

Clinical Notes (continued)

LIPOMA

Note: Reassurance given. Patient declined to speak with Gen Surgery at this time. Return precautions given.

Electronically signed by:
ABC DOCTORNAME
4/17/2019
4:20 PM

Electronically signed by ABC DoctorName (D.O.), D.O. at 4/17/2019 4:21 PM

Labs

LIPID PANEL [984580052] (Final result)

Electronically signed by: ABC DoctorName (D.O.), D.O. on 04/17/19 1611
This order may be acted on in another encounter.
Ordering user: ABC DoctorName (D.O.), D.O. 04/17/19 1611
Ordering mode: Standard
Frequency: Routine 04/17/19 -
Quantity: 1
Diagnoses
ROUTINE ADULT HEALTH CHECK UP EXAM [Z00.00]

Status: Completed

Authorized by: ABC DoctorName (D.O.), D.O.
Class: Normal
Lab status: Final result

Provider
ABC DoctorName (D.O.), D.O.

NPI
1932519733

Specimen Information

ID	Type	Source	Collected By
ABC220191080 57919	—	BLOOD	Q591935 04/18/19 1532

LIPID PANEL [984580052] (Abnormal) Resulted: 04/19/19 1807, Result status: Final result

Order status: Completed
QABCNUMBER 04/18/19 1532

Filed by: ABC Lab 04/19/19 1807 Collected by:
Resulting lab: ABC REGIONAL REFERENCE
LABORATORIES, CLINICAL PATHOLOGY - ABC HILLS

Narrative:
RMS ACCN: ABCNumber
FASTING? NO
Acknowledged by: ABC DoctorName (M.D.), M.D. on 04/19/19 1906

Components

Component	Value	Reference Range	Flag	Lab
CHOLESTEROL	161	<=199 mg/dL	—	ABC
HDL	43	>=40 mg/dL	—	ABC
LDL	103	<=99 mg/dL	H ▲	ABC
Comment: See LabNet for more information.				
TRIGLYCERIDE, NONFASTING	113	<=149 mg/dL	—	ABC
Comment: Nonfasting triglycerides (TG) are affected by both recent meals and patient metabolism. No reference range is established. However, nonfasting triglycerides >150 mg/dL are considered high.				
Note that if nonfasting TG are sufficiently high, then direct LDL (if TG>1300 mg/dL) or HDL (if TG>2000 mg/dL) measurements may not be valid.				

Labs (continued)

Comment: NonHDL targets are 30 mg/dL higher than LDL targets.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1753 - ABC	ABC REGIONAL REFERENCE LABORATORIES, CLINICAL PATHOLOGY - ABC HILLS	Steven McLaren, DO	13000 Peyton Drive ABC HILLS CA 91709	03/28/19 2201 - 02/21/24 0147

Indications

ROUTINE ADULT HEALTH CHECK UP EXAM [Z00.00 (ICD-10-CM)]

Result Notes

Older Notes

Notes recorded by ABC DoctorName (M.D.), M.D. on 4/20/2019 at 7:45 AM PDT
Results reviewed - Normal.

All Reviewers List

ABC DoctorName (M.D.), M.D. on 4/20/2019 07:45
ABC DoctorName (M.D.), M.D. on 4/20/2019 07:45
ABC DoctorName (M.D.), M.D. on 4/20/2019 07:30
ABC DoctorName (M.D.), M.D. on 4/19/2019 19:06

HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [984580054] (Final result)

Electronically signed by: ABC DoctorName (D.O.), D.O. on 04/17/19 1611		Status: Completed
This order may be acted on in another encounter.		
Ordering user: ABC DoctorName (D.O.), D.O. 04/17/19 1611	Authorized by: ABC DoctorName (D.O.), D.O.	
Ordering mode: Standard		
Frequency: Routine 04/17/19 -	Class: Normal	
Quantity: 1	Lab status: Final result	
Diagnoses		
ROUTINE ADULT HEALTH CHECK UP EXAM [Z00.00]		

Provider	NPI
ABC DoctorName (D.O.), D.O.	1932519733

Specimen Information

ID	Type	Source	Collected By
ABC220191080 57918	—	BLOOD	QABCNUMBER 04/18/19 1532

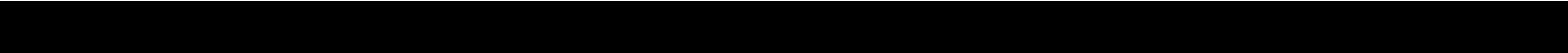
HEMOGLOBIN A1C, SCREENING OR PREDIABETIC MONITORING [984580054]

