia	220	0	0	0	0	3	0	3

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
250	 Ho-Oh	220	0	0	0	0	3	0	3
251	 Celebi	64	3	0	0	0	0	0	3
252	 Treecko	65	0	0	0	0	0	1	1
253	 Grovyle	141	0	0	0	0	0	2	2
254	 Sceptile	208	0	0	0	0	0	3	3
255	 Torchic	65	0	0	0	1	0	0	1
256	 Combusken	142	0	1	0	1	0	0	2
257	 Blaziken	209	0	3	0	0	0	0	3
258	 Mudkip	65	0	1	0	0	0	0	1
259	 Marshtomp	143	0	2	0	0	0	0	2
260	 Swampert	210	0	3	0	0	0	0	3
261	 Poochyena	55	0	1	0	0	0	0	1
262	 Mightyena	128	0	2	0	0	0	0	2
263	 Zigzagoon	60	0	0	0	0	0	1	1
264	 Linoone	128	0	0	0	0	0	2	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
265		Wurmple	54	1	0	0	0	0	0	1
266		Silcoon	72	0	0	2	0	0	0	2
267		Beautifly	161	0	0	0	3	0	0	3
268		Cascoon	72	0	0	2	0	0	0	2
269		Dustox	161	0	0	0	0	3	0	3
270		Lotad	74	0	0	0	0	1	0	1
271		Lombre	141	0	0	0	0	2	0	2
272		Ludicolo	181	0	0	0	0	3	0	3
273		Seedot	74	0	0	1	0	0	0	1
274		Nuzleaf	141	0	2	0	0	0	0	2
275		Shiftry	181	0	3	0	0	0	0	3
276		Taillow	59	0	0	0	0	0	1	1
277		Swellow	162	0	0	0	0	0	2	2
278		Wingull	64	0	0	0	0	0	1	1
279		Pelipper	164	0	0	2	0	0	0	2
280		Ralts	70	0	0	0	1	0	0	1
281		Kirlia	140	0	0	0	2	0	0	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
282		Gardevoir	208	0	0	0	3	0	0	3
283		Surskit	63	0	0	0	0	0	1	1
284		Masquerain	128	0	0	0	1	1	0	2
285		Shroomish	65	1	0	0	0	0	0	1
286		Breloom	165	0	2	0	0	0	0	2
287		Slakoth	83	1	0	0	0	0	0	1
288		Vigoroth	126	0	0	0	0	0	2	2
289		Slaking	210	3	0	0	0	0	0	3
290		Nincada	65	0	0	1	0	0	0	1
291		Ninjask	155	0	0	0	0	0	2	2
292		Shedinja	95	2	0	0	0	0	0	2
293		Whismur	68	1	0	0	0	0	0	1
294		Loudred	126	2	0	0	0	0	0	2
295		Exploud	184	3	0	0	0	0	0	3
296		Makuhita	87	1	0	0	0	0	0	1
297		Hariyama	184	2	0	0	0	0	0	2
298		Azurill	33	1	0	0	0	0	0	1
299		Nosepass	108	0	0	1	0	0	0	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
300		Skitty	65	0	0	0	0	0	1	1
301		Delcatty	138	1	0	0	0	0	1	2
302		Sableye	98	0	1	1	0	0	0	2
303		Mawile	98	0	1	1	0	0	0	2
304		Aron	96	0	0	1	0	0	0	1
305		Lairon	152	0	0	2	0	0	0	2
306		Aggron	205	0	0	3	0	0	0	3
307		Meditite	91	0	0	0	0	0	1	1
308		Medicham	153	0	0	0	0	0	2	2
309		Electrike	104	0	0	0	0	0	1	1
310		Manectric	168	0	0	0	0	0	2	2
311		Plusle	120	0	0	0	0	0	1	1
312		Minun	120	0	0	0	0	0	1	1
313		Volbeat	146	0	0	0	0	0	1	1
314		Illumise	146	0	0	0	0	0	1	1
315		Roselia	152	0	0	0	2	0	0	2
316		Gulpin	75	1	0	0	0	0	0	1
317		Swalot	168	2	0	0	0	0	0	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
318		Carvanha	88	0	1	0	0	0	0	1
319		Sharpedo	175	0	2	0	0	0	0	2
320		Wailmer	137	1	0	0	0	0	0	1
321		Wailord	206	2	0	0	0	0	0	2
322		Numel	88	0	0	0	1	0	0	1
323		Camerupt	175	0	1	0	1	0	0	2
324		Torkoal	161	0	0	2	0	0	0	2
325		Spoink	89	0	0	0	0	1	0	1
326		Grumpig	164	0	0	0	0	2	0	2
327		Spinda	85	0	0	0	1	0	0	1
328		Trapinch	73	0	1	0	0	0	0	1
329		Vibrava	126	0	1	0	0	0	1	2
330		Flygon	197	0	1	0	0	0	2	3
331		Cacnea	97	0	0	0	1	0	0	1
332		Cacturne	177	0	1	0	1	0	0	2
333		Swablu	74	0	0	0	0	1	0	1
334		Altaria	188	0	0	0	0	2	0	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
335		Zangoose	165	0	2	0	0	0	0	2
336		Seviper	165	0	1	0	1	0	0	2
337		Lunatone	150	0	0	0	2	0	0	2
338		Solrock	150	0	2	0	0	0	0	2
339		Barboach	92	1	0	0	0	0	0	1
340		Whiscash	158	2	0	0	0	0	0	2
341		Corphish	111	0	1	0	0	0	0	1
342		Crawdaunt	161	0	2	0	0	0	0	2
343		Baltoy	58	0	0	0	0	1	0	1
344		Claydol	189	0	0	0	0	2	0	2
345		Lileep	99	0	0	0	0	1	0	1
346		Cradily	199	0	0	0	0	2	0	2
347		Anorith	99	0	1	0	0	0	0	1
348		Armaldo	199	0	2	0	0	0	0	2
349		Feebas	61	0	0	0	0	0	1	1

