

Docker Assignment

1. Verifying Kernel Sharing

Host Kernel Version: 6.14.0-1015-aws

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ uname -r
6.14.0-1015-aws
ubuntu@ip-172-31-4-90:~$ |
```

Ubuntu kernel version

```
root@09225688d050: /
ubuntu@ip-172-31-4-90:~$ docker exec -it my-ubuntu bash
root@09225688d050:/# uname -r
6.14.0-1015-aws
root@09225688d050:/# cat /proc/version
Linux version 6.14.0-1015-aws (buildd@lcy02-amd64-042) (x86_64-linux-gnu-gcc-13 (Ubuntu 13.3.0-6ubuntu2~24.04) 13.3.0, GNU ld (GNU Binutils for Ubuntu) 2.42) #15-24.04.1-Ubuntu SMP Tue Sep 23 22:44:48 UTC 2025
root@09225688d050:/# |
```

Alpine kernel version

```
ubuntu@ip-172-31-4-90: ~
ubuntu@ip-172-31-4-90:~$ docker exec -it my-alpine sh
/ # uname -r
6.14.0-1015-aws
/ # cat /proc/version
Linux version 6.14.0-1015-aws (buildd@lcy02-amd64-042) (x86_64-linux-gnu-gcc-13 (Ubuntu 13.3.0-6ubuntu2~24.04) 13.3.0, GNU ld (GNU Binutils for Ubuntu) 2.42) #15-24.04.1-Ubuntu SMP Tue Sep 23 22:44:48 UTC 2025
/ # |
```

Observation

All three environments (host, Ubuntu container, and Alpine container) show identical kernel versions. This proves that:

1. Containers are not work like virtual machines - They don't have their own kernel
2. Kernel is shared - All containers use the host's kernel
3. Isolation is at process level - Containers isolate processes, not the entire OS

Learnings

- Here I learned that all containers share the same kernel as the host system. When I checked the kernel version inside different containers like ubuntu and alpine, it was exactly the same as the host's. This proved that containers do not have their own operating system like virtual machines. Instead, they use the host's kernel, which makes them much faster and more lightweight.

2. Process and PID Mapping

```
ubuntu@ip-172-31-4-90: ~
```

```
ubuntu@ip-172-31-4-90:~$ docker exec my-ubuntu bash -c 'echo $$'  
42  
ubuntu@ip-172-31-4-90:~$ |
```

```
root@09225688d050: /
```

```
ubuntu@ip-172-31-4-90:~$ docker exec my-ubuntu bash  
ubuntu@ip-172-31-4-90:~$ docker exec -it my-ubuntu bash  
root@09225688d050:/# ps aux  
USER          PID %CPU %MEM    VSZ   RSS TTY      STAT START   TIME COMMAND  
root           1   0.0  0.4   4588   3940 pts/0    Ss+   Nov06   0:00 bash  
root          63   0.3  0.4   4588   3936 pts/1    Ss    03:56   0:00 bash  
root          71   0.0  0.4   7888   3968 pts/1    R+    03:56   0:00 ps aux  
root@09225688d050:/# |
```

```
ubuntu@ip-172-31-4-90: ~
```

```
ubuntu@ip-172-31-4-90:~$ docker inspect --format '{{.State.Pid}}' my-ubuntu  
2968  
ubuntu@ip-172-31-4-90:~$ |
```

```
ubuntu@ip-172-31-4-90: ~
```

```
ubuntu@ip-172-31-4-90:~$ docker inspect --format '{{.State.Pid}}' my-ubuntu  
2968  
ubuntu@ip-172-31-4-90:~$ ps -ef |grep 2968  
root          2968    2945  0 Nov06 ?        00:00:00 bash  
ubuntu       9034    7807  0 03:53 pts/1    00:00:00 grep --color=auto 2968  
ubuntu@ip-172-31-4-90:~$ |
```

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ ps aux | grep ubuntu  
ubuntu 7625 0.0 1.2 20288 11368 ? Ss 03:03 0:00 /usr/lib/systemd/systemd --user  
ubuntu 7628 0.0 0.3 21152 3468 ? S 03:03 0:00 (sd-pam)  
root 7750 0.0 1.1 14740 10392 ? Ss 03:08 0:00 sshd: ubuntu [priv]  
ubuntu 7806 0.0 0.7 14996 7084 ? S 03:08 0:02 sshd: ubuntu@pts/1  
ubuntu 7807 0.0 0.5 9056 5156 pts/1 Ss 03:08 0:00 -bash  
ubuntu 9036 0.0 0.4 11320 4444 pts/1 R+ 03:54 0:00 ps aux  
ubuntu 9037 0.0 0.2 7076 2204 pts/1 S+ 03:54 0:00 grep --color=auto ubuntu  
ubuntu@ip-172-31-4-90:~$
```

Observations

- After Ubuntu container named as my-ubuntu used the command `echo $$` inside it, which returned PID 42 — this shows the process ID inside the container namespace.
- Then I hit `with docker inspect --format '{{.State.Pid}}' my-ubuntu`, which showed 2968 as the corresponding host PID.
- This means that inside the container, process PID 1 (bash) maps to PID 2968 on the host.
- Running `ps aux` inside the container listed the processes, where PID 1 was bash, confirming that it acts as the init process inside the container.
- On the host, checking with `ps -ef | grep 2968` confirmed that bash (PID 2968) exists as a normal Linux process under the parent `dockerd/containerd` process chain.
- This proves that container processes are actually regular host processes, just running inside isolated namespaces.

Learnings

- Learned that a container's processes are actually normal processes running on the host system. By checking the container's PID and matching it with the host PID, I could see how Docker uses namespaces to isolate processes while still sharing the same kernel.