Resulted: 04/19/19 0718, Result status: Final

Order status: Completed	Filed by: ABC Lab 04/19/19 0718
QABCNUMBER 04/18/19 1532	Collected by: Resulting lab: ABC REGIONAL REFERENCE LABORATORIES, CLINICAL PATHOLOGY - ABC HILLS
Narrative:	
RMS ACCN: ABCNumber	
Acknowledged by: ABC DoctorName (M.D.), M.D. on 04/19/19 1906	

Components

Component	Value	Reference Range	Flag	Lab



Labs (continued)

A repeatable HbA1c > or = 6.5% is diagnostic of diabetes. A single HbA1c > or = 6.5% can also be confirmed by a fasting plasma glucose measurement > 125 mg/dL, a random plasma glucose > or = 200 mg/dL, or a 2 hour oral glucose tolerance test result > or = 200 mg/dL. Patients with HbA1c of 5.7-6.4% are at increased risk for future diabetes.

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1753 - ABC	ABC REGIONAL REFERENCE LABORATORIES, CLINICAL PATHOLOGY - ABC HILLS	Steven McLaren, DO	13000 Peyton Drive ABC HILLS CA 91709	03/28/19 2201 - 02/21/24 0147

Indications

ROUTINE ADULT HEALTH CHECK UP EXAM [Z00.00 (ICD-10-CM)]

Result Notes

Older Notes

Notes recorded by ABC DoctorName (M.D.), M.D. on 4/20/2019 at 7:45 AM PDT
Results reviewed - Normal.

All Reviewers List

ABC DoctorName (M.D.), M.D. on 4/20/2019 07:45
ABC DoctorName (M.D.), M.D. on 4/20/2019 07:45
ABC DoctorName (M.D.), M.D. on 4/20/2019 07:30
ABC DoctorName (M.D.), M.D. on 4/19/2019 19:06

TSH [987654321] (Final result)

Electronically signed by: ABC DoctorName (D.O.), D.O. on 04/17/19 1611

Status: Completed

This order may be acted on in another encounter.

Ordering user: ABC DoctorName (D.O.), D.O. 04/17/19 1611

Authorized by: ABC DoctorName (D.O.), D.O.

Ordering mode: Standard

Frequency: Routine 04/17/19 -

Class: Normal

Quantity: 1

Lab status: Final result

Diagnoses

ROUTINE ADULT HEALTH CHECK UP EXAM [Z00.00]

Provider	NPI
ABC DoctorName (D.O.), D.O.	1932519733

Specimen Information

ID	Type	Source	Collected By
ABC220191080 57920	—	BLOOD	QABCNUMBER 04/18/19 1532

TSH [987654321]

Resulted: 04/19/19 2010, Result status: Final result

Labs (continued)

Component	Value	Reference Range	Flag	Lab
TSH	1.87	0.35 - 4.00 mIU/mL	—	ABC

Testing Performed By

Lab - Abbreviation	Name	Director	Address	Valid Date Range
1753 - ABC	ABC REGIONAL REFERENCE LABORATORIES, CLINICAL PATHOLOGY - ABC HILLS	Steven McLaren, DO	13000 Peyton Drive ABC HILLS CA 91709	03/28/19 2201 - 02/21/24 0147

Indications

ROUTINE ADULT HEALTH CHECK UP EXAM [Z00.00 (ICD-10-CM)]

Result Notes

Older Notes

Notes recorded by ABC DoctorName (M.D.), M.D. on 4/20/2019 at 7:45 AM PDT
Results reviewed - Normal.

All Reviewers List

ABC DoctorName (M.D.), M.D. on 4/20/2019 07:45
ABC DoctorName (M.D.), M.D. on 4/20/2019 07:45
ABC DoctorName (M.D.), M.D. on 4/20/2019 07:30

Other Orders

Immunization/Injection

VACC TDAP (ADACEL) [987654321] (Completed)

Electronically signed by: ABC DoctorName (L.V.N.), L.V.N. on 04/17/19 1631

Status:
Authorized by:

Completed Ordering user: ABC DoctorName (L.V.N.), L.V.N. 04/17/19
ABC DoctorName (D.O.), D.O.

1631

Ordering mode: Standard

Cosigning events

Electronically cosigned by ABC DoctorName (D.O.), D.O. 04/17/19 1657 for Ordering

Frequency: Routine 04/17/19 -

Class: Back Office

Quantity: 1

Released by: ABC DoctorName (L.V.N.), L.V.N. 04/17/19
1631

Diagnoses

VACCINATION FOR DIPHTHERIA, TETANUS AND ACELLULAR PERTUSSIS [Z23]

Provider

NPI

ABC DoctorName (L.V.N.), L.V.N.

Order comments: Adacel (Tdap) vaccine, 0.5mL intramuscular (IM). For age 10+yrs.

