

MIND, BODY, & SPIRIT TRIPTYCH

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ART2602C

Artist Statement

The aim of this project was to create three photomontages. While constructing self portraits of our mind, body, and spirit, we were also practicing non-destructive editing programs.

It usually takes me some time to “incubate” to fully plan projects, but this one was different. I have done a similar project and was able to incorporate those details into this assignment. From that, I learned to expand my style, thinking of the bigger picture instead of sticking to what I normally would. While planning a triptych, it is important to think of them as a single piece, not three individual works. That idea is what helped me achieve the final collages.

I was heavily influenced by modern photomontage artists, specifically Marian Williams and Eduardo Argoud, along with Dadaist art. After finishing my “spirit” collage, I became aware that I was also influenced by “Riot Grrrl” and other zines from the era. It was unconscious, but it still seeped through to my work. I hope I make Kathleen Hanna proud.

I believe I was able to represent my mind, body, and spirit well. I have been using Photoshop for six years but was still able to learn new techniques during this project.

Brainstorm

Mind

MIND

- clouded → fog, milk bath, blur
- crowded → train station, herd, (busy) tangled ~~wires~~ wires
- curious → baby animal (cow!)
- loud → someone screaming?
- distracted
- worried
- adventurous → map, mountain (scape)

Body

BODY

- creator → art supplies, camera
- watcher ↔ camera, movie (observer?) theater sign, 3rd eye
- non-energetic → sleep, eyes closed
- quiet → shh, finger on lips
- lover → roses?, heart = too cheesy

Spirit

SPIRIT

- empathetic → blanket/comfort
- confused? → tangled wires, → scrambled/scattered
- determined (for change) → rebel grrl, protest signs
- open → doors, window, (neon) sign, key/unlocked lock, hand, bloomed flower, book
- cancer/crab (zodiac) → constellation, crab (outline?)

Inspiration



Marian Williams,
“All About Eve” Triptychs 1 & 2



Eduardo Argoud,
“Digital Collage 1”



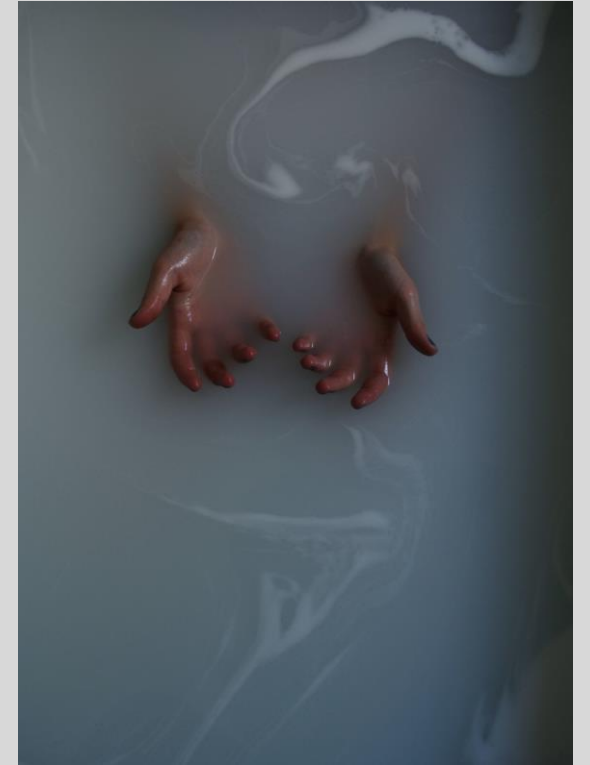
Unknown

Mind: Images

1.



3.



2.



4.



5.



Mind

My vision for this project was to have a single color visible, keeping everything else in grayscale. When I got to the third image, I came to a roadblock. I like the lightning in both color and in black and white. Considering the other pictures I chose, this one would be the best for the single color. It was a hard decision, but I was right, this color turned out wonderfully.



Body: Images

1.



2.



3.



4.

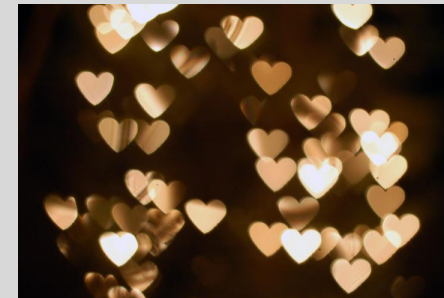
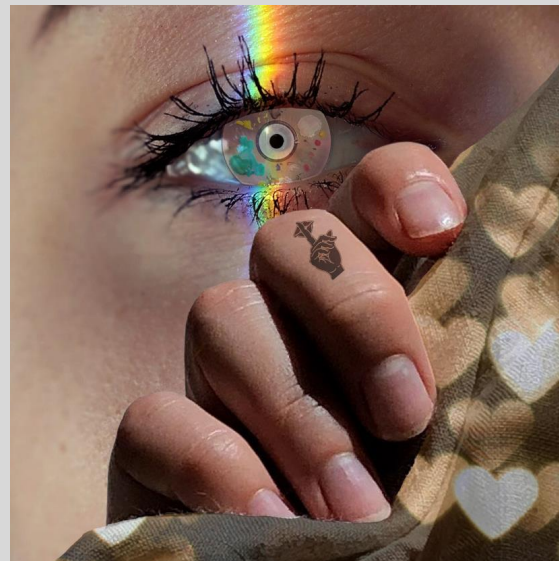


5.