3. Exploring Namespace Isolation

Container1-lsns

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ docker inspect --format '{{.State.Pid}}' my-con1
10804
ubuntu@ip-172-31-4-90:~$ sudo lsns -p 10804
      NS  TYPE  NPROCS   PID USER  COMMAND
4026531834 time      127     1 root  /sbin/init
4026531837 user      127     1 root  /sbin/init
4026532356 mnt         3 10804 root  nginx: master process nginx -g daemon off;
4026532357 uts         3 10804 root  nginx: master process nginx -g daemon off;
4026532358 ipc         3 10804 root  nginx: master process nginx -g daemon off;
4026532359 pid         3 10804 root  nginx: master process nginx -g daemon off;
4026532360 cgroup        3 10804 root  nginx: master process nginx -g daemon off;
4026532361 net         3 10804 root  nginx: master process nginx -g daemon off;
ubuntu@ip-172-31-4-90:~$ |
```

Container 1 Namespace Inodes:

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ ls -l /proc/10804/ns/
ls: cannot open directory '/proc/10804/ns/': Permission denied
ubuntu@ip-172-31-4-90:~$ ^C
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/10804/ns/
total 0
lrwxrwxrwx 1 root root 0 Nov  7 04:39 cgroup -> 'cgroup:[4026532360]'
lrwxrwxrwx 1 root root 0 Nov  7 04:39 ipc -> 'ipc:[4026532358]'
lrwxrwxrwx 1 root root 0 Nov  7 04:39 mnt -> 'mnt:[4026532356]'
lrwxrwxrwx 1 root root 0 Nov  7 04:39 net -> 'net:[4026532361]'
lrwxrwxrwx 1 root root 0 Nov  7 04:39 pid -> 'pid:[4026532359]'
lrwxrwxrwx 1 root root 0 Nov  7 04:51 pid_for_children -> 'pid:[4026532359]'
lrwxrwxrwx 1 root root 0 Nov  7 04:43 time -> 'time:[4026531834]'
lrwxrwxrwx 1 root root 0 Nov  7 04:51 time_for_children -> 'time:[4026531834]'
lrwxrwxrwx 1 root root 0 Nov  7 04:43 user -> 'user:[4026531837]'
lrwxrwxrwx 1 root root 0 Nov  7 04:39 uts -> 'uts:[4026532357]'
ubuntu@ip-172-31-4-90:~$ |
```

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ docker run -d --name my-con2 nginx
9a93389c058ba1b9c6422e1a46a0d6f60d711015cee8f1b286dba5592b23c3c1
ubuntu@ip-172-31-4-90:~$ docker inspect --format '{{.State.Pid}}' my-con2
11037
ubuntu@ip-172-31-4-90:~$ sudo lsns -p 11037
      NS  TYPE  NPROCS   PID USER  COMMAND
4026531834 time      133     1 root  /sbin/init
4026531837 user      133     1 root  /sbin/init
4026532486 mnt         3 11037 root  nginx: master process nginx -g daemon off;
4026532488 uts         3 11037 root  nginx: master process nginx -g daemon off;
4026532489 ipc         3 11037 root  nginx: master process nginx -g daemon off;
4026532490 pid         3 11037 root  nginx: master process nginx -g daemon off;
4026532491 cgroup        3 11037 root  nginx: master process nginx -g daemon off;
4026532492 net         3 11037 root  nginx: master process nginx -g daemon off;
ubuntu@ip-172-31-4-90:~$ |
```

Container 2 Namespace Inodes:

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/11037/ns/
total 0
lrwxrwxrwx 1 root root 0 Nov  7 04:53 cgroup -> 'cgroup:[4026532491]'
lrwxrwxrwx 1 root root 0 Nov  7 04:53 ipc -> 'ipc:[4026532489]'
lrwxrwxrwx 1 root root 0 Nov  7 04:53 mnt -> 'mnt:[4026532486]'
lrwxrwxrwx 1 root root 0 Nov  7 04:53 net -> 'net:[4026532492]'
lrwxrwxrwx 1 root root 0 Nov  7 04:53 pid -> 'pid:[4026532490]'
lrwxrwxrwx 1 root root 0 Nov  7 04:55 pid_for_children -> 'pid:[4026532490]'
lrwxrwxrwx 1 root root 0 Nov  7 04:53 time -> 'time:[4026531834]'
lrwxrwxrwx 1 root root 0 Nov  7 04:55 time_for_children -> 'time:[4026531834]'
lrwxrwxrwx 1 root root 0 Nov  7 04:53 user -> 'user:[4026531837]'
lrwxrwxrwx 1 root root 0 Nov  7 04:53 uts -> 'uts:[4026532488]'
ubuntu@ip-172-31-4-90:~$ |
```

Unique Namespaces (Per-Container Isolation)

Namespace Type	Container 1 Inode	Container 2 Inode	Status
PID	4026532359	4026532359	Unique
NET	4026532361	4026532361	Unique
MNT	4026532356	4026532486	Unique
UTS	4026532357	4026532488	Unique
IPC	4026532358	4026532489	Unique
CGROUP	4026532360	4026532491	Unique

Shared Namespaces (Host-Level Sharing)

Namespace Type	Container 1 Inode	Container 2 Inode	Status
TIME	4026531834	4026531834	Shared
USER	4026531837	4026531837	Shared

Observation

- When I hit this “docker inspect --format '{{.State.Pid}}' my-con1” I got the 10804 as Pid of the container. And then listed its namespaces using “lsns -p 10804” and “ls -l /proc/10804/ns/”.
- So the namespace inodes for my-con1 were displayed and i did the same way for the my-con2 which was second container for that i got pid as 11037.
- Then I compared two containers namespace inodes ,PID,NET,MNT,UTS,IPC are unique for each container.

Learnings

- I learned that Docker containers get isolation through Linux namespaces. Each container gets its own PID, network, mount, UTS, and IPC namespaces, so processes and resources inside one container are not visible to the other. However, some namespaces like USER and TIME can be shared with the host.