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
350	 Milotic	213	0	0	0	0	2	0	2
351	 Castform	145	1	0	0	0	0	0	1
352	 Kecleon	132	0	0	0	0	1	0	1
353	 Shuppet	97	0	1	0	0	0	0	1
354	 Banette	179	0	2	0	0	0	0	2
355	 Duskull	97	0	0	0	0	1	0	1
356	 Dusclops	179	0	0	1	0	1	0	2
357	 Tropius	169	2	0	0	0	0	0	2
358	 Chimecho	147	0	0	0	1	1	0	2
359	 Absol	174	0	2	0	0	0	0	2
360	 Wynaut	44	1	0	0	0	0	0	1
361	 Snorunt	74	1	0	0	0	0	0	1
362	 Glalie	187	2	0	0	0	0	0	2
363	 Spheal	75	1	0	0	0	0	0	1
364	 Sealeo	128	2	0	0	0	0	0	2
365	 Walrein	192	3	0	0	0	0	0	3
366	 Clamperl	142	0	0	1	0	0	0	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
367		Huntail	178	0	1	1	0	0	0	2
368		Gorebyss	178	0	0	0	2	0	0	2
369		Relicanth	198	1	0	1	0	0	0	2
370		Luvdisc	110	0	0	0	0	0	1	1
371		Bagon	89	0	1	0	0	0	0	1
372		Shelgon	144	0	0	2	0	0	0	2
373		Salamence	218	0	3	0	0	0	0	3
374		Beldum	103	0	0	1	0	0	0	1
375		Metang	153	0	0	2	0	0	0	2
376		Metagross	210	0	0	3	0	0	0	3
377		Regirock	217	0	0	3	0	0	0	3
378		Regice	216	0	0	0	0	3	0	3
379		Registeel	215	0	0	2	0	1	0	3
380		Latias	211	0	0	0	0	3	0	3
381		Latios	211	0	0	0	3	0	0	3

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
382	 Kyogre	218	0	0	0	3	0	0	3
383	 Groudon	218	0	3	0	0	0	0	3
384	 Rayquaza	220	0	2	0	1	0	0	3
385	 Jirachi	215	3	0	0	0	0	0	3
386	 Deoxys (Normal Forme)	215	0	1	0	1	0	1	3
386	 Deoxys (Attack Forme)	215	0	2	0	1	0	0	3
386	 Deoxys (Defense Forme)	215	0	0	2	0	1	0	3
386	 Deoxys (Speed Forme)	215	0	0	0	0	0	3	3
387	 Turtwig	64	0	1	0	0	0	0	1
388	 Grotonde	141	0	1	1	0	0	0	2
389	 Torterra	208	0	2	1	0	0	0	3
390	 Chimchar	65	0	0	0	0	0	1	1
391	 Monferno	142	0	0	0	1	0	1	2
392	 Infernape	209	0	1	0	1	0	1	3
393	 Piplup	66	0	0	0	1	0	0	1
394	 Prinplup	143	0	0	0	2	0	0	2
395	 Empoleon	210	0	0	0	3	0	0	3
396	 Starly	56	0	0	0	0	0	1	1
397	 Staravia	113	0	0	0	0	0	2	2
398	 Staraptor	172	0	3	0	0	0	0	3