Body

When I reached the stage in the first image, I hit a hurdle. The last two images just didn't fit to what I had already created-in this collage and the other two works . To fix this I changed the final two images I was planning to use. I did so by switching from roses to a blurred image of heart-shaped lights and from a cartoon-like sign to a more realistic image of a “shh” symbol.



Spirit

The first image here was supposed to be the final, until I looked at it side-by-side with the other two collages. I adore the first one, but because the three pieces will be displayed together, I decided to edit it. To match with the others, I wanted a black and white composition, except a single color. It is quite obvious that the rainbow effect should be the choice. Plus, with the black and white effect, I was able to edit the hand, so the rainbow extends throughout the whole canvas.



Spirit: Images

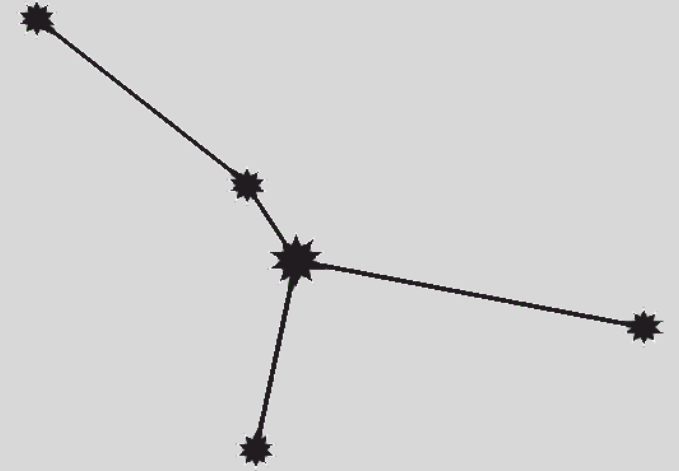
1.



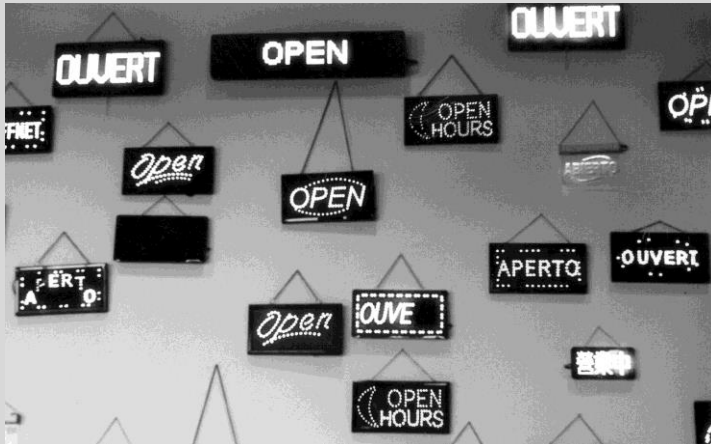
3.



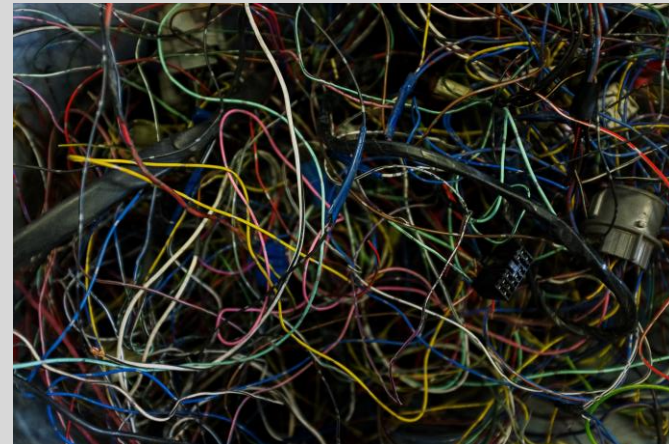
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2.

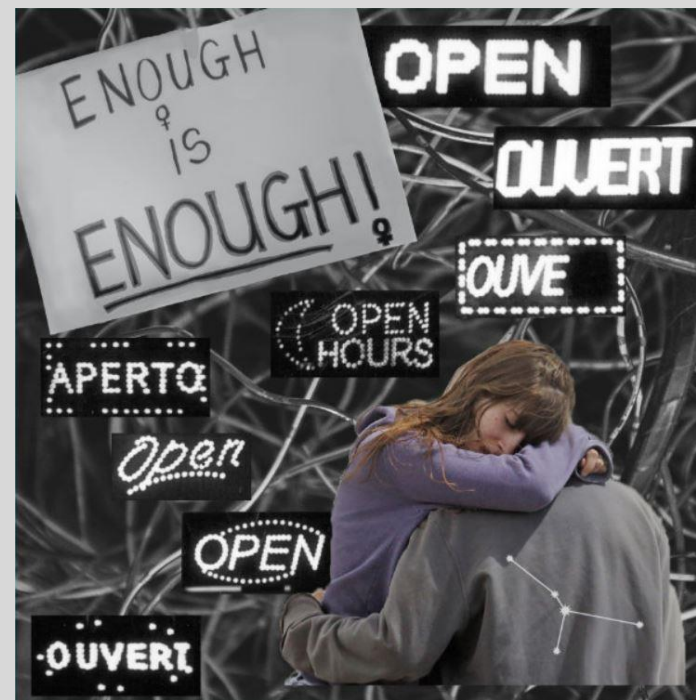


5.