4. Observing New Namespace Creation

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ docker run --rm alpine echo "hello"
hello
ubuntu@ip-172-31-4-90:~$ |
```

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ sudo strace -f -e clone,unshare -p $(pidof dockerd) 2>&1 | grep -i clone
[pid 4526] clone(child_stack=NULL, flags=CLONE_VM|CLONE_PIDFD|CLONE_VFORK|SIGCHLDstrace: Process 11489 attached
[pid 11227] clone(child_stack=NULL, flags=CLONE_VM|CLONE_PIDFD|CLONE_VFORK|SIGCHLDstrace: Process 11491 attached
[pid 4527] clone(child_stack=NULL, flags=CLONE_VM|CLONE_PIDFD|CLONE_VFORK|SIGCHLDstrace: Process 11530 attached
[pid 11227] clone(child_stack=NULL, flags=CLONE_VM|CLONE_PIDFD|CLONE_VFORK|SIGCHLDstrace: Process 11533 attached
```

5. Investigating cgroup Assignments

```
ubuntu@ip-172-31-4-90: ~
```

```
ubuntu@ip-172-31-4-90:~$ docker run -dit --name limited-container --cpus="0.5" --memory="256m" ubuntu
60ab882211e0a6c01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81
ubuntu@ip-172-31-4-90:~$ docker ps -a
```

CONTAINER ID	IMAGE	COMMAND	CREATED	STATUS	PORTS	NAMES
60ab882211e0	ubuntu	"/bin/bash"	15 seconds ago	Up 15 seconds		limited-container
9a93389c058b	nginx	"/docker-entrypoint..."	47 minutes ago	Up 47 minutes	80/tcp	my-con2
3631a5f904ab	nginx	"/docker-entrypoint..."	About an hour ago	Up About an hour	80/tcp	my-con1
a8b72de5e889	nginx	"/docker-entrypoint..."	15 hours ago	Up 15 hours	80/tcp	my-nginx
925546b7c151	alpine	"sh"	15 hours ago	Up 2 hours		my-alpine
09225688d050	ubuntu	"bash"	15 hours ago	Up 15 hours		my-ubuntu
1f08bedf26fd	hello-world	"/hello"	15 hours ago	Exited (0) 15 hours ago		zealous_allen

```
ubuntu@ip-172-31-4-90:~$ |
```

```
ubuntu@ip-172-31-4-90: ~
```

```
ubuntu@ip-172-31-4-90:~$ docker inspect --format '{{.State.Pid}}' limited-container
12010
ubuntu@ip-172-31-4-90:~$ cat /proc/12010/cgroup
0::/system.slice/docker-60ab882211e0a6c01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope
ubuntu@ip-172-31-4-90:~$ |
```

```
ubuntu@ip-172-31-4-90: ~
```

```
ubuntu@ip-172-31-4-90:~$ cat /proc/12010/cgroup
0::/system.slice/docker-60ab882211e0a6c01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope
cgroup.controllers      cpu.max                 cpuset.cpus.partition  hugetlb.1GB.rsvd.max    memory.current           memory.swap.current     pids.current
cgroup.events            cpu.max.burst           cpuset.cpus.partition  hugetlb.2MB.current     memory.events             memory.swap.events      pids.events
cgroup.freeze            cpu.pressure             cpuset.mems.effective  hugetlb.2MB.events      memory.events.local       memory.swap.high         pids.events.local
cgroup.kill              cpu.stat                 cpuset.mems             hugetlb.2MB.events.local memory.high                memory.swap.max          pids.max
cgroup.max.depth         cpu.stat.local           dmem.current            hugetlb.2MB.max          memory.low                 memory.swap.peak        pids.peak
cgroup.max.descendants     cpu.uclamp.max           dmem.low                hugetlb.2MB.numa_stat    memory.max                 memory.zswap.current     rdma.current
cgroup.pressure           cpu.uclamp.min           dmem.min                hugetlb.2MB.rsvd.current memory.min                 memory.zswap.max         rdma.max
cgroup.procs             cpu.weight               hugetlb.1GB.current     hugetlb.2MB.rsvd.max    memory.numa_stat          memory.zswap.writeback
cgroup.stat              cpu.weight.nice          hugetlb.1GB.events      io.max                   memory.oom.group          misc.current
cgroup.subtree_control   cpuset.cpus              hugetlb.1GB.events.local io.pressure               memory.peak               misc.events
cgroup.threads           cpuset.cpus.effective    hugetlb.1GB.max          io.prio.class             memory.pressure            misc.events.local
cgroup.type              cpuset.cpus.exclusive    hugetlb.1GB.numa_stat   io.stat                   memory.reclaim             misc.max
cpu.idle                 cpuset.cpus.exclusive.effective hugetlb.1GB.rsvd.current io.weight                  memory.stat                 misc.peak
```

CPU limit

```
ubuntu@ip-172-31-4-90: ~
```

```
ubuntu@ip-172-31-4-90:~$ cat /proc/12010/cgroup
0::/system.slice/docker-60ab882211e0a6c01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope
ubuntu@ip-172-31-4-90:~$ ls /sys/fs/cgroup/system.slice/docker-60ab882211e0a6c01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope/
```

