

## ESP32-C3 Health Monitoring IoT Device

### Getting Started

#### Step 1: Flash the ESP32-C3 Firmware

1. Install the Arduino IDE.
2. Add ESP32 support:
  - Go to File > Preferences in Arduino IDE.
  - Add the URL: [https://dl.espressif.com/dl/package\\_esp32\\_index.json](https://dl.espressif.com/dl/package_esp32_index.json) to the 'Additional Board Manager URLs.'
  - Install the 'esp32' package via the Board Manager.
3. Install the required libraries:
  - WiFi, HTTPClient, MPU9250\_asukiaaa
4. Open the esp32code.ino file in Arduino IDE.
5. Update the placeholders in the code with your Wi-Fi credentials and server details.
6. Connect the ESP32-C3 via USB.
7. Upload the firmware to the ESP32.

#### Step 2: Set Up the Web Server

1. Install Node.js and npm.
2. Navigate to the Server/ folder.
3. Install dependencies:  
`npm install`
4. Start the server:  
`node server.js`
5. Open a web browser and visit `http://<your_server_ip>:3000/`.

#### Step 6: Installing MQTT Client (Optional)

To use MQTT for message publishing and subscription as part of the project, follow the steps below:

##### Installing Mosquitto MQTT Client

1. For Linux:
  - `sudo apt update`
  - `sudo apt install mosquitto-clients -y`
  - Verify: `mosquitto_sub --help`
2. For macOS:
  - `brew install mosquitto`
  - Verify: `mosquitto_sub --help`
3. For Windows:
  - Download the Mosquitto installer from <https://mosquitto.org/download/>.

- Run the installer and ensure client tools are installed.
- Verify: `mosquitto_sub --help`.

### Testing the MQTT Client

1. Start a local mosquitto broker (optional): `mosquitto`
2. Subscribe to a topic: `mosquitto_sub -h <broker-ip> -t <topic-name>`
3. Publish a test message: `mosquitto_pub -h <broker-ip> -t <topic-name> -m 'Hello, MQTT!'`