Indications

VACCINATION FOR DIPHTHERIA, TETANUS AND ACELLULAR PERTUSSIS [Z23 (ICD-10-CM)]

VACC INFLUENZA 4 YRS-ADULT (FLUCELVAX) QUADRIVALENT, PRES FREE, 0.5 ML IM [987654321] (Completed)

Electronically signed by: ABC DoctorName (L.V.N.), L.V.N. on 04/17/19 1631

Status: Completed

Ordering user: ABC DoctorName (L.V.N.), L.V.N. 04/17/19

Authorized by: ABC DoctorName (D.O.), D.O.

1631

Clinical Notes (continued)

Author: ABC DoctorName	Service: —	Author Type: LICENSED VOCATIONAL NURSE
Filed: 5/1/2019 4:06 PM	Encounter Date: 5/1/2019	Creation Time: 5/1/2019 4:05 PM
Status: Signed	Editor: ABC DoctorName (LICENSED VOCATIONAL NURSE)	

Wt Readings from Last 3 Encounters:

05/01/19	182 lb 12.2 oz (82.9 kg)
04/17/19	182 lb 15.7 oz (82 kg)

Chief Complaint

Patient presents with

- CONSULTATION
- PHIMOSIS

PROACTIVE CARE ACTIONS

Proactive Office Encounter Actions: Pneumovax immunization declined

Member given Patient Instructions on BMI/Weight Management

The patient exercises 40 minutes per week at a moderate to strenuous level.

Member instructed on KP.ORG registration process

Carlos Hardik identified with Name and DOB.

Allergies reviewed: Yes

Medications reviewed: Yes

Pharmacy Preference: Downey Medical Center - Downey Outpatient Pharmacy

DMI: No

- Staged: No

Electronically signed by:
ABC DOCTORNAME
5/1/2019
4:06 PM

Electronically signed by ABC DoctorName at 5/1/2019 4:06 PM

Progress Notes

ABC DoctorName at 4/26/2019 0857

Author: ABC DoctorName Filed: 5/1/2019 4:23 PM Status: Signed	Service: — Encounter Date: 5/1/2019 Editor: ABC DoctorName (Physician)	Author Type: Physician Creation Time: 4/26/2019 8:57 AM
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Clinical Notes (continued)**Urology Progress Note**

RFC: Carlos Hardik is a 38 year old male with phimosis and interfering with sex life and urination.

Carlos Hardik is a 38 year old male with obesity here for phimosis.

Subjective:

Unable to pull foreskin back to reveal glans

Bothersome during intercourse and desires treatment

Vitals:

General appearance: alert, well appearing, and in no distress.

no tachypnea, retractions or cyanosis

Abdominal exam: soft, nontender, nondistended, no masses or organomegaly.

GU: uncircumcised, glans/meatus wnl, testicles descended x2, epididymis and cord structures wnl bilaterally, no inguinal hernia noted

Tight distal phimotic foreskin about 8mm in aperture, unable to reveal glans

No results found for this basename: WBC, HGB, HCT, PLT

No results found for this basename: CR

HGBA1C 5.4 04/18/2019

ASSESSMENT/PLAN:

N47.1 PHIMOSIS

Option of steroid cream vs. Circumcision discussed

Circumcision is removal of entire foreskin. I have explained this clearly with demonstration of either diagram, self-drawn picture, or on pt's own penis at about 5th grade level so that it is clearly understood.

Risks, benefits, and alternatives of the surgery were discussed in detail with the patient. These include, but are not limited to, bleeding, infection; anesthetic complications- DVT, PE, MI, and even death; injury to surrounding organs, including injury to the GU tract. The risk of perceived shortening of the penis, increased sensitivity, numbness, scarring, pain, and skin bridges were discussed specifically for circumcision surgery. Possibility of reoperation was also discussed with the pt.

There is extensive variability in the appearance of mens genitals and there is NO guarantee that he will be satisfied with the appearance. There can be variability in how loose or tight the shaft skin will be after circumcision and there is some subjectivity with regard to what is desirable. I can not guarantee he will be happy with this. With the glans more exposed, there may be changes in the sensitivity which may alter

ABC FACILITY

ABC Name

MRN: 123456789, DOB: 6/12/1982, Legal Sex: M

Clinical Notes (continued)

sexual function to some extent. Patient also know that the procedure will NOT lengthen the penis and will NOT enhance erectile function

Informed consent was obtained after the pt's questions were answered.

Adequate time was given to patient to ask questions and all questions were answered.

Pt expressed understanding.