cgroup.controllers	cpu.max	cpuset.cpus.partition	hugetlb.1GB.rsvd.max	memory.current	memory.swap.current	pids.current
cgroup.events	cpu.max.burst	cpuset.cpus.partition	hugetlb.1GB.rsvd.max	memory.current	memory.swap.events	pids.events
cgroup.freeze	cpu.pressure	cpuset.mems.effective	hugetlb.2MB.events	memory.events.local	memory.swap.high	pids.events.local
cgroup.kill	cpu.stat	cpuset.mems	hugetlb.2MB.events.local	memory.high	memory.swap.max	pids.max
cgroup.max.depth	cpu.stat.local	dmem.current	hugetlb.2MB.max	memory.low	memory.swap.peak	pids.peak
cgroup.max.descendants	cpu.uclamp.max	dmem.low	hugetlb.2MB.numa_stat	memory.max	memory.zswap.current	rdma.current
cgroup.pressure	cpu.uclamp.min	dmem.min	hugetlb.2MB.rsvd.current	memory.min	memory.zswap.max	rdma.max
cgroup.procs	cpu.weight	hugetlb.1GB.current	hugetlb.2MB.rsvd.max	memory.numa_stat	memory.zswap.writeback	
cgroup.stat	cpu.weight.nice	hugetlb.1GB.events	io.max	memory.oom.group	misc.current	
cgroup.subtree_control	cpuset.cpus	hugetlb.1GB.events.local	io.pressure	memory.peak	misc.events	
cgroup.threads	cpuset.cpus.effective	hugetlb.1GB.max	io.prio.class	memory.pressure	misc.events.local	
cgroup.type	cpuset.cpus.exclusive	hugetlb.1GB.numa_stat	io.stat	memory.reclaim	misc.max	
cpu.idle	cpuset.cpus.exclusive.effective	hugetlb.1GB.rsvd.current	io.weight	memory.stat	misc.peak	

```
ubuntu@ip-172-31-4-90:~$ cat /sys/fs/cgroup/system.slice/docker-60ab882211e0a6c01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope/memory.max
50000 100000
ubuntu@ip-172-31-4-90:~$ |
```

Memory limit

```
ubuntu@ip-172-31-4-90: ~
```

```
ubuntu@ip-172-31-4-90:~$ ls /sys/fs/cgroup/system.slice/docker-60ab882211e0a6c01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope/
```

cgroup.controllers	cpu.max	cpuset.cpus.partition	hugetlb.1GB.rsvd.max	memory.current	memory.swap.current	pids.current
cgroup.events	cpu.max.burst	cpuset.cpus.partition <td>hugetlb.1GB.rsvd.max<td>memory.current<td>memory.swap.events<td>pids.events</td></td></td></td>	hugetlb.1GB.rsvd.max <td>memory.current<td>memory.swap.events<td>pids.events</td></td></td>	memory.current <td>memory.swap.events<td>pids.events</td></td>	memory.swap.events <td>pids.events</td>	pids.events
cgroup.freeze	cpu.pressure	cpuset.mems.effective	hugetlb.2MB.events	memory.events.local	memory.swap.high	pids.events.local
cgroup.kill	cpu.stat	cpuset.mems	hugetlb.2MB.events.local	memory.high	memory.swap.max	pids.max
cgroup.max.depth	cpu.stat.local	dmem.current	hugetlb.2MB.max	memory.low	memory.swap.peak	pids.peak
cgroup.max.descendants	cpu.uclamp.max	dmem.low	hugetlb.2MB.numa_stat	memory.max	memory.zswap.current	rdma.current
cgroup.pressure	cpu.uclamp.min	dmem.min	hugetlb.2MB.rsvd.current	memory.min	memory.zswap.max	rdma.max
cgroup.procs	cpu.weight	hugetlb.1GB.current	hugetlb.2MB.rsvd.max	memory.numa_stat	memory.zswap.writeback	
cgroup.stat	cpu.weight.nice	hugetlb.1GB.events	io.max	memory.oom.group	misc.current	
cgroup.subtree_control	cpuset.cpus	hugetlb.1GB.events.local	io.pressure	memory.peak	misc.events	
cgroup.threads	cpuset.cpus.effective	hugetlb.1GB.max	io.prio.class	memory.pressure	misc.events.local	
cgroup.type	cpuset.cpus.exclusive	hugetlb.1GB.numa_stat	io.stat	memory.reclaim	misc.max	
cpu.idle	cpuset.cpus.exclusive.effective	hugetlb.1GB.rsvd.current	io.weight	memory.stat	misc.peak	

```
ubuntu@ip-172-31-4-90:~$ cat /sys/fs/cgroup/system.slice/docker-60ab882211e0a6c01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope/memory.max
268435456
ubuntu@ip-172-31-4-90:~$ |
```

Throttling

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ cat /sys/fs/cgroup/system.slice/docker-60ab882211e0aec01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope/cpu.stat  
usage_usec 43905  
user_usec 24940  
system_usec 18964  
nice_usec 0  
core_sched.force_idle_usec 0  
nr_periods 3  
nr_throttled 0  
throttled_usec 0  
nr_bursts 0  
burst_usec 0  
ubuntu@ip-172-31-4-90:~$ |
```

```
ubuntu@ip-172-31-4-90: ~  
CONTAINER ID   NAME           CPU %     MEM USAGE / LIMIT   MEM %     NET I/O   BLOCK I/O   PIDS  
60ab882211e0   limited-container  --        -- / --             --        --        --        --  
|
```

Observations

- I created a container using ``docker run -dit --name limited-container --cpus="0.5" --memory="256m" ubuntu``, which limits it to half a CPU core and 256 MB of memory.
- Using ``docker inspect``, I found its main process ID was 12010. Checking ``/proc/12010/cgroup`` showed it's managed under ``/system.slice/docker-...scope``, confirming Docker uses cgroups v2. The CPU limit (``cat cpu.max``) was ``50000 100000``, meaning 50% CPU usage, and the memory limit (``cat memory.max``) was ``268435456`` bytes (256 MB). The CPU stats showed no throttling, and ``mount | grep cgroup`` confirmed cgroup v2 is active.
- Finally, ``docker stats limited-container`` showed that CPU and memory usage stayed within the set limits.

6. Resource Behavior Under Load

```
root@60ab882211e0: /
ubuntu@ip-172-31-4-90:~$ docker ps -a |grep limited-container
60ab882211e0   ubuntu   "/bin/bash"        38 minutes ago   Up 38 minutes   limited-container
ubuntu@ip-172-31-4-90:~$ docker cp cpu_load.js limited-container:/tmp/
Successfully copied 2.56kB to limited-container:/tmp/
ubuntu@ip-172-31-4-90:~$ docker exec -it limited-container bash
root@60ab882211e0:/# ls -la /tmp/cpu_load.js
-rw-rw-r-- 1 ubuntu ubuntu 797 Nov  7 05:34 /tmp/cpu_load.js
root@60ab882211e0:/#
```

Cpu_load.js

