

Your perfect wardrobe colour combinations

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Anyone who has met me knows I love colour! It allows me to express myself, to get creative, to add a little fun to my look, to look different every time I get dressed, and to set a tone to my look.

Let me ask you something, **Are you afraid of colour**, or do you always **wear black** because it is ‘**easy**’ or you think it’s going to make you look slimmer? Hmm...I’ve heard this so many times.

And nothing gives me more joy than converting people to become colour lovers!

I respect that some people are not interested in wearing colour, and that’s a valid choice. But if you let me explain a bit more, I just might be able to convert you into a colour fan ;)

Not only that, but by wearing the colours that complement your natural complexion (that is the colour of your skin, hair and eyes) you can **look instantly younger, healthier and more vibrant**—and even more attractive.

Colour can instantly make you look slimmer or bigger. Light colours (think pastels) can make you look bigger and dark colours (ALL dark colours not just black ;) can make you look slimmer.

You need to consider how colour compliments your face as a basic rule. When you do it right, your face should draw more attention than your clothes.

To create colour combinations that complement your face, you need to look at the contrast between your hair and your skin, and repeat that contrast level in your outfit.

If you have **high contrast** between the colour of your skin and hair (light skin and dark hair) you will look better wearing clothes that also create high contrast close to your face (pairing light clothes with dark colours: white and black, or wearing complimentary colours- colours opposite to each other on the colour wheel).

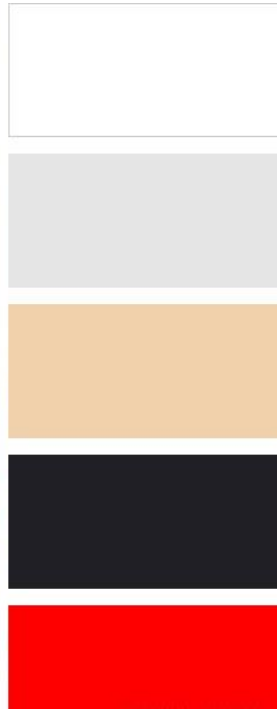
If you have **low contrast** between the colour of your skin and hair (light skin and light hair) you will look better wearing clothes that create low contrast close to your face (pairing light with white, dark with dark or analogous colours- colours next to each other on the colour wheel).

If you have dark skin and dark hair you will look your best wearing high contrast.

Note that these contrast combinations are **only important when close to the face**. Below the waist you can wear any type of contrast.

Now that you understand a bit about colour and contrast you might be wondering, but **how do I put colours together** to create amazing outfits? So I have created this guide to show you how easy it can be.

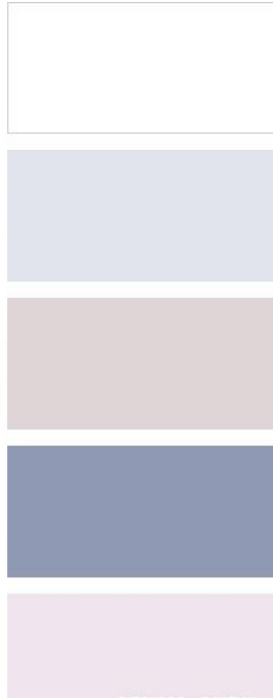
Enjoy it!



Red

You will be noticed! Red is the colour of confidence.

Black and red creates a classic look. But it's not the best combination of colours to wear when you want to be seen as an approachable person. It's more what we call power dressing.



Pastels

Pastel colours create a very feminine look. When we wear low contrast (that is colours that are close to each other in value) you look elegant and sophisticated, however you can go unnoticed as a low level of contrast is not as noticeable to our brain.



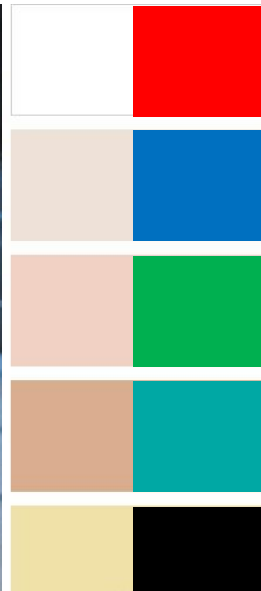
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*W*hite goes with all colours.

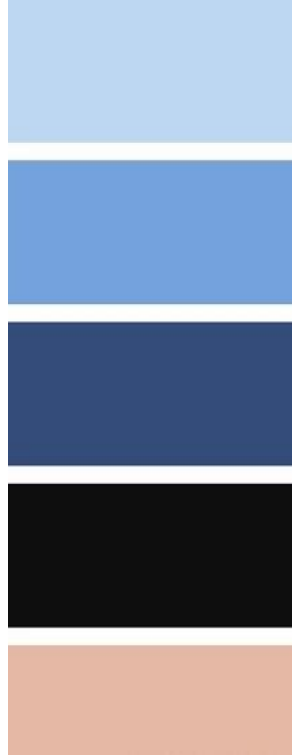
You can create all sorts of levels of contrast, from low to high. The colours on the left combine pastels with White and will create a very feminine look. The ones on the right will create a more noticeable and fun look.

White with black and/or blue are very good for business.

White



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Combining denim clothes. Make sure the tone and depth of the individual denim pieces are different. Like in the picture the pants are darker than the top.

You can mix denim jackets with all different types of fabrics and patterns as well.

Denim

A great look for warm weather. Add gold accessories for a more sophisticated look.

A nautical look can be created when wearing pants, skirts or dresses with these colours.

Nautical





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Mustard

*B*e aware that mustard is a warm colour so just wear it close to your face if you look best in warm colours. Otherwise use it below the waist.

Burgundy

A beautiful colour that looks great with black, white, cream (nude) and grey. It creates an elegant look.

Be careful when you use it close to your face as it can make you look older than you are.





Grey

Grey (specifically dark shades) can be used to create a very classic and serious look, but not when combined with these colours above.

Absolutely love the grey and green combination here. Fresh, stylish and still professional.

Blue

The most people friendly and always appropriate colour

When combined with yellow it creates a more fun and exciting look. Combined with black or dark colours blue creates a more professional look. Combined with white or pastel colours it creates a more relaxed look.



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Black



Black goes with all colour. It is well known as the more powerful and credible colour.

It will look very different depending on the combination of colours. White and black is more classic, monochromatic black outfits if broken up with an statement necklace can be more interesting.

And if worn with nude, camel colours it's a bit more relaxed.

More colour combinations



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Credits to discover colour, Alina Babina and genial guru for some of the pictures

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