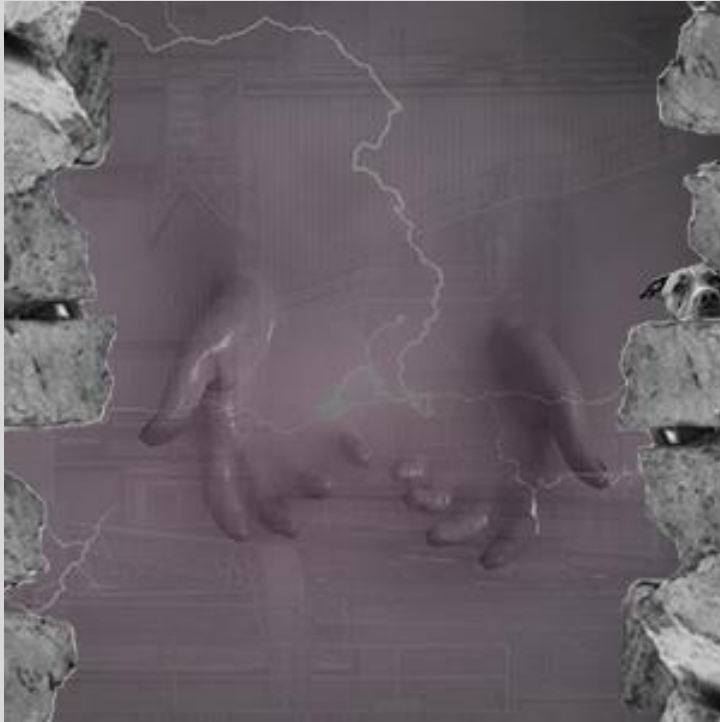
Spirit

I was torn between these two versions. My vision for the piece was to have limited color. The “Enough is Enough” and “open” signs were already black and white images, along with the constellation. So, my final decision was to leave the background wires or the people in color. Ultimately, I chose the latter because the purple and greys were a better combination. The multi-colored wires appear too busy.



Final Triptych

Mind



Body



Spirit



Reflection

As with every project, there were some parts I struggled with. I found myself struggling to find specific images to represent who I am. I think the research and search for images took most of the time I spent on this project, even while working on the actual collages. It was worth it, though, because I think the final product truly represents me. Looking back, I can't believe I was going to use the images I originally chose. As professor Jipson says, brainstorming doesn't stop when the project starts.

Because I have been familiar with Photoshop for years now, I didn't learn anything new, but I did use tools I usually don't (I forgot how awesome "invert selection" is). It was quite frustrating to use the program since Illustrator is my go-to program. For example, I'm used to working with a stylus for the brush tool, so I was slowed down because a mouse is far less accurate.

In the end, I was able to create a true representation of who I am. Working on the project made me realize how much I love making collages and scrapbooking. It's a great way to express yourself. Sometimes it's nice to make a mess and forget about perfection while creating something.

URL Index

- Mind:

1. Paul W. (<https://flic.kr/p/RxYyNd>)
2. John Schneider (<https://www.flickr.com/photos/85941395@N00/3171038821/>)
3. Ellie Godber (<https://flic.kr/p/MUH1Et>)
4. Liliana Saeb (<https://flic.kr/p/r5NnHn>)
5. Pixabay (<https://www.pexels.com/photo/bright-calamity-charge-clouds-371838/>)

- Body:

1. Ian Smith (<https://flic.kr/p/4Le2vb>)
2. Maritza Soto (<https://flic.kr/p/5JHqG4>)
3. <https://www.pexels.com/photo/anonymous-woman-with-rainbow-light-on-face-3867210/>
4. <https://pluspng.com/png-85900.html>
5. Daria Shevtsova (<https://www.pexels.com/photo/person-covered-with-gray-blanket-3794732/>)

- Spirit:

1. Katya Smolina (<https://flic.kr/p/qgyrgz>)
2. Carla Kis-Schuller (<https://flic.kr/p/wp58DH>)
3. Duane-Viljoen (<https://www.pexels.com/photo/couple-hugging-and-holding-sing-with-enough-is-enough-inscription-5097418/>)
4. https://www.vhv.rs/viewpic/hbhTmmR_cancer-constellation-stars-png-transparent-png/
5. Cottonbro (<https://www.pexels.com/photo/blue-yellow-and-red-coated-wires-4480541/>)