```
Users > samithas > Downloads > js cpu_load.js > ...
console.log("=====");
console.log("CPU Load Test Started");
console.log("=====");
console.log("Process PID:", process.pid);
console.log("Starting infinite CPU-intensive loop...");
console.log("Press Ctrl+C to stop");
console.log("=====");

let counter = 0;
let startTime = Date.now();

while (true) {
    // CPU intensive operations
    counter++;
    Math.sqrt(counter);
    Math.pow(counter, 2);
    Math.sin(counter);

    // Print progress every 100 million iterations
    if (counter % 100000000 === 0) {
        let elapsedSeconds = ((Date.now() - startTime) / 1000).toFixed(2);
        console.log(`Iterations: ${counter.toLocaleString()} | Elapsed: ${elapsedSeconds}s`);
    }
}
```

Check the js file

```
root@60ab882211e0: /  
ubuntu@ip-172-31-4-90:~$ docker ps -a | grep limited-container  
60ab882211e0   ubuntu   "/bin/bash"   38 minutes ago   Up 38 minutes   limited-container  
ubuntu@ip-172-31-4-90:~$ docker cp cpu_load.js limited-container:/tmp/  
Successfully copied 2.56kB to limited-container:/tmp/  
ubuntu@ip-172-31-4-90:~$ docker exec -it limited-container bash  
root@60ab882211e0:/# ls -la /tmp/cpu_load.js  
-rw-rw-r-- 1 ubuntu ubuntu 797 Nov  7 05:34 /tmp/cpu_load.js  
root@60ab882211e0:/# cat /tmp/cpu_load.js  
console.log("=====");  
console.log("CPU Load Test Started");  
console.log("=====");  
console.log("Process PID:", process.pid);  
console.log("Starting infinite CPU-intensive loop...");  
console.log("Press Ctrl+C to stop");  
console.log("=====");  
  
let counter = 0;  
let startTime = Date.now();  
  
while (true) {  
  // CPU intensive operations  
  counter++;  
  Math.sqrt(counter);  
  Math.pow(counter, 2);  
  Math.sin(counter);  
  
  // Print progress every 100 million iterations  
  if (counter % 100000000 === 0) {  
    let elapsedSeconds = ((Date.now() - startTime) / 1000).toFixed(2);  
    console.log(`Iterations: ${counter.toLocaleString()} | Elapsed: ${elapsedSeconds}s`);  
  }  
}
```

Monitor terminal (before)

```
ubuntu@ip-172-31-4-90: ~  
CONTAINER ID   NAME          CPU %     MEM USAGE / LIMIT   MEM %     NET I/O       BLOCK I/O    PIDS  
60ab882211e0   limited-container  0.00%     52.57MiB / 256MiB   20.53%     63.6MB / 256kB   76MB / 218MB   2
```

Cpu_load.js file run

```
root@60ab882211e0: /  
0 added, 0 removed; done.  
Running hooks in /etc/ca-certificates/update.d...  
done.  
root@60ab882211e0:/# node --version  
v18.19.1  
root@60ab882211e0:/# node /tmp/cpu_load.js  
  
CPU Load Test Started  
=====
```

Iterations	Elapsed
100,000,000	0.70s
200,000,000	1.51s
300,000,000	2.22s
400,000,000	2.90s
500,000,000	3.60s
600,000,000	4.29s
700,000,000	4.92s
800,000,000	5.60s
900,000,000	6.29s
1,000,000,000	7.01s
1,100,000,000	7.69s
1,200,000,000	8.39s
1,300,000,000	9.02s
1,400,000,000	9.70s
1,500,000,000	10.39s
1,600,000,000	11.03s
1,700,000,000	11.71s
1,800,000,000	12.39s
1,900,000,000	13.09s
2,000,000,000	13.71s
2,100,000,000	14.40s
2,200,000,000	15.68s
2,300,000,000	17.42s
2,400,000,000	19.21s
2,500,000,000	21.02s
2,600,000,000	22.90s
2,700,000,000	24.69s
2,800,000,000	26.48s
2,900,000,000	28.22s
3,000,000,000	30.08s
3,100,000,000	31.82s
3,200,000,000	33.69s
3,300,000,000	35.42s
3,400,000,000	37.20s
3,500,000,000	39.00s
3,600,000,000	40.80s

Monitor terminal (After)

```
ubuntu@ip-172-31-4-90: ~  
CONTAINER ID   NAME          CPU %     MEM USAGE / LIMIT   MEM %     NET I/O     BLOCK I/O  PIDS  
60ab882211e0   limited-container  50.66%    86.34MiB / 256MiB   33.73%    63.6MB / 256kB  96.1MB / 218MB  9
```

Throttling proof

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ cat /proc/12010/cgroup  
0::/system.slice/docker-60ab882211e0aec01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope  
ubuntu@ip-172-31-4-90:~$ cat /sys/fs/cgroup/system.slice/docker-60ab882211e0aec01a4d678be45d13f7220666d58eff9360ae54fa6d43967f81.scope/cpu.stat  
usage_usec 139475723  
user_usec 135856464  
system_usec 3619259  
nice_usec 0  
core_sched.force_idle_usec 0  
nr_periods 2984  
nr_throttled 2760  
throttled_usec 139499510  
nr_bursts 0  
burst_usec 0  
ubuntu@ip-172-31-4-90:~$ |
```

Observations

- First CPU Limit enforcement,since CPU limited to 0.5(50%) in limited container,when the js ran in a infinite loop thats get 100% CPU usage.docker stats showed exactly 50.66% CPU (limit enforced)cgroup stats showed 2,760 throttle events in 2,984 periods.

Learnings

- Understand how Docker controls system resources using cgroups. By running processes inside a limited container, I saw how Docker can restrict CPU and memory usage to prevent a single container from overusing system resources. It showed that even when a process tries to use more power, Docker enforces the set limits and keeps the host system stable.