**Pt at this time elects for trial of betamethasone cream x 6 weeks If fail,
he will elect for circumcision as discussed above
TAV in 6 weeks**

This note is electronically signed by:

ABC DoctorName

ABC Facility Downey Medical Center

Department of Urology

5/1/2019

4:22 PM

Electronically signed by ABC DoctorName at 5/1/2019 4:23 PM

Other Orders

Medications

Betamethasone Dipropionate Aug (DIPROLENE AF) 0.05 % Top Crea [2184109482] (Expired)

Electronically signed by: ABC DoctorName on 05/01/19 1619

Status: **Expired**

Ordering user: ABC DoctorName 05/01/19 1619

Authorized by: ABC DoctorName

Ordering mode: Standard

Frequency: Routine 05/01/19 - 04/30/21 2359

Class: Fill Now

Diagnoses

PHIMOSIS [N47.1]

Provider Details

Provider

ABC DoctorName

NPI

1669765657

Questionnaire

Question

Is this medication for a workers' compensation condition?

Answer

No

Indications

PHIMOSIS [N47.1 (ICD-10-CM)]

Patient Instructions

Apply betamethasone cream to the affected area daily. Retract the foreskin as far as it will go and massage

Patient Instructions (continued)

the cream into the area where the skin is tight for 1 minute at a time. After 1 week, begin to pull the skin back with more force without causing pain and massage the cream into the tight area. You should do a total of 3 weeks

TAV in 6 weeks

Thank you for visiting Downey Urology Department. We hope that you had a pleasant visit.

If your visit was less than excellent, we welcome your feedback. Feel free to contact Leonora Llantero, Department Administrator, at 562-657-4323 or via email at *Leonora.X.LLantero@kp.org*.

Additionally, we appreciate your participation in completing any surveys mailed to you regarding your recent visit. This enables us to continually improve the quality of care and service that we provide to you. Thank you for choosing ABC Facility as your healthcare provider.

Future appointments, please call (562)657-4545

STAY HEALTHY. BE WELL. AND THRIVE

Please stop by our Check-out Window so that you may be appropriately scheduled for your recommendation(s) towards a healthier lifestyle.

Thank you
JENNIFER ONYIA
LVN

KP.ORG is a great way to access most of your lab test results, and to contact the office of your Primary Care Physician or another provider with whom you have had contact in the past 13 months.

Secure Messaging Information:

- Information is secure
- Users log in using a password they create

Your BMI (Body Mass Index) is above the recommended value. BMI for adults relates to health risks including cardiovascular disease, hypertension, and type 2 diabetes.

Please call 562-622-4150 to schedule a class for Adult Weight Loss and/or call Weight Watchers at 1-866-639-3300 (toll free). ABC Facility has collaborated with Weight Watchers to bring our members exciting new weight management options at a discount.

You are due for your Pneumonia Shot. This shot protects you from a common type of Pneumonia. For some chronic conditions (like Diabetes), the Pneumonia Shot is recommended before age 65 and again after age 65. If you have not had your Pneumonia Shot, please go to your Primary Care Physician's office today for a Nurse Visit.

Electronically signed by ABC DoctorName at 5/1/2019 4:19 PM

END OF ENCOUNTER

05/06/2019 - Telephone in UROLOGY SUITE 231

Visit Information

Nursing Assessment

No Nursing Assessment available for this encounter.

Questionnaires

INTERPRETER LANGUAGE ASSIST SCAL

2. BY PHONE - KP Physician/QBS2 Staff

FLORES, DOLORES [D566673]

Edited by Espinoza, Paulina (L.V.N.), L.V.N.
Edited on 5/7/2019 9:04 AM

Edited by Espinoza, Paulina (L.V.N.), L.V.N.
Edited on 5/7/2019 9:04 AM

Communication Tracking

Calls/Messages

Phone (Incoming) on 5/6/2019 1615

Caller name: Hardik, CarlosRelation: SelfPhone number: 987654321 (H)

Phone (Outgoing) on 5/6/2019 1647

Caller name: Hardik, CarlosRelation: SelfPhone number: 987654321 (H)

Phone (Outgoing) on 5/7/2019 0903

Caller name: Hardik, CarlosRelation: SelfPhone number: 987654321 (H)

Reason for Visit

Chief Complaints

- OTHER, onset date 5/6/2019
- SURGERY SCHEDULING, onset date 5/6/2019

Clinical Notes

Telephone Encounter

Blas, Patricia at 5/6/2019 1614

Author: Blas, PatriciaService: —Author Type: —
Filed: 5/6/2019 4:23 PMEncounter Date: 5/6/2019 Editor: Blas, Patricia
Status: Signed

Caller is requesting surgery for circumcision

Contacts

	Type	Contact	Phone
05/06/2019 04:15 PM	Phone (Incoming)	ABC Name(Self)	987654321 (H)