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
399		Bidoof	58	1	0	0	0	0	0	1
400		Bibarel	116	0	2	0	0	0	0	2
401		Kricketot	54	0	0	1	0	0	0	1
402		Kricketune	159	0	2	0	0	0	0	2
403		Shinx	60	0	1	0	0	0	0	1
404		Luxio	117	0	2	0	0	0	0	2
405		Luxray	194	0	3	0	0	0	0	3
406		Budew	68	0	0	0	1	0	0	1
407		Roserade	204	0	0	0	3	0	0	3
408		Cranidos	99	0	1	0	0	0	0	1
409		Rampardos	199	0	2	0	0	0	0	2
410		Shieldon	99	0	0	1	0	0	0	1
411		Bastiodon	199	0	0	2	0	0	0	2
412		Burmy	61	0	0	0	0	1	0	1
413		Wormadam (Plant Cloak)	159	0	0	0	0	2	0	2
413		Wormadam (Sandy Cloak)	159	0	0	2	0	0	0	2
413		Wormadam (Trash Cloak)	159	0	0	1	0	1	0	2
414		Mothim	159	0	1	0	1	0	0	2
415		Combee	63	0	0	0	0	0	1	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
416		Vespiquen	188	0	0	1	0	1	0	2
417		Pachirisu	120	0	0	0	0	0	1	1
418		Buizel	75	0	0	0	0	0	1	1
419		Floatzel	178	0	0	0	0	0	2	2
420		Cherubi	68	0	0	0	1	0	0	1
421		Cherrim	133	0	0	0	2	0	0	2
422		Shellos	73	1	0	0	0	0	0	1
423		Gastrodon	176	2	0	0	0	0	0	2
424		Ambipom	186	0	0	0	0	0	2	2
425		Drifloon	127	1	0	0	0	0	0	1
426		Drifblim	204	2	0	0	0	0	0	2
427		Buneary	84	0	0	0	0	0	1	1
428		Lopunny	178	0	0	0	0	0	2	2
429		Mismagius	187	0	0	0	1	1	0	2
430		Honchkrow	187	0	2	0	0	0	0	2
431		Glameow	71	0	0	0	0	0	1	1
432		Purugly	183	0	0	0	0	0	2	2

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
433		Chingling	74	0	0	0	1	0	0	1
434		Stunkey	79	0	0	0	0	0	1	1
435		Skuntank	209	2	0	0	0	0	0	2
436		Bronzor	72	0	0	1	0	0	0	1
437		Bronzong	188	0	0	1	0	1	0	2
438		Bonsly	68	0	0	1	0	0	0	1
439		Mime Jr.	78	0	0	0	0	1	0	1
440		Happiny	255	1	0	0	0	0	0	1
441		Chatot	107	0	1	0	0	0	0	1
442		Spiritomb	168	0	0	1	0	1	0	2
443		Gible	67	0	1	0	0	0	0	1
444		Gabite	144	0	2	0	0	0	0	2
445		Garchomp	218	0	3	0	0	0	0	3
446		Munchlax	94	1	0	0	0	0	0	1
447		Riolu	72	0	1	0	0	0	0	1

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
448		Lucario	204	0	1	0	1	0	0	2
449		Hippopotas	95	0	0	1	0	0	0	1
450		Hippowdon	198	0	0	2	0	0	0	2
451		Skorupi	114	0	0	1	0	0	0	1
452		Drapion	204	0	0	2	0	0	0	2
453		Croagunk	83	0	1	0	0	0	0	1
454		Toxicroak	181	0	2	0	0	0	0	2
455		Carnivine	164	0	2	0	0	0	0	2
456		Finneon	90	0	0	0	0	0	1	1
457		Lumineon	156	0	0	0	0	0	2	2
458		Mantyke	108	0	0	0	0	1	0	1
459		Snover	131	0	1	0	0	0	0	1
460		Abomasnow	214	0	1	0	1	0	0	2
461		Weavile	199	0	1	0	0	0	1	2
462		Magnezone	211	0	0	0	3	0	0	3

#	Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
463	 Lickilicky	193	3	0	0	0	0	0	3
464	 Rhyperior	217	0	3	0	0	0	0	3
465	 Tangrowth	211	0	0	2	0	0	0	2
466	 Electivire	199	0	3	0	0	0	0	3
467	 Magmortar	199	0	0	0	3	0	0	3
468	 Togekiss	220	0	0	0	2	1	0	3
469	 Yanmega	198	0	2	0	0	0	0	2
470	 Leafeon	196	0	0	2	0	0	0	2
471	 Glaceon	196	0	0	0	2	0	0	2
472	 Gliscor	192	0	0	2	0	0	0	2
473	 Mamoswine	207	0	3	0	0	0	0	3
474	 Porygon-Z	185	0	0	0	3	0	0	3
475	 Gallade	208	0	3	0	0	0	0	3
476	 Probopass	198	0	0	1	0	2	0	3
477	 Dusknoir	210	0	0	1	0	2	0	3

#		Pokémon	Exp.	HP	Attack	Defense	Sp. Attack	Sp. Defense	Speed	Total EVs
478		Froslass	187	0	0	0	0	0	2	2
479		Rotom	132	0	0	0	1	0	1	2
480		Uxie	210	0	0	2	0	1	0	3
481		Mesprit	210	0	1	0	1	1	0	3
482		Azelf	210	0	2	0	1	0	0	3
483		Dialga	220	0	0	0	3	0	0	3
484		Palkia	220	0	0	0	3	0	0	3
485		Heatran	215	0	0	0	3	0	0	3
486		Regigigas	220	0	3	0	0	0	0	3
487		Giratina	220	3	0	0	0	0	0	3
488		Cresselia	210	0	0	0	0	3	0	3
489		Phione	165	1	0	0	0	0	0	1
490		Manaphy	215	3	0	0	0	0	0	3
491		Darkrai	210	0	0	0	2	0	1	3
492		Shaymin	64	3	0	0	0	0	0	3
493		Arceus	255	3	0	0	0	0	0	3

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