7. Filesystem Layer Analysis

Add test.txt and show in uppperdirectory

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ docker inspect --format '{{.State.Pid}}' my-ubuntu  
template parsing error: template: :1: function "State" not defined  
ubuntu@ip-172-31-4-90:~$ docker inspect --format '{{.State.Pid}}' my-ubuntu  
2968  
ubuntu@ip-172-31-4-90:~$ docker inspect my-ubuntu | grep -A 10 "GraphDriver"  
    "GraphDriver": {  
      "Data": {  
        "id": "09225688d0507aee04ff08def93d38d1d074b23632ee96e95e2f482a5c0c0ac",  
        "LowerDir": "/var/lib/docker/overlay2/c445b0b4a847f54dde4257fc4477bc8d1e280644d22f7456529a286a2fabfd35--init/diff:/var/lib/docker/overlay2/9c72365b27308af89f  
fb7f950e15f3164d70a31c8f9b788f80b6d37bcd2ba40/diff",  
        "MergedDir": "/var/lib/docker/overlay2/c445b0b4a847f54dde4257fc4477bc8d1e280644d22f7456529a286a2fabfd35/merged",  
        "UpperDir": "/var/lib/docker/overlay2/c445b0b4a847f54dde4257fc4477bc8d1e280644d22f7456529a286a2fabfd35/diff",  
        "WorkDir": "/var/lib/docker/overlay2/c445b0b4a847f54dde4257fc4477bc8d1e280644d22f7456529a286a2fabfd35/work"  
      },  
      "Name": "overlay2"  
    },  
    "Mounts": [],  
  },  
  "Mounts": [],  
  "Mounts": []  
ubuntu@ip-172-31-4-90:~$ |
```

Lower directory

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ sudo ls -la /var/lib/docker/overlay2/9c72365b27308af89fbb7f950e15f3164d70a31c8f9b788f80b6d37bcd2ba40/diff/bin/ | head -10  
total 22556  
drwxr-xr-x  2 root root   12288 Oct  1  02:10 .  
drwxr-xr-x 12 root root    4096 Oct  1  02:03 ..  
-rwxr-xr-x  1 root root  55744 Jun 22 16:21 [  
-rwxr-xr-x  1 root root 14720 Jun  5 12:17 addpart  
-rwxr-xr-x  1 root root 18824 Oct 22 2024 apt  
-rwxr-xr-x  1 root root  88544 Oct 22 2024 apt-cache  
-rwxr-xr-x  1 root root  27104 Oct 22 2024 apt-cdrom  
-rwxr-xr-x  1 root root  31120 Oct 22 2024 apt-config  
-rwxr-xr-x  1 root root  51680 Oct 22 2024 apt-get  
ubuntu@ip-172-31-4-90:~$ |
```

Docker stop

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ docker stop overlay-test  
overlay-test  
ubuntu@ip-172-31-4-90:~$ |
```

Still file in UpperDir

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ sudo cat /var/lib/docker/overlay2/91664b82b55f55e2c37919c9ff9044f4d1317790821adbcf9e1c84bef9b5ff079/diff/test.txt  
This is writable layer data  
ubuntu@ip-172-31-4-90:~$ |
```

Docker remove

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ docker rm overlay-test
overlay-test
ubuntu@ip-172-31-4-90:~$ |
```

Remove from upperdirectory

ubuntu@ip-172-31-4-90: ~

```
ubuntu@ip-172-31-4-90:~$ sudo cat /var/lib/docker/overlay2/91664b82b55f55e2c37919cff9044f4d1317790821adbcf9e1c84bef9b5ff079/diff/test.txt
This is writable layer data
ubuntu@ip-172-31-4-90:~$ sudo ls /var/lib/docker/overlay2/91664b82b55f55e2c37919cff9044f4d1317790821adbcf9e1c84bef9b5ff079/
ls: cannot access '/var/lib/docker/overlay2/91664b82b55f55e2c37919cff9044f4d1317790821adbcf9e1c84bef9b5ff079/': No such file or directory
ubuntu@ip-172-31-4-90:~$ |
```

Observation

- I noticed that Docker creates different layer directories inside `/var/lib/docker/overlay2/`. The `test.txt` file I made was saved in the writable UpperDir, which shows that new files inside a container are stored there.
- The LowerDir had the normal Ubuntu system files that come from the image and are read-only. After stopping the container, the `test.txt` file was still there, meaning the writable layer remains until the container is deleted. When the container was removed, the writable layer also disappeared.

Learning

- This experiment helped me understand how Docker's overlay2 storage works. Each container combines read-only image layers with its own writable layer, so any new files or changes are stored separately.

8. Process Creation Flow Examination

```
ubuntu@ip-172-31-4-90:~$ pstree -p | grep -A4 dockerd
    -dockerd(2056)---{dockerd}(2057)
                        |---{dockerd}(2058)
                        |---{dockerd}(2060)
                        |---{dockerd}(2062)
                        |---{dockerd}(3697)
                        |---{dockerd}(4517)
                        |---{dockerd}(4527)
                        |---{dockerd}(4537)
                        |---{dockerd}(12370)
                        |---{dockerd}(20819)
    -irqbalance(605)---{irqbalance}(610)
    -multipathd(189)---{multipathd}(201)
                        |---{multipathd}(202)
                        |---{multipathd}(203)
ubuntu@ip-172-31-4-90:~$ |
```

```
ubuntu@ip-172-31-4-90: ~
ubuntu@ip-172-31-4-90:~$ pstree -p -s 27473
systemd(1)---containerd-shim(27451)---sleep(27473)
ubuntu@ip-172-31-4-90:~$ |
```

Observation

- When we run the pstree command with the container's PID, it shows the process structure of the container.
- Can see that Docker creates several layers of processes as first dockerd, then containerd, followed by containerd-shim, runc, and finally the actual process running inside the container. (But with current versions dockerd and containerd and not attached)

- This shows how Docker isolates container processes while managing them through the parent processes on the host.

9. Comparative Namespace Experiment

Normal Container with Default Namespaces

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ docker run -dit --name ns_default alpine sleep 1000  
F7fbbb6be85385432be04bbb1d1bd6367d6f3652d6b962c397e08e7c97a6ef62  
ubuntu@ip-172-31-4-90:~$ docker inspect -f '{{.State.Pid}}' ns_default  
26860  
ubuntu@ip-172-31-4-90:~$ |
```

Check its namespaces:

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/$(docker inspect -f '{{.State.Pid}}' ns_default)/ns  
total 0  
lrwxrwxrwx 1 root root 0 Nov 7 19:18 cgroup -> 'cgroup:[4026532226]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:18 ipc -> 'ipc:[4026532224]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:16 mnt -> 'mnt:[4026532221]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:16 net -> 'net:[4026532227]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:18 pid -> 'pid:[4026532225]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:18 pid_for_children -> 'pid:[4026532225]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:18 time -> 'time:[4026531834]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:18 time_for_children -> 'time:[4026531834]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:18 user -> 'user:[4026531837]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:18 uts -> 'uts:[4026532223]'  
ubuntu@ip-172-31-4-90:~$ |
```

host's namespaces (PID 1 usually belongs to systemd or init)

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/1/ns  
total 0  
lrwxrwxrwx 1 root root 0 Nov 7 17:39 cgroup -> 'cgroup:[4026531835]'  
lrwxrwxrwx 1 root root 0 Nov 7 17:39 ipc -> 'ipc:[4026531839]'  
lrwxrwxrwx 1 root root 0 Nov 7 17:39 mnt -> 'mnt:[4026531841]'  
lrwxrwxrwx 1 root root 0 Nov 7 17:39 net -> 'net:[4026531840]'  
lrwxrwxrwx 1 root root 0 Nov 7 06:40 pid -> 'pid:[4026531836]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:19 pid_for_children -> 'pid:[4026531836]'  
lrwxrwxrwx 1 root root 0 Nov 7 17:39 time -> 'time:[4026531834]'  
lrwxrwxrwx 1 root root 0 Nov 7 19:19 time_for_children -> 'time:[4026531834]'  
lrwxrwxrwx 1 root root 0 Nov 7 17:39 user -> 'user:[4026531837]'  
lrwxrwxrwx 1 root root 0 Nov 7 17:39 uts -> 'uts:[4026531838]'  
ubuntu@ip-172-31-4-90:~$ |
```

Container with Shared PID Namespace (--pid=host)

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ docker run -dit --name ns_pidhost --pid=host alpine sleep 1000  
6e1c18ae27aa1049e8f03a04ae8b0299e2ea31711f404590afa214d24700f922  
ubuntu@ip-172-31-4-90:~$ docker inspect -f '{{.State.Pid}}' ns_pidhost  
26967  
ubuntu@ip-172-31-4-90:~$ |
```

Check the namespaces

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/$(docker inspect -f '{{.State.Pid}}' ns_pidhost)/ns/pid  
lrwxrwxrwx 1 root root 0 Nov 7 19:21 /proc/26967/ns/pid -> 'pid:[4026531836]'  
ubuntu@ip-172-31-4-90:~$ |
```



```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/1/ns/pid  
lrwxrwxrwx 1 root root 0 Nov  7 06:40 /proc/1/ns/pid -> 'pid:[4026531836]'  
ubuntu@ip-172-31-4-90:~$ |
```

all host processes

```
ubuntu@ip-172-31-4-90: ~  
this is writable layer data  
ubuntu@ip-172-31-4-90:~$ docker exec ns_pidhost ps -ef  
PID      USER     TIME      COMMAND  
1        root     0:07      [systemd] /sbin/init  
2        root     0:00      [kthreadd]  
3        root     0:00      [pool_workqueue_]  
4        root     0:00      [kworker/R-rcu_g_]  
5        root     0:00      [kworker/R-sync_]  
6        root     0:00      [kworker/R-kyfr_]  
7        root     0:00      [kworker/R-slab_]  
8        root     0:00      [kworker/R-netns]  
10       root     0:00      [kworker/0:0H-ev]  
13       root     0:00      [kworker/R-mm_pe]  
14       root     0:00      [rcu_tasks_rude_]  
15       root     0:00      [rcu_tasks_trace]  
16       root     0:00      [ksoftirqd/0]  
17       root     0:02      [rcu_sched]  
18       root     0:00      [rcu_exp_par_gp_]  
19       root     0:00      [rcu_exp_gp_kthr]  
20       root     0:00      [migration/0]  
21       root     0:00      [idle_inject/0]  
22       root     0:00      [cpuhp/0]  
23       root     0:00      [cpuhp/1]  
24       root     0:00      [idle_inject/1]  
25       root     0:00      [migration/1]  
26       root     0:00      [ksoftirqd/1]  
28       root     0:00      [kworker/1:0H-ev]  
29       root     0:00      [kdevtmpfs]  
30       root     0:00      [kworker/R-inet_]  
31       root     0:00      [kauditd]  
32       root     0:00      [khungtaskd]  
34       root     0:00      [oom_reaper]  
36       root     0:00      [kworker/R-write]  
37       root     0:05      [kcompactd0]  
38       root     0:00      [ksmd]  
39       root     0:00      [khugepaged]  
40       root     0:00      [kworker/R-kinte]  
41       root     0:00      [kworker/R-kbloc]  
42       root     0:00      [kworker/R-b1kcg]  
43       root     0:00      [irq/9-acpi]  
45       root     0:00      [kworker/R-tpm_d]  
46       root     0:00      [kworker/R-ata_s]  
47       root     0:00      [kworker/R-md]  
48       root     0:00      [kworker/R-md_bi]  
49       root     0:00      [kworker/R-edac-]  
50       root     0:00      [kworker/R-devfr]  
51       root     0:00      [watchdogd]  
52       root     0:00      [kworker/1:1H-kb]  
53       root     0:02      [kswapd0]
```

Container with Shared Network Namespace (--network=host)

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ docker run -dit --name ns_nethost --network=host alpine sleep 1000  
2aled55e7ec2d5d039fad301f7322b8cb5afb672282fd2c523fc88e03cb47e19  
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/$(docker inspect -f '{{.State.Pid}}' ns_nethost)/ns/net  
lrwxrwxrwx 1 root root 0 Nov  7 19:25 /proc/27087/ns/net -> 'net:[4026531840]'  
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/1/ns/net  
lrwxrwxrwx 1 root root 0 Nov  7 17:39 /proc/1/ns/net -> 'net:[4026531840]'  
ubuntu@ip-172-31-4-90:~$ |
```

```
ubuntu@ip-172-31-4-90: ~  
ubuntu@ip-172-31-4-90:~$ sudo ls -l /proc/1/ns  
total 0  
lrwxrwxrwx 1 root root 0 Nov  7 17:39 cgroup -> 'cgroup:[4026531835]'  
lrwxrwxrwx 1 root root 0 Nov  7 17:39 ipc -> 'ipc:[4026531839]'  
lrwxrwxrwx 1 root root 0 Nov  7 17:39 mnt -> 'mnt:[4026531841]'  
lrwxrwxrwx 1 root root 0 Nov  7 17:39 net -> 'net:[4026531840]'  
lrwxrwxrwx 1 root root 0 Nov  7 06:40 pid -> 'pid:[4026531836]'  
lrwxrwxrwx 1 root root 0 Nov  7 19:19 pid_for_children -> 'pid:[4026531836]'  
lrwxrwxrwx 1 root root 0 Nov  7 17:39 time -> 'time:[4026531834]'  
lrwxrwxrwx 1 root root 0 Nov  7 19:19 time_for_children -> 'time:[4026531834]'  
lrwxrwxrwx 1 root root 0 Nov  7 17:39 user -> 'user:[4026531837]'  
lrwxrwxrwx 1 root root 0 Nov  7 17:39 uts -> 'uts:[4026531838]'  
ubuntu@ip-172-31-4-90:~$ |
```

Check the IP inside the container

```

rd.sock
ubuntu@ip-172-31-4-90:~$ docker exec ns_nethost ip addr
1: lo: <LOOPBACK,UP,LOWER_UP> mtu 65536 qdisc noqueue state UNKNOWN qlen 1000
    link/loopback 00:00:00:00:00:00 brd 00:00:00:00:00:00
    inet 127.0.0.1/8 scope host lo
        valid_lft forever preferred_lft forever
    inet6 ::1/128 scope host noprefixroute
        valid_lft forever preferred_lft forever
2: ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 9001 qdisc mq state UP qlen 1000
    link/ether 02:a1:c3:c5:f4:c7 brd ff:ff:ff:ff:ff:ff
    inet 172.31.4.90/20 brd 172.31.15.255 scope global dynamic ens5
        valid_lft 1985sec preferred_lft 1985sec
    inet6 fe80::a1:c3ff:fec5:f4c7/64 scope link
        valid_lft forever preferred_lft forever
3: docker0: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue state UP
    link/ether 26:ee:89:7a:2c:d4 brd ff:ff:ff:ff:ff:ff
    inet 172.17.0.1/16 brd 172.17.255.255 scope global docker0
        valid_lft forever preferred_lft forever
    inet6 fe80::24ee:89ff:fe7a:2cd4/64 scope link
        valid_lft forever preferred_lft forever
15: veth826285d@ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue master docker0 state UP
    link/ether 8e:e1:2b:64:d0:07 brd ff:ff:ff:ff:ff:ff
    inet6 fe80::9855:4aff:fe5b:6138/64 scope link
        valid_lft forever preferred_lft forever
23: veth6768721@ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue master docker0 state UP
    link/ether 0a:aa:df:d9:21:9b brd ff:ff:ff:ff:ff:ff
    inet6 fe80::c0a0:3cff:fe44:a825/64 scope link
        valid_lft forever preferred_lft forever
47: veth99370c@ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue master docker0 state UP
    link/ether 0a:12:05:2d:0f:c9 brd ff:ff:ff:ff:ff:ff
    inet6 fe80::4035:bbff:feec:30c1/64 scope link
        valid_lft forever preferred_lft forever
48: vethaae18a@ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue master docker0 state UP
    link/ether e2:ff:b8:02:78:3c brd ff:ff:ff:ff:ff:ff
    inet6 fe80::ac84:c2ff:feaa:620f/64 scope link
        valid_lft forever preferred_lft forever
55: vethdebdda6@ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue master docker0 state UP
    link/ether be:a5:2e:a8:e8:7d brd ff:ff:ff:ff:ff:ff
    inet6 fe80::b8fe:d5ff:feae:e5ba/64 scope link
        valid_lft forever preferred_lft forever
62: vethf1184e6@ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue master docker0 state UP
    link/ether fe:a3:bb:75:1d:f5 brd ff:ff:ff:ff:ff:ff
    inet6 fe80::90b5:1ff:fe84:10b5/64 scope link
        valid_lft forever preferred_lft forever
71: veth99d661d@ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue master docker0 state UP
    link/ether 92:e3:ff:bf:ad:93 brd ff:ff:ff:ff:ff:ff
    inet6 fe80::38f4:52ff:fe8c:d381/64 scope link
        valid_lft forever preferred_lft forever
73: vethee0d89b@ens5: <BROADCAST,MULTICAST,UP,LOWER_UP> mtu 1500 qdisc noqueue master docker0 state UP

```

Observation

- By default, each container runs in its own namespace, isolating processes and doing their networking.
- When we run the container with `--pid=host`, it shares the host's process namespace, meaning it can see all host processes.
- When we run the container with `--network=host`, it shares the host's network namespace, so it uses the same IP and network interfaces as the host.
- Checking the namespace files in `/proc/<pid>/ns` showed that containers using these options have the same namespace IDs as the host.
- This means namespace isolation is removed for those options, and the container becomes connected to the host system for that particular namespace.